

FNS

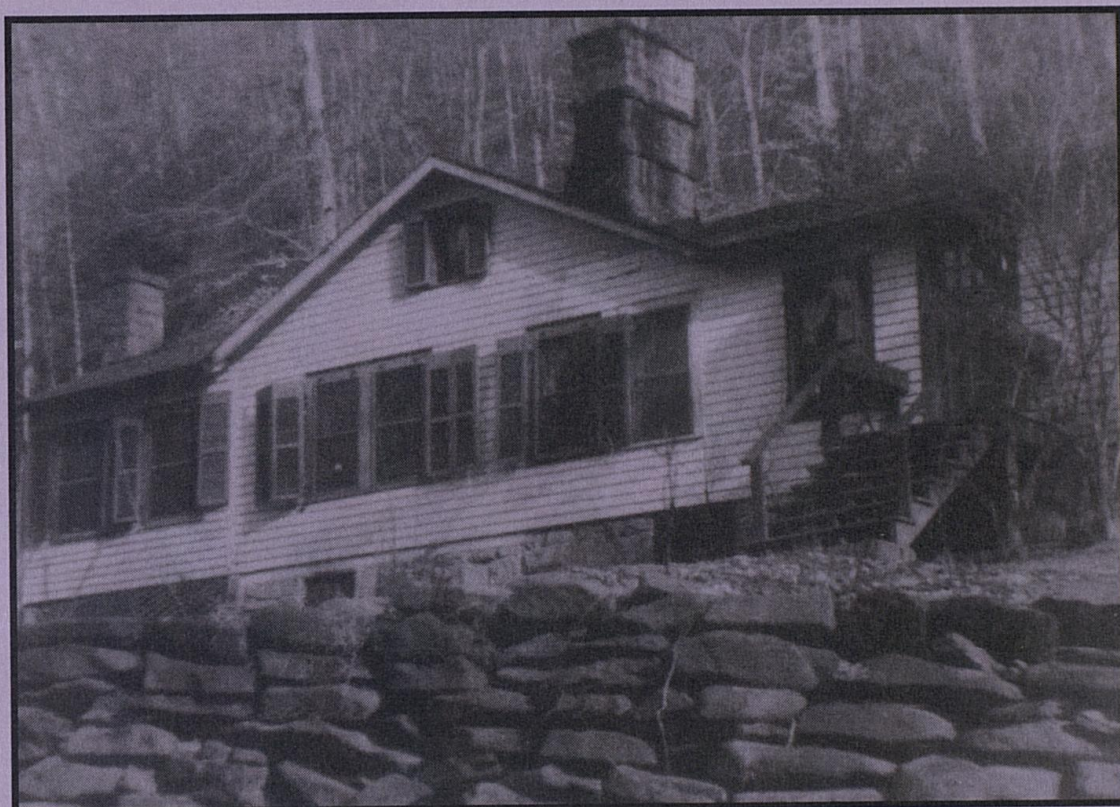
FRONTIER NURSING SERVICE

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Cover photo: Old Beech Fork Clinic

WEBSITES

(CNEP) - www.midwives.org (CFNP) - www.frontierfnp.org

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The Frontier Nursing Service

If you have never been introduced to the Frontier Nursing Service we would like to take this opportunity to brief you on the history and the on-going work of the Service. We encourage you to share this information with a friend.

Born in 1881 into a prominent American family, Mary Breckinridge spent her early years in many parts of the world - Russia, France, Switzerland and the British Isles. After the death of her two children, she abandoned the homebound life expected of women of her class to devote herself to the service of others, particularly children.

Mrs. Breckinridge established the Frontier Nursing Service (FNS) in Leslie County, Kentucky in 1925, then one of the poorest and most inaccessible areas in the United States. Mrs. Breckinridge introduced the first nurse-midwives in this country. Riding their horses up mountains and across streams in blizzard, fog or flood, the FNS nurses brought modern healthcare to families throughout an area of 700 square miles.

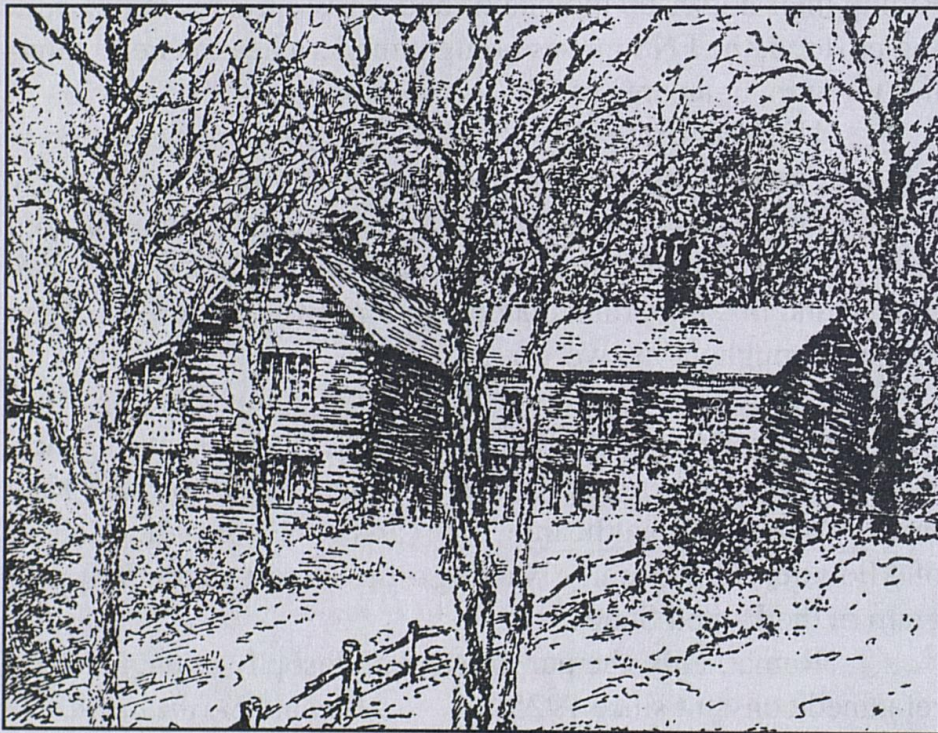
Until her death in 1965, Mary Breckinridge was the driving force behind the work of the Service whose influence today extends far beyond eastern Kentucky. Through the Frontier School of Midwifery and Family Nursing hundreds of nurses have been trained and this important concept of family healthcare has been carried throughout the world.

Today, the FNS is organized as a parent holding company for Mary Breckinridge Healthcare, Inc., (home health agency, two out-post clinics, one primary care clinic in the hospital, Kate Ireland Women's Healthcare Clinic) and for the Frontier School of Midwifery and Family Nursing - the largest midwifery program in the United States.

Remarkably, the purpose and philosophy of the FNS has remained constant since 1925. -Deanna Severance, CEO



Mary Breckinridge - Founder of FNS



Big House - Home of Mary Breckinridge

FSMFN/CFNP News

by Dr. Julie Marfell, CFNP Assistant Program Director

Program Update

The CFNP Program continues to move forward with the first class starting this fall. Dr. Susan Schaffer, CFNP Program Director, continues to do an outstanding job of putting together the curriculum and moving the Program forward. The curriculum outline is posted on the CFNP website at www.frontierfnp.org.



Recruitment

The recruitment of Regional Clinical Coordinators and CFNP students continue to be a focus. In keeping with the aims of FNS to “advance the cause of health, social welfare and economic independence in rural districts”, Dr. Schaffer and Sherri Davis, Administrative Assistant for the CFNP Program, will be attending the National Rural Health Associations 22nd Annual Conference. The Conference will be held May 27-29 in San Diego, California. Recruiting CFNP students from rural areas will help provide access to health care in areas where there is a need for service.

Personal Introduction

I joined the CFNP Program this May as the Assistant Program Director. I was born and raised in rural central Illinois and began my career in health care during high school, working as a nursing assistant at the 100-bed area hospital. My initial nursing education was a Registered Nurse diploma program at Barnes Hospital in St. Louis, Missouri. Upon graduation in 1980, I began a career in medical critical care.

In 1982, I moved to Chicago and continued my career in critical care at Rush Medical Center. As I began to mature as a

nurse, I became acutely aware of the outcomes of poor access to health care. Many of the patients I saw in the critical care unit had conditions that could have been prevented if there had been better access to health care.

This was a turning point for me in my nursing career. I completed a BSN at Rush University and immediately began the nursing doctorate program (ND) at the Department of Community Health Nursing, to become a Community/Family Nurse-Practitioner. Upon completion of the program in 1994, I was asked to join the FNP faculty at Rush University. I have spent the past five years improving access to health care to underserved populations through FNP education and FNP faculty practice. My faculty practice sites have been at the Chicago Department of Public Health, Uptown Neighborhood Clinic in Pediatrics and at Interfaith House, a respite care center for homeless adults.

I am thrilled to be in Lexington and to be a member of the Frontier School of Midwifery and Family Nursing faculty. What better way to continue to provide health care access to underserved individuals than by educating students who will help fulfill that mission? It is truly an honor to have the opportunity to be a member of an innovative, visionary team which is steeped in the rich traditions of FNS.

-Dr. Julie Marfell

CNEP Tidbit

Ms. Cyndy Perkins, Certified Nurse-Midwife and faculty at the Frontier School of Midwifery and Family Nursing, (FSMFN) had an unusual experience recently.

Shannon Sullivan, FNP student at the University of Kentucky and a patient of Cyndy's, went into labor and came to the Kate Ireland Women's Center to see Cyndy. Cyndy was teaching a Well Woman course at the FSMFN on that day. The receptionist referred Ms. Sullivan to the FSMFN. When Shannon arrived at the class, all the CNEP students immediately began to assist her by performing labor massaging, etc. Later that evening, there were nine CNEP students in attendance for the birth!

Shannon plans to become a midwife and has enrolled in CNEP, beginning classes in June 2000.

-Barb Gibson

Wendover News

by *Jeremy T. Bush*

*The birds around me hopped and played,
Their thoughts I cannot measure:
But the least motion which they made,
It seemed a thrill of pleasure.*

-William Wordsworth, 1798

Paradise Found

We are now enjoying the glorious heat of late Spring and early Summer. The blackberry bushes are in full bloom and the bees are practicing their fine craft on the soft, white blossoms. Summer has its own feel in southeastern Kentucky. The cool crispness of the morning and the incapacitating humidity of late afternoon makes rising early and evening cat-naps a pleasure. One deep breath can fill one's soul with the scents of a thousand Kentucky summers. The fragrant scents of bright wildflowers, wild clover, grass, and even the Middle Fork down below Wendover sends its inhabitants into sheer ecstasy. We are truly blessed to serve Frontier Nursing Service and the people of Appalachia in such a paradise.



Peach, Trish & Bandit

Peach, my sidekick and constant companion at Wendover, has been trimming down over the past few months. He has taken much less to "biscuits and gravy" and more to his feline defined "wild game". He must feel that, being a cat, it is his duty and responsibility to attack anything that even resembles a rodent or reptile. Peach and I have never discussed this topic at length but he seems quite content with his flamboyant lifestyle.

Trish is beginning to feel the summer heat and Barb is debating whether to have her beautiful coat sheared. Trish

continues to monitor the activities at Wendover and warns us if any unwelcome guests appear.

Bandit is even more devoted to his loving master, Dr. Anne. Of course, Dr. Anne feels the same about Bandit. Bandit's primary responsibility is to escort Dr. Anne through the perils of the beautiful flower gardens and back to her apartment.

McKendree College Visits

From May 9 - May 14 we had the unique pleasure of hosting a group of nursing students from McKendree College, Lebanon, Illinois. Their group leader, Mrs. Sarah Bolten, brought them down for a week of FNS tours and a rare opportunity to see rural health care in action. Several of these students were privileged to go out in the field with our Home Health Agency nurses. They received extra course credit for this unique clinical experience. When the students left, we found boxes of candy and cards thanking us for our help. Frontier Nursing Service is still touching lives and lighting fires of determination in the spirits of young men and women.

Level III Dinner

I had the pleasure of having dinner with our student midwives and several visiting students from the University of Cincinnati. The students from Cincinnati spent several days touring Wendover, Frontier School of Midwifery and Family Nursing and the Mary Breckinridge Healthcare. They were also introduced to our contagious midwives who spread enthusiasm and excitement of Frontier Nursing Service for everyone to see!

Jeremy's Travels

Women's Historic Sites Collaborative

On March 4 and 5, 1999, I had the opportunity to speak about the Frontier Nursing Service at the Women's Historic Sites Collaborative held in Washington, DC. This was a preliminary meeting to determine the needs and interest of various women's historic sites for forming a joint collaboration for preservation and exposure. We plan to continue working with this group in the interest of our historic landmark - The Big House at Wendover.

Daughters of American Revolution (DARs)

On March 28, 1999, I was invited to be the keynote speaker at the meeting of the Daughters of the American Revolution (DARs) in the home of Mary Ann Mitchell (Blue Grass Committee member). I found these women to be very patriotic and obviously proud of their heritage. It was an honor for me to meet them.

Daughters of Colonial Wars (DCWs)

On April 17, 1999, I traveled to Washington, DC, to update the Daughters of Colonial Wars (DCWs) on the latest happenings at the Frontier Nursing Service. I attended the DCWs annual brunch held at the beautiful Mayflower Hotel. The DCWs have supported the Frontier Nursing Service for many, many years.

Berea College Appalachian Fund

We were honored to receive a generous gift from the Berea College Appalachian Fund to sponsor another scholarship for a deserving Eastern Kentucky student in our Community-based Nurse-Midwifery Education (CNEP). I was further honored to serve as our spokesman to the other affiliates and members of the Fund at their affiliates conference this year.

The generosity of the Fund enabled us to award Mrs. Carol Hobbs of Williamsburg, Kentucky, a scholarship to ease the burden of tuition while attending CNEP. Thank you Mrs. Stammer and other members of the Berea College Appalachian Fund!

Courier Program News

by Jeremy T. Bush

As the seasons change at Wendover, so do our Couriers. We have just bidden Heather Thomas, Cassie Frank and Edmund "Ted" Sears a fond farewell. We hope that they will carry within them the flame that Mrs. Breckinridge lit so many years ago.

We are now looking forward to a new group of Couriers. Here are a few verbal snapshots of them:

Erin Lyons is a senior at Vanderbilt University in Nashville, Tennessee, majoring in Sociology. She arrived in early May and has been shouldering many tedious Courier responsibilities during the transition period between Couriers. She is interested in working with our Social Worker, Karen Sallee, at the Mary Breckinridge Hospital.

Garry Finke is a Chemistry major at the University of the South in Sewanee, Tennessee. Garry is interested in seeing Frontier Nursing Service's unique role in rural Appalachian health care. We are looking forward to his arrival on May 20.

Carrie Szejka is a Journalism major at the University of Maryland in College Park, Maryland. She has a great interest in midwifery. Carrie will be attending graduate school at Case Western Reserve University this fall. We look forward to her arrival on June 1.

Rachel Maski is a Biochemistry major at Bard College in Annandale, New York. She plans to enter medical school after graduating from Bard College. We look forward to Rachel's arrival on June 1.

Former Courier News

Elizabeth Nussbaum, ('98) will graduate from St. Olaf College in Northfield, Minnesota, on May 23. She plans to spend a year in Denver, Colorado, before entering nurse-midwifery school at Case Western Reserve University in Cleveland, Ohio.

Jennifer Swisher, Mariah Mottley, Catherine "Cat" Thompson, Karen Thomisee and *Susan Mathews* came to Wendover for a very special Courier reunion May 27-31. As many of you may remember, these Couriers, with the exception of Karen, were all here during the Winter term of 1998. Karen was a Courier in '96 and later became Courier Coordinator. During mid-May, Jennifer came to Wendover to stay while doing an internship with Dr. Anita Cornett. Mariah arrived on Wednesday evening and Karen Thomisee and Susan arrived on Thursday in time to go to Lexington and pick-up "Cat" from the airport. With everyone's hectic schedules, they were all able to spend Friday together as a group. The following is an update on each one:

Mariah Mottley attended Smith College this past year and will be spending the summer at her home in New York. She will be moving to Missoula, Montana this fall to attend the University of Montana. Mariah is excited about the opportunity to study "Wildlife Biology" at the University and also "Wilderness and Civilization". Part of Mariah's plans for the summer include intensive body building in preparation for a 12 day trek in the wilderness required for the "Wilderness and Civilization" course.

Karen Thomisee moved to North Carolina and has been assisting with the Courier Program while attending photography school at McDowell Tech. Community College. This past year Karen has been working on a photo documentary of the Latino community in the mountains of North Carolina. Karen will be attending school throughout the summer and next year. She hopes to have success in the future with her documentary projects.



Left to right: Susan Mathew, Mariah Mottley, "Cat" Thompson, Jennifer Swisher and Karen Thomisee at the Courier "breakfast place" in Hazard.



Courier reunion at Wendover

Catherine "Cat" Thompson worked on a flower farm for three months this past year and then got a job as a secretary at a law office. "Cat" will be taking summer classes at the County College of Morris, New Jersey and attending Seton Hall University beginning May 2000. "Cat" had the opportunity recently to go to Peru to visit with the extended family of her friend Denis, whom she has known for eight months.

Susan Mathew spent the last eight months in India and was able to have medical exposure to such things as births and tuberculosis. She plans to work this summer and apply to schools of public health and medicine in the future.

Jennifer Swisher just finished her first year of medical school at the University of Health Sciences College of Osteopathic Medicine in Kansas City, Missouri. During May this year, Jennifer had the opportunity to shadow Dr. Anita Cornett at the Christian Healthcare Clinic for three weeks. She was able to spend time at Wendover and visit with friends that she had made during her time as a Courier. Jennifer will visit her family in Florida this summer and then back to school in the fall and is looking forward to becoming a family practice physician in a rural area.

Former Courier/CNEP Graduate*“Spiraling Back or Coming Full Circle”*

Kelly McBroom came to FNS in 1989 as a Courier. She had no idea that she would come back to FNS nearly ten years later as a Nurse-Midwife.

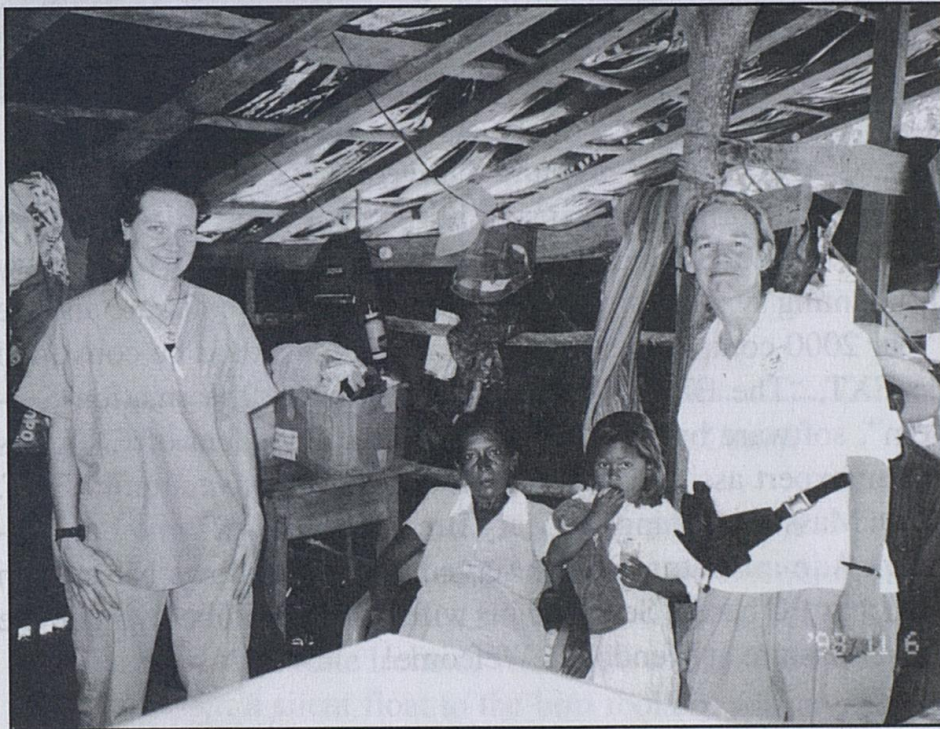
As a Courier, Kelly spent two days a week at the Pine Mountain Clinic with Family Nurse-Practitioner Trudy Morgan. She also had the opportunity to shadow Dr. Tim Todd on Home Health visits, to work at the shelter for battered women in Hazard, and (or course) to study rustic woodworking with Sherman Wooton.



Kelly McBroom - Courier, Wendover Garden House

Kelly left FNS and went to Nicaragua to work with a human rights group. While there, she had the chance to live and work with a traditional midwife, and “caught” her first baby. She realized then that she was “hooked” on midwifery. When Kelly returned to the States she finished college and worked in Seattle, Washington with migrant women. There, she met Leah Lambert, CNEP Class 6, who encouraged her to enroll in CNEP. Following her nursing education at Case Western Reserve University in Cleveland, Ohio, Kelly was accepted into CNEP, and returned again to Wendover. For Kelly, this “circling back” was a tremendously moving experience. In November of 1998, Kelly travelled to Nicaragua, this time with her CNEP Regional Coordinator, Marcia Hanks, where they completed a medical mission after Hurricane Mitch.

-Barb Gibson



Nicaragua - Medical Relief Mission. Kelly McBroom (left), and Marcia Hanks (right)

Beyond the Mountains

by Deanna Severance, CEO

"Gratitude is something of which none of us can give too much." A. J. Cronin

The time between the beginning of the new year and the last days of spring, are a glorious time at Wendover. The redbuds were spectacular this year. Driving from Hyden to London, Kentucky was a drive through a canopy of lavender blooms, a trip of "oohs" and "ahhs", of nature at a peak of glory.



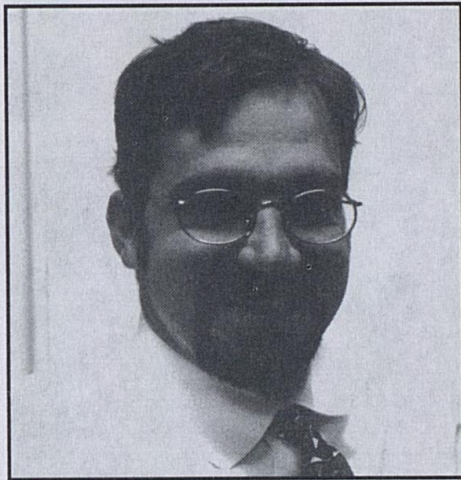
Computer Conversions

The winter and spring have been spent with computer conversions and plans for continuing conversions. The primary accounting systems are now on the Great Plains software and are Year 2000 compliant. The Hospital system should be converted to EXT, "The EXTra Advantage Health care Information System", software by July 1. Tony Barretta, President of EXT, has given expert assistance as we move toward conversion to EXT. Sean Massey is joining the Mary Breckinridge staff June 1 as Network Administrator. EXT is served by the Windows NT system which is PC based. Sean and his wife Christi, will be living in the lower pasture at Wendover. Welcome!

April Board of Governors meeting

The Board of Governors met in Lexington January 29 and 30 and again at Wendover April 16 and 17. The FNS fiscal year is May 1 through April 30 and the winter and spring meetings turn to discussion of financially maintaining a rural hospital during these difficult reimbursement times. Chairman of the Board,

Jane Leigh Powell, has kept the Board focused on the policy decisions related to fiscal soundness while always keeping our mission to serve foremost in our minds. Thanks to the long hours put in by Controller Brian Lane, budgets were prepared and presented at the April meeting. The move of the accounting offices to Lexington is complete. Kevin Couch has been appointed as Assistant Controller for FNS, assigned to Mary Breckinridge Health care in Hyden. Kevin is an FNS baby, born at the old hospital on the hill. He graduated with a degree in Economics from San Jose State University in California. On a trip to Hyden to research his family, Kevin met his wife, Karen Hunley, in the Leslie County Library. Welcome back to the FNS Kevin!



Brian Lane



Kevin Couch

Visit with Kate Ireland - Foshalee Plantation

My husband Carl, and I spent a most splendid Easter weekend in Florida at Foshalee Plantation with the FNS Honorary Chairman Miss Kate Ireland. The entire weekend was memorable; however, a silent float to the bird rookery was an exalted experience. In addition to the many charities supported by Miss Ireland, Kate has been instrumental in land preservation. Foshalee is a personal example of this critical endeavor. This very private wildlife preserve flourishes with many species of birds (and alligators!).

On Friday evening Carl and I attended a small dinner party at Foshalee with Mr. and Mrs. Jimmy Clanton. This was a fun treat for my Veterinarian husband to chat with Dr. Clanton, who is Kate's Veterinarian. Saturday evening, Kate provided a lovely dinner at the Melrose Plantation. We were joined by Mr. and Mrs. M. H. Allen. Mr. Allen is Trustee of the Parker Poe Foundation.

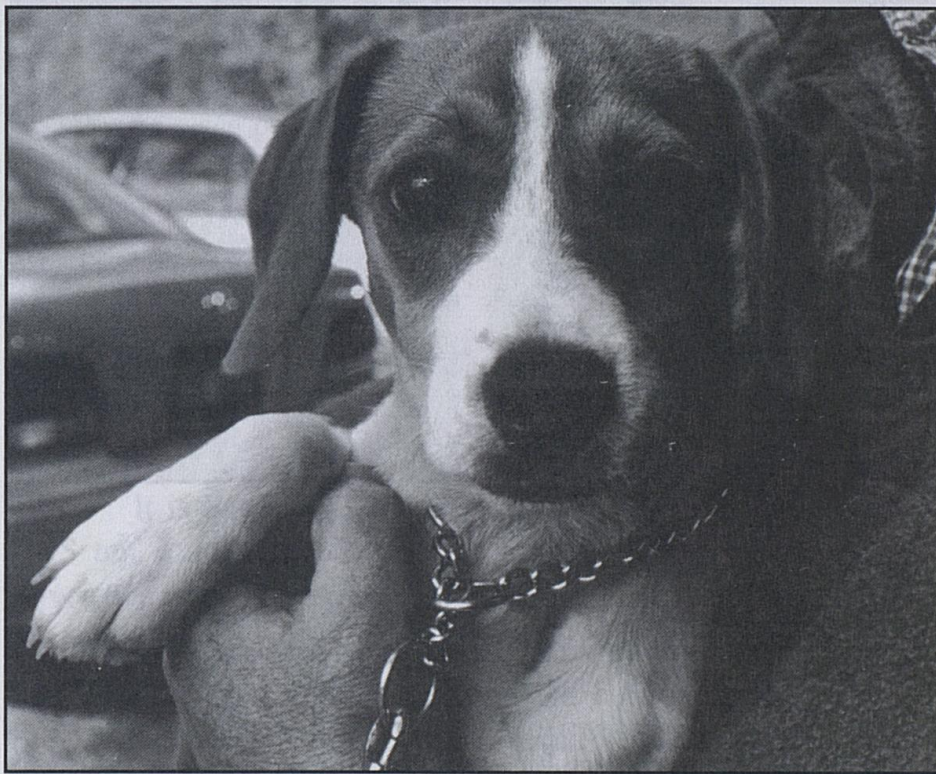
Carl and I were thrilled to have time to visit with our friend Miss Anne Cundle. As many of our dear readers know, Anne was a midwife at the FNS for many years and was instrumental in the policy development and record keeping which has held FNS in such good stead.



Left to right: Carl and Deanna Severance, Anne Cundle

Louise Humphrey, Kate's sister, preceded Kate at the FNS. Mrs. Humphrey was a Courier on horseback and was known for driving a cow from the Brutus Nursing Center over the mountains to Wendover! Recently retired as Chairman of the Metropolitan Opera, Louise spends her time with her many charities

and her beagles! Every day, except Christmas and Easter Sunday, there is beagling on or around Woodfield Springs Plantation. Saturday morning, Carl and I experienced this event. I must say, I seldom have had so much fun! These dogs are indeed merry hounds. Our beloved Afghan Hound, Prince, died in February of this year. I have been devastated and adamant - "no more dogs!", but when Louise offered us a beagle from the registered pack - the wonderful Woodfield Beagles - a lovely little girl named "Diva", my heart went straight to her. Diva was a problem in the kennel, the runt and a fighter, distracting the rest of the pack from their hunting objective. She now lives at our house and we love her. She has quickly become the center of our attention. We are happy and amused to be totally distracted by her antics. What a doll! So many thanks to Mrs. Louise Ireland Humphrey for allowing this merry hound into our lives!



"Diva" - the merry hound

Mary Stone Payson Visit

On March 30, Ms. Mary Stone Payson, former Courier, and her daughter, Weezie Parsons, visited Wendover. Ms. Payson's grandmother, Mrs. Anna Wigglesworth of Milton, Massachusetts, was involved with the Frontier Nursing Service soon after Mrs. Breckinridge founded the Service. Ms. Payson's mother, Mrs. Mary Dixwell Chase, served as a Courier in the 1930's. Ms. Payson served as a Courier in 1963 after graduating from Milton Academy.



Ms. Payson and her daughter Weezie

On their way to Wendover, Ms. Payson and her daughter met with me and toured the Frontier School of Midwifery and Family Administrative Offices in Lexington. Then they drove to Hyden and had a wonderful dinner at Wendover with the CNEP Level III students. Jeremy Bush gave them a tour of the Mary Breckinridge Hospital and the Frontier School of Midwifery and Family Nursing campus in Hyden.

During their visit, Ms. Payson reminisced about her wonderful days at the FNS as a Courier. After being away from FNS for many years, Ms. Payson said she found that FNS is still spiritually based and goes far beyond the stated purpose of delivering health care.

Daughters of Colonial Wars

I was thrilled to have Jeremy Bush, my Development Office Aide, represent the FNS at the Daughter's of Colonial Wars (DCW's) annual meeting in Washington, DC, and at the Berea Appalachian Fund at Berea College. The DCW's and the Berea Appalachian Fund have contributed in so many ways to the work of the FNS. The scholarship money during this year has been of great assistance to our students.

Kentucky Hospital Association Visit

Mike Rusk, Executive Director of Kentucky Hospital Association (KHA), paid a visit to Mary Breckinridge Hospital May 4 to welcome Mallie Noble aboard as our new Mary Breckinridge Hospital Administrator. The KHA under Mike's leadership has been very supportive of the issues facing rural hospitals. Mike has done much to keep us informed of what is happening at the State Medicaid department. In the next bulletin, I will write more of the issues we are facing as our legislature convenes in January, 2000.

New Hospital Administrator

It is hard to believe that on June 19 I've been with the FNS ten years. Time has flown by, and I can truly say I have never been bored! A great joy to me as I entered my tenth year with the Service is the opportunity to appoint Mallie Noble as the Administrator of Mary Breckinridge Healthcare.

Mallie has worked at the Hospital for a total of 22 years. She was most recently the Director of Medical Records. Mallie was born at the old Hyden Hospital and is proud to be an "FNS Baby". See next page for Hospital update.

Mary Breckinridge Healthcare News*by Barb Gibson*

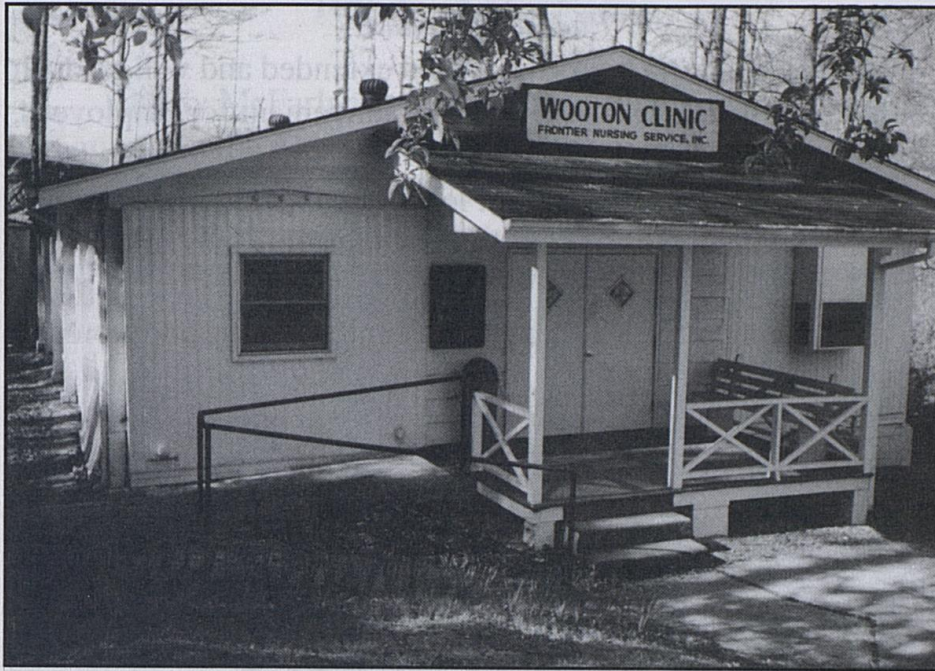
Mallie Noble, Administrator

Changes at the Mary Breckinridge Hospital have led to new faces moving into new positions. **Mallie S. Napier-Noble**, former Director of Medical Records, has moved into the position of Administrator. Mallie has worked at the Hospital for a total of 22 years. She was born at the old Hyden Hospital and is proud to be an "FNS Baby".

Matrend ("Dock") Hacker is the new Plant Manager. "Dock" began working in the maintenance department at the Hospital in 1976. He is certified in plumbing but also does electrical and carpentry work.

R. C. Osborne is the Assistant Plant Manager. He formerly worked at the Hospital for seven years. He has worked as an independent contractor and is certified in heating, ventilation and air conditioning.

Chief Executive Officer Deanna Severance says that she believes these three people are sensitive and caring individuals who will take the time to listen to employee concerns and will address financial and people issues with fairness and competency.

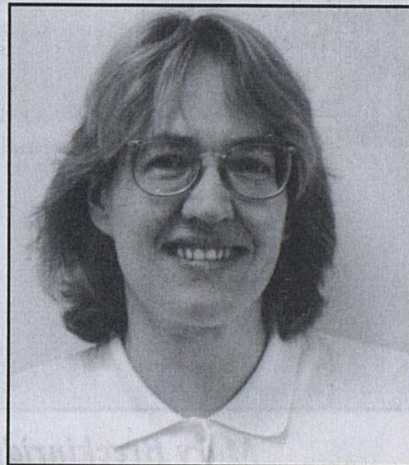


Closing of Wooton Clinic

Due to low patient volume and the need for extensive repairs to the building, the Board of Governors made a decision to close the Wooton Clinic on April 30, 1999.

Hyden Clinic - Extended Hours

In order to improve patient services, the Hyden Clinic hours have been extended. Hours are now 8:00 am - 11:00 pm Monday through Friday with Nurse-Practitioner Heidi Froemke providing care. Heidi formerly worked at the Wooton Clinic but moved to the Hospital when the Wooton Clinic closed. Other staff from the Clinic who came to work at the Hospi-



tal include Debbie Harris, LPN, and Francis Pennington, Nurse Aide. Leroy Couch, Nurse Aide, currently working at the Kate Ireland Women's Center, will be the evening Receptionist for the extended hours clinic.

Facilities Update

The cafeteria hours have been extended and will be open seven days a week. This will be more convenient for employees, patients and their families.

Renovations in the front lobby area include moving Admissions, Switchboard and Financial Counseling into new offices located in the lobby.

Community Health Center recently had the addition of a midwifery exam room to their Clinic.

The Hospital had a total of 158 admissions during the month of April. There were 3,558 out-patient visits during April. This figure includes Community Health Center, Beech Fork Clinic, Kate Ireland Women's Center, Emergency Room and the Hyden Clinic. Home Health saw a total of 2,100 patients during April.



Mary Breckinridge Healthcare, Inc.

Tidbits - Local Focus

Kelly McFarland and Lawrence Washburn are the proud parents of Natalie Alexandra and Taylor Jane Washburn born February 2, 1999, at 8:25 am and 9:11 am. Lawren Mckenzie Washburn is the proud sister of these beautiful twins.



Natalie Alexandra Washburn, Kelly McFarland, Taylor Jane Washburn

Natalie and Taylor were delivered by Cyndy Perkins and Deborah Karnitz, Certified Nurse-Midwives at the Mary Breckinridge Hospital.

IN MEMORIAM

These friends have departed this life in recent months. We wish to express our sympathies to their families, and our gratitude for their interest in our work.

Mannon Sizemore, 60, Hyden, Kentucky, died during February 1999. Mannon was a supporter of the FNS in many ways and a friend to all. Mannon loved to spend some of his time just socializing at the MBHC. Mannon was the brother of MBHC Board member John Henry Sizemore.

Keith Ray Couch, 20, Hyden, Kentucky, died during July 1998 in a vehicle accident. Keith was an FNS baby and his mother, Betty Helen Couch, is the Quality Improvement Coordinator at the Mary Breckinridge Hospital.

Glenna Hoskins, age 34, Asher, Kentucky, died during December 1997. Glenna's mother, Carolyn Grant, works as a Scrub Tech in the Operating Room of Mary Breckinridge Hospital.

Haley Pennington, age 74, Cutshin, Kentucky, died during July 1997. Her son, Don Pennington works in the maintenance department at Mary Breckinridge Hospital, her daughter Brenda Pennington works in Housekeeping and her grandson Jerry Pennington works in the maintenance department.

Marietta Shickell, age 62, died in 1997. Her daughter, Tamara Collett is the Manager of Lab at Mary Breckinridge Hospital.

IN MEMORY

Dudley Robinson

Anne T. Carroll

Georgiana B. King

E. Dana Smith

Mrs. Mary F. Robertson

Beverly & William Morrelles

Genevieve Wasson

Dr. Anne Wasson

Lee H. Duckett

Mrs. Mary Duckett

Harriet Schutt Dykstra

Marge Smith

Mrs. G. A. Peters

Betty P. Preece

Saundra K. Andersen

Carl C. Andersen

Mary Dow Novotney

Pat Dow

Mary Wright Starritt

Alice D. Conlin

Edith Wooton

Marcella & Robby Horton

Carla & Roy Whitehead

Charlene & Brent Wooton

Ruth Blevins

Dr. W. B. Rogers Beasley

Jane Leigh Powell

Dr. Anne Wasson

Walter & Ardith Houghton

David Blankenship

Jane & Bill Nine

Elizabeth Zerbst

Jane & William Nine

Daisy Holland

Joy L. Hughes

Linda & Bruce Blair

Ione Sims

Patricia A. Sonnenstuhl

Charles H. Watt, Jr. MD

Julia R. Watt

A. L. Clark

Marge & John Smith

IN HONOR OF

Caroline Holdship

Mrs. LeRoy Thompson

Rev. Jerry & Barbara Bush

Jeremy T. Bush

Daughters of Colonial Wars

Mrs. David D. Trimble

Miss Kate Ireland

Loretta C. Ford

Anne Cundle

Loretta C. Ford

Mardi Perry Scholarship

Ann Bemis Day

* The last Quarterly Bulletin contained an error in the "In Honor" section. Mrs. LeRoy Thompson made a gift in honor of Ms. Caroline (Freddy) Holdship. I listed the gift in the "In Memory" section. I apologize for this error. Ms. Holdship (Freddy) is very much alive!

In Memoriam

If you wish to make a contribution to the Frontier Nursing Service in memory of a friend or loved one, please fill out and return this section to the Development Office at FNS.

In memory of _____

Contributor's name _____

Person(s) to whom you wish acknowledgment sent

Name _____

Address _____

In Honor Of

If you wish to make a contribution to the Frontier Nursing Service in honor of someone's accomplishments or achievements, please fill out and return this section to the Development Office at FNS.

In honor of _____

Contributor's name _____

Address _____

Person(s) to whom you wish acknowledgment sent

Name _____

Address _____

FNS and Subsidiary Corporations

Deanna Severance, CEO of FNS, Inc. and President of Frontier Nursing Service Foundation; Frontier School of Midwifery and Family Nursing; Mary Breckinridge Healthcare, Inc.; and FNS Real Estate.

FNS, Inc:

Jeremy Bush - *Development Office Aide*
Mae Caldwell - *Development Office Secretary*
Beulah Couch - *Human Resources Director*
Barb Gibson - *Assistant to CEO*

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Lenora Campbell, FNP - *Community Health Center*
Ronilo Diaz, General Surgery - *Hyden Clinic*
Heidi Froemke, FNP - *Hyden Clinic*
Hassan Helwani, Internist - *Emergency Room*
Deborah Karsnitz, CNM - *Kate Ireland Women's Clinic*
James Lloyd, OB/GYN - *Kate Ireland Women's Clinic*
Beverly May, FNP - *Beech Fork Clinic*
Albino Nunez, Emergency Medicine - *Emergency Room*
Cyndy Perkins, CNM - *Kate Ireland Women's Clinic*
Anavatti Raghuvvera, Pediatrician - *Hyden Clinic*
Deepak Srivastava, Anesthesia - *MBHC*
Stephan Trent, DO - *Kate Ireland Women's Clinic*
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FORM OF BEQUEST

For the convenience of those who wish to remember the Frontier Nursing Service in their Wills, this form of bequest is suggested:

“I hereby give, devise and bequeath the sum of . . . dollars (or property properly described) to the Frontier Nursing Service, a corporation organized under the laws of the State of Kentucky.”

HOW ENDOWMENT GIFTS MAY BE MADE

The following are some of the ways of making gifts to the Endowment Funds of the Frontier Nursing Service:

1. **By specific gift under your Will** - you may leave outright a sum of money, specified securities, real property, or a fraction or percentage of your estate.
2. **By gift of residue under your Will** - you may leave all or a portion of your residuary estate to the Service.
3. **By life insurance** - you may have life insurance made payable direct to the Service.

The principal of the gifts will carry the donor's name unless other instructions are given. The income will be used for the work of the Service in the manner judged best by its Trustees.

Contributions to the Frontier Nursing Service, Inc. are tax deductible under Section 501(c) (3) of the Internal Revenue Code of 1954.

Gifts of stock should be sent to:

FRONTIER NURSING SERVICE
Mr. William Hall, Treasurer
Fifth Third Central Kentucky Trust
250 West Main Street, Suite 100
Lexington, Kentucky 40507

STAFF OPPORTUNITIES

Because text for the *Bulletin* must be obtained several days before publication, it is not possible for any issue to contain an up-to-date list of job opportunities. Instead, we list types of positions that are most likely to be available and invite anyone qualified and interested to write for current information.

Staff opportunities: Family Nurse-Practitioners, Registered Nurses, and Physicians. For current information or to apply for a position, contact Department of Human Resources, Wendover, KY 41775 (606-672-2913)

Courier Program: This Program has an on-going need for all types of people, with all types of skills. The Program is not limited to those interested in a health career. It encourages applications from anyone who is willing to volunteer for a minimum of 12 weeks and would like to be exposed to the work of the Frontier Nursing Service. For current information, write or call Courier Coordinator/Courier Program, FNS, Inc., 132 FNS Drive, Wendover, Kentucky 41775 (606-672-2317).

Nursing Volunteer Program: This Program is designed to meet the needs of nurses and nursing students who only have a short length of time in which to come to FNS and gain experience. In this Program, if accepted, there is no required amount of time. For current information, write or call Director of Nursing, Mary Breckinridge Healthcare, Inc., 130 Kate Ireland Drive, Hyden, Kentucky 41749 (606-672-3162).

URGENT NEEDS

FNS has an urgent need for the items listed below and hopes that its friends will wish to contribute toward their purchase. We sometimes receive more gifts for a particular item than needed. In those instances, your gift will be applied toward another need. Send to FNS, Inc., 132 FNS Drive, Wendover, Kentucky 41775.

Dietary:

Meat Slicer	1,636.00
Food Blixer, Blender Bowl	507.57

Emergency Room:

Warming Blankets	657.74
Alligator Forceps (ear, nose)	560.87
Wheelchair Accessories (for two chairs)	273.90
Spider Straps	224.00
IV Pole (critical care x 2)	225.90

Home Health: all new

Portable Mobile IV Stand	50.00
Blood Pressure Cuff (5)	176.10
Stethoscope (5)	118.00

Hyden Clinic:

Chair Scales	459.99
Cast Cutter with Cast Vacuum	1,761.17
Rolling Blood Pressure Cuff	141.93
Two Welch Allen Speculum Lights	215.06

Kate Ireland Women's Center:

Four Welch Allen Speculum Lights	430.12
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Infection Control: New

Whiteboard & Easel	169.99
Overhead Projector	199.99

URGENT NEEDS - Continued

Lab:

Tube Rocker (to mix blood)	381.30
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Medical Surgical:

Heavy Duty Bed	1,928.75
Bedside Scales	1,837.50

Obstetrics:

Two Ultrasound Sonic Stethoscopes	1,066.90
Blood Pressure (roll around)	379.90
Infant Stethoscopes (4)	47.80

Operating Room:

Buffer/Scrubber	980.00
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Physical Therapy: new

SysStim 226 Neuromuscular Stimulator	1,599.00
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Respiratory Care:

Two O2 Analyzers	628.00
Miller & MacIntosh Blades/Handles	976.45

X-Ray:

Dedicated Mamography Illuminator Cone Instrument	745.00
Ultrasound Gel Warmer Cone Instrument	229.00
Cool Brite High Intensity Illuminator Cone Instrument	654.00
Radiation Protection Equipment	850.00
Mammography Viewboxes	1,600.00

FRONTIER NURSING SERVICE, INC.

Its motto:

“He shall gather the lambs with his arm
and carry them in his bosom, and shall
gently lead those that are with young.”

Isaiah 40:11

Its object:

To safeguard the lives and health of mothers and children by providing and preparing trained nurse-midwives and nurse-practitioners for rural areas where there is inadequate medical service; to give skilled care to women in childbirth; to give nursing care to the sick of both sexes and all ages; to establish, own, maintain and operate hospitals, clinics, nursing centers, and educational programs for nurse-midwives and nurse-practitioners; to carry out preventive public health measures; to educate the rural population in the laws of health, and parents in baby hygiene and child care; to provide expert social service; to obtain medical, dental and surgical services for those who need them, at a price they can afford to pay; to promote the general welfare of the elderly and handicapped; to ameliorate economic conditions inimical to health and growth, and to conduct research toward that end; to do any and all other things in any way incident to, or connected with, these objects, and, in pursuit of them to cooperate with individuals and with organizations, private, state or federal; and through the fulfillment of these aims to advance the cause of health, social welfare and economic independence in rural districts with the help of their own leading citizens.

From the Articles of Incorporations
of the Frontier Nursing Service.
Article III as amended June 8, 1984