

# FRONTIER NURSING SERVICE QUARTERLY BULLETIN

VOLUME 52

SPRING, 1977

NUMBER 4



A SALUTE TO MARY BRECKINRIDGE HOSPITAL EMPLOYEES

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Walter Walker

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FRONTIER NURSING SERVICE QUARTERLY BULLETIN

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## ONCE OVER LIGHTLY

In selecting employees of the Mary Breckinridge Hospital as the focus for this issue, we pay glowing tribute to these outstanding people who make it possible to provide health services. They make the building work and keep it clean, they keep the records, they do the bills that emerge from the computer, they communicate, they feed us, they make us happy: they make it possible for the patients to get care. They are the heart of the matter and we give them all honor.

At the same moment, this may illustrate a portion of the basis of health care costs. We have recently made a request of Blue Cross of Kentucky to increase Mary Breckinridge Hospital room rates by \$10.00 a day; for example, we asked to increase the double room rate from \$55.00 to \$65.00 a day. (For those of you unfamiliar with hospital costs, you might inquire about the rates at your hospital.) In the justification to Blue Cross, we pointed out that the average length of stay for our patients is 4.5 days as opposed to 6.9 days for other hospitals this size in Kentucky. This short length of stay is possible because of the high level of personal care provided by the entire staff, and by the Home Health nurses who extend bedside care in the home as part of the hospital follow-up. We include more types of services than any other 40 bed hospital in this region!

Our object is to provide health care at a price people can afford to pay. We think Frontier Nursing Service demonstrates that which the government is trying to achieve in limiting the cost of hospital care. But the proposed Hospital Cost Containment Act of 1977 is excessively restrictive. Because of this, our Governors, our Trustees, and our City Committee members are writing President Carter or their Representative to state an objection to this proposed Act. They are pointing out that this Act will severely inhibit the growth of new hospitals, such as the Mary Breckinridge Hospital, and will seriously impair patient care, especially in rural areas which are already underserved.

The Annual Meeting is fully reported on page 55. I want to draw your attention to the several brief speeches made by staff members, the Chairman of the Advisory Committee, and especially the remarks of Martha Hayes, a student in the Health Careers program, which brought a standing ovation.

*W. B. Rogers Beasley*

W. B. R. Beasley, M. D.

## A SALUTE TO MARY BRECKINRIDGE HOSPITAL EMPLOYEES

### Introduction

All of Gaul may only have been divided into three parts but the Frontier Nursing Service has five major components—the Mary Breckinridge Hospital, the hospital-based Home Health Agency, the Primary Care Center (the outpatient department of the hospital) and the Primary Care Extensions (the outpost nursing centers), and the Frontier School of Midwifery and Family Nursing—all under one administration, but not under one roof, overlapping and intertwined, dependent upon one another, but each with its own distinct thrust and functions.

When one thinks of “Frontier Nursing Service”, perhaps the first thing that comes to mind are the nurses—R.N.’s, nurse-midwives, nurse practitioners—and the doctors and dentist, those who are responsible for the actual physical care of the patient. Their importance in the scheme of things is unquestioned but the health professionals—the pharmacists, the laboratory and x-ray technologists, the physical therapists, the social workers, as well as the doctors, nurses and administrators—would find it difficult to function without the support personnel who are necessary for the effective operation of any health facility.

In the last issue of the *Quarterly Bulletin*, we took a look at the Districts; in this issue we salute the employees of the Mary Breckinridge Hospital base, many of whom are not seen by the patient but without whom no care could be provided. They are essential.

. . . . .

Like many FNS employees, Joanne Farmer is a “jack of all trades”. She does secretarial work for the hospital nursing care coordinator and the Social Service Department and arranges patient transportation for Social Service. As the housing coordinator, Joanne assigns rooms and apartments to staff. She makes out work schedules and distributes them, and she gives tours of the hospital to the many guests who visit Frontier Nursing Service.

Now, in this 1977 SALUTE TO MARY BRECKINRIDGE HOSPITAL EMPLOYEES, follow us through another departmental tour of the hospital. We'll start right at the front door. . . .

### REGISTRATION AREA:

The registration area includes the switchboard operator, the cashier and the admissions as well as registration clerks. Each section is managed by one person during the day. In the evenings and at night, all three jobs must be handled by one or two people.

"Cindall Morrison—Call 1105, please. Cindall Morrison—Call 1105." The voice over the PA system is usually that of highly trained Margaret Sue Hightower, an efficient professional operator with almost eight years of experience. Managing the switchboard for the hospital is a rather special task. Not only must Sue Hightower answer all incoming calls on eight outside lines, transfer them, place outgoing calls and page when necessary, but she must also be ready to alert appropriate personnel during emergencies. There is "Code 24" for cardiac arrest, "ER stat" for extreme emergencies, and a disaster alert system to ready the hospital for disaster casualties. "I've gotten



Joanne Farmer



Sue Hightower and Lillian Hayes

several codes before," says Sue. "Just getting one and knowing what it means . . . well, you know, a few seconds can save a person's life." Sue and her assistants must also know who is "on call"—be it physician, midwife, Home Health or family nurse or administrator—and know where each can be reached at a given moment.

In a private booth next to the operator is the cashier, Lillian Hayes. Lillian collects cash from private pay patients and checks the amounts due from third party payors. "I rarely see any lines in front of the cashier's desk, so Lillian must be pretty fast," one nurse commented, "and I know I send a lot of patients out there." At the end of each day, Lillian sends each PRIMEX Form (Also known as the Encounter or E-form) to the business office for billing and computerization.

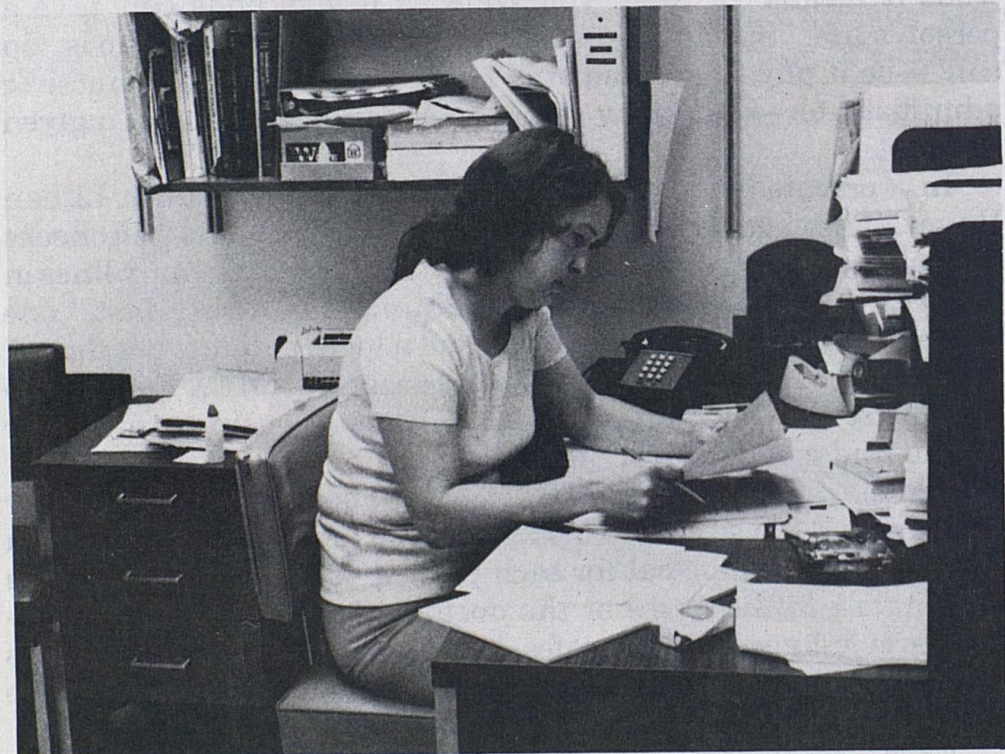
(Much is heard around the FNS about the PRIMEX or Encounter Form so a word of explanation is appropriate. This is a one-page sheet made out for each patient on each visit. It follows the patient to the nurse or the doctor, to the lab., or to x-ray—wherever he goes. Each professional who sees the patient adds pertinent medical and financial data as the basis for accurate information for billing and research.)

Each week in the local *Leslie County News* and *Thousandsticks News* a section called *Hospital Report* appears,

listing all admissions and discharges at the hospital. Brenda Davidson, the daytime registration and admissions clerk, writes these articles. And, of course, she has all the information at hand since she records it when admitting a patient. Brenda writes minister notifications, when requested by the patient, and duplicates documents such as lab. and x-ray reports.

If you've ever prepared a large meal and had to tend to dozens of dishes at once, without burning or having them overflow, you may have an inkling of what it's like to play cashier, switchboard operator, admissions clerk, and register ER patients at the same time. Welcome to the evening shift at the front desk! This juggling act is performed by a "crew" of part and fulltime staff who work and relieve throughout the registration area, keeping the positions covered twenty-four hours a day, seven days a week. We salute Debra Kemper, Deanna Caldwell, Debra Estep, Barbara Gibson, Janet Stidham, Brenda Couch and Beulah Gibson.

If the MBH operator doesn't answer right away, remember that she's probably pulling a chart or registering a patient!



Betty Couch





Verna Potter

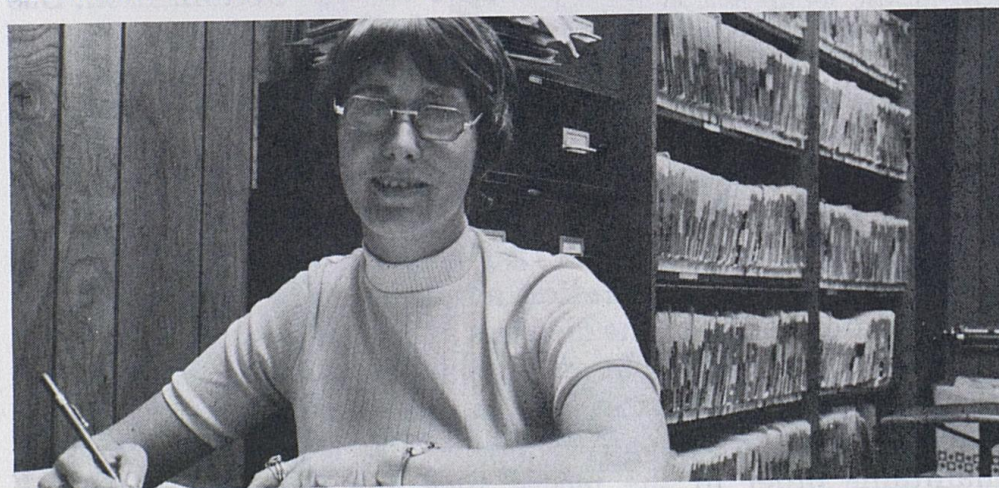
## MEDICAL RECORDS

Around the corner, just behind the registration area, is Medical Records. Any person ever seen by a health professional in the hospital has his own medical record, placed in a color-coded and numbered folder and filed away in the Medical Records Department. The history, the physical exam, the SOAP sheets, the problem list and progress notes, the outpatient visit or the inpatient stay— they are all collected in one folder to provide a permanent, confidential medical history of each patient. Almost a dozen people work in Medical Records, supervised by Medical Records Technician Betty Helen Couch, A.R.T. Another A.R.T.-qualified technician is Deborah Woods, the Health Care Coordinator, who makes sure that what is done for inpatients meets the standards of the Kentucky Peer Review Organization. Sue Norris, Ruby Moore and Judy Napier transcribe an army of papers for the medical record and the health records analyst, Shelby Cornett, keeps abstracts on discharged patients and statistical analyses of patient charts for better quality of care. Ruby, Judy and Shelby are also working hard on the correspondence course which will give them the A.R.T.-qualifications that Betty and Debbie already have. While Shelby collects information for medical audits, Juanita Couch sends out patient information to the districts and checks various statistics, especially abstracts on patient admissions and data on outpatient visits. Problems with the E-Form also filter back to Juanita, according to Betty. Among other tasks, file clerk Carolyn Johnson maintains order in the record files and pulls charts for appointments. In addition to this core of workers, the department is

sometimes helped by the registration area staff in times of excessive stress.

Some of the Medical Records personnel are housed in the Old Hospital. Nancy Williams, who began her FNS career in the old central records office at Wendover in 1964, has charge of the over 17,000 closed midwifery records and maintains the master register of every FNS delivery since 1925. She keeps track of all district patients "in count" and knows whether they are babies, or children or adults. From Nancy's master file one can find the name of the parents and siblings of each district patient and where that person's record is located. If a patient moves from Red Bird to Flat Creek, or from Brutus to Ohio, Nancy knows it. When the computer print-outs are returned to FNS from the University of Kentucky, Nancy transfers the information to the appropriate report forms to give a total picture of district patient statistics, month by month, year by year.

The medical records of the Home Health Agency, the group which takes care of patients in the home after they are discharged from the hospital, are kept in working order by the Coordinator, Verna Potter and her assistants. Brenda Carroll transcribes and enters records for the six nurses, four aides and the physical therapist, and can do any other office procedure when necessary. Claudette Grubbs is another "wonder woman" who keeps the log, the cross file, the admission and discharge records and prepares all the recertifications for the doctors and checks and submits the encounter forms to the business office.



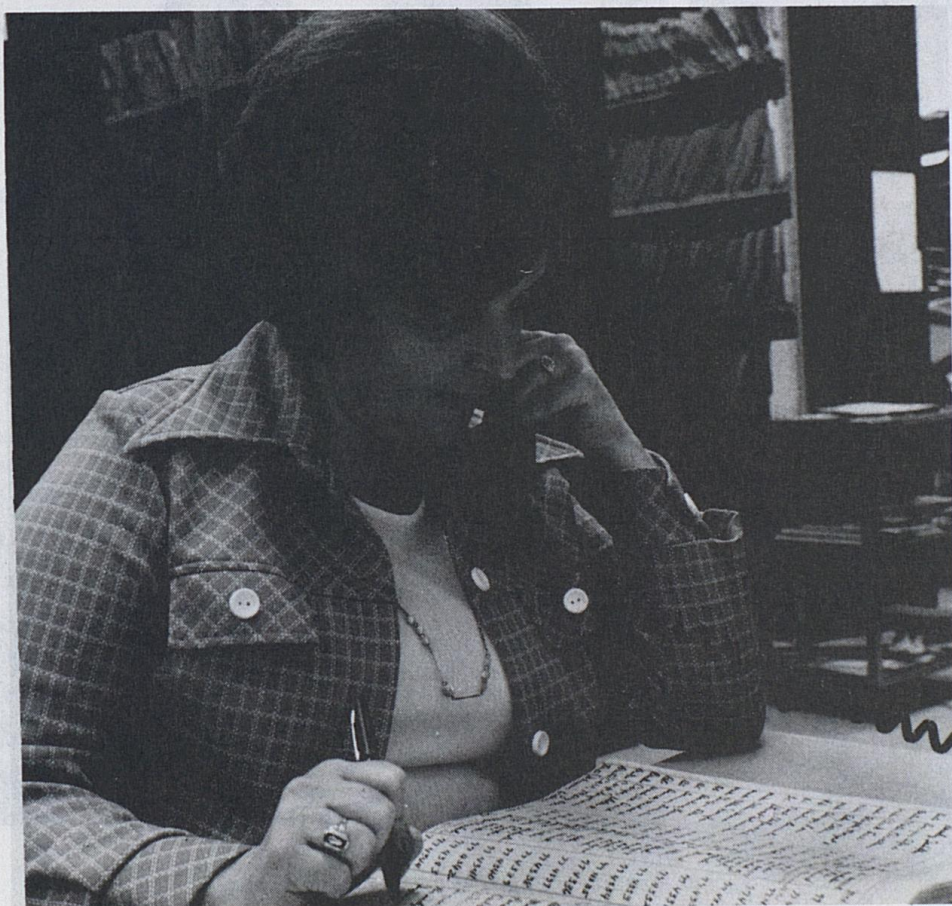
Nancy Williams



Debbie Woods



Carolyn Johnson



Juanita Couch

## PRIMARY CARE CENTER

The outpatient department of the Mary Breckinridge Hospital, renamed the Primary Care Center, is kept running smoothly by three first floor personalities: Peggy Hacker, outpatient secretary, Jackie Sizemore, secretary to the midwives, and Mallie Sizemore, secretary for pediatrics. Peggy, Jackie and Mallie are like lighthouses for struggling doctors and nurses in a sea of patients! Where would a physician or a nurse be if they could not rely on this trio to schedule their appointments, serve as receptionists, provide information, keep up with who is supposed to be where and when, and handle a host of other activities too numerous to list?



Jackie Sizemore, Peggy Hacker, Mallie Sizemore

## DIETARY SERVICES

"The best food and best cooks in Kentucky," said MBH dietary consultant Joyce Price about the staff of the dietary department. The Joint Commission also gave special recognition to the dietary department and its Food Service Manager, Mae Campbell. The cafeteria serves regular inpatient and employee meals and prepares all necessary special diets. These include low salt, diabetic, clear and full liquid, low calorie, low residue—and any other diet the physician might order. Inpatient meals are carried up two floors to the medical-surgical and maternity wards, while employee meals are served in the cafeteria on the ground floor. At lunchtime, one is apt to find half the Hyden business community in the cafeteria—and the other half had been there earlier in the day for donuts!



Sanitary conditions must be maintained at all times, and the cafeteria is inspected every six months or so by the Health Department Sanitarian. One recent inspection resulted in a perfect "zero" rating, meaning nothing was found wrong, the only zero rating ever given in Leslie County.

The menus are planned by Mae and Joyce and the meals are prepared by head cooks Geraldine Collins and Jean Muncy; assistant cooks Jane Muncy and Virginia Whitehead; by salad chef Georgia Osborne; and pastry chef Etta Mae Collett. Della Mae Sizemore, Edith Wooton, Marie Young, Luly Asher, Lucy Lewis, Dolly Kilburn and Polly Sizemore serve the meals, man the cash register, clean up and perform other necessary functions. Covy Feltner stocks all dietary supplies in their appropriate places at the proper temperatures, handles the vending machines and makes himself generally indispensable.

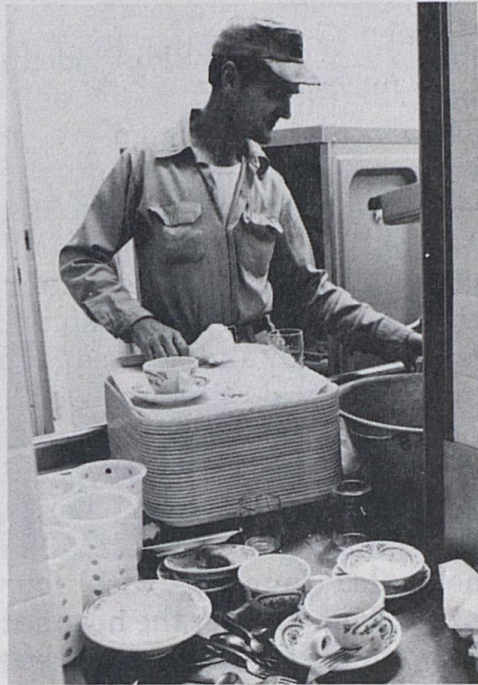
Many of the dietary staff have been with FNS for years and made the transition from old hospital to new between lunch and dinner with no problem at all.



Lula Asher



Etta Mae Collett



Covy Feltner



Lucy Lewis

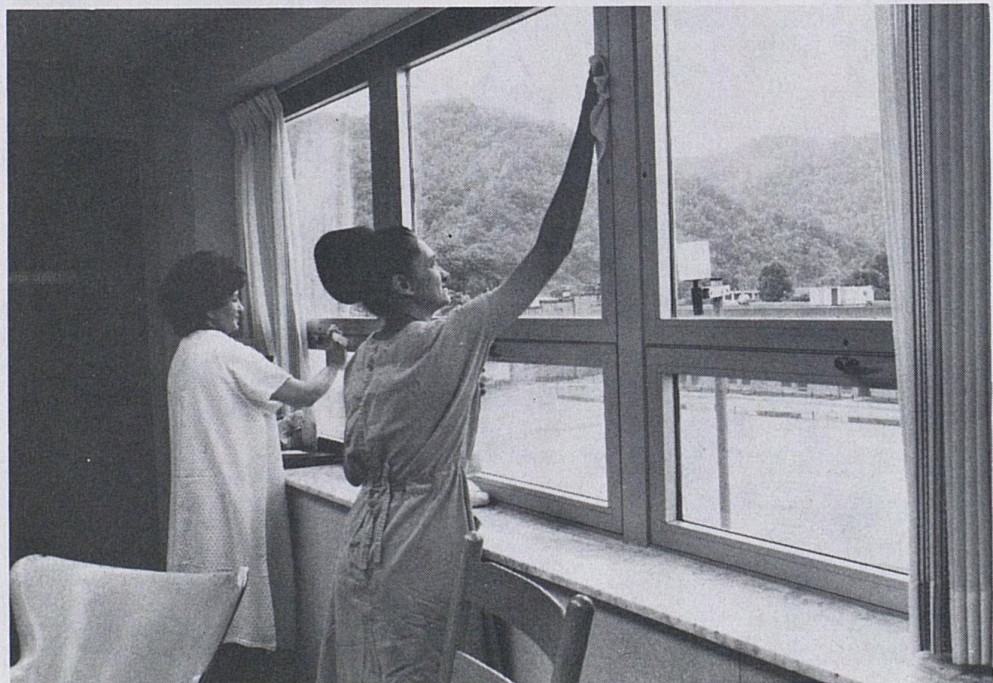


Mae Campbell

## HOUSEKEEPING

You have to have a system to keep any large building clean whether it is a home or an institution. Lillie Campbell, the laundry and housekeeping supervisor, has more than a system—it's a clockwork operation. Every worker in the department knows the jobs required, when the tasks need to be done, how long it takes, and what the results should be. "We had a time organizing it all when I first came down here," says Lillie, who was, for many years, the receptionist on the evening shift in the old hospital. "It's full time just to keep the first floor clean and neat so that when someone walks in, they know they're walking into a clean hospital." So she coordinated a system that not only keeps every room and hall sanitary, tidy and shining, but also keeps linen and scrub gowns clean and folded. The Joint Commission was most complimentary of Housekeeping and Laundry.

Annie Sizemore manages the soiled laundry, with four washers and two dryers. She collects it from all over the hospital and gathers it in the laundry room on the ground floor, and sorts out what goes to the London laundry service. Linda Couch irons, folds and dispenses the clean linens back to the appropriate



Bernadine Hoskins and Sadie Begley





Linda Couch

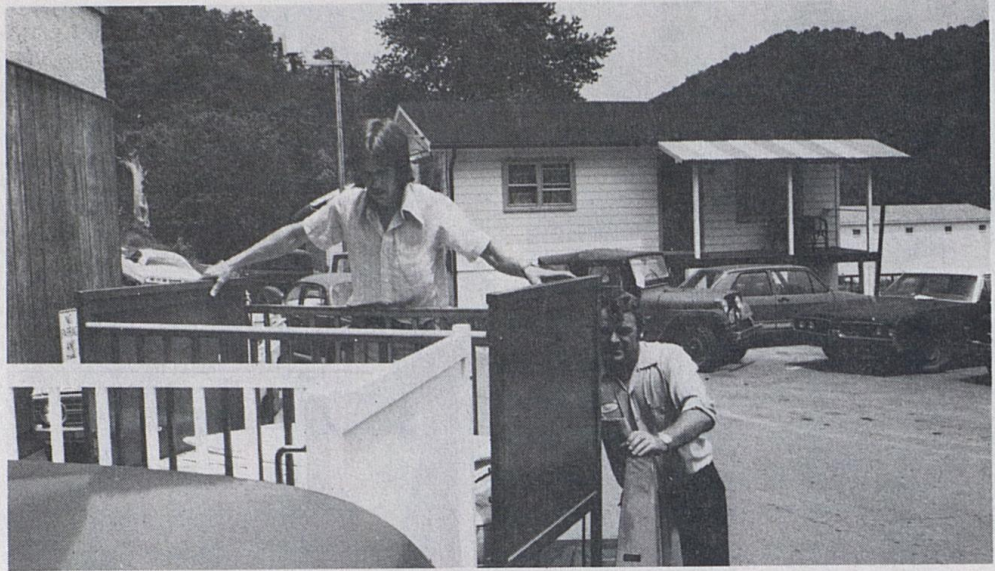


Annie Sizemore

departments. Besides the laundry, Linda and Annie are responsible for keeping several rooms clean and for “spot cleaning” (cleaning when and where needed) on the ground floor. Long-time employee Lucy Sizemore, who struggled for years to try to keep the old battleship linoleum floors clean in the maternity area of the old hospital, now fills in in the laundry twice a week and also cleans the new maternity department and parts of the third floor.

To maintain the appearance of each floor, Lillie has Catherine Couch and Ira Rice on the first floor, Janice Maggard, another “old” employee, on the medical-surgical floor, Louise Brock on maternity, and Sadie Begley “floating”—doing a little bit of everything everywhere. At night, Gary Collett and Joe Osborne check and work on all floors (except inpatient), assuring twenty-four hour sanitary conditions. The icing on the cake is provided by Walter Walker who is a specialist in shining floors. When Walter shines a floor, IT SHINES!

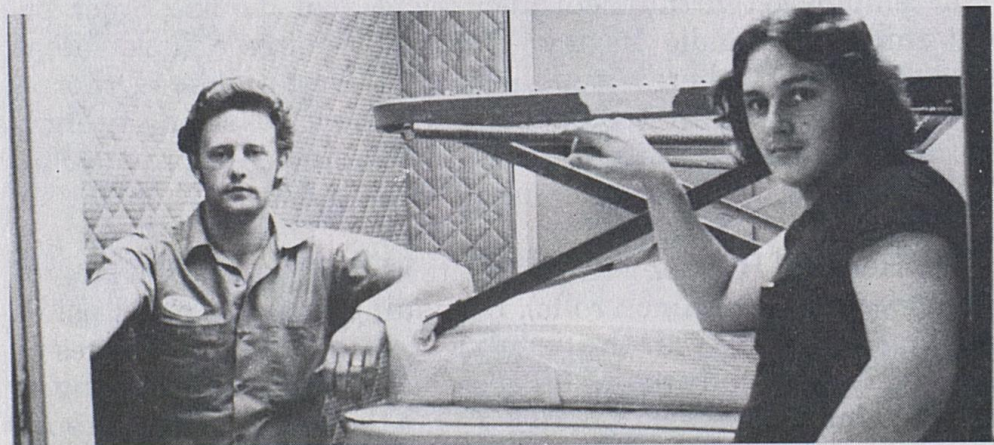
On Hospital Hill, long-time staffers Ellen Morgan (best known for her yummy cinnamon rolls), Bernadine Hoskins, and Doshia Bowling (for many year the “mother” of the student midwives in Mardi Cottage) ready rooms for guests and clean for staff living in Haggin Quarters, Mardi Cottage and in the Barn, and make sure the remodelled old hospital is just as spick and span as the new one.



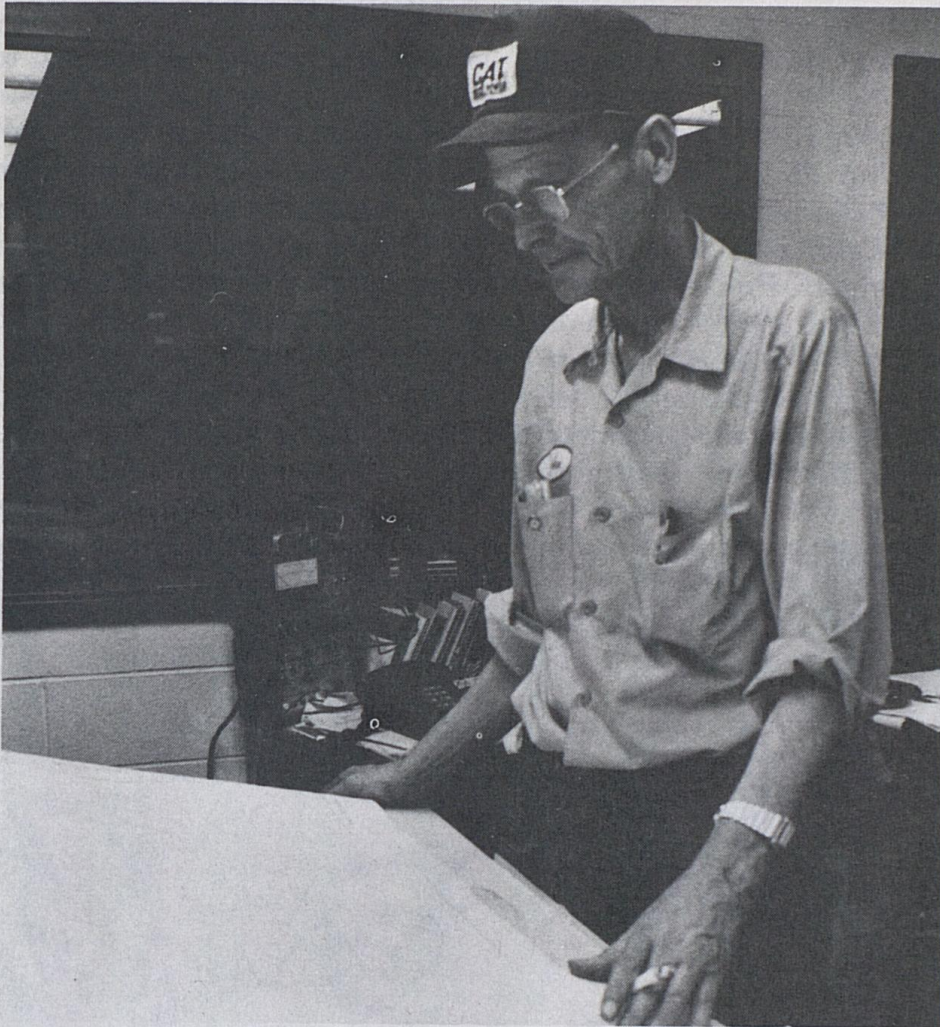
Doc Hacker and Sherman Jones

### MAINTENANCE AND SECURITY

Anyone working in an office naturally expects that when he enters the room and flicks the light switch, the light will turn on. The office will have sufficient heat. The typewriter will work. The toilets will flush. Most people take these things for granted but machines and facilities don't run by magic; the Mary Breckinridge Hospital plant operates solely because John Campbell, Fred Wilson and the maintenance and security staff keep it operating.



Paul Jones and James Glenn



John Campbell

When the Joint Commission accredited the hospital last November, special recognition was given to maintenance and security. Under the supervision of Chief Engineer John Campbell and the administration of Fred Wilson, a crew of seven men in maintenance and four in security make sure workers and patients do not have to wonder whether the heat will work or whether there is enough oxygen in the tanks (warning alarms go off in John Campbell's office and throughout the hospital when the oxygen system switches to the reserve supply). Licensed journeyman and plumber Dock Hacker, along with Paul Jones, Sherman Woods, Dean Brown and James Glenn Sizemore constitute the

maintenance crew. Certified mechanic Bill Mauk was recently hired to care for FNS vehicles, including giving a driver's test to staff.

During his six years at FNS, Fred Wilson has taken on a broad spectrum of tasks. He reports maintenance requests to John Campbell and insures service on all equipment by contracts with such organizations as IBM, Pitney-Bowes, Ohio Medical, Dixie Oxygen, etc. Fred runs the receiving office; he is the fire marshal, checking fire safety in the hospital; and controls the keys to all areas in the hospital and on Hospital Hill.

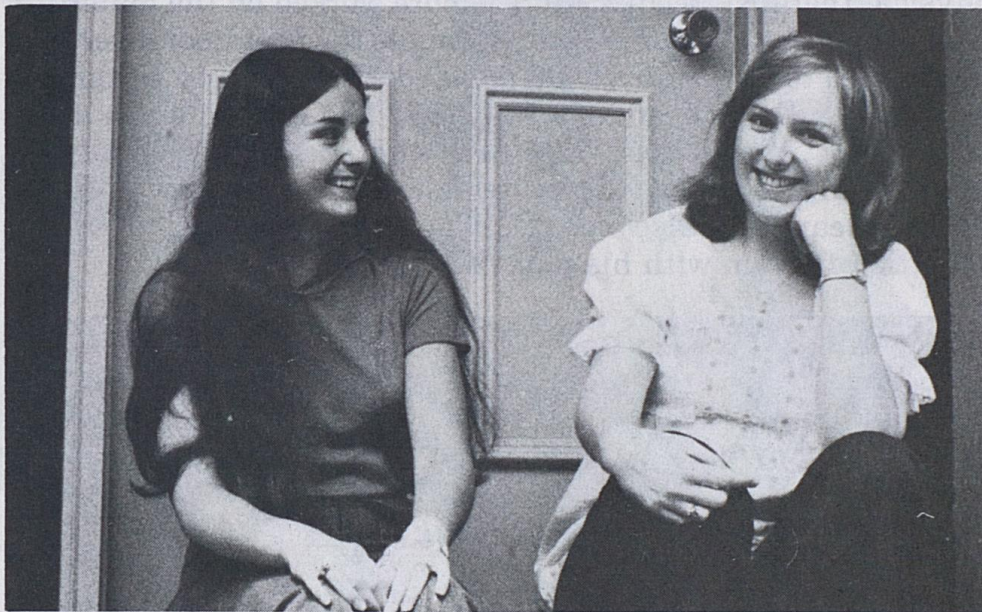
Clifford Whitehead, Jerry Maggard, Ed Watts and Don Pennington cover the hospital and the hill twenty-four hours a day, doing minor maintenance chores, helping with stretcher patients when necessary, and reporting or stopping any trouble. During the icy winter weather, these men made sure that essential staff got up and down Hospital Hill, or to work from further afield, and, if the city water goes off, they are always ready to take a quick trip to Wendover to fill up all available containers!



Fred Wilson

## ADMINISTRATIVE SECRETARIES

"The biggest thing I do is keep up with Dr. Beasley," sighed Hilda Carol Asher. Her statement seemed to echo the attitudes of Ellen Howard Adams (with Associate Director Evelyn Peck) and Eva Pace (with Hospital Administrator Ken Palmer). For Hilda, the pace of letter-writing, phone calls, communication with many of the foreign visitors, job inquiries, Board of Governors reports, Advisory Committee minutes, is often hectic. So, too, for Ellen who spent eight years in the Director's office at Wendover before transferring to Hyden. In addition to her secretarial duties for Miss Peck, Ellen produces all the mimeograph forms used in FNS and makes the initial contact with prospective students and nursing staff. Eva, who "likes to type", deals with documents and letters from a variety of sales and health organizations.



Hilda Carol Asher and Ellen Howard Adams

## AIDES, UNIT MANAGER, AND WARD CLERKS:

If you've ever been lost, you know what it's like to find someone friendly who can direct you and tell you a little about the area. For a patient on his first few visits to the hospital, the nurses' aide that sees him as an outpatient is like an oasis. The aides in the Primary Care Center and Emergency Room give the patient the first medical attention by taking vital signs, performing simple lab.

tests, and beginning to break the ice of the patient's visit to a sterile, often unfamiliar, place. If the patient needs to have x-rays or visit some other department, many times the aide escorts him there.

Liz Fields, with long-standing ties to FNS, (her late husband was nightwatchman on Hospital Hill for years and Liz, herself, was the O.R. aide in the old hospital) is now assigned to ER. Dorothy Morgan divides her time between ER and Dr. Gilbert's family planning clinic. If anything is lost—be it patient, doctor, nurse or equipment—it is Dorothy who is most likely to find it, and she is also especially skilled in handling an alcoholic patient. Wanda Hacker and Ida Brock have both had special EKG training and have been effective aides for many years. Ida is assigned to Dr. Coursin's team and Wanda helps Jim Click with physical therapy. Deena Gail Sizemore worked on the maternity floor for some time before transferring to the first floor where she is assigned to Dr. Dean's team and pediatrics. Cassie Watkins is assigned to Dr. Alexander's team and has special skills as an "organizer", and Jean Whittaker, who spent many years on medical-surgical, now wears two hats. She works with the surgical team and also with Dr. Thorngate in clinic, providing salvation for him with his paperwork!



Dorothy Morgan and Liz Fields



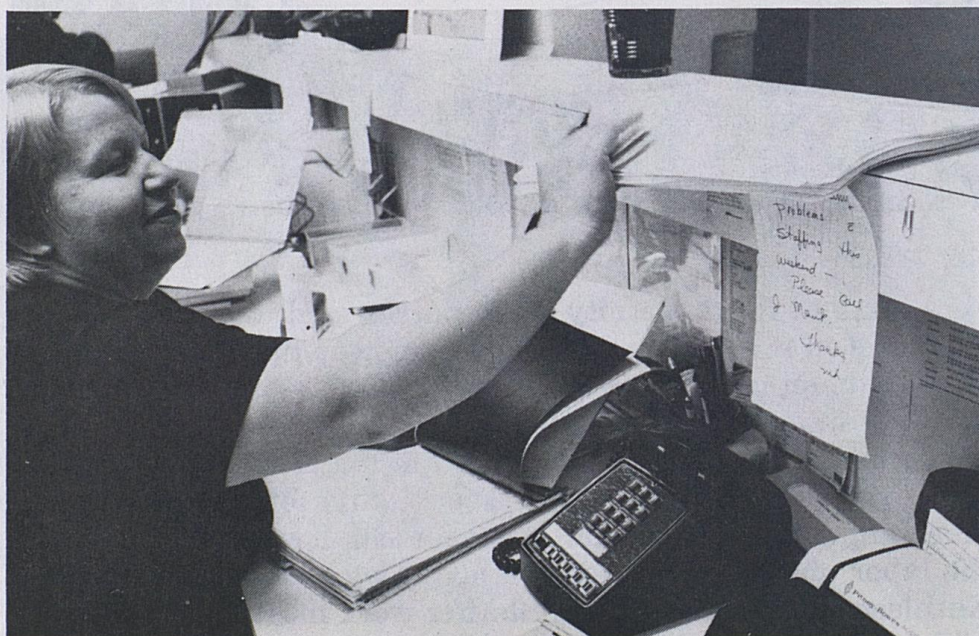
Wanda Hacker

As one of the maternity ward nurses said, the “most stable influence on the floor are the aides who keep the place running”. Besides helping mothers with their babies—bathing, working with feeding schedules and checking vital signs, the aides perform “a million” tasks to help the maternity ward operate smoothly. Barbara Burns has responsibility for nursery supplies and equipment and Frances Fields for supplies and assistance in the labor and delivery area. Frances Maggard, Karen Bowling, Kathleen Roberts and Robin Shaffer work mostly evenings and nights, wherever needed. “Our aides must assume quite a bit of responsibility, particularly in the nursery,” said Hospital Midwife

Ann Hamel. "They keep a close watch on the babies and report to the midwives any change in the condition of a newborn. They also have time to talk with the mothers and can let us know if any problems arise there."

Ward Secretary Louise Mosley manages some of the administrative aspects of the maternity unit, such as coordinating communications and records between the hospital and the districts, and keeping track of the whereabouts of Dr. Gilbert and the midwives—no mean task!

The medical-surgical unit functions under Unit Manager Joanne Mauk, a "graduate" of the old central records office at Wendover, followed by ward clerk experience in both Hyden Hospital and MBH. With this training behind her, the medical records always receive extra careful scrutiny from Joanne. But her tasks are not confined to records. She does the schedules, she makes sure that special supplies are available and that equipment is in good order, frequently doing the minor repairs herself, and she makes sure that every aspect of her unit runs as smoothly as possible. Deevon Wooton and Edith Feltner, as ward clerks, play admissions clerk, receptionist, baby-sitter, supply clerk and secretary, all at the same time.



Joanne Mauk





Louise Mosley



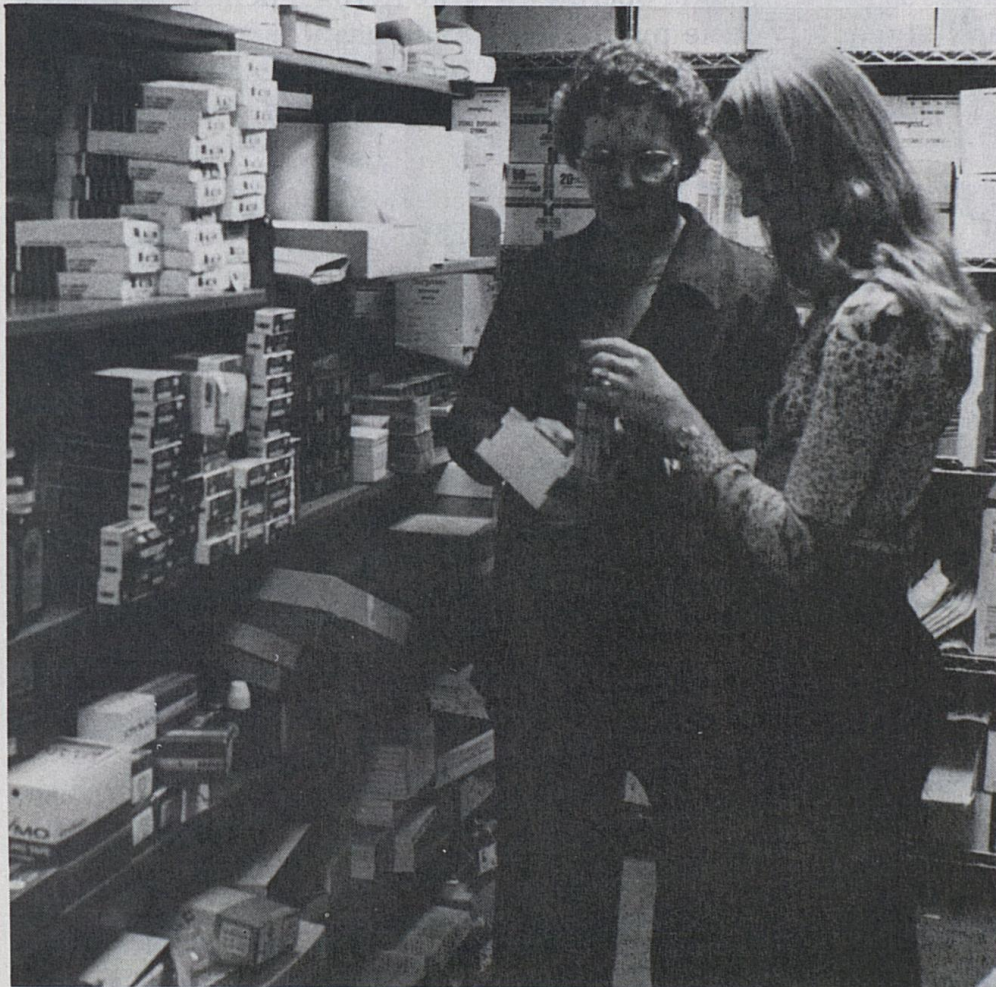
Wanda Feltner

Moving between the nursing station and the patients' rooms are the medical-surgical aides who provide much of the bedside nursing care and emotional support for the inpatients. Stella Bowling has been with FNS almost from the beginning of our employment of aides in the hospital. "She's just terrific", said one of our physicians. Wanda Feltner's thorough knowledge of our patients and their problems is most helpful to the medical and nursing staff. Janet Lewis is loved by all of her patients and Norma Jean Sizemore was described by a staff member as having "the biggest heart in the country—she will always go the extra mile for a patient". These women are devoted to their profession, they provide continuity of care, and are an inspiration to new members of the aide staff such as Patsy Morgan, and to the student aides from the Health Careers program—Charlene Adams, Arlene Day, Brenda Fields, Martha Hayes and Rhonda Kemper— who are working with them.

The fourth group of FNS aides are those assigned to the Home Health Agency to give personal support and care to the chronically ill in their homes. They each have their own patients, and visits may last from a half hour to two hours or more. Lilly Mae Asher, James Johnson, Wilma Roberts and Deanna Asher not only have these regular visits but, during the week, are on call for their patients as well. Home Health aides have the opportunity to know their patients in their home situations perhaps better than anyone else and both nurses and doctors rely on them for vital personal information and routine medical findings.

## PURCHASING AND CENTRAL SUPPLY

Gauze—bandaids—intravenous kits and tubing—paper clips—refrigerators—stationary supplies—microscopes—tape—beds—ledger sheets—linens—syringes—you name it and Nannie Hornsby of purchasing and central supply has it, or will order it. She receives the supply requisitions, consults the catalogues or talks with the salesmen, orders, stocks and distributes the supplies for the Frontier Nursing Service, hospital, Home Health, districts. Nannie and her assistant, Vanda Johnson, receive, unpack, stock the shelves and distribute supplies to the appropriate areas, and keep accurate records of the entire process, handling a thousand separate items each week.



Nannie Hornsby and Vandy Johnson

## THE FRONTIER SCHOOL OF MIDWIFERY AND FAMILY NURSING

Questions about the school? Ask Alice Whitman; she will probably know the answer. Want something done for the School? Jeannette Woods has probably already done it. If anyone fits the description of "jack of all trades", Alice and Jeannette do. As the registrar, Alice sets up interviews for prospective students, handles School correspondence, applications, finances, references, transcripts, keeps several files, and is a storehouse of information. Jeannette is the only full-fledged secretary for the School and what Alice doesn't do, Jeannette does. She transcribes and types and collects all School material, catalogues lecture tapes and the like, and operates a large Xerox machine for faculty and students. In the month of May alone, almost 30,000 copies popped out of the Xerox machine, including nine volumes of the PRIMEX report, each containing almost 500 pages.



Jeannette Woods



Darrell Moore and Alice Morgan

### PERSONNEL:

Everyone looks forward to seeing Personnel Director Darrell Moore and Payroll Secretary Alice Morgan. Aside from being amiable people, they give out paychecks. Alice (eight years at FNS) has recently transferred to Personnel from Accounting, where she was the payroll clerk. Now she provides secretarial assistance for Darrell and coordinates the figures on the payroll for the computer while Darrell deals with employee applications and information, recruitment, interviews, placement orientation and training, salary scales and employee manuals and evaluations. On occasion he has been known to spend a day on a high lift in the Middle Fork, digging up gravel to make a road to the new vehicle maintenance shop!



Delta Roberts and Jean Whittaker

### **SURGICAL SUPPLY AND STERILE STORES**

Delta Roberts operates the only still (that we know about, anyway!) on FNS property, and it's all perfectly legal. The bubbling cauldrons in Delta's domain produce the distilled water and the sterile supplies that are used not only in the operating suite, not only in the hospital itself, but wherever they are needed in the FNS. A trained surgical technician, Delta, with the help of surgical aide Jean Whittaker, keeps the surgical suite ready for scheduled and emergency surgery and assists in the actual operation. Both Jean and Delta, like other members of the surgical team, are on 24-hour call for emergencies.

## ACCOUNTING AND BUSINESS OFFICES

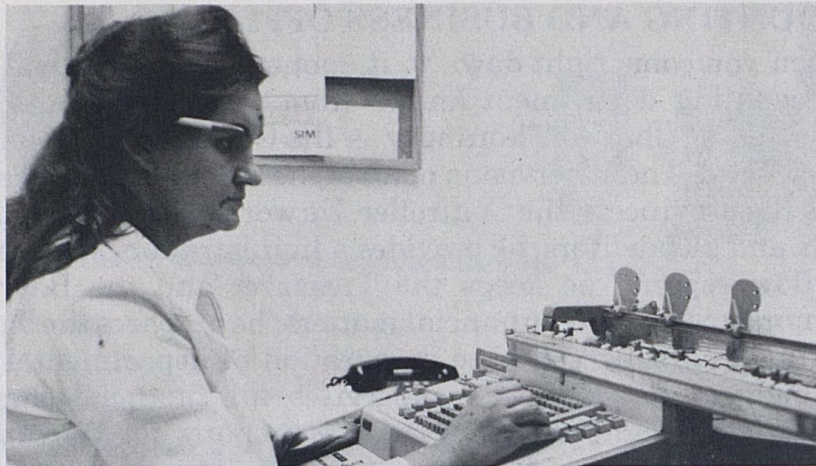
When you come right down to it, money means survival and the accounting department knows from whence it comes and where it goes. Charles Thornbury is the Controller, assisted by Chester Ward. The supervision of all of the accounting process for FNS is the province of the Controller. He works with the computer experts and the auditors; he provides administration with weekly cash flow reports; he keeps the Treasurer and the Board of Governors up to date on financial matters; he prepares the budget indicators and supervises the preparation of departmental and total budgets for FNS; he supervises all financial matters pertaining to grants and prepares cost reports for third party payors.

Working closely with the Controller is the Bookkeeper, Mary Combs, (nine years with FNS) who posts the ledgers and pays the bills, and keeps track of all income such as dividends from endowment funds, contributions, hospital and district payments, refunds and rentals.

Under the supervision of the Controller's Office are the business offices in the Mary Breckinridge Hospital and in the old hospital, physically separated at the moment but soon to be united under one roof.

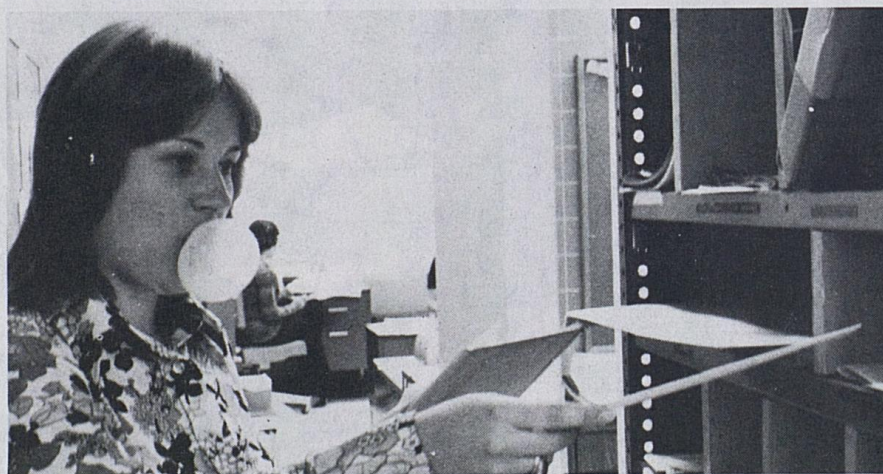


Mary Combs



Druscilla Howard

What does the number 310 mean to you? For one thing, it's a whole number between 309 and 311. But to Druscilla Howard, it means "surgery". That number, and many, many others as well, are part of a code used by Druscilla in posting total charges for inpatients for use by the computer. The loud racket in the business office originates from a special posting machine on which the charges are accumulated. Every day, Druscilla brings each patient's bill up to date and posts it, a chore which frequently involves trips all around the hospital to track down all the bits of paper—the charge slips—which account for each service rendered the patient by lab., x-ray, pharmacy and the like.



Deanna Smith





Reo Thornbury



Grace Davidson

Six other people fill the small business office and, together, they prepare all information for that portion of the billing done by computer, do the insurance billing, handle deposits, keep various weekly, monthly and yearly journals and reports, and assist patients with their bills.

Deanna Smith posts all cash collected and deposits it in the Hyden Citizen Bank, and Grace Davidson logs, batches, checks and sorts the encounter forms. These two function in yet another area. Without Deanna, students would receive no love letters, the lab. would have no specimen reports, and Dr. Alexander would never get his *Courier-Journal*. Deanna puts up the incoming mail in individual boxes. Grace runs a miniature hospital "post office", metering official FNS mail and selling stamps to employees for their personal mail.

The trio of Reo Thornbury, Virginia Davidson and Ruby Hoskins do all the insurance billing for the hospital. Stacks of encounter forms pile high on their desks, and, according to Reo, by the very nature of the job "there's no way we are ever caught up. We stay late and work on Saturdays and we're still behind." Reo works with inpatients while Virginia and Ruby work at daily outpatient insurance billing. Virginia Roberts supervises the hospital business office and prepares many special reports.



Virginia Davidson and Ruby Hoskins

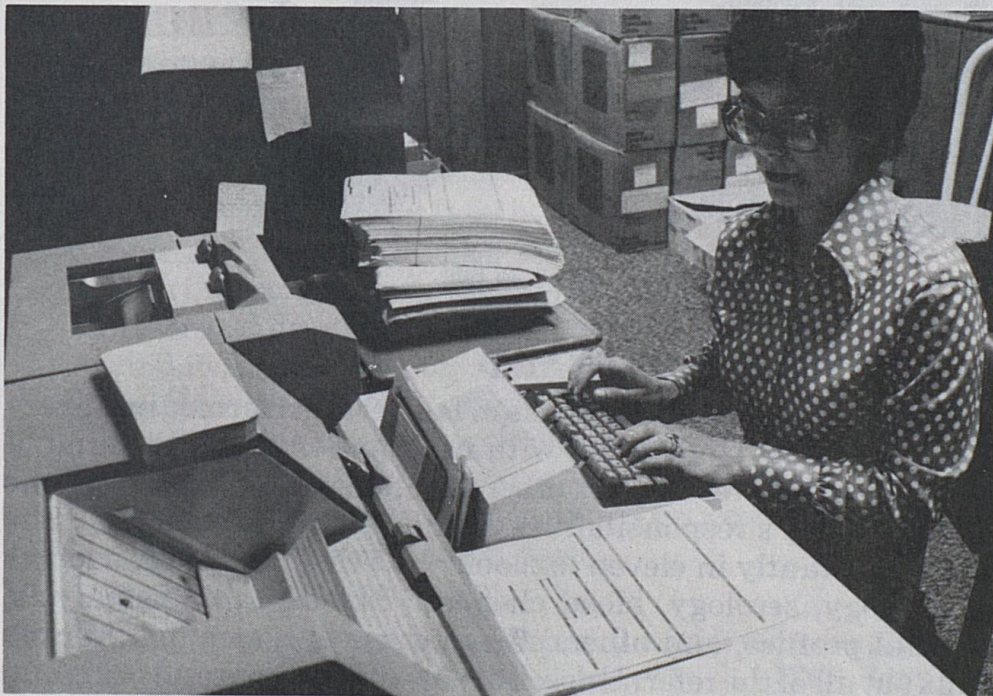
Back on Hospital Hill, Ann Browning heads the business office for the districts and the Home Health Agency, assisted by Mary Rose Hoskins and Alta Ruth Browning. They complete all district third party billing and posting, audit the encounter forms, maintain shelves of records and files of posting journals, statistics and reports. Ann Browning also noted that she "wheels and deals" in durable medical equipment rented to Home Health patients, including much of its repair. Mary Rose is in charge of all third party billing for Home Health, some encounter form auditing, and posts journals. Alta Ruth, in general, oversees all other insurance billing for districts and Home Health. Much of Ann's time is spent with the often maligned, rarely completely understood but, nevertheless highly useful encounter form, and she is responsible for much of the in-service education in its use by other staff.

Next door to the business office is Juanita Mitchell and it is to Juanita's desk that *all* the encounter forms come for their last stand. Juanita transfers information from them into computer language via a keypunch machine, processing an average of 5,000 cards a week!

The total FNS experience of the quartet of Browning-Browning-Hoskins-Mitchell is approximately thirty-five years!



Ann Browning, Alta Ruth Browning, Mary Rose Hoskins



Juanita Mitchell



Micky Bell

### LABORATORY SECRETARY

Each day there are thousands of lab. tests performed and every single one must be recorded with information about the kind of test, the cost, the results and other pertinent facts. This is just one of Mickey Bell's responsibilities as the laboratory secretary. She writes constantly in eleven logbooks covering categories such as hematology, serology, blood chemistry, blood bank, urinalysis, prenatal profiles, and others. When there is a rare lull, Mickey mails out all of the referral specimens for inpatients and brings up to date the daily and monthly inventories of tests according to departments.



Lizette Begley and Jackie Sizemore

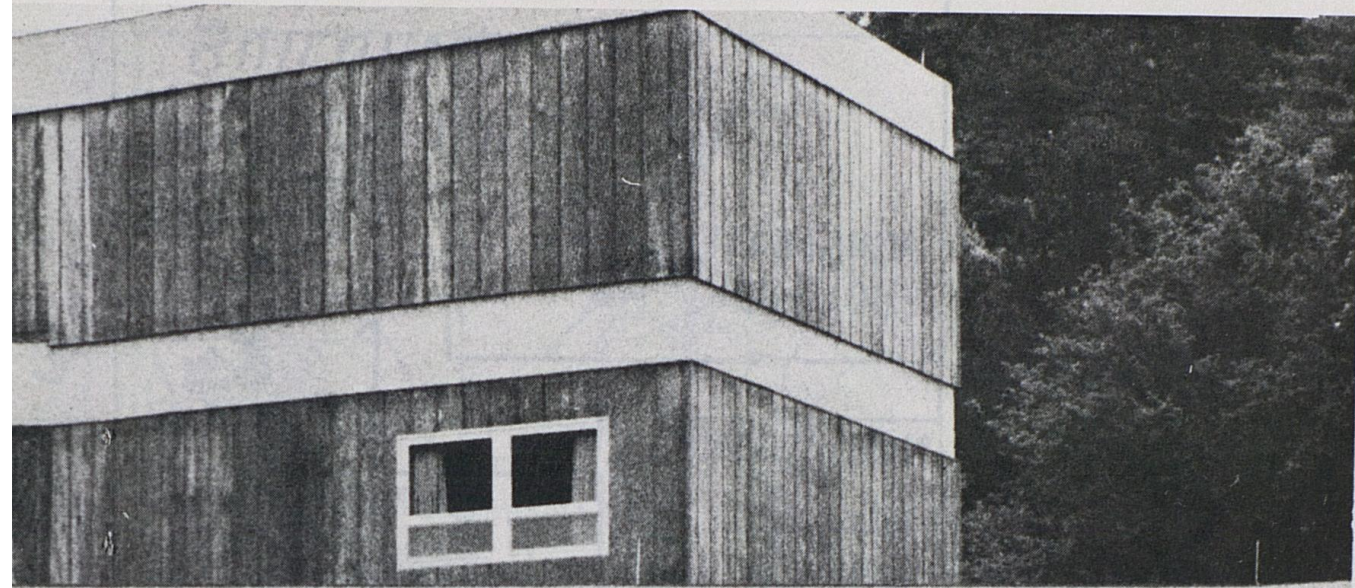
### PHARMACY CLERKS

Every prescribed drug sold at MBH is passed through a small pharmacy window off the main lobby of the hospital. A patient can catch a glimpse of the world of drugs through this small opening but there is much activity in this vital department that is unseen. Under pharmacist Joe Lewis' supervision, Lizette Begley, Jackie Sizemore, and Ivolene Messer find the correct drug among rows and rows of labeled bottles and containers, present it for Joe's inspection, and assist him in preparing the container for the prescribed drug. Lizette works mostly with the pharmacist at the window, while Jackie coordinates KMC billing and Ivolene assists with the medications requisitioned by the eight nursing districts. The pharmacy clerks operate the "magic machine", the programmed typewriter on which the labels for all prescriptions are printed. The pharmacy handles between one and two hundred individual prescriptions a day.

### DENTAL ASSISTANT

Alice Napier has only been on the staff for a couple of weeks but she is already a busy young lady as the FNS dentist, Dr. Joe Levine, trains her as his dental assistant. Alice answers the phone and makes appointments, keeps the records and cleans and sterilizes the instruments. She will also learn to assist Dr. Levine with patients in the dental unit.









### URGENT NEEDS

<b>For Medical Surgical Floor</b>	\$	235.00
Gomco Pump (for suction)		30.00
Stethoscopes—2 @ \$15.00 each		92.00
<b>For Maternity</b>		
Mobile Chart Caddy		112.00
O. R. Table Pad		25.20
Suction Tips—3 @ \$8.40 each		25.60
Allis clamps, 6 1/2"—12 @ \$21.30 each		15.00
<b>For the Emergency Room</b>		
Sand Bags (for immobilization)—2 @ \$7.50 each		90.00
Papoose Board (for immobilizing a small child)		67.00
Pediatric Laryngoscope		290.00
<b>For the Laboratory</b>		
Time Stamp		650.00
Centrifuge		558.00
<b>For X-Ray</b>		
Wall Illuminators (View Boxes)—2 @ \$279.00 each		558.00
Cassettes—6 @ \$96.70 each		40.00
Shield Apron		470.00
<b>For the Pharmacy</b>		
Dispensary Window (additional)		1,695.00
Postage Meter Machine (replacement)		175.00
<b>For the Primary Care Center (Outpatient Clinic)</b>		
Refrigerator		24.00
Small Oxygen Safety Truck		800.00
<b>For the Primary Care Center Extensions (Outpost Center Clinics)</b>		
Refrigerators—4 @ \$200.00 each		51.90
Ambu bags (for resuscitation)—6 @ \$8.65 each		510.00
Metal Specula—30 @ \$17.00 each		200.00
<b>For the Education Department</b>		
Film "Birth and Violence"		600.00
Video tapes (blank—for teaching purposes)		
—24 @ \$25.00 each		



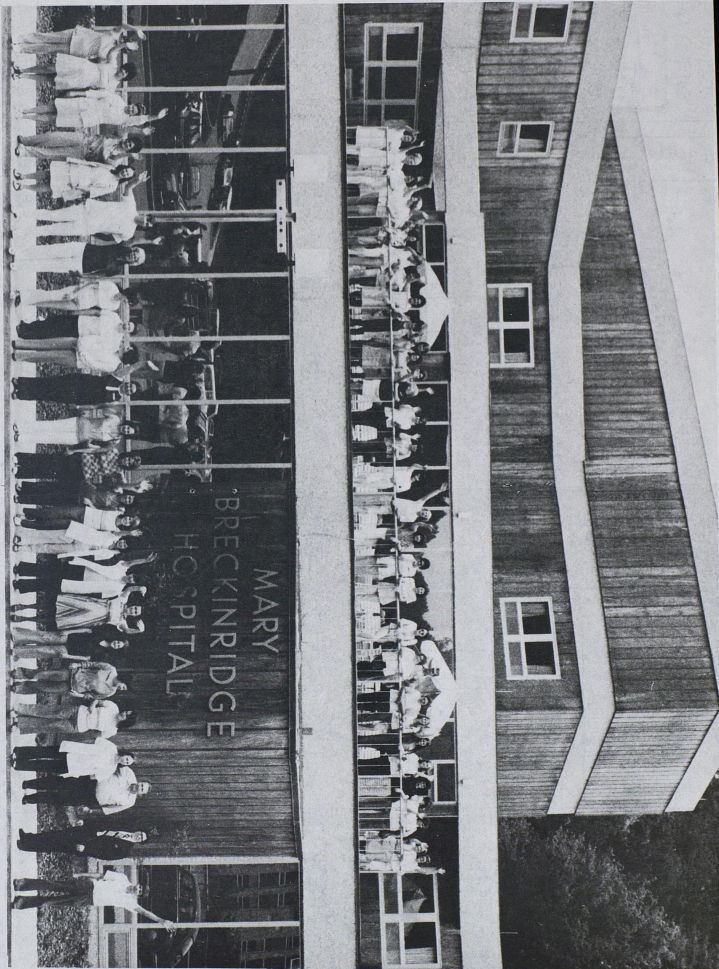
Lizette Begley and Jackie Sizemore

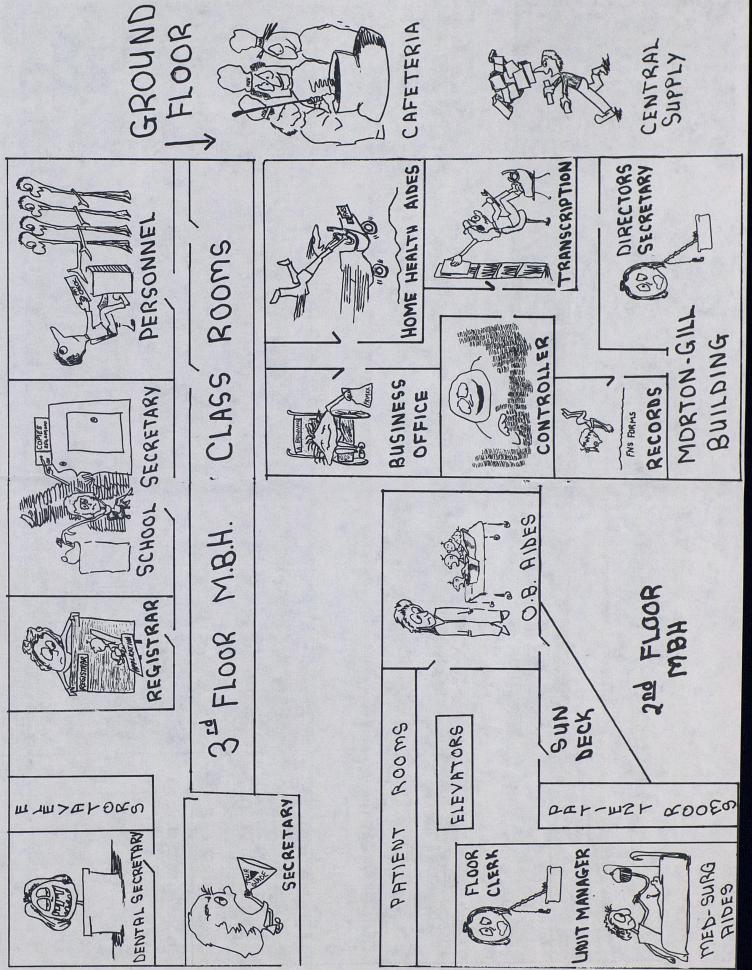
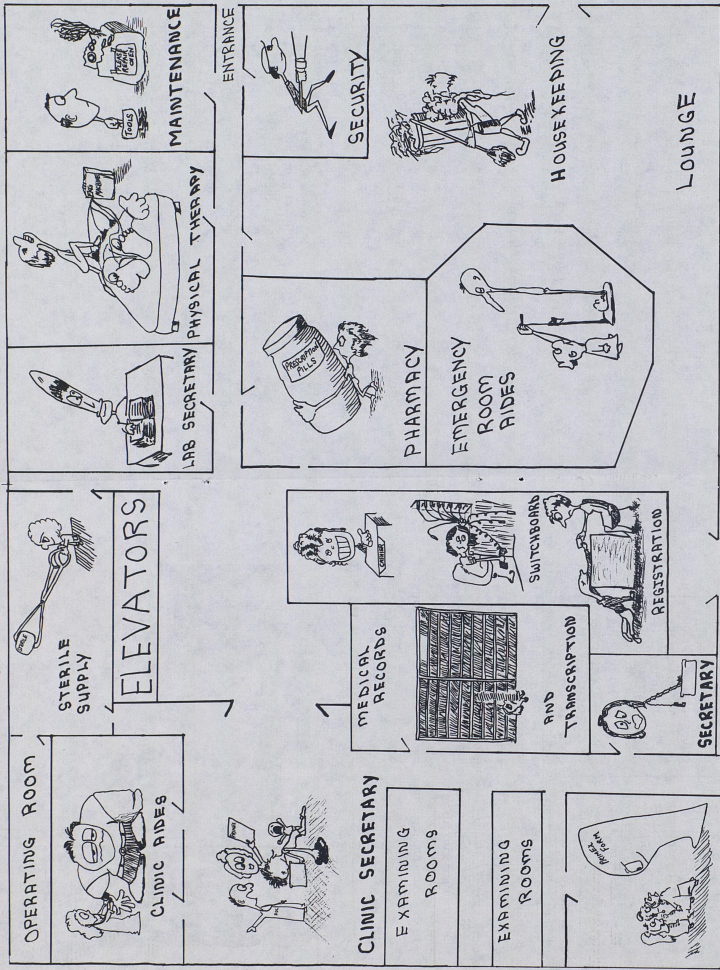
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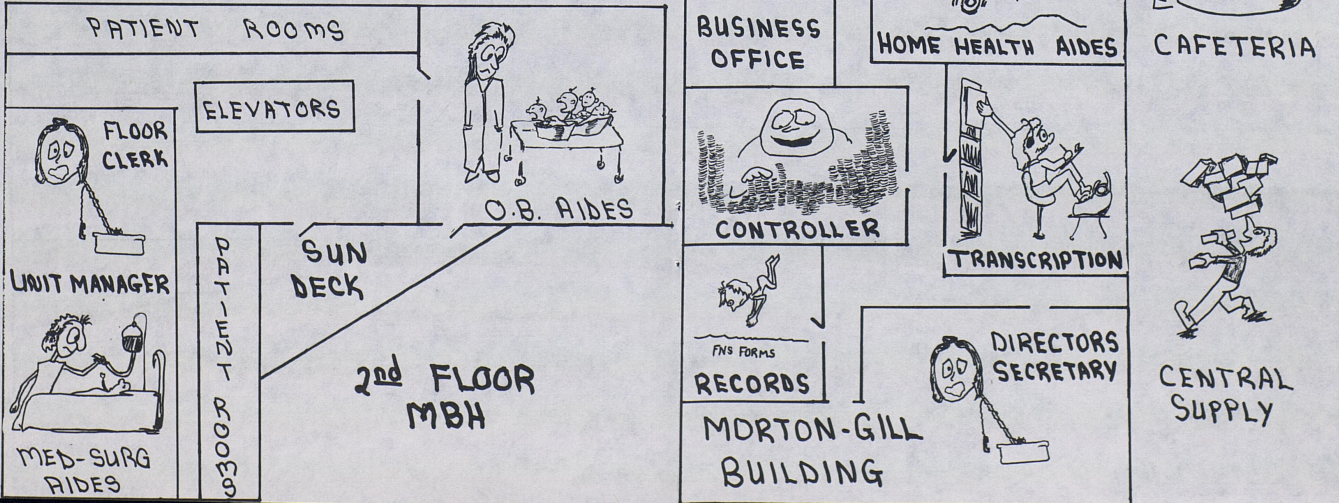
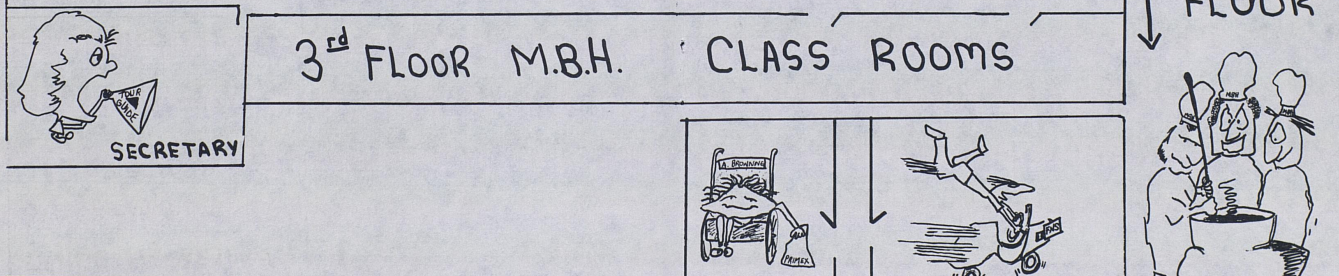
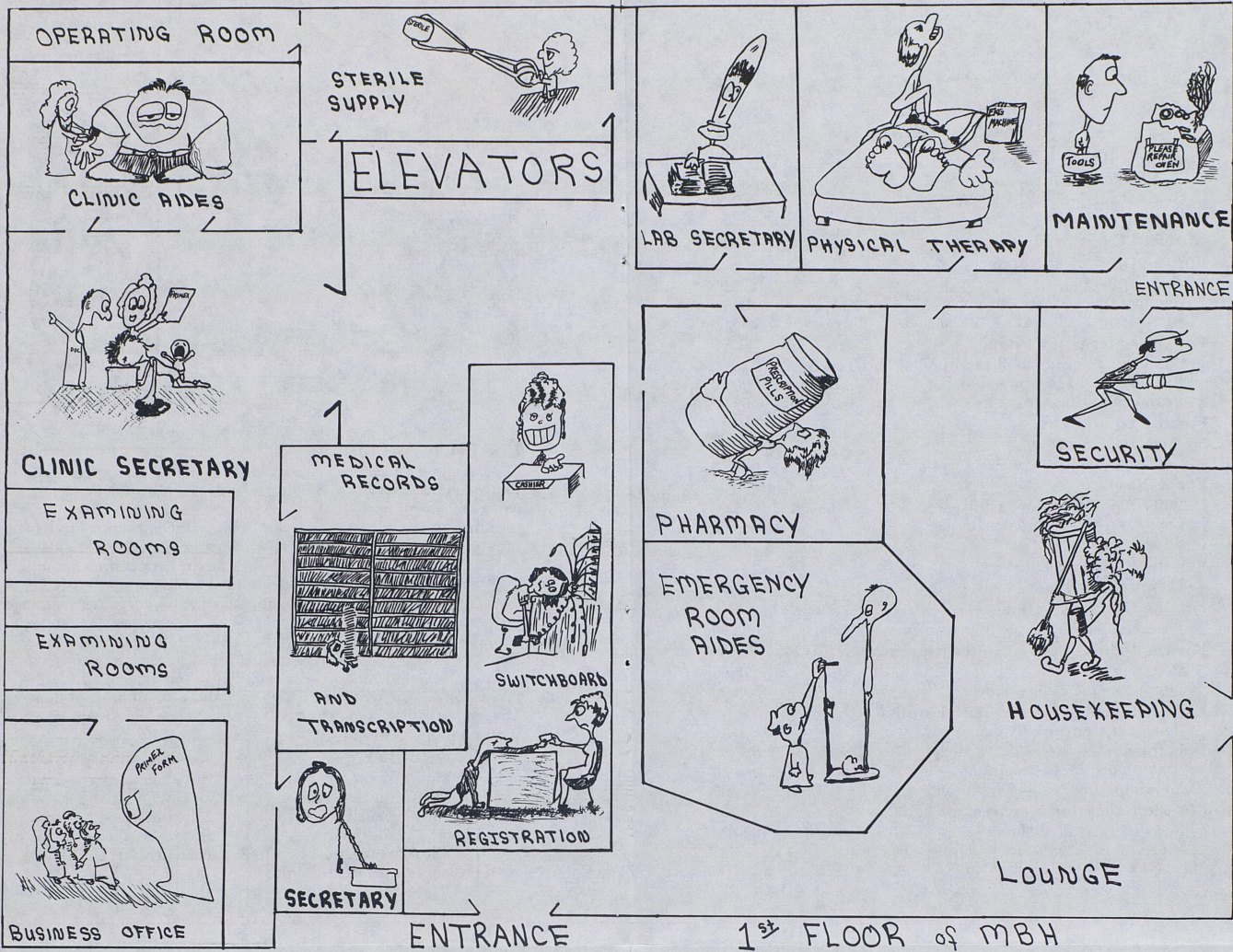
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### For the Emergency Room

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Papoose Board (for immobilizing a small child)	90.00
Pediatric Laryngoscope	67.00

### For the Laboratory

Time Stamp	290.00
Centrifuge	650.00

### For X-Ray

Wall Illuminators (View Boxes)—2 @ \$279.00 each	558.00
Cassettes—6 @ \$96.70 each	580.00
Shield Apron	40.00

### For the Pharmacy

Dispensary Window (additional)	470.00
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### For the Business Office

Postage Meter Machine (replacement)	1,695.00
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### For the Primary Care Center (Outpatient Clinic)

Refrigerator	175.00
Small Oxygen Safety Truck	24.00

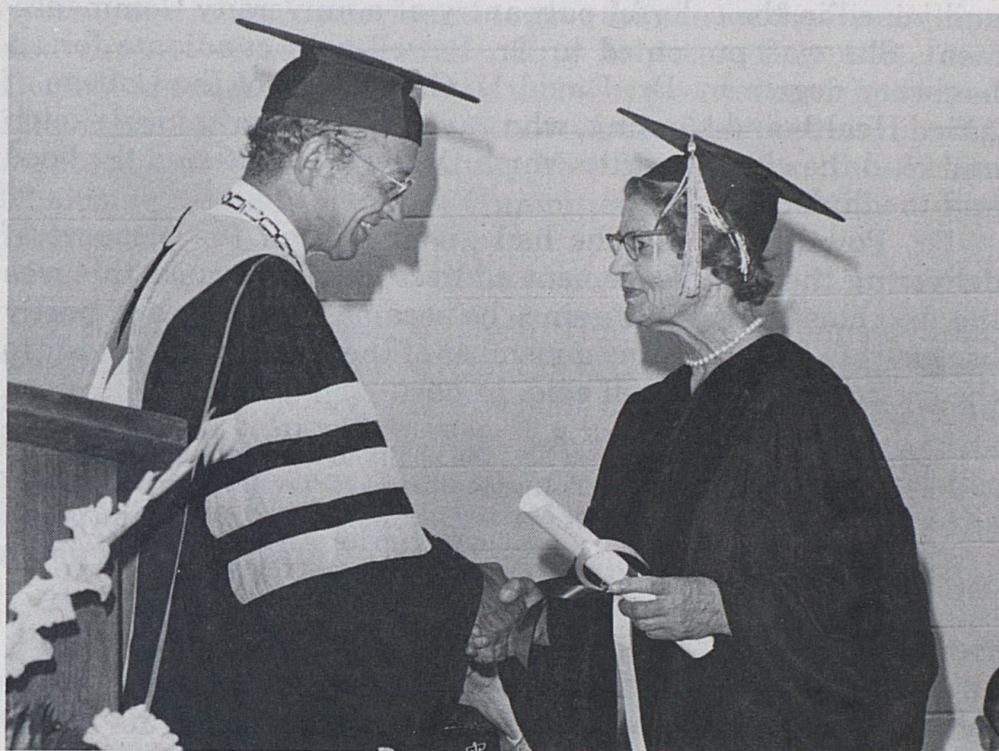
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Refrigerators—4 @ \$200.00 each	800.00
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Metal Specula—30 @ \$17.00 each	510.00

### For the Education Department

Film "Birth and Violence"	200.00
Video tapes (blank—for teaching purposes) —24 @ \$25.00 each	600.00

## DOCTOR OF SCIENCE Helen E. Browne



EKU Photo

"Brownie receives the Honorary Degree of Doctor of Science from Dr. J. C. Powell, President of Eastern Kentucky University

**"Dynamic nurse; respected nurse-midwife; able administrator; practitioner of the art and science of nursing; advocate of quality health care; one who cares for fellow man and has brought new horizons of health care to Kentuckians and the people of the world."**

So read the diploma of The Honorary Degree of Doctor of Science conferred on Helen E. Browne by Eastern Kentucky University, Richmond, Kentucky, at the Seventieth Commencement on Sunday afternoon, May 15, 1977.

Earlier in the day, Miss Browne, the other candidates for an honorary degree, members of the Board of Regents and their wives were guests of honor at a luncheon given by President and

Mrs. J.C. Powell in the Keen Johnson Building on the EKU campus.

At 4:00 p.m., Brownie took her place in the academic procession and joined in the colorful pageantry of a university Commencement. She was presented to Dr. Powell as a candidate for an honorary degree by Dr. David D. Gale, Dean of the College of Allied Health and Nursing, who gave a brief biographical sketch and read the citation, after which Dr. Powell conferred the hood and the diploma.

Dr. Powell said that he had given himself the pleasure of delivering the Commencement address, partly because this was the first class to graduate since he became president, and partly because his daughter was a member of the class. In his charge to the graduates, Dr. Powell said, in part:

"You are now a son or a daughter of Eastern. . . Eastern has succeeded if you have learned here the ability to think straight; if you now have, based upon the knowledge which you have acquired of the past, a vision of the future. Moreover, we are content if you have developed skills which will be used to the service of mankind. May you have a full life based upon a personal integrity and the respect of your fellow man. May you ever maintain a spiritual and intellectual interest and approach the problems of life with an open mind."

Our congratulations, Dr. Browne!

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## RADIO SPOT #2: PRE-NATAL CARE

**Music:** 7 second lead in, continue at decreased volume throughout spot.

**Woman:** What news! I've just found out I'm pregnant! (music down under) Now what should I do? Should I eat different foods? How much exercise should I do from now on? Should I take aspirin or other medicines?

**Narrator:** Many pregnant women ask these questions. To answer these questions and others and to take better care of yourself and your expected baby, register with a midwife or doctor as soon as possible. Care before the baby is born is important.

This announcement is brought to you as a public service by the Frontier Nursing Service.

## IN MEMORIAM

This spring In Memoriam is to give thanks for the friendships and support of several outstanding Trustees, Committee and Council members and friends. It includes two women who helped Mrs. Breckinridge to establish two of the first district nursing outposts, our most outstanding Medical Director, the former Chairman of the Beech Fork Committee and several other loyal friends.

**Dr. John H. Kooser** of North Huntingdon, Pennsylvania, was Medical Director of FNS from 1932 through 1943 when he left to join the U.S. Navy. An excellent diagnostician, he did an important piece of research on the prevalence of hookworm and its relation to nutrition in this area, at a time when the Rockefeller Foundation was addressing this problem on a national scale. His name and his practice are still well remembered.

**Mrs. John W. Price, Jr.** of Louisville, together with her sister, Miss Jane Short Atwood, donated the Flat Creek Nursing Center in memory of their mother fifty years ago. Mrs. Price continued to maintain that center with enthusiasm and dedication. In honor of her surgeon-husband, she donated the operating room suite at the new Mary Breckinridge Hospital. Both these facilities have enabled the provision of extensive health care and the resolution of many emergencies. They are genuinely appreciated by community and staff alike.

**The Hon. Frances Payne Bolton** (Mrs. Chester C.) of Cleveland, Ohio, an outstanding national citizen, the first woman from Ohio elected to Congress, an ardent supporter of nursing after whom the School of Nursing at Case Western Reserve University is named, gave Mrs. Breckinridge the monies to establish the nursing center at Confluence. In the Twenties and Thirties, nurses coming to FNS got off the train at Krypton and rode horseback over Campbell's Creek to Confluence to rest before riding on in to Hyden. When the center was closed as a result of the Buckhorn Dam in 1959, the gift was transferred to purchase an

attractive house, now called Bolton House, in which one of the staff physicians resides. Her continuing interest in Washington has been most helpful.

**Mr. John Asher**, a well-known and significant figure in the Kentucky mountains, a lawyer, a lumberman, a coal operator, and an active member of the community, assisted Mrs. Breckinridge in the management of the Beech Fork Center for a number of years. In his recent illness he was cared for at the Mary Breckinridge Hospital where he was able to be surrounded by his family and many friends.

**Dr. James C. Greenway**, a long-standing friend of Mrs. Breckinridge, a generous donor and a Trustee, died recently in Greenwich. **Miss Dorothy Rawson**, who had been a continuous supporter of the FNS through the Cincinnati Committee for almost fifty years, died in February. Our heartfelt sympathy goes to her sister, Marion.

**Dr. Margaret I. Handy**, a pediatrician in Newark, Delaware, who served on our National Medical Council until she retired in 1974 at the age of 84, died in February. **The Rev. Mr. James E. Clarke** of Glendale, Ohio, after visiting FNS several times, presented us with some altar furnishings which are still used in St. Christopher's Chapel. Two unknown friends, **Miss Reed Gaither** of Onocock, Virginia, and **Mrs. Benjamin Ludlow** of Philadelphia, Pennsylvania, though not on any of our committees or councils, generously remembered us in their wills.

For many years **Miss Ann Asbury** of the Kentucky Commission for Handicapped Children welcomed and encouraged our young patients who needed special surgical care in Lexington. Her interest in the entire program was unflinching.

**Mr. Jimmy Sizemore**, long the County Court Clerk of Leslie County, an unflinching friend to many members of the FNS staff, had recently retired to Florida. A sudden and severe illness brought him back to be with his family and friends in Hyden at the time of his death.



Former courier **Anne Blaine Harrison** (Mrs. Gilbert), whose enthusiasm for providing training in legal matters led to the establishment of significant curricula for high school students, died in Washington in May. **Jessie Blanton**, who gave many years of faithful service at the old Hyden Hospital and Haggin Quarters, died in the new Mary Breckinridge Hospital in May and will be sorely missed by her family and friends. A terrible accident resulted in the death of **Paul Muncy** at Cocoa, Florida. Both Paul and his wife (old staff Sally MacMillan), who lived in the mountains for many years, never failed FNS in our times of need.

Frontier Nursing Service will miss its friends, and we extend our warmest sympathy to the families at this time of separation by death.

Thanks be to God who have given them the victory.

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“You tell me I am getting old, I tell you that’s not so.  
The ‘House’ I live in is worn out and that, of course, I know.  
It’s been in use a long, long while, it’s weathered many a gale.  
I’m really not surprised you think it’s getting somewhat frail.

“The dweller in my little ‘House’ is young and bright and gay;  
Just starting on a life to last throughout eternal day.  
You only see the outside which is all that most folks see.  
You tell me I am getting old? You’ve mixed my ‘House’ with me!”

—Frances P. Bolton  
(Her 1976 Christmas card)

## MARY BRECKINRIDGE HOSPITAL RECEIVES MERIT AWARD FROM KHA

The Mary Breckinridge Hospital has received an Award of Merit in the annual Hospital Public Relations Awards Competition conducted by the Kentucky Hospital Association (KHA). The award was presented for the radio spot announcement program produced by the hospital and was given to Jim Fulmer, Public Relations Office at the hospital, by KHA President James D. Collins, Administrator of the Owensboro-Daviess County Hospital, at KHA's 48th Annual Convention in Louisville, Kentucky, in mid-May.

The Mary Breckinridge Hospital entry won in the category for hospitals with less than 75 beds. Judging was based upon creativeness, professionalism, and effectiveness of the public relations projects.

It was most appropriate that Jim Fulmer should be in Louisville to receive the award as he is the author of the radio spots, some of which are reprinted in this Bulletin.

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### RADIO SPOT #15: COUGHS

**Voice:** Presenting . . . His Royal Highness, the King!  
(trumpet fanfare)

Loyal subjects of the king's court! Today is the day of greatness (coughs) Today is a day . . . (coughs again) Today is a day . . . (coughs continue throughout spot)

**Announcer:** Yes, even a king can get a cough. Most of the time, coughing is harmless, But if a cough persists, it could mean many things, like smoker's cough or pneumonia. All of these conditions can lead to serious disorders if not treated early. If you have a persistent cough, check with your Doctor or Family Nurse.

This message is brought to you as a public service by the Frontier Nursing Service. (coughing continues until dies out)

## BEYOND THE MOUNTAINS

**Philadelphia**—Reported by Mrs. Robert S. (Betsy) Gawthrop

“May Day”, by the Philadelphia Committee of the Frontier Nursing Service, was held at the Brandywine River Museum, the very special museum of Andrew Wyeth, Howard Pyle and the Brandywine School. This old mill is now a stunning building smack on the banks of the Brandywine, naturally, with sweeping glass windows on three floors, enabling one to look out into treetops, now in that first soft green of spring, and down, down, onto the flowing Brandywine.

Features of the 5:30 to 7:30 p.m. benefit were a silent auction—not Chinese as heretofore—where there were some handsome artifacts, as well as twelve imaginative services, such as:

A guided canoe trip, on that same waterway through historical Revolutionary War battlegrounds, complete with cocktails and luncheon, undoubtedly on some meadow abloom with wild flowers that abound on these banks;

A catered dinner for twelve brought \$250.00, to the horror of the chef who is no pro but a darling and enthusiastic mother of five who will come through with flying colors, we know;

A magician—and a good one—for a children’s party. (He was bought by a school superintendent);

A pool party;

A weekend rental of a charming cottage in the Poconos;

A thrilling offer of a coach ride by Mr. and Mrs. James K. Robinson, Jr., cocktails, dinner and all—a deluxe way of seeing the rolling hills and fertile fields of Chester County.

Madrigal singers boned up on Kentucky folk songs, and rendered charming background music midst the pink geraniums splashing the courtyard.

There was an exhibition of paintings by such prominent artists as Carol Pyle Jones, (Mrs. Russell), whose water color, *The Pavilion*, has just been purchased from the 152nd annual exhibition of The National Academy of Design in New York by the Henry Ward Ranger Fund for \$2,000. William Radebaugh’s delightful collages provided interesting contrast. And Cortright Wetherill, better known in equestrian circles, generously offered four landscapes, one-third of the proceeds to go to FNS.

The needlepoint rug was given its virgin presentation. By some

minor miracle (perhaps because it was blessed at launching by the Rev. Kenneth E. Slagle), nineteen ladies and two gentlemen managed to finish the 6'4"x8'4" rug, and have it put together in six months. There are small birds in the upper branches, and large birds in the lower, with all the branches connecting—a thing of beauty, but definitely to be walked on. (For further information about the rug, please communicate with Mrs. Robert S. Gawthrop, 800 Sconnelltown Road, West Chester, Pa. 19380)

Sumptuous Kentucky ham and "hearty" hors d'oeuvres emerged, thanks to Mrs. J. Cranston Hodupp, Miss Eleanor Heilman and a wonderful committee.

We hope that the blending of Main Line personalities with that of West Chester and Kennett Square will continue and grow, and so make the dream of Mary Breckinridge live on. The "May Day" Chairmen, Mrs. J. Gibson McIlvain II, Mrs. Gawthrop, and Mrs. Ernest R. von Starck deeply appreciate all who helped with this occasion, donors of time and talent, as well as those lovely, charity-minded spenders!

. . . . .

### **Bedford and Greenwich—Reported by Kate Ireland**

During the New York committee meeting last February, old courier Selby Brown Ehrlich (1951) invited Dr. Beasley and me to talk with friends of the FNS in Bedford, New York. Claire Henriques, mother of Horace who was a volunteer last summer, was sitting next to Selby and suggested that we might also like to visit with friends in Greenwich, Connecticut. Not since the Mary Breckinridge Hospital and Development Campaign in the late '60's had FNS friends gathered in either of these two locations. A May date was arranged.

We arrived in Bedford on a perfect spring day—snowy-white dogwoods still had many petals and purple lilacs were in full bloom against the delicate green background of the new spring growth.

Selby and her husband, Peter, had just completed Field Day at Rippowam-Cisqua School, where Selby teaches, and then, with what looked like no effort, they gave a lovely buffet dinner for the thirty people who wanted to hear about the Frontier Nursing Service. Cindy Gould Melcher (1967) brought some of the food, and it was such fun meeting her husband, Steve. One of Dr. Beasley's

old schoolmates from Memphis and her husband, Mr. and Mrs. Reid Petersmeyer, whose daughter, Nancy, was a volunteer at the Mary Breckinridge Hospital during the summer of 1975, also came. It was great fun seeing Harriette Sherman Barnes (1941) and her husband, Jim. Harriette recalled instances in her life as a courier which were amusing to Cindy and Selby, and then she and I caught up on news of mutual friends in Cleveland.

The slide presentation by Dr. Beasley showed the varying types of health care available in the mountains today. The audience showed great interest and asked many questions, not only about our own demonstration of family centered care, but also about the changing face of Appalachia, both culturally and economically. It was a stimulating evening and, I think, one which will be of benefit in the future of FNS.

Sunday morning dawned just as magnificently as Saturday, and Selby took us to the Rogation Service at St. Matthews led by Dr. Hargate. Toward the end of the service, the congregation participated in blessing the church yard and the garden allotments where a number of the parishioners were growing a variety of vegetables. Peter and Selby then drove us over to Greenwich for lunch with Claire, Harry and Horace Henriques.

Many friends gathered at the Henriques' home that evening including Lil Middleton Hampton (1946) and her husband, Wade, Mr. and Mrs. Edward M. Greene, in-laws of our Board member, Joey Donnelly, and Bishop and Mrs. John Allin, who was another classmate of Dr. Beasley. Again Dr. Beasley showed slides, spoke of the FNS program, and many questions were asked. The next morning Dr. Beasley went to New York to try to recruit nurse-midwives and I took off for the mountains.

. . . . .

It is with regret that we report that the Hon. Jefferson Patterson of Washington, D.C. suffered a severe heart attack on Sunday, May 29, in Lexington, Kentucky, at Transylvania University's Baccalaureate service. Mr. Patterson and our former National Chairman, Mrs. Patterson, had come to Lexington for Commencement at Transylvania where he was to receive an honorary degree of Doctor of Laws in recognition of "his outstanding career in foreign service spanning four decades".

Our best wishes go to "Mr. Jeff" for a speedy recovery.

## MARY BRECKINRIDGE HOSPITAL AUXILIARY GIFTS TO AND FROM



Mrs. Frederick Blumers with her Needlepoint Seal

Prominently displayed in the lobby of the Mary Breckinridge Hospital is a beautifully executed and framed needlepoint copy of the adaptation of the FNS seal that was designed for the Fiftieth Anniversary celebration in 1975, a gift to the Mary Breckinridge Hospital Auxiliary from Mr. and Mrs. Frederick Blumers of Minneapolis, Minnesota. Mr. and Mrs. Blumers visited Hyden in late April and entertained the officers of the Auxiliary and their husbands—Mr. and Mrs. Eddie J. Moore, Mr. and Mrs. Paul Fields, Mr. and Mrs. Fred Brashear and Mr. and Mrs. Darrell Moore—and also Misses Betty Lester and Peggy Elmore, for dinner, and made the presentation at that time. Mr. Blumers had transferred the seal to canvas and Mrs. Blumers had done the needlework. The Auxiliary and FNS are deeply grateful to the Blumers for this lovely and artistic expression of their long interest in the Frontier Nursing Service.

The Auxiliary has had a busy and successful year. On March 31, two color television sets were presented to the hospital inpatients and were installed in the waiting rooms on the medical-surgical and maternity wings. Auxiliary members Mr. and Mrs. Eddie J. Moore, Mr. and Mrs. Walter Green, Mr. and Mrs. Phil Isaacs, Mrs. Edward Farmer, Mrs. Preston Fortney, Sr., Mrs.

Walter Begley, Mrs. Paul Fields, and Mrs. Charles Thornbury joined staff and patients for the brief presentation ceremony. The President of the Auxiliary, Mrs. Moore, said that the most important thing in the world was patient care; that the actual physical care of the ill patient had to be left to the nurses and doctors, but the Auxiliary could help make things more pleasant for both the patient and his family while he was in hospital.

Staff can assure the Auxiliary that no more popular gifts have ever been given the hospital! The TV sets are seldom turned off and are enjoyed not only by ambulatory patients but also by those whose beds are wheeled out into the lobby.

In addition to the television sets, the Auxiliary presented a check to the Director for the purchase of pediatric and thigh blood pressure cuffs and a tonometer, used to test for glaucoma. Mrs. Moore said the gifts were made possible from the proceeds of the gift shop and the soft drink machines and from the sale of an afghan, the gift of staff member Mary Weaver's mother, Mrs. Mary Kleyla of Ridgefield, New Jersey.

At its annual meeting on June 12, 1977, the Mary Breckinridge Hospital Auxiliary presented an additional gift to the FNS—a check for \$1,000 to be used to purchase equipment that is most needed within the hospital. New officers installed at the June 12 meeting were:

President: Mrs. Lucretia Fields  
Vice President: Mrs. Mary Kay Brashear  
Treasurer: Mrs. Cloma Moore  
Secretary: Mrs. Judy Barrett



Mr. Blumers with Mrs. Eddie J. Moore, President of the Mary Breckinridge Hospital Auxiliary

## FIELD NOTES

Edited by  
Peggy G. Elmore

It gives us much pleasure to have representatives of our hard working city committees visit the Frontier Nursing Service, so that we may show them at first-hand the organization they support so loyally in their own cities. This spring we welcomed the new chairman of the Louisville Committee, Mrs. James Stites, and Mrs. William Schreiber (old courier Sandy Gray '57), also of Louisville; Mrs. Hal Newell of the Washington Committee; and the incoming and outgoing chairmen of the Boston Committee, Mrs. George Robb and Mrs. John E. Dawson.

Our guests arrived on a Tuesday, in time for lunch at the Mary Breckinridge Hospital. In the afternoon they visited outpost nursing centers, returning to Wendover for dinner and the night. A number of staff joined the guests for dinner and a discussion of the FNS program and an exchange of ideas and projects for the committees. On Wednesday morning a "tour" of the hospital and Hospital Hill was arranged and our guests had a chance to talk with other staff members at Hyden before Mary Stites, Sandy Gray and Ruth Newell had to leave. Audrey Robb and Liz Dawson were able to stay on an extra night. Debby King took them to visit several local craftsmen, who from time to time had sent crafts for display at the Boston Preview, and to visit the Beech Fork Center. In the evening they joined staff and community at the Leslie County Public Library to see the documentary film which had won an Oscar—"Harlan County, U.S.A."

We are hoping that this type of "open house" at FNS can be arranged several times a year so that more city committee members and Trustees will be able to find a convenient time to visit FNS. Two Washington Committee members who could not come in May will spend a couple of days with us in mid-June—Mrs. Stanly Carr and Mrs. F.W. Hay, who represents the British Embassy Wives Association on the Committee.

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Professional guests from overseas who have observed the FNS program during the last couple of months include Dr. Kate



Bryant, a pediatrician from Liberia, Dr. and Mrs. Mohammed Azim from Afganistan, and Dr. Ben Arca from the Philippines.

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Our good friend, Dr. Glenn Bratcher of the University of Cincinnati, has once again arranged for physicians and audiologists to come to Hyden to give specialist care to children with identified ear, nose and throat problems. A two-day screening clinic was held in May and Dr. Bratcher, some of his residents and Dr. Ted Striker, anesthesiologist, will return the third week in June for an ENT surgical clinic.

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Our grateful thanks to Gene Bowling, Jr. for the loan of a "cherry-picker" which allowed Gabrielle Beasley to take the picture for this Bulletin of all the Hospital employees.

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The Board of Governors of Frontier Nursing Service held its spring meeting at Hyden and Wendover the weekend of April 15. The 100% attendance at the meeting illustrates clearly the interest the Board has in the affairs of Frontier Nursing Service. Plans are under way for a three day meeting of the Board on October 1, 2, and 3, with the first day reserved for a discussion by the Governors, staff and community of the present program of FNS and its goals for the future.

Joining the Governors at the spring meeting were the Honorary National Chairman, Mrs. Jefferson Patterson, and an honorary member, Miss Helen E. Browne. "Brownie" came down a couple of weeks ahead of time with the avowed purpose of helping Juanetta Morgan clean out the Big House and Garden House attics. They sorted, threw out, arranged and rearranged, swept and scrubbed for days on end—finding some interesting artifacts and only one dead mouse!

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Dr. Anne Wasson "enlivened" the spring Board meeting by having to have emergency surgery toward the end of the first

day's committee meetings. We are pleased to report that Dr. Anne has made an excellent recovery and was able to go to Lexington with Dr. Beasley early in June for the International Oncology Conference.

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The Director and Mrs. Beasley left on June 9 for three weeks vacation in Afghanistan. We use the term "vacation" somewhat advisedly as Dr. Beasley will be evaluating Afghanistan's family planning program for the American Public Health Association.

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During the spring two senior nursing students from the University of North Dakota, Cindy Alexander and Sandy Blade, and two from Winona State College in Minnesota, Phyllis Novitski and Jill Thomas, spent several weeks with FNS— as part of our program to expose senior medical and nursing students to rural primary health care. Just-arrived medical students who are with us for about six weeks this summer, are Deborah Kippen, University of Iowa, and Lawrence Fowler, University of Texas.

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The regular Bulletin columns, OLD COURIER and OLD STAFF NEWS, have not been abandoned as features of the Quarterly Bulletin, but have been omitted from this issue—a reminder to the ex-staff and couriers that we, and through us, your friends around the world, would like to hear your news!

Even though there is a dearth of letters, we do have news of a few former couriers and staff—because they have been to see us. The courier-staff members of the Board of Governors (in addition to Brownie and Marvin, previously mentioned, and Kate Ireland who is nearby)—Mardi Bemis Perry, Freddy Holdship, Jane Leigh Powell and Kitty Macdonald Ernst—all came down a day or so ahead of the Board meeting to spend a bit more time with staff. Leigh brought Noel Smith McAlister with her and Noel had a great time visiting old friends in the Wolf Creek area with the Home Health nurse and catching up on the changing face of Social Service with Phil Reppond. Jan and Paul Watts and their lovely baby were back in Kentucky to visit Paul's family; Peggy

Irving spent a night with us with a young friend, Sabrina Patterson, who hopes to return next summer as a courier; Jody Johnson and a friend stopped by for a couple of nights; and Chris Schenk was back with the good news that she will be rejoining the FNS staff shortly.

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W.B. Rogers Beasley, M.D. has been appointed to the Board of Directors of the Red Bird Hospital in neighboring Clay County. This hospital, operated by the United Methodist Church, and FNS have many interests in common.

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The summer trimester is the one in which no beginning students are admitted to Family Nursing IA in the Frontier School of Midwifery and Family Nursing, but students progressed appropriately to IB, II and III at the end of May. Several nurses who have qualified as family nurses or family nurse-midwives have already taken on staff positions. Wanda King will be going to Brutus and Rita Miller to Red Bird; Kim Beck and Sue Harris will be doing midwifery, centered at Mary Breckinridge Hospital; Cindall Morrison and Mary Weaver will be on Primary Care Center teams; and Lillian Link Levine will be coordinating the internship program for our own interns— Joanne Jackman, Nancy DeVries, Lynne Pethel—plus three from Vanderbilt University's family nurse program, Jean Barker, Carla Lindeken and Marty McClelland. Another midwifery graduate, Sister Barbara Brilliant, leaves shortly for the mission field in Liberia.

And then there are a few faces who have become very familiar in the FNS over the past several years which are missing—and missed. Eniree Napier of Hyden retired on March 31, after nineteen years in the dietary and housekeeping departments of both hospitals. Anna May January said many times that one of the most useful things she ever did for FNS was to persuade Eniree to join the staff! Gertrude Isaacs, to whom we shall ever be grateful for the tremendous job she did, as Director of Education, to add family nursing so successfully to the traditional midwifery education program, and to get an effective research program under way, also retired this spring—on April 30. Trudy remains in Hyden at her home on Tan Trough Branch. Peggy Burden, who

has worn two hats—as hospital patient care coordinator and as nurse anesthetist—and Donna Murphy, the district patient care coordinator, have moved to Maine and nurse—midwives Kathy Smith and Laurie Rendall have returned to their homes in Ohio and Pennsylvania.

Mark Funk who came to FNS as a volunteer last summer, and stayed on as an assistant in the hospital lab, also left in May, with plans to enter medical school at the University of Cincinnati this fall. Mark spent his last weeks at FNS as a patient—following a fall of some forty feet out of a tree. We are pleased that he made a very good recovery before his departure.

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The Northside Community Council, composed of representatives from Bell, Harlan, Leslie and Letcher Counties, is concerned with all activities on our side of Pine Mountain. This Council, through the Pine Mountain Settlement School, has asked Frontier Nursing Service to open a nursing center to serve some 3,000 people in the Northside area. Mr. Alvin Boggs, the Director of Pine Mountain School, called a meeting on June 3, and 179 residents came to discuss the problem with Dr. Beasley and to express their enthusiasm and desire to have such a clinic. FNS will respond by developing the certificate of need and by looking for clinic staff. The community, in its turn, will provide the clinic space and help look for money for equipment. It is planned that this clinic, like the Oneida Clinic, will come close to being self-supporting.

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As we reported in the last Bulletin, the Courier Service and the FNS volunteer program are now in the capable hands of Debby King, a winter courier who joined the staff on April 1. In an effort to maintain some continuity of the services offered by the couriers, Debby and Juanetta Morgan are trying to avoid a complete turnover of couriers at specified times of year, and to have the new couriers come at irregular intervals so there will be some overlap. With us during the spring were Anne Grogan, Rome, New York, a health education major, Annette Dyson of Fountain Valley, California, a nursing student at Louisiana Tech, and Vicky West of Gates Mills, Ohio, with us for a school independent project.

Jeanne LeVasseur of Simsbury, Connecticut, came immediately after her graduation from Beloit and Jamie Kane, Chardon, Ohio, arrived on May 28. Susan Wood of Concord, Massachusetts, a niece of old courier and present Trustee, Patsy Perrin Lawrence, is spending the first two weeks in June with FNS as a "working observer", helping with courier projects. Sam Powdrill continues his volunteer aide work and plans to enter a nursing program in Marion, Indiana in the fall.

We were very pleased that Debby's parents, Mr. and Mrs Samuel King of Dover, Massachusetts, were able to spend a couple of nights at Wendover in May, to see something of FNS and what their daughter was doing.

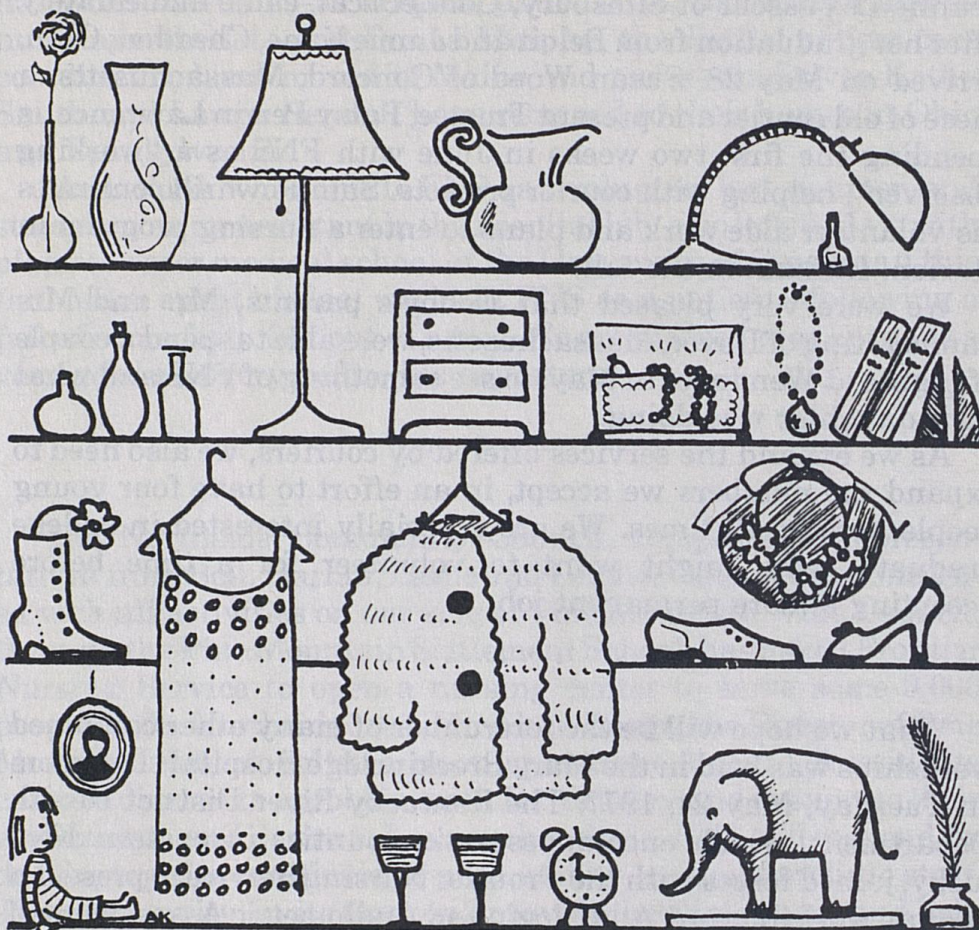
As we expand the services offered by couriers, we also need to expand the numbers we accept, in an effort to have four young people here at all times. We are especially interested in college graduates who might want to volunteer for a time before accepting a more permanent job.

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What we hope will be the forerunner of many other combined workshops was held in the Mary Breckinridge Hospital classroom on Tuesday, May 24, 1977. The Kentucky River District Health Department, which encompasses six counties in eastern Kentucky, joined forces with the Frontier Nursing Service to present a one day workshop on "Audiologic and Audiometric Assessment of Children". The speakers were G. Bradley Gascoigne III, M.D., pediatrician; Carol Tracy, R.N., B.S., pediatric nurse practitioner; Esther Seeley, R.N., M.N., clinical specialist in pediatrics, all from FNS, and Katherine Vaughn, M.S., Staff Audiologist from Oakwood State School.

There were thirty-eight participants, not only from FNS and KRHD, but also from Red Bird Hospital, Leslie and Breathitt County Health Departments, the Buckhorn Clinic, and Harry Rice and Shirley P. Roder from the Department of Human Resources Crippled Children's Services. Mr. Rice, Acting Regional Coordinator of Speech and Hearing Services, described the Tympanometer and recommended its use if the cost were not prohibitive. Nursing staff who attended the workshop were awarded 5.5 Contact Hours. There were many favorable comments from the participants on the practicality of the workshop.

## WHITE ELEPHANT



**DON'T THROW AWAY THAT WHITE ELEPHANT**  
**SEND IT TO FRONTIER NURSING SERVICE**  
 1579 Third Avenue, New York, New York 10028

You don't have to live in or near New York to help make money for the Nursing Service at the Bargain Box in New York. We have received thousands of dollars from the sale of knickknacks sent by friends from sixteen states besides New York. The vase you have never liked; the ornaments for which you have no room; the party dress that is no use to shivering humanity; the extra picture frame; the old pocketbook; odd bits of silver; old jewelry—There are loads of things you could send to be sold in our behalf.

If you want our green tags, fully addressed as labels, for your parcels—then write us here at Wendover for them. We shall be happy to send you as many as you want by return mail. However, your shipment by parcel post or express would be credited to the Frontier Nursing Service at the Bargain Box if you addressed it

**FRONTIER NURSING SERVICE**  
 1579 Third Avenue  
 New York, New York 10028

## THE FIFTY-SECOND ANNUAL MEETING AND ITS PROGRAM

The 52nd Annual Meeting of Frontier Nursing Service, Incorporated was held in Louisville, Kentucky, on May 26, 1977, the National Chairman, Miss Kate Ireland, presiding. Arrangements for the meeting were in the capable hands of the Chairman of the FNS Louisville Committee, Mrs. James W. Stites, Jr., assisted by Mrs. James N. Rawleigh, Jr. and Mrs. William Schreiber.

Among the guests at the Annual Meeting were Mrs. Grant Ackerman, the new President of the National Society Daughters of Colonial Wars and the immediate past President, Mrs. C. Wayne Elsea, who is now the chairman of the DCW's National Project—which is Frontier Nursing Service! Another most welcome guest was the Chairman of the FNS Philadelphia Committee, Mrs. Robert S. Gawthrop, who brought with her the magnificent needlepoint rug which is a special fund-raising project of her committee this year. The rug is, indeed, “a thing of beauty”.

At a brief business meeting after the luncheon, the present Board of Governors and Trustees were reelected and the following new Trustees were elected: Dr. Juanita Fleming, Lexington, Kentucky; Dr. Stuart Graves, Louisville, Kentucky; Mr. Dwight Hendrix, Hyden, Kentucky; Mrs. William M. Schreiber, Louisville; Dr. Harvey Sloane, Louisville; Mr. Alfred P. Smith, Jr., Russellville, Kentucky; Dr. Grady Stumbo, Hindman, Kentucky; and Dr. Patience White, Brookline, Massachusetts.

The Director, Dr. W. B. R. Beasley, explained that the Articles of Incorporation of Frontier Nursing Service had been written by a distinguished Kentucky jurist, the late Judge Edward C. O'Rear, and that Article III, which defines the Object of FNS, had stood the test of time and had remained unchanged in the fifty-two years since it was written. Dr. Beasley had asked six staff members and two Leslie County friends with close ties to the Service, to report briefly on what was being done in 1977 to fulfill our object:

*“To safeguard the lives and health of mothers and children by providing and preparing trained nurse-midwives for rural areas in Kentucky and elsewhere, where there is anadequate medical service; . . .”<sup>1</sup>*

In the last fiscal year, FNS trained six family nurses and eleven family nurse-midwives. There have been more than five hundred graduates from the FNS education program since its beginning. Miss Evelyn Peck, Associate Director, reported that the School of Midwifery had been accredited by the American College of Nurse-Midwives for a number of years and that, recently, the School was accredited for family nursing continuing education by the American Nurses' Association. Many graduates have already taken the national certifying examinations in family nursing. Much work has been done for FNS staff and University of Kentucky faculty to achieve a contract so that our students will be able to receive credit from the University for courses taken at FNS. It is expected that this contract will be signed within the next month or so.

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*"to give skilled care to women in childbirth; . . ."*<sup>2</sup>

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I appreciate the opportunity to say a few words about prenatal classes as I feel this is an important role of the midwife.

The midwives and students at FNS offer a free, six week series of childbirth classes for parents approximately three times a year. The first week covers the anatomy and physiology of pregnancy and, also, the common discomforts a woman may experience. In the second week we give helpful hints for those planning to breast feed and preparation for bottle feeding. An explanation of what happens during labor and delivery comes in the third week and, in the fourth week, we show a Lamaze movie, "The Story of Eric" depicting a young couple and their first experience of pregnancy, labor and delivery. In the fifth week, couples from previous classes bring their babies and share their experiences of labor and delivery—how each woman went into labor, how both she and her husband reacted and how their delivery went, and their feelings about the whole experience. This is my favorite class.

In the sixth week, there is a tour of the labor and delivery area and a discussion of the postpartum period and what to expect of the newborn child. After every lecture we have an exercise period with breathing and relaxation techniques to help women cope with the various stages of labor. We teach couples how to work



together as a team with the husbands coaching their wives through labor and working with the midwife for the delivery.

We have found that most couples who attend prenatal classes are indeed better prepared. They cope with many situations that arise in the maternity cycle and, thus, the birth of their child becomes a positive experience.

At our last prenatal class, one father said that by being able to help his wife through the process of labor and delivery, he played an active part and not left behind closed doors to pace and see his son through a glass window, or have his wife go through labor alone. By working as a team and sharing the beauty of the birth of their child, they were able to establish the bond of their family unit from its beginning, and he felt a greater sense of responsibility and love immediately.

Getting to know a couple through prenatal classes, and helping them through labor and delivering their baby, is one of the most rewarding parts of midwifery. What a miracle to be able to experience a family growing and watch the emotion that surrounds the birth of their child! I get a tingly feeling all over every time I see it!

—Laurie Rendall, C.N.M.  
Certified Nurse-Midwife

. . . . .

*“to give nursing care to the sick of both sexes and all ages; to establish, own, maintain and operate hospitals, clinics, nursing centers, and midwifery training schools for graduate nurses; . . .”<sup>3</sup>*

. . . . .

Let me first clarify what a family nurse is by explaining a little about the School at FNS. I am a registered nurse who came to the Frontier Nursing Service to further my education and become a family nurse. The family nursing portion of the Frontier School of Midwifery and Family Nursing is a twelve month program divided into trimesters. Briefly, the first trimester deals with physical assessment of the adult and child. Management of common health problems is concentrated on in the second trimester, and the third trimester concerns itself with women in their childbearing years, and with the newborn.

As a family nurse in the primary care center, I've watched and help develop the concept of team health care. This concept evolved around concern for continuity of care for our patients.

The team consists of family nurses, family nursing students, Home Health nurses and a physician. Each team includes several outpost nursing centers and the family nurses at these centers. Care is provided to men, women and children of all ages.

An example of how the team functions: A woman with diabetes comes to me for a physical exam. She may be seeking health care at FNS for the first time or may be referred to me from another family nurse or physician. Let me just interject here that referrals are both from nurse to physician and from physician to nurse. The findings of the examination are discussed with the team physician and, together, a management plan is outlined. Depending on the patient's problems, a visit with the physician may be indicated at this time. Subsequent maintenance visits are with the family nurse, with care based on the original care plan and supplemented by the Medical Directives. This is an opportune time to reinforce health teaching and involve other family members in this patient's care. We make a special effort to inquire into the health status of other family members and encourage maintenance care and preventive medicine.

This is what I find so challenging and exciting about family nursing. This kind of family health care really has its own rewards—especially when patients return with expanded understanding of their illnesses.

To promote family health care, we try to hold team conferences once a week. Problem cases and families are discussed. We also utilize this time to share information with the outpost center staff and to make appropriate referrals to and from the outposts. Social workers, mental health workers and physical therapy may be called on to attend team meetings when their expertise is needed.

The object of the Frontier Nursing Service is to give nursing care to the sick of both sexes and all ages. Family nurses are doing this. Through the support of the organization and the community, we hope to continue to provide primary care to the people of Leslie County and surrounding areas.

—Cindall Morrison, R.N.  
Family Nurse Practitioner

. . . . .

*“to educate the rural population in the laws of health, and parents in baby hygiene and child care; . . .”<sup>4</sup>*

. . . . .

I was asked to speak about the relation of pediatrics to the philosophy of FNS. I feel that both FNS, as an organization, and pediatrics, with its emphasis on preventive and primary care, are very similar in their approach to health care delivery. The recent national emphasis on the training of family physicians, in an effort to provide primary care to adults and children around the country, is a recognition of the importance of the type of health care that FNS has been providing for the past fifty years.

I welcome the chance to speak to you today, and also to Dr. Beasley, because it gives me a chance to report that the volume of patients seen in the pediatric clinic has doubled, on a monthly basis, from what it was a year ago. I believe that much of this increase reflects the fact that we have had three consistent and familiar faces in the pediatric clinic for most of the past year.

We had a total of 318 newborns delivered at the Mary Breckinridge Hospital last year. Our record in neonatal mortality is closely in line with that of the United States as a whole, and lower than that of other rural areas. A large part of this success reflects the work that the midwives do so well. As many of you know, newborns are closely followed in the midwifery outpatient clinics for the first six weeks of their life. After that, they are discharged either to the pediatric clinic or to the district clinic to be followed for well child visits and further care. We have recently instituted a system whereby the record of each newborn is reviewed periodically during the first year of his or her life, in an effort to make sure all of these babies are followed for well child care. I believe we now have a mechanism to follow up on the care which the midwives have provided so religiously for the first six weeks of each baby's life.

The pediatric staff have been involved in reactivating the community Children at Risk Committee, and have been giving a series of talks in the schools to the teenagers who will be the parents of tomorrow.

Let me close by saying that this past spring we have had two bumper stickers displayed in the Hyden area, and I'm sorry I don't

have them to show you. One states: "For a special delivery, see a midwife", and the second asks the question: "Have you hugged your kid today?"

—G. Bradley Gascoigne III, M.D.  
Pediatrician

. . . . .

*"to provide expert social service, to obtain medical, dental, and surgical services for those who need them at a price they can afford to pay; . . ."*<sup>5</sup>

. . . . .

The Social Service Department works to provide help for patients in three general areas— economic, interagency cooperation and psychology.

At the hospital we try to screen all patients for eligibility for public assistance programs and private charities. This accounts for about thirty percent of the total case load.

The coordination of other agencies involved in the treatment process is the second area of effort. This can be as simple as arranging for free local medical transportation to and from the hospital. It can be as complicated as a case that originated in the Brutus district. A four and a half month old boy was suffering from a condition known as Wiskott-Aldrich disease. Two of his older brothers had already died in their first year of life from the same disease. His only hope appeared to be in the form of a thymas gland transplant that could be done at the University of Wisconsin Hospital in Madison, Wisconsin.

One of our social workers helped to coordinate private institutions and public agencies in both states to arrange for financial assistance, housing, transportation and emotional support through the district nurse who went with the mother and child, and through the very fine social service department in the University Hospital. Months after the transplant, there has continued to be a need for giving the family emotional support, and intermittently arranging transportation for on-going medical treatments.

The psychological component of an illness concerns the adaptability and ability to cope of the patient and the patient's

family. We are there to assist people in the grieving process and to help people achieve a better understanding of their problems.

A case in point involved a widow with four children. She had a deadly heart condition, myocardial stenosis. She was in a Lexington hospital when the condition was first diagnosed and an operation was immediately scheduled for that week. Before the staff knew what was happening, she had disappeared! It was simple, really—she was scared to death of big city hospitals and the idea of someone cutting her heart, not to mention that her husband had died in a hospital only six months previously.

One of our Home Health nurses followed the patient for several months and finally persuaded her to agree to have the operation—so surgery was rescheduled. Arrangements were made through the Bureau of Social Services and the Bureau of Social Insurance for child care and transportation to Lexington. When the operation time drew near, she disappeared again. Needless to say, many folks were getting their fill of this patient and it looked as though she might die. However, the Home Health nurse persisted in her efforts and, as the pain increased to an unbearable level, the woman agreed to re-reschedule the surgery. A social worker made a home visit to determine the stability of the patient's decision and felt she was trapped in a classic behavioral pattern. On the one hand, pain pushed her to have the operation; but as she moved closer to surgery, fear increased to a level higher than the pain—causing her to escape. The only solution was to provide enough emotional support to help her and her pain overcome fear. As the Lexington hospital had no social worker, one of ours went to Lexington to be with her until after the operation.

That was over a month ago. She is home with her family now, happy to have the operation behind her and playfully threatening to "beat up" the social worker for making her go through the ordeal!

—Phillip Reppond, M.S.W.  
Social Worker

. . . . .  
*"to ameliorate economic conditions inimical to health and growth, and to conduct research toward that end; . . ."*<sup>6</sup>

. . . . .  
Most people think of research as countless questionnaires, rows of statistics and results comprehensible to few. The purpose

of research at FNS is to record what happens on a daily, monthly and yearly basis, to back up what we say about the FNS system of services. The FNS story, past and present, contributes to an information base for health planners, state and federal legislators, educators and others who develop education and service programs at a time when such groups are concerned with primary care services, with employment of nurse practitioners and nurse-midwives, and with rising health care costs and inaccessibility of essential services for many, especially those living in rural areas.

Historically, Mrs. Breckinridge recognized the value of recording and reporting to demonstrate that the health of mothers and babies could be significantly improved through midwifery services. A study by the Metropolitan Life Insurance Company of the first 10,000 FNS deliveries supported and strengthened the contention that care by nurse-midwives, with medical back-up, was viable and effective. Presently, research is working with pediatrics and midwifery to survey the causes of infant mortality in Leslie County for specific periods during the past thirty years, to see what implications this has for future delivery of midwifery and pediatric services.

A concern of primary and maintenance care, as provided by FNS, is the reduction of unnecessary and lengthy hospitalization. In a study of diabetic patients served by FNS during 1974, it was found that hospitalization was reduced by 70%, and that the average length of stay in hospital was well below national levels. Most of the care for these patients was provided by nurse practitioners. Our documented experience can serve as a model, useful to similar organizations as well as to legislators who are promoting policies and laws toward an improvement in our health care system. Bills are now before Congress which are designed to improve access to primary health care for persons 65 and over and, equally important, to provide budget-based reimbursement, including reimbursement of the nurse practitioner. Research at FNS shows that 70 to 78% of patients 65 or over will be seen in primary care clinics by nurse practitioners, and that this group of patients will seek 65 to 85% of their care for chronic conditions and up to 65% of their care for acute illnesses from the primary care clinics. Since mid-level practitioners, such as the family nurse, are

being trained to work in primary care settings, it is vital that a mechanism be developed for reimbursement of their services.

It is important that we at FNS continue to document and report that good quality primary care services can be provided in rural areas. As providers, educators, administrators and support staff, we are all part of the research process and it is useful and exciting.

—Karen Gordon, M.P.H.

Research Assistant

. . . . .

*“to do any and all other things in any way incident to, or connected with, these objects, and, in pursuit of them, to cooperate with individuals and with organizations, whether private, state or federal; . . .”*

. . . . .

For years the charge was made that the Frontier Nursing Service imported all its nurses. Also the charge was made that Leslie County's educational system failed to provide training for its students in the area of career education. The local vocational school was providing some training but not nearly enough. I feel that **Health Careers**, the cooperative effort of the Frontier Nursing Service and Leslie County Vocational School, is helping to answer both these charges effectively. This year I have participated in the Health Careers program as a nurses' aide trainee. Having successfully finished the course. I am now a certified nurses' aide.

A registered nurse, employed by the Kentucky Department of Education, taught the course, Students were to receive on-the-job training at Mary Breckinridge Hospital. Enrollment was limited to thirty-two and, of this number, twenty-nine were enrolled. Twenty-two completed the course. Five of these are now employed by the hospital as part-time aides. Four of the twenty-two students will go on to train to become practical nurses. Two are enrolled for the fall semester to begin training to become registered nurses. I am one of these two.

The course has convinced me that I really want to become a registered nurse and have the ability to complete the necessary training successfully. Working with Mary Breckinridge Hospital staff members has been a real joy and an inspiration. I have been

impressed by both professional expertise and dedication to a high level of service. The nurses' aide course is a logical step toward my chosen career. Because of it I will be better prepared for college work.

Over eighteen years ago an FNS nurse-midwife delivered me—and since I was a little girl I have known many FNS nurses. Almost always they have seemed to be of an extremely high caliber. I have known them and have watched them work. They have inspired me to want to become a nurse also. The Frontier Nursing Service has helped me in one way or another all my life. The nurses' aide program, as a part of Health Careers, is just one more of the many fine things FNS is doing for its people.

It is my heart's desire to return someday and join the ranks of an exclusive corps of extraordinary human beings—the Frontier Nursing Service!

—Martha Hayes  
1977 Leslie County High  
School Graduate

. . . . .

*“and through the fulfillment of these aims to advance the cause of health, social welfare and economic independence in rural districts with the help of their own leading citizens.”<sup>8</sup>*

. . . . .

Dr. Beasley introduced Edward A. Mattingly, a member of the FNS Board of Governors and Chairman of the Advisory Committee, as another FNS baby which Mr. Mattingly said proved how long FNS had been around!

Mr. Mattingly said that the traditional FNS concept of district committees had strengthened the cooperation of FNS with the mountain people. The committee concept was started by Mrs. Breckinridge, continued by Miss Browne, and strengthened by Dr. Beasley through the addition of the Advisory Committee. The Advisory Committee meets monthly; the meetings are uninhibited free-for-alls, with periodic confrontations with Dr. Beasley and other staff for the benefit of the community and FNS. Better understanding and better working arrangements have



resulted, and seemingly insignificant problems, which were irritants, have been worked out.

Just as FNS has changed through the years, so have the people changed. FNS is needed just as much now as it ever was. What the changes mean is that FNS is now serving the patient who is better educated, more affluent, more demanding, and this requires a different sort of attitude by the provider to the patient.

Mr. Mattingly said that he saw a challenging future for FNS, saw new areas of service and innovative health care, better cooperation, and saw FNS and the people meeting the challenge. FNS and the people of eastern Kentucky are the very best and dearest of friends.

<sup>1</sup>Articles of Incorporation of Frontier Nursing Service, Article III

<sup>2,8</sup>Ibid

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### **“PROCRASTINATION IS THE THIEF OF TIME”**

For the quarter ending December 31, 1976, we had more delinquent reports than we have had in many quarters. When your reports are delinquent it puts a tremendous burden on this office. For those that continue this late-filing habit, we offer these short-cuts in procrastination. To save time, give your excuse by the number . . .

1. That's not my department
2. I didn't know you were in a hurry
3. No one told me to go ahead
4. I'm waiting for an O.K.
5. I forgot
6. I didn't think it was important
7. I've been too busy
8. I thought I told you
9. I wasn't hired to do that
10. Wait for the supervisor to ask him
11. We've always done it that way
12. That's his job, not mine

From State Agency For Social Security Field Notes

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Stephen Thorngate, M.D., F.A.C.S.  
Alexander J. Alexander, M.D.  
David Coursin, M.D.  
G. Bradley Gascoigne III, M.D.  
Joseph A. Levine, D.D.S.

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Cindall Morrison, R.N., F.N., Assistant  
Nursing Care Coordinator, Primary Care  
Center  
Margaret Hamblin, R.N., A.A., Acting  
Assistant Nursing Care Coordinator,  
Medical-Surgical

### Administrative and Supportive Services

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Joe R. Lewis, R.Ph., Pharmacy  
Edward Garner, R.T., X-Ray  
Gary Whorley, M.T. (ASCP), Laboratory  
Ruth Ann Dome, B.A., Social Service  
Virginia Roberts, Office Manager  
Betty Helen Couch, A.R.T., Medical Records  
Mae Campbell, Food Service Manager  
Lillie Campbell, Housekeeping

F.N. indicates nurses who have completed post-graduate education in Family Nursing  
C.F.N.P. indicates family nurses who have taken and passed the national certifying examinations.

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Position Vacant

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Nancy Williams, District Records  
Jessie Preston Draper Memorial Nursing  
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Sharon D. Koser, R.N., B.S.N., C.F.N.P.

Clara Ford Nursing Center  
Jennie Carlson, R.N., B.S.N., A.N.P.

Caroline Butler Atwood Memorial Nursing  
Center

Christina Guy, R.N., A.A., F.N.

Belle Barrett Hughitt Memorial Nursing  
Center

Ruth Blevins, R.N., C.N.M., F.N.  
Sandra Graves, R.N., B.S.N.

Bob Fork District (Betty Lester Clinic)  
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Oneida District

Mable R. Spell, R.N., C.N.M., F.N.  
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Marcy Ouelette, R.N.  
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Patricia Rogers, R.N.  
Karen Slabaugh, R.N.

## Director

W. B. R. Beasley, M.D., M.P.H., D.T.M. & H.,  
Hyden, Kentucky 41749

### Associate Director Director of Nursing

Evelyn M. Peck, R.N., M.A.,  
Hyden, Kentucky 41749

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Molly Lee, R.N., C.N.M., M.T.D., Assistant  
Director and Senior Nurse-Midwife

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Karen Gordon, M.P.H., Research Assistant

## FORM OF BEQUEST

For the convenience of those who wish to remember the Frontier Nursing Service in their wills, this form of bequest is suggested:

“I hereby give, devise and bequeath the sum of ..... dollars (or property properly described) to the Frontier Nursing Service, a corporation organized under the laws of the State of Kentucky.”

### HOW ENDOWMENT GIFTS MAY BE MADE

The following are some of the ways of making gifts to the Endowment Funds of the Frontier Nursing Service:

1. **By Specific Gift under Your Will.** You may leave outright a sum of money, specified securities, real property, or a fraction or percentage of your estate.

2. **By Gift of residue under Your Will.** You may leave all or a portion of your residuary estate to the Service.

3. **By Living Trust.** You may put property in trust and have the income paid to you or to any other person or persons for life and then have the income or the principal go to the Service.

4. **By Life Insurance Trust.** You may put life insurance in trust and, after your death, have the income paid to your wife or to any other person for life, and then have the income or principal go to the Service.

5. **By Life Insurance.** You may have life insurance made payable direct to the Service.

6. **By Annuity.** The unconsumed portion of a refund annuity may be made payable to the Service.

. . . . .

The principal of the gifts will carry the donor's name unless other instructions are given. The income will be used for the work of the Service in the manner judged best by its Trustees.



## FRONTIER NURSING SERVICE, Inc.

Its motto:

“He shall gather the lambs with his arm  
and carry them in his bosom, and shall  
gently lead those that are with young.”

Its object:

To safeguard the lives and health of mothers and children by providing and preparing trained nurse-midwives for rural areas in Kentucky and elsewhere, where there is inadequate medical service; to give skilled care to women in childbirth; to give nursing care to the sick of both sexes and all ages; to establish, own, maintain and operate hospitals, clinics, nursing centers, and midwifery training schools for graduate nurses; to educate the rural population in the laws of health, and parents in baby hygiene and child care; to provide expert social service, to obtain medical, dental and surgical services for those who need them at a price they can afford to pay; to ameliorate economic condition inimical to health and growth, and to conduct research towards that end; to do any and all other things in any way incident to, or connected with, these objects, and, in pursuit of them, to cooperate with individuals and with organizations, whether private, state or federal; and through the fulfillment of these aims to advance the cause of health, social welfare and economic independence in rural districts with the help of their own leading citizens.

Articles of Incorporation of the  
Frontier Nursing Service, Article III.

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Contributions to Frontier Nursing Service, Inc. are tax deductible under Section 501 (c) (3) of the Internal Revenue Code of 1954.

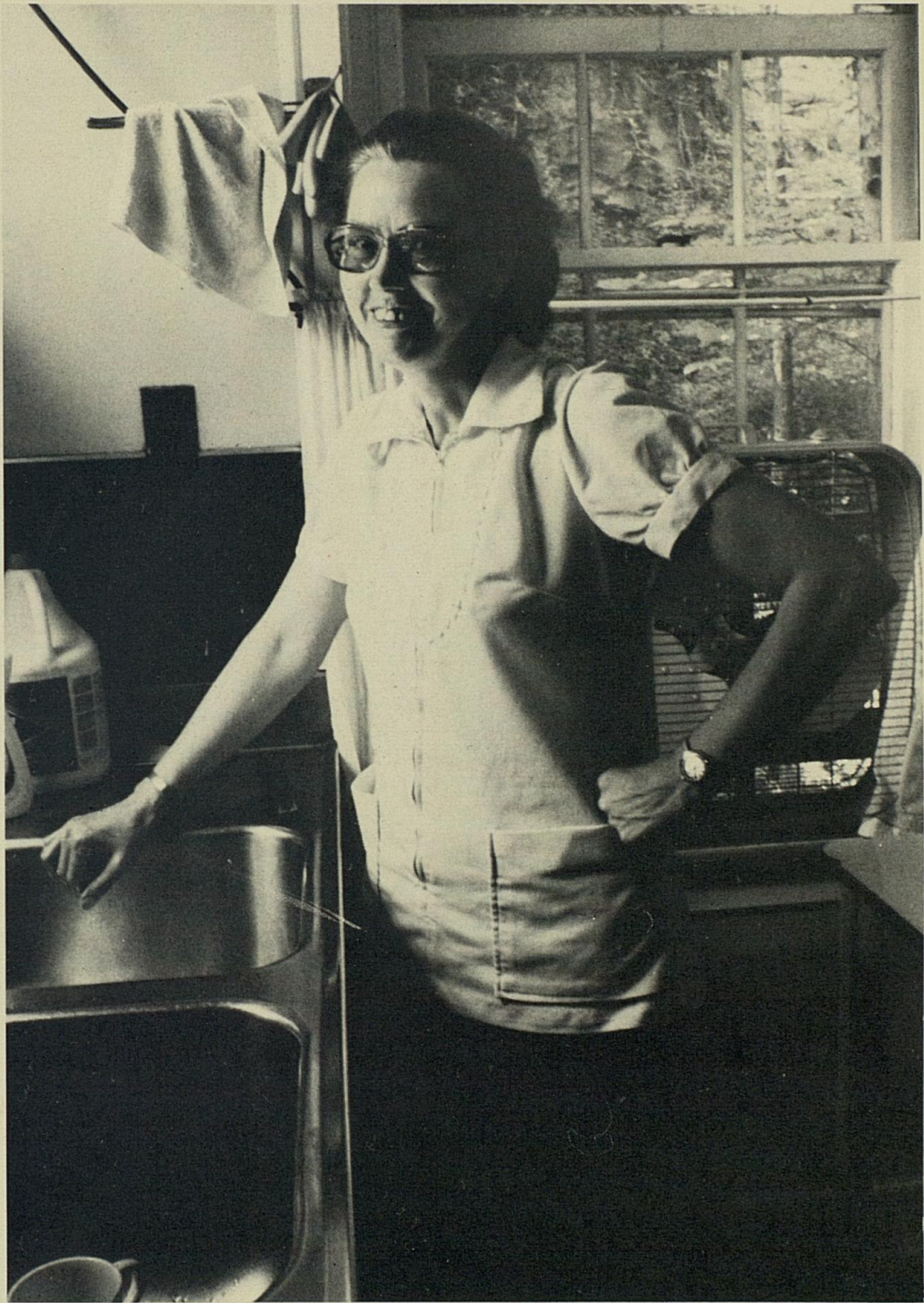
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Gifts of stock should be sent to

FRONTIER NURSING SERVICE  
Mr. Homer L. Drew, Treasurer  
First Security National Bank & Trust Co.  
One First Security Plaza  
Lexington, Kentucky 40507

Gifts of money should be made  
payable to

FRONTIER NURSING SERVICE  
and sent to  
Office of the Director  
Frontier Nursing Service  
Wendover, Kentucky 41775



Ellen Morgan

