

**FNS**

**FRONTIER NURSING SERVICE**

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## FRONTIER NURSING SERVICE

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Cover Photo - Catherine Porter Cirves - Frontier School of Midwifery & Family Nurse Graduate - Class of 1946. *Photo donated by Catherine Porter Cirves' daughter, Patricia Moyer.*

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### **Introduction to Frontier Nursing Service (FNS)**

Mary Breckinridge spent her early years in many parts of the world - Russia, France, Switzerland and the British Isles. After the deaths of her two children, she abandoned the homebound life expected of women of her class to devote herself to the service of others, particularly mothers and children.

Mrs. Breckinridge established the FNS in Leslie County, Kentucky, in 1925, as a private charitable organization serving an area of 700 square miles. It was the first organization in America to use nurses trained as midwives under the direction of a single medical doctor/obstetrician, based at their small hospital in Hyden. Originally the staff was composed of nurse-midwives trained in England. They traveled on horseback and on foot to provide quality prenatal and childbirth care in the client's own home.

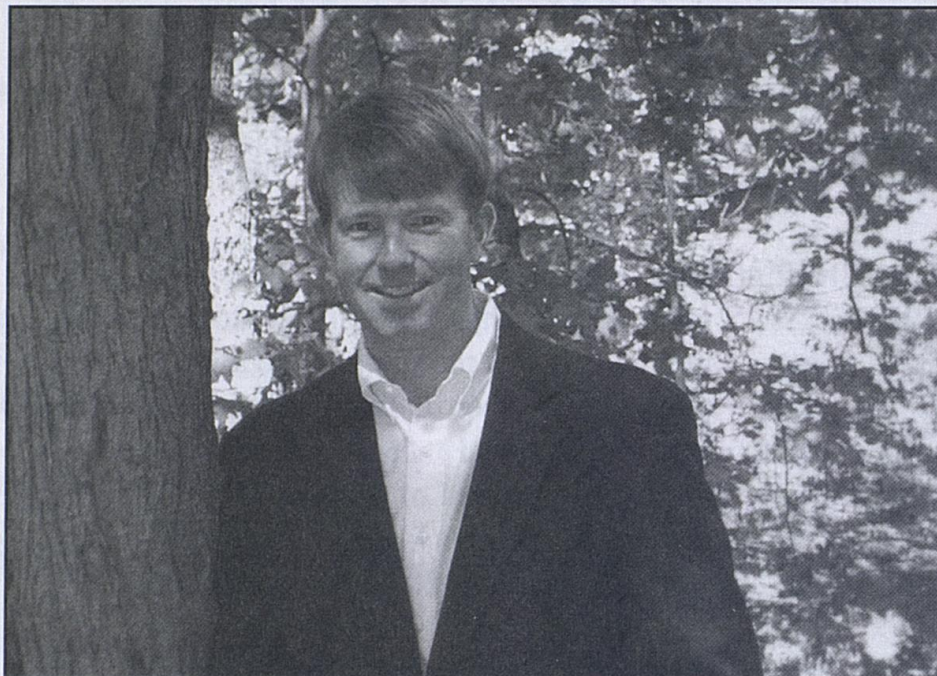
Today, Mrs. Breckinridge's legacy extends far beyond Eastern Kentucky. FNS, Inc. is the parent holding company for Mary Breckinridge Healthcare, Inc., Frontier Nursing Healthcare, Inc., which includes five rural healthcare clinics; Mary Breckinridge Home Health Agency and the Frontier School of Midwifery and Family Nursing which offers a Master of Science in Nursing degree with tracks as a Nurse-Midwife, Family Nurse Practitioner and Women's Healthcare Nurse Practitioner.

Mary Breckinridge's home, The Big House, located at Wenderover, is a licensed Bed & Breakfast Inn. For more information or reservations, call 606-672-2317 or e-mail: [information@frontiernursing.org](mailto:information@frontiernursing.org). You can also access our website:

Frontier Nursing Service - [www.frontiernursing.org](http://www.frontiernursing.org)

## **The Journey**

*by Nathan Lee, President & CEO*



Some weeks back, I found myself late one evening nodding off to sleep in my Wendover apartment listening to the rattle of the rain on the tin roof that was accompanying a rather ferocious thunderstorm. My slumber was hastened to an end by a crash that rivaled any auto accident I've been unfortunate enough to witness. When I realized that there had indeed not been a crash on Wendover Road, I walked around the corner of the Barn to see that a massive oak tree, certainly as old as Wendover itself and almost assuredly older, had fallen in the storm and sadly taken down the old Garden Shed that was in its path. Thankfully, no one was hurt.

In the midst of talk of trees and history and changes in the landscape of Wendover, I began to take more notice of many of the other trees that share the mountainside. My first instinct was to go to the old Beech tree that has long shaded The Big House, majestic in its own right and now tinged with autumn's first shades

of gold. It wasn't long before my eyes were drawn away, though, toward a Sugar Maple changing into its crimson attire. I then shifted my attention toward another Oak whose leaves were in their first browns, then on to the Pines of Pig Alley, proud in the permanence of their greens. None was like the other, yet all were in their own way beautiful. It was at this thought that I found myself looking across the Middle Fork of the Kentucky River to Wendover's other mountainside; pristine and untouched . . . the same view Mrs. Breckinridge would have had. Its flora was very much the same. Yet from this perspective . . . from this distance . . . the trees in their fall spectrum of colors formed a tapestry more beautiful than any single tree could hope to be.

Such is the case at the Frontier Nursing Service. The Mary Breckinridge Hospital with its recent renovations and caring staff, provides services that rival in quality, and indeed exceed, those of any similar hospital anywhere . . . rural or urban. The Frontier School of Midwifery and Family Nursing provides a nationally ranked education for nurses from all over the country and the world who are pursuing Masters and Doctoral training. Our clinics provide access to care for people from all walks of life in the environments that best suit their needs; their schools, their homes, or in our own offices. And our home health agency continues to blaze the trail of home-based care it began when it was founded as the second oldest home health agency in the Commonwealth of Kentucky. All are impressive on their own merits and the threads of each are made even more vibrant by those that have gone before: the old Hyden Hospital, the residential training program for nurse-midwives, and districts long gone such as Brutus, Red Bird and Confluence. Yet all are made more beautiful by being woven into the tapestry of the Frontier Nursing Service.

As I walked back from the Big House toward the Barn, I paused to notice the spot of the recently fallen tree. Where once stood a proud tree, there now was a broad stump that in its rings told the story of its years at Wendover. Behind that stump, though, was

something else that caught my eye . . . a Sugar Maple sapling that till now had been obscured by the larger, dying tree. Already it was reaching toward the sun and showing its brilliant red coat, weaving its way into our tapestry. So may it always be at Wendover and at the FNS. The Journey continues . . .



*Wendover Trees*

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Recognizing what we have done in the past is a recognition of ourselves. By conducting a dialogue with our past, we are searching how to go forward. *-Kiyoko Takeda*

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The past is but the beginning of a beginning, and all that is and has been is but the twilight of the dawn. *-H.G. Wells*

### Field Notes

#### *Clinics Update by Ben Peak, Director*

One of my strongest impressions of Mrs. Breckinridge was her desire to provide healthcare services for a particular group and this impression is reflected in our motto . . . “for mother and child”.

In an effort to provide services for a particular group, the Frontier Nursing Healthcare (FNH) has worked in conjunction with County of Leslie Lifting Youth (C.O.L.L.Y.), and the Leslie County Board of Education, to establish a School Located Clinic at the Stinnett Elementary School. This service provides daily nursing care, administrative support and a nurse practitioner twice weekly for acute care needs. The objective of this service is to support the educational process while providing primary healthcare and healthcare education.

As a result of this Program the Stinnett Elementary School has realized increased attendance, improved student test scores and improved rankings among other schools in the state. Students have also been provided the opportunity to avail themselves of the services offered when in need of required school physicals instead of having to leave school and miss class.

Beginning with this school year, the FNH and C.O.L.L.Y. will expand this project by providing these same services at the Hayes Lewis and W.B. Muncy Elementary Schools. Once construction of a new elementary school in Hyden is completed, we will provide this service there also.

We have been able to demonstrate the beneficial impact that this service provides and we hope to use this model in demonstrations to the state of Kentucky as a model of care to be provided to students throughout Kentucky.

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The Frontier School of Midwifery & Family Nursing (FSMFN) was recently awarded three grants from the Health Resources and Services Administration (HRSA). These grants totaled over \$1.7 million and will be used over the next three years for FSMFN programs. FSMFN's receipt of these grants demonstrates the high caliber programming that the FSMFN is implementing and the positive impact that the FSMFN has on nursing education and healthcare.

\*\*\*\*\*

Send in updates of your work, family or travels to be included in the "Class Notes" of the next *Beyond the Frontier Magazine*. For more information please send e-mail to [alumniservices@frontierschool.edu](mailto:alumniservices@frontierschool.edu) or mail to Alumni Relations, P. O. Box 528, Hyden, Kentucky 41749.

SAVE THE DATE! The Annual FSMFN Alumni Weekend will be held May 9 and 10, 2009, in Hyden. Please make plans to join us! For more information e-mail or mail to the address listed above.

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From June 1st - September 1st, Wendover hosted a total of 710 guests. This number includes overnight guests, guests for lunch/dinner, meetings and tours.

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Leslie County's Annual Relay for Life was very successful. FNS raised \$1,500.00 with over forty FNS participants.

\*\*\*\*\*

Wendover hosted three Couriers this summer: Caitlin Miller - Smith College, Paula DeCrescenzo - Bennington College and Anne Peale - Dartmouth College. The Couriers enjoyed observing providers during their time here.



\*\*\*\*\*

*A Special Guest at Wendover*

During August, John Andrew Carter Heinle and his friend, Sara Crewson, visited Wendover while in town for the Osborne Brother's Festival. John is the son of former Courier and current FNS Trustee, Carlyle Carter, and the grandson of former Courier Joseph Carter.



*John Andrew Carter Heinle and Friend*

\*\*\*\*\*

The Osborne Brothers Hometown Festival held in Hyden during August was a great success with over 4,000 people in attendance! Special guests included Dr. Ralph Stanley & His Clinch Mountain Boys, J.D. Crowe & The New South, Lonesome River Band, Bobby Osborne & The Rocky Top X-Press, The Grascals, The Sullivan Family, The Moron Brothers, James Monroe, Vice Combs, Dean Osborne Band, J.P. Mathes & KSBTM Ensemble, Curtis Burch, The BOJ (Bobby Osborne Jr.) Kenny Baker, Crossroads, Ramblin

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Grass, Tommy Brown, The Baker Family, The Cornbread Express, Kentucky Wind, The Mountain Connection, Larry Efaw and The Howard Family.

Contributors toward the Festival events were The Kentucky School of Bluegrass and Traditional Music, Frontier Nursing Service, Hyden Citizens Bank, TDS (telephone service), City of Hyden and Leslie County Fiscal Court. Thanks to everyone for a great time!

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*Fallen Trees . . . Wendover*

During August, we were saddened when a huge Oak tree fell on the Wendover Garden Shed. The Garden Shed was located next to the driveway going to The Big House.



*The Wendover Garden Shed*

### In Memory of Joesph (Joey) Roberts

Friday, July 25, 2008, Joey Roberts, Former Maintenance Foreman at Wendover, died from a coal mining accident which occurred July 17th. Joey worked at Wendover from June 2003 - September 2006.

Ken Tuggle, FNS Board Member said it best - "Joey was an asset to FNS that helped make Wendover bloom."



**Beyond the Mountains**

*by Barb Gibson*

***Frontier School of Nurse-Midwifery and Family Nursing  
Faculty Honored***

During The American Academy of Nurse Practitioners (AANP) Annual Meeting, three Frontier School of Midwifery & Family Nursing Faculty were honored with the AANP State Award for Excellence and the Nurse Practitioner (NP) of the Year from their respective states: Dr. Julie Marfell, Chairperson of the Department of Family Nursing, was awarded the Kentucky NP of the Year; Dr. Donna Gill, Course Faculty, was awarded the North Carolina NP of the Year and Dr. Joyce Knestrick, Director of the DNP Program, was awarded the West Virginia NP of the Year.



***Dr. Julie Marfell, Dr. Donna Gill and Dr. Joyce Knestrick***

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***Methicillin Resistant Staphylococcus Aureus (MRSA) Summit***  
July 29th-August 1st, Linda Craft, Director of Nursing, and Angela Wooton, Interim Infection Control Nurse, attended a state wide MRSA Summit in Louisville, Kentucky. The Summit was a call to action for hospitals, long term care centers, schools and incarceration units to learn the latest and best practices for preventing MRSA infections.

\*\*\*\*\*

***International Confederation of Midwives (ICM) 28th  
Triennial Congress in Glasgow, Scotland***

Dr. Susan Stone, Kitty Ernst, Suzan Ulrich, Kathryn Schrag, CNM, FNP, MSN, Regional Clinical Coordinator, along with Miss Jane Leigh Powell, Chairman of the FNS Board of Governors, traveled to Scotland for the ICM Triennial Congress.

The opening ceremonies were spectacular. Midwives from all over the world were dressed in the colors and costumes of their countries; Aussies 475 strong with red bush hats, Korean midwives in beautiful gowns, African midwives in colorful headdresses and American midwives in blue jeans! The flags of each nation were presented by the Scottish Youth Theatre with cheers from the patriots. Entertainment was performed by all the countries of the British Isles. The Neilston & Districh Pipe Band of Scotland performed Scottish songs. The Scottish Opera and Orchestra presented arias. The young people of the Scottish Youth Theatre entertained with song and dance. Irish step dancing was presented by the McCutcheon Dance School of Ireland. Wales was represented by the Rhymney Millennium Choral. The Choir of the Royal College of Midwives from England performed. The finale was the Cavern Beatles from Liverpool who rolled onto the stage as John, Paul, George and Ringo. When they started singing the well known ballads, the auditorium erupted with midwives from all over the world dancing and singing along.

Dignitaries such as Her Royal Highness Princess Muna Al Hussein from Jordan, Her Royal Highness Princess Anne from Great Britain and Sarah Brown, wife of the British Prime Minister, Gordon Brown, and Patron of the White Ribbon Alliance in the UK spoke to the delegates throughout the week. There were many interesting and inspiring presentations. There was much talk in many languages but it was evident by the universal smile that midwives are midwives wherever they come from.

Dr. Stone did a presentation on the distance learning model in midwifery education with the FSMFN being showcased. Suzan Ulrich did a presentation on the socialization of midwifery students as seen in their first birth stories and a poster presentation on her qualitative research on factors that influence nurses to choose midwifery as a career.

Being a part of the ICM was inspiring. You could see beyond yourself and your tiny part of the globe and realize that the health of mothers and babies is the crux of society just as Mrs. Breckinridge taught us. We have much to do to improve the health status of mothers and babies. The FSMFN will do its part.

#### *Old Courier and Staff News*

**Joan Court**, England, was a nurse in 1948 at the Flat Creek Nursing Center. Ms. Court recently wrote that her time at FNS was the highlight of her career and she used her expertise as a model when she worked as a midwife adviser to the W.H.O. in Pakistan and Turkey.

**Susan Warner**, FNP, Aurora, Colorado, stayed at the Wendover Upper Shelf during June while visiting former FNP Sharon Koser at the Hyden Nursing Home. Sue said that being at Wendover rekindled cherished memories of her early years when she lived in the Upper Shelf.

### Footprints

*Excerpts from Wide Neighborhoods*

*by Mary Breckinridge, Founder*

. . . All that fall my father and I made our headquarters in the Hyden house the Kentucky Committee had rented, on the site where Miss Huston's house, "Cherry Corner," stands now. He insisted on taking care of the nurses' horses, grooming and feeding and watering them. He bought a small set of tools and put himself at the disposal of the nurses for minor repairs about the place. In another way, my father was of more use than he realized. He became a member of our Hyden Committee and attended the meetings we held monthly while our work was getting underway. His knowledge of parliamentary law got everything off on the right footing, and his geniality gave the meetings ease and friendliness. I was struck by the costume he always wore at these meetings - Heaven knows why. Although he kept to the khaki riding trousers and leggings which were a part of his regular daytime dress, with them he wore a frock coat made for him by Pool, in London, years before. The upper accessories were those that went with a frock coat. He looked like a statesman from the neck to the hips, and a horseman from there on down.

Another pleasant older person, Mrs. Caroline Caffin, joined her daughter in Hyden as soon as we had a house. She was not nearly so old as my father but combined with him to give our little establishment a family feeling. Mrs. Caffin undertook, as her share of the work, the hardest post of all - that of volunteer housekeeper. With one of our neighbors in by the day to cook our meals, and the help of a man to clean out the barns and do other work too heavy for my father, we got along comfortably enough, and pooled the living costs among us. Unfortunately, the horses had no proper horse lot so they came up on the porch to eat the tomatoes and lettuce set out on the railing. When they walked across the porch, the whole house shook. It was so designed that you had to go out to come in at every room, and was so sketchily

constructed that the air blew in from a thousand cracks. In one of my many letters to my cousin, Dr. Josephine Hunt, I find this plea: "Josie, darling, please telephone Blank Hardware and ask them if they have drunk the Pyrene extinguishers and fillers. This old house is not safe with its loose chimneys. Ask them to speed the order up."

Many of my letters written to outside firms carry the same note of chaff in urging them to make shipment. Sometimes, however, when things had been hauled across from the railroad, and turned out to be the wrong sizes for whatever they were to fit, my letters took a piteous tone such as: "if you all had a heart, you would check your order before shipping it." Then I would explain all over again about the long haul in, the long haul out (when things had to be returned), and the long, long delay.

As I compare the costs of things in the 1920's with the costs of things in 1951, I am struck by the difference. For example, I find that by the end of our first year of work we had ordered the following articles for horses - seven saddles, seven bridles, four halters, three curry combs, four brushes and eight blankets, at a cost of \$123.66. In 1951, these things would cost \$611.45. Our first saddlebags, from surplus Army stock, were much too small for our supplies. On the ride Ireland, of Scotland, and I took from Berea to Hyden, we met a man at Tyner in Jackson County who made saddlebags by hand, out of the softest and finest quality leather, for \$13.00 a pair. This man made all the large, roomy bags that the FNS nurses, couriers and guests knew so well, with metal buttons inside to which we fasten our bags, one with a white lining for midwifery only, and one with a blue-checked lining for general nursing. The midwifery bag, packed, weighs thirty pounds. The utmost care has to be taken to have the weight evenly distributed or there might be trouble with the horses' back. A bad back on a horse in the FNS has always been the same kind of disgrace as a bad back on a patient in a hospital bed.



**Legacies**

*by Nathan Lee, President & CEO*



*Ruth Beeman and Dr. Anne Wasson*

In 1983, the Frontier School of Midwifery and Family Nursing (FSMFN) found itself in search of a Dean. Its student base was dwindling, its faculty was almost non-existent, and it was in desperate need of reinvigoration. To be successful, this new Dean would have to have a strong belief in the value of advanced practice nursing, a broad knowledge of the tools of public health, and most importantly, a healthy dose of ingenuity. In Ruth Beeman, the School found all of this and more.

Recently, Ruth reminisced with us about her days at FSMFN. She fondly recalled the invitation she received inviting her to service

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at the FNS that drew her away from a comfortable position at Arizona State University to the mountains of Leslie County. She recalled the challenges she faced when she realized that not only was she the Dean of the School, but also one of its only faculty members. She recalled the success she had when calling upon her professional friends to teach and precept students so they could finish their course-work. She recalled the excitement of working with Kitty Ernst and Kate Ireland to help lay the groundwork for what would ultimately re-invent the School into the distance education program that exists today; a fully-accredited institution with more than 500 students from fifty states and seven foreign countries.

Ruth continues to leave her mark with us. We were recently notified that Mrs. Beeman has designated Frontier as a beneficiary of a charitable gift annuity. This planned giving vehicle allows Ruth to receive a monthly income and have the remainder of the funds distributed at the end of her life as a permanent legacy. We are honored to name Ruth to the Banyan Tree Society, an honorary status for the echelon of friends of the FNS who have notified us of their plans for testamentary gifts. This gift is a wonderful expression of Ruth's love for our important work.

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We cannot live only for ourselves. A thousand fibers connect us with our fellow men.

- *Herman Melville*

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Provision for others is a fundamental responsibility of human life.

- *Woodrow Wilson*

**Frontier School of Midwifery & Family Nursing News**

*by Suzan Ulrich, CNM, DrPH, FACNM*

*Chair of Midwifery and Women's Health*

***American College of Nurse-Midwives (ACNM)***

***Annual Meeting***

Boston was the site of the 53rd Annual Meeting of the ACNM. "Bean Town" and its history of tea parties and revolution was the setting for Eunice "Kitty" Ernst, the FSMFN Mary Breckinridge Chair of Midwifery, to preside over the meeting as President of the ACNM. Kitty has the distinction of being the "oldest" President of the ACNM. She also was the "youngest" President of ACNM during her first term in 1961. Kitty addressed the ACNM saying healthcare in the USA is at a critical juncture and never before in history has there been so much attention to midwifery! She encouraged all members of ACNM to become involved in the revolution that needs to happen in the healthcare system.

With Kitty leading the way, the FSMFN had much to be proud of. . . . Joan K. Slager, CNM, MSN, FACNM, FSMFN Graduate received the Dorothea M. Lang Pioneer Award. This acclaimed award honors a CNM who has demonstrated vision and leadership. Joan is the Director of Bronson Women's Services, the largest nurse-midwifery practice in Michigan. She is a Certified Professional Coder and has worked to maximize reimbursement for nurse-midwives in her own practice and other practices by offering workshops throughout the USA. She wrote a business text for midwives and nurse practitioners entitled *Business Concepts for Healthcare Providers*.

I was also honored to be inducted into the Fellowship of the ACNM. This honor is bestowed upon midwives whose professional achievements have merited them recognition both inside and outside the midwifery profession. I was thrilled and it was especially nice to have Kitty present me with my certificate.

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Susan Stapleton, CNM, MSN, Director of Midwifery Services at the Frontier Nursing Service, was also honored by being inducted into the fellowship of the ACNM.

Joanne Bigness, CNM, FNP-C, PhD, FSMFN Course Coordinator for Pharmacology, received the Excellence in Teaching Award. The FSMFN students voted her this honor for her careful attention and support.

Kathryn Osborne, CNM, MSN, PhD(c), FSMFN Course Coordinator, received the Best Poster Presentation of Research for her work with Lisa Hanson, CNM, PhD, FACNM, entitled *A Pilot Study to Learn About the Use of Self-Regulated Pushing During Second Stage Labor*.

A focus Group of CNMs; Kelly Roberts, RN, FSMFN 2008 graduate, received the Best Student Presentation of Research for her work entitled *Certified Nurse-Midwives Reduce Cesarean Section Rates Among Massachusetts Hospitals*. This research was an outgrowth of the assignment she completed for one of the courses I teach at FSMFN. I was thrilled and proud watching her present such an excellent study in a poised and professional manner.

Blue Bradley, RN, FSMFN student, received the W. Newton Long Award to fund her establishment of a rural home and hospital birth practice.

Erin Hannah Tenney, RN, FSMFN student, received a March of Dimes scholarship to support her education at FSMFN.

The FSMFN held its Annual Reception at the ACNM Meeting with Susan Stone, CNM, DNSc, FACNM, President and Dean, presiding. It was a special time for FSMFN students, faculty, staff, and alumni to get together and reconnect and, of course, to sing.

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***Milestone in ADN-to-MSN Bridge Reached!***

*By Trish Voss, DNP, MSN, CNM, Director, ADN-MSN Bridge*

Bridge Class 57 was welcomed back to Hyden the week of August 11-15 for their Crossing the Bridge intensive. Fourteen students attended the five-day session along with Dr. Trish Voss, Bridge Director, and Laura Hollywood, Bridge faculty and Class 57 Advisor. Everyone was excited to be back at the FSMFN campus and to see their classmates and faculty again!

The objectives of the Crossing the Bridge intensive are to reinforce the connections students forged between themselves and the school when they attended Frontier Bound, and to prepare them to transition to the clinical specialty courses. While at Crossing the Bridge, students present their Community Nursing project, attend workshops on test-taking and learning via case studies and spend time reflecting on the Bridge year and reconnecting with each other. The week culminates with a special ceremony where students “cross a bridge” as Frontier nurses and celebrate with a dinner at Wendover.

This was the third and final group of students who started during the pilot year of the Bridge program. During 2007 (the pilot year), three of the six Frontier Bounds included a class of Bridge students. Twenty students were offered admission for each Bridge class. The Program has been so successful that in 2008 four of the six Frontier Bounds will include a class of Bridge students, and we have hired a third faculty member, Rachel Carlton, to teach in the Bridge. At this time, we are preparing to admit Bridge Class 62 and Bridge Class 63 for the August and September Frontier Bounds. These will be the fifth and sixth groups of Bridge students, bringing the total number of students admitted to FSMFN via the Bridge entry option to 125 as of Fall Term 2008. We are currently in the process of reviewing applications for the Winter Term Bridge Class 64.

## QUARTERLY BULLETIN

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The ADN-to-MSN Bridge is an entry option for registered nurses (RNs) who do not have a bachelor's degree in nursing or any other discipline. The Bridge consists of seven courses (20 credits) completed over four 12-week terms. These courses provide students with the essentials of baccalaureate nursing education in order to prepare them for the course work in the clinical specialty tracks. Bridge students are admitted directly into the Master of Science in nursing program at FSMFN, so once they successfully complete the Bridge year they seamlessly transition into their chosen clinical specialty tracks (nurse-midwifery, family nurse practitioner or women's healthcare nurse practitioner).

For more information on the ADN-to-MSN Bridge, please contact Dr. Trish Voss, Bridge Director, at [Trish.Voss@frontierschool.edu](mailto:Trish.Voss@frontierschool.edu).

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### **SAVE THE DATE!**

The Annual Mary Breckinridge Festival will be held the first week of October beginning on Tuesday. Thursday night, FNS and the Kentucky Bluegrass Traditional School of Music, will sponsor a Fall Celebration with a performance by a very a special guest. For the last two years we have enjoyed performances by Rhonda Vincent and Ralph Stanley. This year promises to be just as exciting!

Make plans to visit Hyden and the FNS! Call Wendover 606-672-2317 for further details.

### In Memoriam

*These friends have departed this life in recent months. We wish to express our sympathy to their families, and our gratitude for their interest in our work.*

**Joseph (Joey) David Roberts**, 45, Stinnett, Kentucky, passed away July 25, 2008 as a result of a coal mining accident on July 17, 2008. Joey was the Wendover Maintenance Foreman from 2001-2006 at which time he resigned and went to work in the coal mines.

### In Memory of:

The following people gave contributions to the FNS in memory of their friends or loved ones. The names in bold are the deceased:

**Dorothy Chase**

Theodore & Victory Chase

**Ruth Kipp Benedict**

Ms. Anne M. Lorentzen

**Viola L. Kononen**

Ms. Marilyn D. Messner

**Elise R. McMillier**

Mrs. James Morrison

**Georgeanna Page**

Mrs. Maureen Harvey

**Mardi Perry**

Mr. Edward N. Perry

**Daisy Roberts**

Miss Kate Ireland

**Emerson Smith**

Ms. Anne M. Lorentzen

**Bernice Washburn**

Ms. Sharon Rolle

Mrs. Elizabeth Bradburn

### In Honor of:

The following people gave contributions to the FNS in honor of their friends or loved ones. The names in bold are the honorees.

**Marion Lebold**

Mrs. Robert L. Black

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**FNS, Inc.**

(the parent)

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**Mary Breckinridge Hospital:**

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**Mary Breckinridge Home Health Agency:**

Willa Morris, *Director*

### **Form of Bequest**

For the convenience of those who wish to remember the Frontier Nursing Service in their Wills, this form of bequest is suggested:

"I hereby give, devise and bequeath the sum of . . . dollars (or property properly described) to the Frontier Nursing Service, a corporation organized under the laws of the State of Kentucky.

### **How Endowment Gifts May be Made**

The following are some of the ways of making gifts to the Endowment Fund of the Frontier Nursing Service:

1. By specific gift under your Will - you may leave outright a sum of money, specified securities, real property, or a fraction or percentage of your estate.
2. By gift of residue under your Will - you may leave all or a portion of your residuary estate to the Service.
3. By life insurance - you may have life insurance made payable direct to the Service.

The principal of the gifts will carry the donor's name unless other instructions are given. The income will be used for the work of the Service in the manner judged best by its Trustees.

Contributions to the Frontier Nursing Service, Inc., are tax deductible under Section 501 (c) (3) of the Internal Revenue Code of 1954. Gifts of stock should be sent to:

Merrill Lynch  
Attn: Travis Musgrave  
301 East Main Street, Suite 1200  
Lexington, KY 40507  
859-231-5258

## FRONTIER NURSING SERVICE

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### URGENT NEEDS

FNS has an urgent need for the items listed below and hopes that its friends will wish to contribute toward their purchase. We sometimes receive more gifts for a particular item than needed. In those instances, your gift will be applied toward another need.

#### **Beech Fork Clinic at Stinnett (School-Located Clinic):**

Audiometer	854.00
Exam Table	999.00
Hemocue Machine	599.00

#### **Emergency Department:**

Sure Temp Plus Thermometer	587.00
Welch Allyn 300 Vital Signs Monitor	2,769.31

#### **Frontier School of Midwifery & Family Nursing:**

Projector	599.99
Magnvox HD TV x 2	2,396.00

#### **Home Health:**

Blood Pressure Cuffs (7)	166.46
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#### **Maternity Services:**

Digital Baby Scale	68.99
Boppy Pillow for Breastfeeding x 3	134.97
Body Pillow for Labor Patients x 2	142.72
Jaudice Meter	4,989.00
Changing Table	180.99

#### **Medical Surgical:**

Pedia Pals Diagnostic Exam Kit	110.00
Littmann Stethoscope - Infant	72.98
Exergen Infrared Artery Thermometer	394.95
Otoscope & Ophthalmoscope Desk Set	702.00

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**Nursing Administration:**

Advanced Cardiac Life Support Manuals (10) 280.50

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**FNS WEBSITE**

**[www.frontiernursing.org](http://www.frontiernursing.org)**

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**Note to Donors**

FNS recently chose BB&T as the bank for donations. The FNS lockbox address has changed to Charlotte, North Carolina. We want our friends to know that FNS is where it always was and the change in the lockbox address only involves financial management.

FRONTIER NURSING SERVICE

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**FRONTIER NURSING SERVICE, Inc.**

Its motto:

“He shall gather the lambs with his arm and carry them in his bosom, and shall gently lead those that are with young.”

Isaiah 40:11

Its object:

To safeguard the lives and health of mothers and children by providing and preparing trained nurse-midwives and nurse practitioners for rural areas where there is inadequate medical service; to give skilled care to women in childbirth; to give nursing care to the sick of both sexes and all ages; to establish, own, maintain and operate hospitals, clinics, nursing centers, and educational programs for nurse-midwives and nurse-practitioners; to carry out preventive public health measures; to educate the rural population in the laws of health, and parents in baby hygiene and child care; to provide expert social service; to obtain medical, dental and surgical services for those who need them, at a price they can afford to pay; to promote the general welfare of the elderly and handicapped; to ameliorate economic conditions inimical to health and growth, and to conduct research toward that end; to do any and all other things in any way incident to, or connected with, these objects, and, in pursuit of them to cooperate with individuals and with organizations, private, state or federal; and through the fulfillment of these aims to advance the cause of health, social welfare and economic independence in rural districts with the help of their own leading citizens.

From the Articles of Incorporations  
of the Frontier Nursing Service.  
Article III as amended April 1999