

Frontier Nursing Service Quarterly Bulletin

Volume 45

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Number 2



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This color cover, first used on the Autumn 1948 issue of the Quarterly Bulletin, is our Christmas card to our many friends around the world and brings you best wishes for a joyous Holiday Season.

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A BIDDING PRAYER

Let us pray for peace and goodwill over all the earth; for unity and brotherhood at home and abroad; and because this would rejoice His heart of love, let us remember before God the cold, the hungry, and the oppressed; the sick and those that mourn, the lonely and the unloved, the aged and the little children; all those who know not the Lord Jesus or who love Him not; and those who rejoice with us but on another shore and in a greater life. The Almighty God bless us with His grace. Christ give us the joys of everlasting life. And unto the fellowship of the citizens above, may the King of Angels bring us all. Amen.

THE FESTIVAL OF NINE LESSONS AND CAROLS

For almost a half century, a service known as The Festival of Nine Lessons and Carols has been sung in Kings College Chapel, Cambridge, on Christmas Eve. The form of service was devised by the Very Reverend E. M. Milner-White, then Dean of Kings, who used as his model a service drawn from ancient sources by Archbishop Benson at Truro Cathedral in Cornwall. At Cambridge the service symbolizes the bond between Kings College and its sister College, Eton, the goodwill between University and City, and the peace within the whole Church, as well as the joy and worship of all at Christmas. The nine Lessons are traditionally read by a Chorister, a Choral Scholar, the Organist, a Fellow, the Vice-Provost, a Nonconformist Minister, the Mayor's Chaplain, a representative of Eton and the Provost of Kings.

The Festival of Nine Lessons and Carols had been an important part of the celebration of Christmas by the Frontier Nursing Service staff for many years when we asked friends in the Hyden area to share this beautiful service with us. Now it is a tradition for the service to be planned by the Leslie County Ministerial Association and held alternately in the two larger Hyden Churches each year during the Christmas Season.

The Bidding Prayer on the opposite page was read by Sir John Sheppard, then Provost of Kings, at The Festival of Nine Lessons and Carols which was recorded in 1954, and it is often used to begin the Midnight Service on Christmas Eve in St. Christopher's Chapel at Hyden Hospital.

FRONTIER NURSING SERVICE

Distribution of 23,739 Patient Visits with District Nurses,
According to Patients' Age and Complaint
October 1968 - September 1969

Complaint by System	Age in Years						TOTAL No.	%
	0 - 1	1 - 6	6 - 16	16 - 25	25 - 45	45 - 65		
Health Promotion.....	701 (12.9)*	996 (18.3)	1,641 (30.1)	353 (6.4)	732 (13.4)	608 (11.1)	403 (7.4)	5,434 20.5
Injuries.....	24 (2.1)	250 (22.1)	317 (28.7)	77 (6.9)	170 (15.4)	156 (14.1)	109 (9.6)	1,103 4.1
Chronic Disease.....	62 (1.0)	177 (2.9)	285 (4.7)	199 (3.3)	916 (15.3)	1,520 (25.5)	2,791 (46.9)	5,950 22.5
Infection.....	1,038 (11.2)	2,673 (28.9)	2,694 (29.1)	598 (6.4)	983 (10.6)	629 (6.8)	630 (6.8)	9,245 35.0
G.I. Parasites.....	15 (1.7)	364 (43.6)	305 (36.5)	29 (3.4)	93 (11.1)	18 (2.1)	10 (1.1)	834 3.1
G.I. Other.....	94 (13.2)	166 (23.4)	144 (20.3)	42 (5.9)	88 (12.4)	100 (14.1)	75 (10.5)	709 2.6
G.U.....	10 (1.1)	67 (8.0)	90 (10.7)	114 (13.6)	213 (25.5)	122 (14.6)	218 (26.1)	834 3.1
Mental.....	2 (0.4)	13 (3.0)	52 (12.1)	33 (7.6)	161 (37.5)	111 (25.8)	57 (13.2)	429 1.6
Midwifery.....				829 (44.2)	979 (52.2)	66 (3.5)		1,874 7.0
Totals.....	1,946 (7.3)	4,706 (17.8)	5,528 (20.9)	2,274 (8.6)	4,335 (16.4)	3,330 (12.6)	4,293 (16.2)	26,412 100.0

*Figures in parentheses indicate percentages of "Complaint by System" according to age group.
Of the 23,739 visits, 11.2% or 2,673 were "Multi System"
Home deliveries (16) and Family Planning visits are included with Midwifery visits.

FAMILY NURSE PRACTITIONER PROJECT: PROGRESS REPORT

by
GERTRUDE ISAACS, D.N.Sc.
and
W. B. R. BEASLEY, M.D., M.P.H.

This is a report of the Family Nurse Practitioner Training Project to inform the readers of the progress made during the first quarter of the development phase. The report covers the four major areas of development on which the Project Directors have concentrated their efforts during this period. The Frontier Nursing Service is still waiting to hear that the application for the one-year development grant for this project has been funded.

1. Federal, State and Local Contacts

Dialogue has been established with various local, state and federal agencies and organizations to explore the concept of training program development for the Family Nurse Practitioner and to stimulate interest in such a proposal as a means for improving health services in this country. Responses have been most favorable and the FNS has been strongly encouraged in each instance to proceed with its venture. There is little question that the current turmoil and unrest over the inadequacies of health services provided is having a major impact on the attitudes of health leadership in this country, and has resulted in much greater concern and readiness for exploration of more feasible approaches to the resolution of the nation's health problems. Many see this as a culmination of years of concern finally reaching fruition.

Miss Margaret McLaughlin, Chief Nurse Officer and Assistant Surgeon General of the United States Public Health Service, has been most helpful to us in exploring appropriate action to be taken toward program development in relation to family nursing. Miss Jessie Scott and her staff of the Division of Nursing in the Bureau of Health Manpower, HEW, has assured us of their willingness to explore with us appropriate directions of such training program development and funding possibilities. The administration personnel of the American Nurses Association—Dr. Hilde-

garde Peplau, Executive Director, Miss Margaret F. Carroll, Associate, and Miss Sonja Loir, Program Coordinator, Maternal-Child Nursing Division—were most encouraging in the discussion of the proposed plans, particularly the legal aspects relating to the extended role of the nurse in meeting national health needs, and they assured us of their continuing interest and support through consultation. The President of the Kentucky Nurses Association and the administrative staff of the Kentucky Medical Association have both been contacted and have assured us of their interest and willingness to work with us as we seek consultation and organizational support in reference to the legal aspects of the Family Nurse Practitioner within the State. Legal consultation has been successfully sought in regard to a similar expansion of the nurse's role in both New Mexico and Colorado, and Mr. Eric W. Springer of the Pittsburgh School of Public Health very graciously gave us some advice at the Oktoberfest conducted by the Appalachian Regional Hospitals in Lexington, Kentucky.

Miss Ruth Spurrier, Director of Public Health Nursing from the Kentucky State Department of Health, brought Miss L. Dorothy Carroll of the Regional HEW Office in Charlottesville, Virginia, to visit the FNS in October to discuss our proposed training program. Following a visit to the FNS by Miss Cynthia Rector, Regional Mental Health Nursing Consultant, we visited the Office of the Commissioner of Mental Health to present to Drs. Bland and Howard our interest in providing mental health services and training as an integral part of the total health services in the rural areas. The visit was most stimulating as various approaches to the problem were explored, particularly the possibilities this provided for strengthening collaborative efforts with local and state mental health activities. Dr. Hammond from the Commissioner's office has since visited the FNS to discuss further the areas in which we could collaborate effectively.

Other meaningful contacts with a variety of health professionals throughout the country have helped us to expand and refine our ideas, and have been a source of stimulation to the FNS. Contact with local health and service agencies, community leaders and interested citizens have been equally encouraging. The community, through the local FNS committees, has shown

interest in and support of the new program. The Leslie County Coordinating Committee for Health with three sub-committees—Manpower and Training, Agency Coordination, and Environmental Health—has been formed and has been recognized by the Kentucky River Council for Comprehensive Health Planning. All local health, education and welfare agencies as well as the consumer are represented. In addition, the Perry County Medical Society has passed a resolution supporting this program; Harlan Appalachian Regional Hospital and the Homeplace Clinic are continuing to extend their facilities and services to us; and the Red Bird Hospital has more recently offered its services.

2. University Contacts

Three universities have been visited to discuss their acceptance of the notion of Family Health Nursing Practice and their interest in establishing a Masters program in this area. Faculty members from both the Schools of Nursing and of Medicine, as well as other related Schools and Departments, were seen at each university. Many questions were raised regarding the feasibility of developing such a program and the impact it might have on the health field. All expressed a sincere interest and a genuine concern in exploring training program development in this area.

Members of the Vanderbilt University Nursing Faculty are planning to visit the FNS in December to explore further the development of a graduate program of study in Family Nursing in which the Frontier Nursing Service would provide field training. Dr. Luther Christman, Dean of the School of Nursing, has done extensive studies in Nursing Manpower Utilization, and the School is currently involved in several such studies. Excellent resources are available within the University and the neighboring vicinity, including the Medical School, the Meharry Neighborhood Health Center, and the John F. Kennedy Center for Research on Education and Human Development, all of whom expressed keen interest in participating in such training. Dr. Nicholas Hobbs, Provost of the University, was most supportive of such a venture. Faculty from each of the departments visited volunteered their services for seminars and consultation. Dr. Robert Quinn from the Department of Community Health has since led a seminar for the FNS staff on streptococcal infections and Dr. Nancy

Swickert, from the Kennedy Center, is planning to conduct a series of workshops for the staff on the "Denver Developmental Screening Tests" in December and March.

The University of North Carolina School of Nursing and School of Public Health also expressed keen interest in this type of training, but because of the distance involved and the need for development of health services in North Carolina, they did not consider alignment with the FNS for graduate study to be feasible at this time. They did, however, request that the FNS, because of its unique system and excellent history in rural health services, keep the door open for special graduate students interested in field experience in rural areas. The University of North Carolina School of Public Health and the Carolina Population Center have since sent nine graduate students to the FNS for two days' observation. Both medical and nursing faculty volunteered to provide consultation to FNS staff.

The University of Kentucky has been actively involved in exploration of FNS's potential for providing field training for health personnel. Both the Department of Community Medicine and the School of Allied Health are particularly interested, and encouragement has been received from the Schools of Nursing and Medicine. Plans are to organize a committee, with representatives from each interested department at the University, to study the appropriate action to be taken. The FNS is particularly interested in exploring with the University of Kentucky program development in family nursing for the diploma, associate degree and baccalaureate nurse who, for various reasons, do not wish to pursue academic study, but desire a planned learning experience in family nursing in a rural area. Such training program development would be based on extensive manpower utilization studies which are being planned.

A two-day conference to explore new systems for the delivery of health services, in which nurses and physician's assistants would assume appropriate and increasing responsibilities, was conducted in Lexington in October by the Appalachian Regional Hospitals. Presentation of the FNS proposal was favorably received.

Betty Ann Bradbury, FNS staff member, has taught during the fall semester public health nursing in the baccalaureate nurs-

ing program at Berea College, and it is hoped this will lead to further collaboration between the FNS and Berea. Dr. Willis D. Weatherford, Jr., President of Berea College and a member of the Board of Governors of the FNS, has assured us of their interest in such an alignment for enriching the rural experience of the students and the development of continuing education for staff nurses interested in rural health services.

3. Staff and Existing Program Development

An important aspect of the new program revolves around staff and existing training program development. Weekly staff meetings, involving district, clinic and hospital nurses, were initiated early in September and a Steering Committee was appointed to help with planning. This group has been active in involving staff in the planning and implementation of a seven-week orientation program for new staff members which looks very promising. The four new nurses who have been introduced to this orientation program have found it most meaningful. This program will be evaluated on the basis of subjective reports as well as on its success in strengthening retention and recruitment of staff. In addition, the Steering Committee has also been involved in reevaluation of staff policy for discussion with the administration, and in planning an in-service educational program for staff to strengthen their competencies in preparation for more extensive field training.

As mentioned earlier, several faculty members from neighboring universities have been invited for special lectures, in areas of interest and need, for the weekly staff meetings. In addition to those mentioned, special ENT and pediatric clinics have been conducted on the districts by medical staff from Cincinnati. Dr. Ian Shine, a geneticist from The University of Kentucky, provided a lecture and case conference for the staff on genetic problems peculiar to this area. Dr. David Steinman, a field professor and internist from UK's Department of Community Medicine, has volunteered one to two days a week and plans are to involve him in an intensive district staff development program. Dr. Ramon Neufeld, who recently joined the Medical Staff, is actively involved with the general nursing staff to develop in-service training in connection with the orientation program. Elizabeth Kind-

zerski, a former nurse-midwife with a Masters degree, has joined the staff to take over the hospital nurse-midwifery position. Molly Lee, a nurse-midwife with a Midwife Teachers Diploma, who has been an instructor in the midwifery program, has been appointed Dean of the Frontier Graduate School of Midwifery. Further recruitment of qualified medical and nursing personnel is still urgently needed to strengthen further program development for field training.

Faculty and student meetings have also been held to evaluate the current midwifery program, as a basis for the development of the Family Nurse Practitioner Program. Both students and faculty have offered constructive criticisms which are being given thoughtful consideration. As a result, modifications have been made in the three-month internship program and plans for strengthening the program for the next class in the School of Midwifery are under way. Major modifications will not be made without more intensive study of program philosophy and goals based on manpower utilization studies.

4. Assessment of Hyden Hospital and Health Center as a field training center

Assessment of the Hyden Hospital and Health Center as a field training center has progressed favorably in the past three months. Continuous assistance has been provided by the Appalachian Regional Commission and the Kentucky Program Development Office. The statistics compiled in The Southeastern Kentucky Regional Health Demonstration Project Health Development Plan for 1969-70 have been most helpful in the assessment of health needs and resources within the area. It confirms the need for a hospital in Hyden and identifies some of the areas in which the FNS has been unusually successful in meeting health needs within the area, namely, in reducing infant and maternal mortality rates and in maintaining the elderly citizens in the home. Only 8% of the patient days in Hyden Hospital are for patients of 65 or over, compared with 29% to 60% in the surrounding hospitals. Also, the average length of stay is 4.1 days compared with 3.4 to 9.5 days in surrounding hospitals, Hyden Hospital having the second lowest average length of stay for hospitals in this area. These factors require further investigations to determine their significance in relation to the provision of outpost and home

health services. Also, it is notable that Leslie County continues to be identified as the county with the most severe poverty problems and, as such, continues to offer fertile ground for study of effective means for establishing health services in rural and disadvantaged areas. This Development Plan has also successfully illustrated some of the notable lacks in local and state statistical data needed for sound program planning.

Health data gathered through the FNS McBee System has been analysed and indicates that midwifery services require a less significant portion of the district nurse's time and effort. From October 1968 through September 1969, only 7% of the visits at the outposts involved midwifery. This included 16 home deliveries as well as family planning visits, and it indicates a marked decrease in district midwifery since 1935-36 when 46.3% of the visits were for midwifery. The data also indicates the high percentage of visits made for care of infectious diseases in the 0-16 age group and chronic diseases in the 45-65, and 65 and over age groups. Health promotion in the infant, preschool and school age group also remains high (see table on page 4). These statistics further confirm the need to broaden the scope of the midwifery program to include family health training. The great decrease in midwifery at the outposts has resulted from a decrease in the birth rate and an increase in hospital deliveries which has greatly increased the amount of time that the nurses at the outposts have for delivering health services in other areas. A cursory review of the FNS statistical data over the past twenty years indicates many trends which need further refinement and careful evaluation. Reliable methods for evaluating quality in health services in the other areas are therefore indicated.

Health data sheets have been developed and are currently being tested to identify tasks performed (health promotion and maintenance activities, and therapeutic procedures) in relation to the various disease entities. The data sheets are also designed to provide information regarding (1) comprehensive and continuity of care - patient flow within the FNS and between agencies, (2) the amount of individual versus family, group and community services provided, (3) the type of care provided by the various health personnel within the FNS, (4) the amount of time involved in attending patients and the time spent in filling out

the many forms required by insurance companies, Medicare, Medicaid, etc.

In addition to this, a system has been established for billing and extensive cost analysis. Cost analysis will focus on costs according to diagnostic and service categories, the tasks performed by the various members of the health team, supplies, and costs covered by the various sources of revenue. Health data and cost analysis gathered will be most useful in the investigations and studies needed to provide sound basis for planning changes in the extension of services, manpower utilization, collection of health fees, salary distribution, and for planning educational programs for the members of the health team, etc. All of these factors are considered essential for sound program development.

The above data processing has become possible through the use of a 395 National Cash Register Accounting Machine (\$14,700) and a 35 National Cash Register Posting Machine (\$3,500) recently given to the FNS by a donor. In addition, a two-wired adding machine and tape recorder (punch paper type, \$6,500), for which funds are being sought, will be purchased by the FNS. The operating costs for the first year will be approximately \$14,070 (\$2,500 for the master file, \$720 for individual transactions and \$8,000 - \$10,000 for report charges). Thereafter, annual operating costs are estimated at \$10,000 - \$12,000. Funding for operating costs is also being sought.

A preliminary comparative study of hospital and district nursing, focusing on time spent and tasks performed in the provision of patient care, is currently being completed by Robert Benjamin, a fourth-year student in the Community Medicine program at the University of Kentucky Medical School. In addition, a third-year pre-doctoral student in Anthropology at the University of Kentucky, Maria Borsay (who has a Masters degree in medical-surgical nursing) is planning this coming year a study concerned with the extension of health services into surrounding under-developed areas. Miss Borsay is studying under the direction of Dr. Marion Pearsall, an Anthropologist from the University of Kentucky, who has conducted extensive studies in the Appalachian region. Two medical students from Boston University spent six weeks with the FNS this fall studying neurological problems of the newborn. The data gathered and consultations

provided by University faculty are most valuable in terms of program development.

In addition, the two faculty members from the North Carolina University School of Public Health and the Carolina Population Study Center, Dr. Lessel H. David and Mr. Edward Trainer, who visited the FNS with their students, expressed keen interest in the possibility of several projects that might be developed and be of mutual interest to both the Population Center and the FNS in regard to training and program development.

Need for further consultation and assistance in program evaluation is being explored with the University of Kentucky faculty. Plans are under way to seek further consultation and possible funding from the National Center for Health Services, Research and Development, which has been approached. We have been assured of the need for further investigation of manpower utilization as a base for program expansion and training program development such as we are proposing, as well as for national health service development.

A ZIP WITH FLAIR!

One of my Wendover, Kentucky 41775 postal patrons recently received mail addressed to her at Wentover, Kentucky 389521. Not only was the post office spelled incorrectly but also the sender added flair with an extra digit to another office's ZIP Code, no doubt carried away by the picturesque name of Wentover!

Down through the sixteen years in which I have worked for the Frontier Nursing Service, several missives that contained extravagant errors both in the name and address of the addressee have reached Wendover safely. One I particularly recall was addressed to "Angels of Mercy, Somewhere in Kentucky." The post office department sent it to Wendover and, yes, it was intended for the FNS! It seems that postal employees still do go beyond the call of duty.

—Eileen H. Morgan
Postmaster
Wendover, Kentucky 41775

A MEMORABLE SUMMER

by
SUE MCINTOSH LLOYD

Editor's Note: Mrs. Robert A. Lloyd, old courier Sue McIntosh, has given us permission to print excerpts from letters she wrote home while she was with the FNS as a junior courier in the summer of 1953.

Tuesday August 3:

Wendover, where we live and the office work goes on, is a mile and a half from a highway that rivals the Alcan in the character of its surface and the road [from the highway] is across a creek bed part of the way. Wendover is on the side of a wooded hill—a group of ramshackly but sturdy buildings and so closed in by other hills that you can see the birds on the mountain across the river. The whole place is run with a kind of enjoyable inefficiency—there's a separate barn for every animal group and the chickens, which are Mrs. Breckinridge's own babies, live in what everyone calls the Waldorf-Astoria—screened houses with porches. The whole place is really beautiful and very unique. All the people here just love animals and the four dogs, five cats and five horses on the place are treated about the way Mrs. Breckinridge is.

Sunday, August 8:

Joan is the other courier working here right now. Our regular duties are to water the horses three times a day, take them back and forth from pasture and groom them, nurse their cuts and bruises and be on hand to run errands all the time, (errands around here often mean hundred mile truck driving jaunts, carrying a nurse's equipment if her sick call, delivery or public health work can't be reached by jeep, which it hardly ever can, running messages by jeep between the Hyden Hospital and Wendover), paint places that need to be painted, and serve tea every afternoon. We're never bored and none of it seems like work except the shopping.

The other day Leonard, one of the men, and I took a load of hay over really tough roads, curvey and full of holes, to one of the centers. Driving around here is a matter of getting there eventually and not at any special time so long as you get there safely. There's a 35 M.P.H. limit for FNS vehicles which really

shouldn't have to be mentioned because I haven't gone any place so far where it's possible to go over thirty without flying off a cliff. It's a point of great pride to drive safely around here.

I had trouble staying awake that afternoon because the night before Anna May, the Wendover district nurse, woke me up about 12:30 and I drove her out to a delivery case and stayed to help her. Well, it turned out to be a false call but Anna May stayed until she was sure the baby wasn't coming. By 5:30 we were all hungry so I walked up with one of the neighbors and milked her cow while she cooked us the most delicious meal of fried chicken, homemade applesauce and biscuits I've ever eaten. I was asked to come back any time I was hungry to eat a meal with her and her family!

Last night I went to a box supper up Camp Creek. We all made up boxes with supper for two and decorated them and they were auctioned off. It was very gay and the people were swell to us. Joan won the beauty contest!

Tuesday, August 18:

Last Monday I took Joan out to one of the centers and helped her saddle up to ride one of the horses to another center and drove back home alone, had a blowout and couldn't fix it because my wrench didn't work, and would have felt mighty silly except that Hobert, one of the men, came along and couldn't do it either and the garage man had to cut one nut off. Grabbed some lunch and took two visitors, a nurse from India and a midwife from Thailand, over to still another center—Flat Creek—twenty miles away. Gee, what a beautiful sight these mountains are and by jeep is a good way to see them though a little hard on the back end. It is most beautiful in the evening when you are cool enough to appreciate it. The ride to Flat Creek is a really nice one, except for the roads, and it was great fun talking to Miss Chipmonk and Miss Bulrush. (Their names were so unpronounceable that we called them what the names most sounded like!)

Katie and I drove the truck to the farthest center, Brutus, 45 miles away, the next day and I stayed there 'til Saturday night to paint the living room and hall. After Tuesday all I did was paint, but five minutes after Kate and I arrived, Bridie was called on a delivery so I skipped lunch and went with her. The patient

and her mother were just delighted when I told them this was the first delivery I'd ever seen—somehow they seemed glad that Ruth had made it possible for me to see such an important event.

Sunday, August 31:

I have been working over at the hospital this week, doing pretty much the same thing every day—worked around the barn, ran errands, washed walls and took trips to Hazard to get stuff sterilized in the hospital over there. Wendover is getting to feel very much like home base now. Saturday night the First Aid course started and I'll admit it was pretty wearing. Ten of us took it and we had the most wonderful time bandaging each other up, giving artificial respiration (Katie and I practically ruined Lucile and Agnes whose ribs weren't quite up to the 80 pounds or so of pressure we gave instead of the 30 pounds we were supposed to give!). Even the dogs got First Aid. We all studied two or three hours a day—the Wendover crowd even skipped tea to study. Being over at the hospital, the lone First Aid student from Hyden, I had no sympathy so I didn't get much sleep all week.

One day last week I rode with Rita and Nina to Bull Creek where the Hyden nurses hold clinics for all in the area in a tiny log building near the school house. When we got there we set up clinic and the school children from four schools descended for their typhoid shots. We found we had stumbled into a rally of four schools which were all getting together, with their parents, for a huge chicken dinner and games afterwards. I went over to the schoolhouse and sliced tomatoes for a couple of hours for the mothers who had come to cook lunch. It was a great occasion and they had a jolly time laughing with each other and producing piles and piles of beautifully cooked food. After a good lunch we stayed around to watch a few relay races. Boy, what a time the kids had!

The next morning Joan and I got up at 5:15 and went with Nina on a postpartum visit. She made it early because the only way to get to the house was by walking a mile up a mountain and it's jolly hot when the sun is up. The morning was cool and misty but the mist lifted as we walked and showed us the whole valley below including a lumber yard with rectangular piles of lumber that looked like a city of office buildings when you blurred your eyes.

Thursday was blood day and I worked at the Bloodmobile and had a swell time.

Wednesday, September 10:

Tuesday Mary took me to Brutus again by a lovely way—a bad, tiny road which led through the most beautiful winding valley into the Brutus valley which is a wonderful sight itself, though dry because we have had a terrific drought. I'd forgotten to mention the weather which has been just wicked—95-115 for two weeks. People's water supplies have dried up and many have to carry water from as much as half a mile away. The Brutus center had run out too and Bridie and Jim had been hauling it by jeep from an old well on an abandoned tobacco farm half a mile away. That became my job and a good job it was because it meant talking to Jim a good deal of the time. He made time fly with his unending supply of tall Kentucky tales—stories of how creeks and hollows got their names.

This weekend Joan and I took two Danish nurses on a real tour of the Service and helped entertain two French pediatricians last night. We ran out of water on Monday and most of our days this week have been spent driving cows and horses and the mule Tenacity back and forth from the river. Yesterday I drove Anna May on ten house calls which was just great fun. I drove, held babies, changed diapers, wiped noses and wished I had about eight children. We had to leave the jeep most places and walk quite a ways to the houses. While Anna May did a postpartum in one house, I played the family guitar and what an instrument!—it just filled the whole room with sound. At another house there was a homemade fiddle, a beautiful thing shaped out of heavy wood.

This is my last letter, I guess, and I hope it gets to you before I do. Everyone here is acting as my travel agent and all have agreed that the best way to get home is to take the bus from Lexington to Cincinnati and the train on to New York. I have a ride to Lexington.

INTER-OFFICE COMMUNICATION

TO: All District Nurses DATE: September 23, 1969
FROM: Record Department
SUBJECT: Patient Receipt Cards

Your patient cards are causing us a great deal of trouble because you are not filling in all the needed information. In order to save time for all concerned, please fill out all the information on the cards and punch the correct holes. Cards come in to us with babies being on Medicare and neonatals being on KMC. We know this is wrong because babies are not on Medicare and neonatals have not had time to get on KMC.

The patient's name, date of birth, address, and responsible party are all very important to us when we go to post the cards. For example, in August a card was sent to us like this:

Name of Patient: Eddie 37 11½
Responsible Party: Ralph

We searched our file but couldn't find anyone with the last name of 37 11½. Will the guilty one please let us know who Eddie 37 11½ is as the responsible party paid \$5.00 for Eddie's nursing visit and drugs and if we don't find out what the last name is, how can we post this on our cards?

In July a card was filled out like this:

Name of Patient: DOG

No responsible party was given. This dog came to the clinic by himself, barked out his troubles to the nurse, paid the nurse \$2.00, and then went on his way. What are we to do about a card such as this except pull our hair and wish the guilty nurse would go down the hall. PLEASE, when you see a pet, put in the owner's name. DO NOT punch any hole for any treatment you do for the dog, cat, cow, horse, pig, etc. When the holes are punched, the animal gets counted in with the people.

We handle over 2,000 cards each month, and it would help

us a great deal if all of you will try harder to have your cards correct.

Sincerely,

Joanne Mauk
Juanita Hoskins
Mary Frances Morgan
Nancy S. Williams

**PLEASE, EZEKIEL, NOT THAT
NAME FOR OUR LITTLE ONE**

Nowadays, babies get named by their parents with a minimum of fuss. The thought is to give the new arrival a name which will hold up well during school days, and may perhaps honor grandfather or grandmother. Grandparents always have quite a bit to say about the christening, but they actually don't swing too much weight.

Naming a baby 200 years ago was considerably more of a problem. There were a lot more babies in each family, for one thing.

Parents of Colonial times searched for names which had deep significance and which, it was hoped, would carry the child through a long and fruitful life. Edward Bendall, for example, named his children Truegrace, Reform, Hoped For, More Mercy, and Restore.

Roger Clap chose Experience, Waitstill, Preserved, Hopestill, Wait, Thanks, Desire, Unite, and Supply.

Still more original were the names chosen by the Austin family. These included Parvis, Piersus, Prisemus, Polybius, Anstice and, surprisingly for that era, Freeloze. Richard Gridley's offspring were named Return, Believe, and Trimble.

It just goes to show that parents had a lot more authority those days than they have now!

—*The Colonial Crier*, Jan.-Feb., 1967
Colonial Hospital Supply Company
Chicago, Illinois

A DAY TO REMEMBER

All of us at Wendover were thrilled to learn that Mrs. John W. Price, Jr., was planning a visit to the Caroline Butler Atwood Memorial Nursing Center at Flat Creek in Clay County. Although Mrs. Price had previously visited Wendover, this was to be her first visit to see the center which she and her sister gave in 1929 as a memorial to their mother. Our nurses assigned to the Flat Creek center, Mrs. Beatrice Kornmann and Mary Ann Saylor, were equally excited and Mrs. Kornmann wrote her daughter about Mrs. Price's visit as follows:

Frontier Nursing Service
Creeksville, Kentucky
September 24, 1969

Dear Linda:

September 24! A day I always want to remember! I have had many interesting experiences in my life as a nurse but none that can quite compare to today. As you know, I was assigned to the Flat Creek Outpost Center on August 18, and I arrived on the scene full of questions. Most of these, of course, related to the community in which I was to work. About the middle of the month I learned that Mrs. John W. Price, Jr., of Louisville, Kentucky, was planning a visit to the FNS. Mrs. Price and her sister, the late Miss Jane Atwood, gave the Flat Creek Center in memory of their mother, Caroline Butler Atwood. I felt it altogether fitting that such a wonderful and generous person should really see the center and meet members of the community. It was no trouble at all. All we had to do was get the word around. The response from the community and the FNS Flat Creek Committee was most heart-warming.

The people wanted to do something for Mrs. Price, to show their deep appreciation for the center and to express what it has meant to them through the years. To make a long story short, we had a committee meeting in progress and the luncheon was ready and waiting, when Mrs. Price and her daughter, Mrs. R. Bruce Bass, arrived with Kate Ireland and Juanetta Morgan from Wendover. We had twenty-three persons present and on behalf of the entire community they gave Mrs. Price a beautiful bouquet

of flowers. Mary Ann baked a lovely cake and on it was written, "Mrs. Price, we thank you."

After lunch was over, Mrs. Price went down to the Flat Creek School to greet the children. They were anxiously awaiting her arrival and their eager faces shone like new money. They were so happy to meet Mrs. Price and her daughter and it was evident that these lovely ladies got as much pleasure out of the meeting as the children.

Now you can understand why this was a day to remember. Just having had the opportunity to meet Mrs. Price makes me even more interested in the Flat Creek community.

Fondly,
Mother

The following Committee members and members of the community were at the Center to meet Mrs. Price and her daughter: Mrs. Bascum Bowling, wife of the chairman, Mr. and Mrs. Walter Mullins, Mr. and Mrs. Leander Wagers, Mrs. Martha Bowling, Mrs. Dewey Langdon, Mrs. Chester Sizemore, Mrs. John Sizemore, Mr. and Mrs. Monroe Sizemore, the Rev. and Mrs. Dwayne Yost, the Rev. and Mrs. Mark Wampler, Mr. Dennis Bray, Mr. Carlo Wagers, Mrs. Hamp Langdon, Mr. Joe Gregory, Mrs. Margaret Langdon, Mr. Leonard Bray, Mrs. Bergan Asher and Mrs. Henry Ledford.

Certain that her husband was a playboy, the wife used to check his coat lapels for traces of women's hair. One evening, she could find no hint of blonde, brunette or redhead. For several nights in a row, there were no traces.

Finally, she exclaimed in great irritation, "So—it's come to this. Now you're going out with bald women!"

—*Modern Maturity*, Oct.-Nov., 1969

OLD COURIER NEWS

Edited by
JUANETTA MORGAN

From Cornelia Hamilton, Bihai, India—August 28, 1969

I worked in the hospital here for ten weeks this summer and am now on my way home. Because of the language barrier, I could not do exactly what I did in Hyden, but I helped on the OB ward by checking the medicine cards, writing prescriptions and filling out discharges. This gave me plenty of time to watch lots of deliveries. I learned a little Hindi—enough at least to keep the relatives and friends of the patients out of the ward except during visiting hours.

Also I helped in the nursing school by teaching two classes of English. The students have studied English in school previously, but only have a reading knowledge. They come to the hospital at age 17 to begin their training, but first must have six months of English. They were so responsive it was a pleasure to teach them.

Bihai, where the hospital is located, is one of the poorest states and most backward in India. The people have many superstitions and cleanliness is not one of their assets. Truly it was a fascinating experience to see another culture. Also, many diseases came into the hospital which are rare in the states.

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From Janet Brewer, Racine, Wisconsin—September 2, 1969

My final year at Beloit was long but I made it. This summer has been great since it is the first summer I haven't been in school in three years. I have been teaching riding and schooling horses and most week-ends were spent at horse or dog shows. This fall I'll be going to Michigan State University to take a course in animal medical technology. When I finish in the spring I'll be able to work most any place that maintains an animal laboratory.

.

From Carolyn Booth Gregory, Evanston, Illinois

—September, 1969

These are especially busy and interesting days in our family—our Kathy is now a sophomore in high school and Warren is in

the fifth grade—so I am going back to Northwestern for a few more courses to up-date my M.A. while continuing my hospital work.

.
From Betty Parrish Kenan, New York, New York

—November, 1969

I am now married and we are settled in New York for several years. I would very much like to work with the FNS group in this area and would be most appreciative if you could let me know who I should get in touch with about this.

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We extend our heartfelt sympathy to Jean Alexander Gilcrest on the death of her father, Dr. A. J. Alexander, November 18, 1969, and to Barbara Bentley Rose on the death of her mother, Mrs. Gurdon W. Bentley, in September, 1969.

READER'S MOTORING TALES — 144

I was driving from the west coast of Somerset very early one dark, bitterly cold winter's morning. There was no other traffic on the road, nor was there likely to be for some time. I picked up a hitch-hiker in an expensive-looking well-cut suit, sheepskin coat and hat, with club tie. In the car he explained that he was on his way to the Boat Show, his own car being in for repairs; so I offered to take him half way on his journey to London. After two miles he remarked: 'I say, old man, it's rather cold. Could you put your heater on?' I told him that the heater needed attention. He looked shocked and offended. A few moments later he said in cultured tones: 'I say, old man, I really would prefer to travel in a car with a heater that works. I think I'll try someone else'. I left him standing alone on a desolate stretch of road as it began to snow.—*K. J. Piper.*

—*The Countryman*, Autumn 1969, Edited by John Cripps, Burford, Oxfordshire, England.

Annual Subscription for American readers \$5.00
checks on their own banks.

Published quarterly by *The Countryman*, 10 Bouverie Street, London, E. C. 4.

In Memoriam

- | | |
|---|--|
| DR. ALEXANDER J. ALEXANDER
Spring Station, Kentucky
Died in November 1969 | MR. HENRY P. ISHAM, SR.
Lake Forest, Illinois
Died in September 1969 |
| MRS. CAMPBELL BONNER
Ann Arbor, Michigan
Died in September 1969 | MR. CHARLES JACKSON
Dover, Massachusetts
Died in September 1969 |
| MISS JUDITH BRAXTON COLSTON
Cincinnati, Ohio
Died in June 1969 | MRS. CHARLES H. JENNINGS
Hightstown, New Jersey
Died in June 1969 |
| MRS. ALDEN CURRY CUMMINS
Poland, Ohio
Died in June 1969 | MISS MAY KIRTLAND
East Orange, New Jersey
Died in May 1969 |
| MISS ELSIE FOERDERER
Bryn Mawr, Pennsylvania
Died in June 1969 | MRS. CHRISLEY MAGGARD
Cinda, Kentucky
Died in June 1969 |
| JUDGE H. CHURCH FORD
Georgetown, Kentucky
Died in June 1969 | MRS. NELSON E. PERIN
Washington, D. C.
Died in July 1969 |
| MRS. R. H. I. GODDARD
Providence, Rhode Island
Died in September 1969 | MRS. CHARLES A. R. RAY
Washington, D. C.
Died in August 1969 |
| THE HON. ARTHUR VILLIERS
London, England
Died in May 1969 | |

Only the soul survives and lives for aye. . . .
 And when thou think'st of her eternity,
 Think not that Death against her nature is:
 Think it a birth, and when thou goest to die,
 Sing like a swan, as if thou went'st to bliss
 —Sir John Davies, 1569-1626

Again we have to report the deaths of trustees, committee members and friends who have supported our work over a span of many years. **Miss Judith Braxton Colston** of Cincinnati had known of our work since its beginning and maintained her interest for over forty years. She served as a trustee and a member of the Cincinnati Committee. **Judge H. Church Ford** of Georgetown, Kentucky, was a distinguished member of the legal profession and the kindest of men. He was a cousin of our Mrs. Breckinridge who frequently turned to him for advice in solving legal problems. His prompt response to her requests will long be gratefully remembered. He truly served the FNS as a trustee for many years. **Mr. Charles Jackson** of Dover, Massachusetts, was "a grand old

man" in the true sense of the word. He was treasurer of the FNS Committee in Boston as well as being a trustee for many years of his long life. **The Hon. Arthur Villiers** was one of our few British trustees. He first became interested in the FNS after hearing Mrs. Breckinridge speak of her work in the '30's. On several occasions he made funds available to staff members in England for the purchase of special British textbooks and supplies for the use of the nurse-midwives in Kentucky.

Several of our committees have lost members. The Washington Committee will miss **Mrs. Nelson E. Perin** and **Mrs. Charles A. R. Ray**. Both of these fine women had long supported our work. **Mrs. R. H. I. Goddard** of Providence, Rhode Island, was a committee member and a faithful donor for over twenty years. Our Chicago Committee has lost **Mr. Henry P. Isham, Sr.**, of Lake Forest, who, with his wife, had helped us over twenty years. Our mountain committee at Wolf Creek were saddened by the loss of **Mrs. Chrisley Maggard** whose family have been our neighbors since 1925.

Friends of the FNS to whom we are deeply grateful for leaving us a legacy are **Mrs. Campbell Bonner** of Ann Arbor, Michigan; **Mrs. Alden Curry Commins** of Poland, Ohio; **Miss Elsie Foerderer** of Bryn Mawr, Pennsylvania; **Mrs. Charles H. Jennings** of Hightstown, New Jersey; and **Miss May Kirtland** of East Orange, New Jersey.

As we go to press we are saddened to learn of the death of our good friend **Dr. A. J. Alexander** of Spring Station and Lexington, Kentucky. As a member of our Medical Advisory Committee he always stood ready to help with the care of our children, and to advise our medical and nursing staff in developing our program for pediatric care. We shall miss him both as a friend and as an advisor.

To the family and friends of all the splendid people who have left us we send our deepest sympathy.

"He who helps a child, helps humanity,
With a distinctness, with an immediateness,
Which no other help given to human
Creatures, in any other stage of this
Human life, can possibly give again."

—Phillips Brooks

MARY BRECKINRIDGE HOSPITAL

Progress Rep
As of October 31

Area	# Solicited	Old	New	DONORS	
				Total	%
Blue Grass.....	+ 424	78	40	118	
Boston.....	+ 777	308	18	326	
Chicago*.....	+ 247	12	1	13	
Cincinnati.....	+ 409	48	3	51	
Cleveland.....	+ 306	48	55	103	
Detroit.....	+ 121	30	5	35	
Louisville.....	+ 713	86	134	220	
Minneapolis-St. Paul.....	+ 43	4	1	5	
New York.....	+ 760	189	86	275	
Philadelphia.....	+ 412	109	45	154	
Pittsburgh.....	+ 150	32	21	53	
Princeton.....	+ 72	22	11	33	
Providence.....	+ 69	24	0	24	
Washington.....	+ 521	112	27	139	
Local.....	—	—	—	—	
Miscellaneous.....	+ 758	152	55	207	
(Donors).....	(414)	(138)	(26)	(164)	
(Ex-Staff).....	(170)	(4)	(17)	(21)	
(Couriers).....	(174)	(10)	(12)	(22)	
Totals:.....	+ 5,535	1,254	502	1,756	

* Campaign has just started in Chicago.

HOSPITAL AND DEVELOPMENT FUND

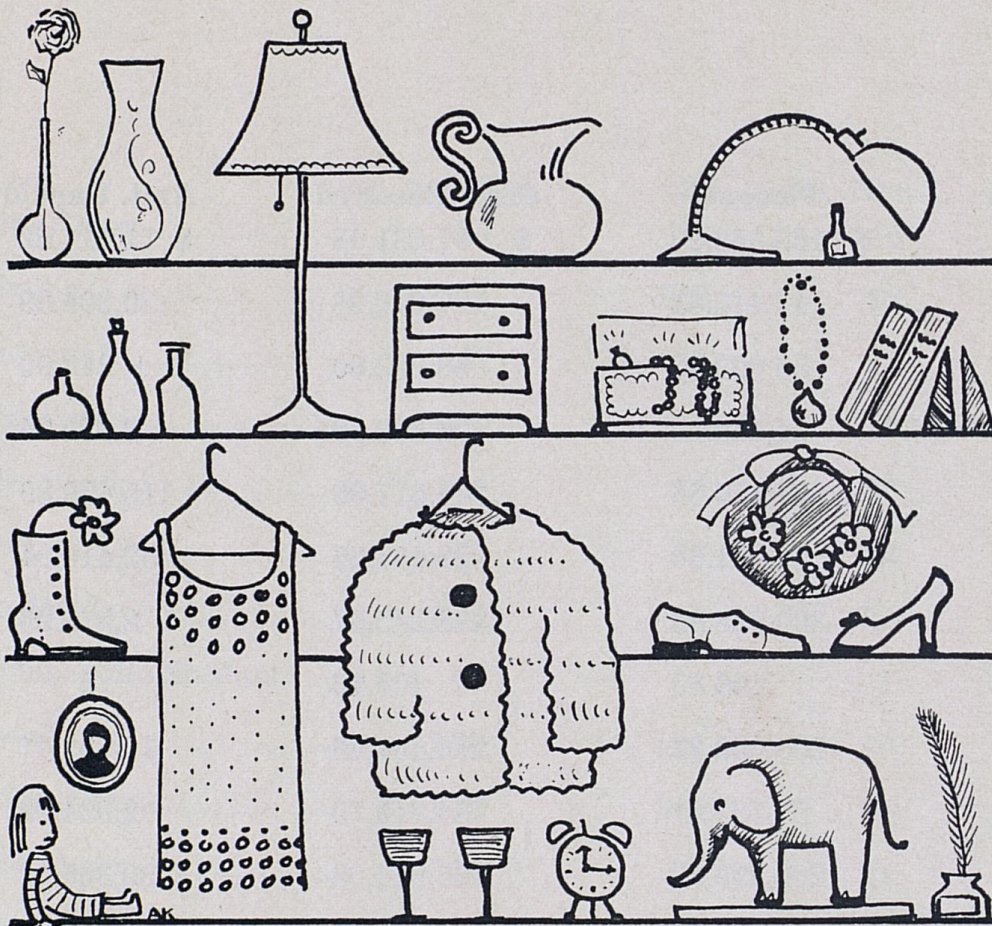
Progress Report

of October 31, 1969

DONORS

Total	% Given	Pledges	Cash Received	Amt. Unpaid
118	28%	\$ 168,843.00	\$ 97,631.48	\$ 71,211.52
326	42%	147,410.67	127,016.28	20,394.39
13	5%	56,050.00	56,292.00	+ 242.00
51	12%	24,852.10	22,362.36	2,489.74
103	34%	664,176.85	548,677.96	115,498.89
35	29%	81,901.60	29,484.66	52,416.94
220	31%	300,825.03	298,245.07	2,579.96
5	12%	406.10	406.10	0
275	36%	255,060.21	244,467.80	10,592.41
154	37%	57,782.81	54,848.79	2,934.02
53	35%	205,279.50	165,914.08	39,365.42
33	46%	13,678.59	13,553.59	125.00
24	35%	5,045.00	4,976.47	68.53
139	26%	197,923.00	189,485.05	8,437.95
—	—	39,165.95	39,165.95	0
207	27%	315,514.34	257,510.26	58,004.08
164)	(40%)			
21)	(12%)			
22)	(13%)			
756	32%	\$2,533,914.75	\$2,150,037.90	\$383,876.85

WHITE ELEPHANT



DON'T THROW AWAY THAT WHITE ELEPHANT

Send it to **FRONTIER NURSING SERVICE**
1579 Third Avenue, New York, New York 10028

You don't have to live in or near New York to help make money for the Nursing Service at the Bargain Box in New York. We have received thousands of dollars from the sale of knickknacks sent by friends from sixteen states besides New York. The vase you have never liked; the ornaments for which you have no room; the party dress that is no use to shivering humanity; the extra picture frame; the old pocketbook; odd bits of silver; old jewelry—There are loads of things you could send to be sold in our behalf.

If you want our green tags, fully addressed as labels, for your parcels—then write us here at Wendover for them. We shall be happy to send you as many as you want by return mail. However, your shipment by parcel post or express would be credited to the Frontier Nursing Service at the Bargain Box if you addressed it.

FRONTIER NURSING SERVICE
1579 Third Avenue
New York, New York 10028

OLD STAFF NEWS

Edited by
EILEEN H. MORGAN

From Greta Wiseman on vacation in Dunga Gali, Pakistan

—July, 1969

I am beginning to be able to do some of the work I came to do in this most beautiful, quiet mountain place. This has been a completely exhausting year. We had an exceedingly hot summer with the temperature in Stuntzabad at 124° a number of times and running about 118° routinely. Thank God for electricity and fans!

Helen and I were very excited about the moon trip. I think it was wonderful. On the nineteenth evening we watched the most magnificent clouds and a strikingly beautiful sunset. The clouds floated leisurely amongst the colors of the sunset, shades of purple, lavender, yellow, pink, peach, aqua to brilliant blue. We watched over an hour. The next day we read that the astronauts had noted unusual clouds over Pakistan and Afghanistan!

Plans for departure for home in late October involve Dacca, Bangkok, Manila, Okinawa, Hong Kong, Korea, Japan, southern California, Memphis and then home. I expect to be home about a year and will begin a speaking schedule around Wisconsin from mid-January to mid-April. I will spend the summer in church camps and with the family.

. . . .

From Jane Sanders Burt on holiday—September, 1969

I was in London yesterday. I took a couple of tours around town. I just finished talking with Mrs. Cundle on the 'phone.

I am on my way to South Africa, India and Thailand, but I am taking a three-week tour of Europe first, Belgium, Germany, Austria, Italy, France, then on to Athens and South Africa. It is going to be great!

I hope things are going well with the FNS. I just finished reading the summer Bulletin last night.

. . . .

From Mary Nell Harper in Mizan Teferi, Ethiopia

—September, 1969

The progress on the Mary Breckinridge Hospital was inter-

esting and I am sure a lot has happened since these issues for 1968 were published.

I was in the States for three months in the spring and had a stapedectomy at Columbia Presbyterian Hospital. I am glad to say that the operation was 100% successful as far as my nerve perception level. I had never been in New York for such a long period. I really enjoyed the blooming trees and spring as I hadn't seen spring in the USA since I had my midwifery training in 1961.

Following my time in New York I had a few weeks in the Seattle area. I visited Dr. and Mrs. denDulk several times. He has a very busy practice. Their beautiful home overlooks Puget Sound and what a pleasure the view was. Billy and Leanne both have children now. I was in Billy's home, but Leanne lives in Chicago. Dan is a senior in high school, I think. We all enjoyed talking about Kentucky.

. . . .

From Nancy Leland in Wapenamanda, New Guinea

—September, 1969

I returned to the mission in June after completing the course in Health Education. I am now working as the mission Health Education Officer. At present I am teaching Health Education to the aid post orderlies and to the student nurses. In addition to this, I am writing materials and preparing audio-visual aids. At the end of this semester in December I shall begin teaching in the villages.

Last week end was the Hague Show. I helped with the Leprosy Control section of the Public Health Department exhibit. We won a first prize! The show lasted two days and an estimated 10,000 people attended. You can imagine how crowded it was!

I am presently living close to the hospital with the physiotherapist and one of our New Guinean nurses, who will be going to Australia for further education in November. She received a scholarship from the English Speaking Union and plans to do a course in midwifery.

Dr. Croh joined the medical staff in July. We are very happy to have him as things are really busy and Dr. Klienig surely needs help.

We plan to begin a "nutrition project" as a joint effort between the mission, the government and the local government council.

. . . .

From Priscilla Crow in Ikot Ibritam, Nigeria—Fall, 1969

Here at Ikot Ibritam we have more contact with the people. One does not really get to know these folk from doing clinics, but here we visit with them, attend their local functions, et cetera. At present only a few missionaries are allowed in this region.

I want to tell you about some experiences we have had. We were invited to a birthday party for the daughter of one of our local chiefs. Apparently it was the first time since the war that he has been able to get enough money together to have a social event for his village. There were about one hundred people there when we arrived. We had been asked to bring the birthday cake. We were seated next to the first table and were served a Star beer. This was a high honor as beer is expensive, and to be served one means that the host attaches much importance to your visit. The other chiefs of the area were present. After a few speeches they switched into English and made a big speech to us about how happy they were that we had come. After we sang "Happy Birthday" to the daughter we cut the cake into very small pieces so that everyone could have a taste. There was a local band present so everyone began dancing. Dancing is almost like breathing to these people. We were also included in the "chop" or meal with the other honor guests.

Sandy Tebben and I gave a Kwash party. We managed to get two goats so that everyone would have some. This was a big treat as meat is so scarce. Most of the meat was put into a soup and about half of one goat roasted over an open fireplace. After the meal the music started in earnest and the dancing must have gone on through the night. We could not stay long because the sandflies began biting hard.

Sandy left on a Saturday in early October for her furlough. I will miss her.

One morning my midwife called me down to the center because she had a woman who had reached the point of exhaustion. We ended up with a beautiful 7 pounds, 9 ounces baby girl which was marvelous!

I am really beginning to make plans for a furlough at Christmas.

. . . .

From Judy Becker's mother, Mrs. D. L. Becker, in Lima, Ohio

—October, 1969

Judy is now in Portland, Oregon, working in the medical university hospital. She reports there are mountains all around and it is extremely beautiful, especially when the sun shines. Evidently, the rainy season is beginning so the mountains are not always visible.

We hope to see Judy in November since the doctor has a meeting in San Francisco the latter part of October. Portland is only twenty minutes away by plane.

. . . .

From Elaine Douglas in Afabet, Eritrea, Ethiopia—October, 1969

I received both the Winter and Spring 1969 Bulletins in the same mail and was so glad to get all the news. I always get nostalgic whenever I read them and love to reminisce about my days with FNS. My co-workers must get tired of my talking about my "past" but I can't help it. FNS gets into one's blood!

It was especially interesting to read of the future plans of FNS. I think it will be good to have this new type of training, "the family nurse."

For two years now I have lived with another couple, but now my house is almost up. Perhaps I will be moved in by the end of November.

I do not have many midwifery calls, but I recently had two women deliver here at the mission within two days.

I will be in Addis Ababa next month for our biennial nurses' conference which is sponsored by our mission. I do hope some of the other FNS nurses will be there, too.

Greetings to all whom I know.

. . . .

From Peggy Brown Elrington in Santa Fe, New Mexico

—October, 1969

I believe you would like to know of the important event in Bill's life this month. He is going to London to have dinner with the Queen! Isn't it exciting! The Loyal Regiment is to be amal-

gamated with another Lancashire Regiment. The officers have planned a dinner party to which they invited the Queen. She has accepted for the first time in history. Bill will sit at the head table and be presented to Her Majesty, on Tuesday, October 28. The dinner will be held in the Mercer's Hall, one of the chief guild halls in London.

Bill has spent over thirty years in the Regiment. One of his ancestors, Colonel Mordaunt, started it in 1741. Bill felt guilty about leaving school in mid-term, but we have persuaded him. I was invited, too, but it really did not seem possible for me to go.

We had some snow on Sunday, October 12!

.

From Kay Doggett Gardiner in Lyn, Ontario, Canada

—October, 1969

Nora Kelly must have been thrilled to visit old friends and familiar places in the mountains after so many years' absence. I would love to see Wendover again but the farm keeps us pretty well tied down.

Our daughter, Sylvia, is in her third year in Nurse's Training School at Kingston, fifty miles from here. She seems to like it. They are keeping her quite busy this year, a lot more responsibility, too.

I am glad the funds for the new hospital have been coming in so well. I am sure you will be very proud to see the realization of Mrs. Breckinridge's hopes and dreams.

.

From Mary Quarles Hawkes in Brookline, Massachusetts

—October, 1969

I attended a wedding of a cousin in McLean, Virginia just after Labor Day and Senator John Sherman Cooper was also a guest. We discussed the new hospital, needless to say!

Bob and I both continue to teach and living in Boston goes well. We are talking about a trip to the South next summer if all goes well. We may wander in to Wendover. I would surely like to do so.

We have read with interest about the Family Nurse program and would love to see it launched.

Please remember me to all whom I know.

From Linda Cheney Knudsen in Lakewood, Colorado

—October, 1969

It seems like so many years since I was part of the FNS. Every time I get the Quarterly Bulletin the names I recognize are fewer. However, I enjoy hearing about the few I do know.

Winter is coming to Denver. We had fifteen inches of snow in our back yard last week end, which disappeared over the week, but it has now begun snowing again.

I am diligently working at being a housewife and mother. Peter is fifteen months old and occupies most of my time, which is fine with me.

I have kept in touch with June Moore Bender. She and her husband moved to Sheridan, Wyoming about two and one-half years ago. Their little one, Celeste, is eighteen months old. They came to Denver last spring for a visit.

Please say hello to those I know.

.

From Rachel Schildroth in Monrovia, Liberia—October, 1969

I was asked to move from Tappi to Yila the end of July. It will soon be two months since my arrival here. The time has been busy. The dispensary had been closed since March, so the medicine room needed to be cleaned and organized.

A number of the women here at Yila had expressed a desire to take the course in empirical midwifery. The station requested that I teach such a course. Four wives of men who will be graduating from Bible School in December and leaving the area were accepted along with our dispensary interpreter and helper and the wife of the pastor here. There are six women in the class and three of them have worked around the dispensary.

The men on the station have spent much time repairing a little house and this is nearly completed. I plan to move in this week.

.

From Sue Kennedy Pennington in Lexington, Kentucky

—November, 1969

We will be staying with Jerry's parents over Thanksgiving week end.

Everything has been going beautifully since we moved here.

Jerry is doing very well in school and enjoys it. I have been working in the Coronary Care Unit at UK since August. The Unit was closed last week so that the new girls could attend classes in Coronary Care. It has been quite a challenge and I have found it extremely interesting.

How is FNS doing? I still feel close ties with FNS and no matter where Jerry and I go or what we do we will return. Hyden is our home and FNS is a part of that home. The people and the organization have found an abiding place in my heart.

Kristi Davis Taylor wrote and is quite happy with married life. She and her husband are students at Montana State. Kristi is working part time in a postpartum unit, too. Edie Anderson is working toward her degree. Jerry and I were up to see D. J. and Tom Howald last week end and they are both well and happy.

. . . .

From Sandy Conville Stahl in Verona, Pennsylvania

—November, 1969

We have a son named Matthew (See *Babies*). Misty, being rather protective, comes to see what is keeping me when he cries.

We have another puppy, a German Short-haired Pointer. She is over four months old and a real hellion. Sometimes it gets wild around here with the baby and the dogs all howling!

We have our home all fixed up as we wanted. I just cannot believe the amount of money that goes into the upkeep of a home.

My love to everyone at Wendover and Hyden.

. . . .

From Mrs. Grace A. Terrill (Pixie) in Louisville, Kentucky

—November, 1969

I wish I could have stayed at Wendover much longer when Cecile Watters and I visited on MARY BRECKINRIDGE DAY. We really enjoyed our visit there and seeing so many of our old friends.

We saw Ruth Mink while in Knoxville on our visit to Tennessee with Madeline Gamble. Cecile and I had a tour of Frankfort, our state capitol, after returning from Maryville. The capitol is a beautiful building and I was deeply impressed.

Love to you all.

Weddings

Kristi Davis and Mr. Benjamin Taylor in Big Timber, Montana, on June 9, 1969.

Carolyn Ann Coolidge and Mr. Edward Erasmus Godfrey, Jr. in Hebron, Connecticut on October 4, 1969. Mary Buck, who was one of the bridesmaids, has written as follows:

"I arrived in Hebron on Thursday evening to meet all of Carolyn's family and Ed's sister. Friday we worked all day on odds and ends. The weather was cold and damp. The rehearsal that evening went well and the roast beef and champagne afterwards went even better! D. J. and Tom Howald arrived on a flight late that evening.

"Saturday dawned with bright sunshine and the golds and reds of the foliage were beautiful. A few of us got up early and made sandwiches at the church (several thousand!). Joyce Weichman, her mother and Edie Anderson came over from their motel. By 2:00 p.m. the temperature had risen and it was perfect. Carolyn looked lovely in the gown she made herself and the green and gold of the bridesmaids' dresses blended in with the great outdoors. It was a short ceremony and the reception was in the Coolidges' yard. Nancy Wagner was there, too, so it was a real FNS reunion.

"Carolyn and Ed honeymooned at Cape Cod and are now living in Washington, D. C."

We extend our best wishes to these two couples.

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Babies

Born to Mr. and Mrs. John Stahl, Jr. (**Sandy Conville**) of Verona, Pennsylvania, a son, Matthew, on October 28, 1969, weight 8 pounds, 4½ ounces. (See *Letters*.)

Born to **Dr. and Mrs. Thomas Howald (D. J. Snell)** of Cincinnati, Ohio, a daughter, Laura Jane, on December 1, 1969, weight 6 pounds, 1 ounce.

Our congratulations to the proud parents.

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We extend our sincere sympathy to **Betty Washburn King** on the loss of her husband in July of this year.

BEYOND THE MOUNTAINS

Chicago—In early October, Kate Ireland and Anne Cundle spent two days in the Chicago area talking with small groups of FNS friends in Lake Forest, Evanston and southwest Chicago. Anne spent one morning talking to the girls at the Lake Forest Country Day School.

On October 30, Kate and Helen Browne flew to Chicago for the bi-annual meeting of our FNS Committee and friends at the Fortnightly Club on October 31. They were overnight guests of Mr. and Mrs. Melville H. Ireland of Lake Forest. Mel and Jean Ireland had a dinner on the Thursday evening and their guests included the co-chairmen of the Chicago Committee, Mrs. Charles S. Potter (courier Barbara McClurg) and Mrs. Edward Arpee (courier Katherine Trowbridge), and their delightful husbands, and a former chairman of the Committee, Mrs. Paul Church Harper (courier Tips Stevenson).

A good crowd gathered at the Fortnightly Club on the morning of October 31. It was exciting to have three former chairmen of the Chicago Committee, Mrs. Donald R. McLennan, Mrs. T. Kenneth Boyd and Mrs. Paul Church Harper. The capable young secretary-treasurer of the Chicago Committee is Mrs. John C. Christie (courier Peggy Barker). She had the list of luncheon guests well in hand. The National Society of the Daughters of Colonial Wars was well represented by members from the Illinois and Wisconsin societies. Katherine Arpee opened the meeting and introduced Brownie who spoke of the program being developed by the FNS to prepare the Family Nurse Practitioner. Then she asked Kate Ireland to speak on the need of the educational building with which will be incorporated the Mary Breckinridge Hospital. There were good questions from the audience. Katherine concluded the meeting by stressing the strength of FNS in being part of the community and working with people.

The meeting was followed by luncheon at the Club. In the early afternoon, Kate and Brownie flew back to Kentucky and were fortunate in having an easy trip to Wendover on Hallowe'en.

New York—On Thursday, November 6, the Board of Governors had its fall meeting in New York City. This was the first time a meeting of the Board had been held outside the Common-

wealth of Kentucky. The FNS New York Committee celebrated the occasion by entertaining the Board members with a reception and dinner at the Union Club. Mrs. R. McAllister Lloyd and Mrs. N. Holmes Clare, co-chairmen of the Committee, are to be congratulated on a most successful evening. Their dinner guests included old and new FNS friends, among whom were members of the New York Society of Kentucky Women. Mr. McAllister Lloyd presided at the dinner, after which he introduced the members of the Board and called on the National Chairman, Mrs. Jefferson Patterson (courier Marvin Breckinridge), and Brownie to speak to the guests. Dr. W. B. Rogers Beasley was especially invited to the Board meeting and the dinner so that he could report on the development of the Family Nurse Practitioner program.

Boston—



BOSTON COMMITTEE MEMBERS DISCUSS PLANS FOR THE CHRISTMAS PREVIEW

Front, l. to r.: Mrs. John B. Swift, Mrs. Ronald B. Moir, Mrs. John T. Boyle
Back, l. to r.: Mrs. Albert B. Carter, Mrs. Prentiss Shepherd

On November 10, Brownie flew to Boston where she was met by Mrs. Robert A. Lawrence (courier Patsy Perrin), who drove her to her home in Westwood. Patsy had arranged for Brownie

to meet Mrs. Sinclair Weeks, a member of the Parents League of Boston, to discuss opportunities for work with the FNS in Kentucky. Brownie was the overnight guest of Mr. and Mrs. Jack Boyle, parents of our courier Chris. Debbie Curtis, who had served as a courier last winter, stopped by in the evening. The next morning Patsy Lawrence went with Brownie to Peter Bent Brigham Hospital where they were met by Dr. Tom Nuzum, senior medical resident. He had arranged for Brownie to show THE ROAD to a group of physicians and nurses who were interested in learning more about the Family Nurse program. Following the movie, Dr. Andrew Jessiman, Medical Director of the hospital, led a stimulating discussion about the need for the better delivery of health services to families in the inner city as well as in the rural areas.

In the afternoon Patsy drove Brownie to Concord where members of the Boston Committee were putting final touches to the Christmas Preview to be opened that evening at the Concord Country Club. Many old friends gathered for the Sponsors' Evening to do their Christmas shopping and to entertain their friends for dinner. Under the able chairmanship of Mrs. Vcevoid Strekalovsky, our Boston Committee are a wonderful working group. This year the Preview chairman was our old courier Mrs. Charles S. Cheston, Jr. (Lois Powell) who is to be congratulated for all she does during the shopping hours of the Preview to make it a happy occasion for all concerned.

In Concord Brownie was the house guest of Mr. and Mrs. Arthur Perry Jr. (courier Mardi Bemis). On the afternoon of November 12, Mrs. William L. Helm (courier Nella Lloyd) drove Brownie to Hamilton where she showed THE ROAD and spoke to the girls at the Pingree School. They were joined there by old couriers Mrs. Harry G. Carpenter, Jr. (Barbara Hood) and Mrs. Philip Cutler (Rose Gardner). The girls were most interested in hearing about the FNS courier service and the work being done in Kentucky. Nella and Brownie drove back to Concord so they could return to the Country Club for the second evening of the Christmas Preview.

On Thursday, November 13, after saying farewell to Boston friends and the stores who had come to the Preview, Jane Leigh Powell and Brownie drove to Hartford to the Old South Church

where Mrs. George J. Mead had invited Brownie to show **THE ROAD** and speak to the members of her church who gather each Thursday for an evening meeting. FNS friends in the Hartford area had been invited to join the group. Brownie was introduced by Dr. John Elmore, associate minister of South Church. Old FNS couriers present were Mrs. Edgar B. Butler (Sally Taylor), Mrs. Barbara G. Smith (Bobbie Glazier), Mrs. Harold L. Colvocoresses (Jo Rice), Mrs. Charles Steffens, Jr. (Jolly Cunningham), and Mrs. Thomas C. Muench (Judy Porter). Approximately 150 people enjoyed the delicious dinner prepared by Mrs. Mead and her helpers. A discussion period followed the showing of the movie which was enthusiastically received. After the meeting, Mrs. Mead took Jane Leigh and Brownie to her lovely home in West Hartford for the night. Unfortunately, it was pouring with rain the next morning so they were unable to enjoy Mrs. Mead's beautiful gardens. They drove back to New York to get ready to leave for Kentucky the next day.

Brownie sends many thanks to the friends who showed her endless kindnesses in the various cities on this fall trip.

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THE ROAD has been shown on television in thirty different states during the year. In addition, State Societies of Daughters of Colonial Wars have shown it at the meetings recently in Connecticut, Delaware, Kansas and Louisiana. Dr. Anne Wasson, who was with the FNS this past summer, was invited to show the film to the New Hampshire Society and to speak about her work with the FNS.

In West Virginia the film was shown at a Junior League meeting. Our staff member, Betty Ann Bradbury, showed it to the nursing students at Berea College.

Anne Cundle was invited to take the film to the November meeting of the Harlan County Medical Auxiliary. It will be shown at the International Medical Center, the Missionary Health Institute, in Willowdale, Ontario, in December. Hazel Reesor, a former FNS nurse-midwife, will be present to introduce the film.

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On November 20, Kate Ireland and Helen Browne attended the dedication of the Hafer-Gibson Nursing Building at Berea College. An inspiring address was given by Miss Margaret

McLaughlin, Assistant Surgeon General and Chief Nurse Officer of the United States Public Health Service. Our congratulations go to this outstanding member of the nursing profession upon whom the President of Berea College conferred the Honorary Degree of Doctor of Science. After the ceremony the ribbon was cut and the key to the door of the Hafer-Gibson building presented to Dr. Muriel Chapman, Chairman of the Department of Nursing of Berea College. Guests were invited to tour the building which is equipped with modern educational equipment in light and cheerful classrooms and well designed clinical practice areas. In the evening, following the President's dinner, the Berea nursing students presented a musical drama depicting the history of training for nurses at Berea.

We call attention of our readers to the statistical report of the Mary Breckinridge Hospital and Development Fund. We know you will rejoice to note that we need pledges of only three hundred thousand dollars to reach our goal.

Helen E. Browne

The jury foreman announced: "We find the defendant not guilty."

"What possible reason can this jury have for such an astonishing verdict?" asked the judge in amazement.

"Insanity, your honor," was the response.

"What!" exclaimed the judge. "All 12 of you?"

—*Modern Maturity*, Oct.-Nov., 1969

FIELD NOTES

Edited by
PEGGY G. ELMORE

It gives us great pleasure to announce that Dr. and Mrs. Ramon H. Neufeld and their six months old daughter, Kristin, of Reedley, California, arrived in Hyden in early November. The Neufelds are living in Bolton House and Dr. Neufeld has taken up his duties as physician-in-charge at Hyden Hospital. Dr. Neufeld is a volunteer to the Central Committee of the Mennonite Church which has assigned him to Frontier Nursing Service.

The Hyden community welcomed the Neufelds with a "pounding" on their first Sunday in residence, and members of the Hyden Committee joined the FNS staff at a reception for the Neufelds at Haggin Quarters on November 19.

We are most grateful to Dr. William Hughlett of Cocoa Beach, Florida, who came to Hyden Hospital to help us out after Dr. Anne A. Wasson, who had volunteered her services for two months, had to return to her practice in New Hampshire. Dr. Hughlett had worked with our x-ray technician, Nolie McDonald, in the Congo some years ago.

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The Eighth Annual Mary Breckinridge Day was held in Leslie County on Saturday, October 4. It was a beautiful day and we had one of the largest crowds we have ever had. Agnes Lewis arrived on the Friday afternoon (and incidentally stayed on for six weeks of volunteer work at Wendover) as did old courier Freddy Holdship of Sewickley, Pennsylvania, and old staff members Grace (Pixie) Terrill and Cecile Watters of Louisville.

The parade, which started from the Elementary School in Hyden, reached the Leslie County High School about 10:45 a.m. The floats were colorful and varied. The theme of the Big Creek Elementary School was "Wake Up, Blow Your Horn for Mary Breckinridge Hospital" and featured a huge horn, and Leslie County High School promoted sports and good nutrition. Red Bird featured health, education and welfare and on top of the float was a beautiful United States seal made by Mrs. Mattie Ledford and Mrs. Oma Hoskins. Flat Creek's float contained the names of every family on Flat Creek District and Brutus had a

rocket "shooting for better health care with the Family Nurse Practitioner." The OEO float illustrated progress that had been made in "Leslie County—Heart of the Hills." Hyden Hospital landed FNS nurses on the moon and the student midwives were healthy babies playing in their crib (a jeep!). Lower Beech Fork School said that "Kentucky's Beauty is Everybody's Duty" and Wendover advised "Do your Thing, Keep Leslie Clean." The Moore Lumber Company entered a 1930 Model A truck that was viewed with a certain amount of awe by the younger generation. The prize-winning float, from the W. B. Muncy Elementary School in Wooton, honored Mrs. Breckinridge and her work in Leslie County.

At the program following the parade, The Hon. Eugene Goss, Kentucky Highway Commissioner, made an excellent address. Dr. Rogers Beasley had the pleasure of crowning Marie Howard, a Leslie County High School student from the Beech Fork District, Queen of Mary Breckinridge Day. All of the attractive young candidates for Queen had to be FNS babies.

Mrs. Katherine E. Wilkie and Mrs. Elizabeth R. Moseley, authors of the biography for teenagers, *FRONTIER NURSE: MARY BRECKINRIDGE*, came up from Lexington for the day and autographed copies of their book.

The craft show was excellent, as always, and out-of-town guests, especially, were most interested in the rugs, toys, cornshuck dolls, dulcimers, wood products, quilts and many other kinds of needlework which were displayed. A delicious luncheon was served on the grounds of the high school at noon.

Several old staff members and friends who came to Hyden for Mary Breckinridge Day came to Wendover for tea in the afternoon, among them Evelyn Mottram of Hindman, Vivian Bougher and Alberta Morgan, Columbus, Ohio, and Louise Griggs and Mr. and Mrs. E. M. Zink of Lexington.

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Twice during the autumn residents from Children's Hospital and General Hospital in Cincinnati have come to Leslie County for clinics. Dr. Herb Koffler, Chief Resident, Dr. Paul T. McEnery and Dr. Robert Strunk, accompanied by Miss Maggie Moutz, a social worker, held a pediatric clinic in mid-October. The following week Dr. Paul W. Hoffman and Dr. Edwin C. Event, ENT

residents, and Dr. Robert Keith, an audiologist on the faculty of the University of Cincinnati, came down to investigate some of our ear, nose and throat problems. As always, we are deeply grateful to Children's Hospital and the University of Cincinnati for coming down to screen our patients and hold seminars for the nursing staff.

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We were fortunate in having three senior medical students with us for several weeks during the fall. Rita and David Teale of Cambridge, Massachusetts, senior students at Boston University, were on hand to assist Dr. Hughlett, and Robert Benjamin, a senior student at the University of Kentucky, gathered statistical information for Dr. Beasley for the Family Nurse Practitioner Program.

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Helen Browne, Ann Cundle, and Dr. Beasley attended a most interesting meeting of the Red Bird Committee at the Clara Ford Nursing Center on November 22.

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We have been fortunate during the last few years in having the Courier Service fully staffed during the fall, winter and spring months. This year is no exception. Nan Sersig of Cleveland Heights, Ohio, came in early September to spend several months and Pamela Winsor of Beverly Farms, Massachusetts, came to help us out for a couple of weeks. Hilary W. Walker of Oyster Bay, New York, and Jeanne Black of Edgartown, Massachusetts, arrived in mid-October and were joined by Gillian Gordon of West Chester, Pennsylvania, at the end of the month. Rosamond Brown (Romey) of Bangor, Maine, completes the courier "crew" for the fall of 1969.

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For over twenty years, students from Keuka College, Keuka Park, New York, have spent a month prior to Christmas helping Frontier Nursing Service staff make preparations for Christmas parties for the youngsters in this area. This year we are fortunate in having with us Kay Faron, a junior nursing student from Summit, New Jersey, and Kristie Graham, a junior sociology major from Auburn, New York.

The Graduation Service for the students in the 57th Class in the Frontier Graduate School of Midwifery was held in St. Christopher's Chapel at Hyden Hospital on Sunday, November 9, with Eve Chetwynd as the guest speaker. The 58th Class in the School will begin on December 15, 1969.

As most of the students in the next class have been members of the Frontier Nursing staff for the past six months or so, new nurses have been arriving during the fall to fill the staff vacancies which will occur when the next class begins. Irene A. Egan of Hartford, Connecticut, and Velma L. Lutz of Trotwood, Ohio, arrived in September. In October came Mary Katherine Challman of Newburgh, Indiana, and Sharon D. Koser of Seattle, Washington. In November we were glad to welcome Lois L. Weiglein of Tuckahoe, New York, Joan F. Corbin of Penn Yann, New York, Jennifer Hoag of Montpelier, Ohio, Joan Illian of Cincinnati, Ohio, and Janet Ann Austin of Waseca, Minnesota.

Gertrude Bloede, who took her midwifery training in England and who has worked for some years at the Red Bird Hospital in Beverly, Kentucky, is with us for a three months refresher in midwifery.

We are delighted to report that Elizabeth Kindzerski, Scobey, Montana, a graduate of the 34th Class in the School of Midwifery, has returned to the FNS staff to take over the post of hospital midwife. Since she left Kentucky in 1957, Elizabeth has been doing obstetrical nursing and has obtained her master's degree from the University of Montana.

Our best wishes go with the nurses who have left Kentucky this fall. Mary Buck has gone to work in California, Carolyn Banghart and Valerie Jewell have accepted positions in Baltimore, and Elaine Boehr plans to be married early next year.

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A number of our guests during the autumn have been mentioned elsewhere in this column or in other Bulletin articles, but there are others whom it has given us pleasure to entertain. One of these was Mrs. Walter Binger, the Treasurer of our New York Committee, who made a flying visit to Hyden, Wendover, and Beech Fork in mid-October. Miss Ruth Spurrier, Director of Public Health Nursing in Kentucky, brought Miss Dorothy Carroll of the United States Public Health Service in Charlottesville to Wen-

do over for lunch. Dr. Joseph E. Green of Carlisle, Pennsylvania, spent two days with us, as did Dr. Carolyn Jackson of Washington, D. C., who wanted to see something of the work of nurse-midwives before going to Afghanistan with Medico. Dr. Ian Shine, a geneticist from Great Britain who is now at the University of Kentucky, spent a night with us and gave a most interesting lecture to the nursing staff, as did Dr. Robert Quinn, Professor and Chairman of Preventive Medicine and Public Health, Medical College of Vanderbilt University, who spoke on one of our greatest problems, streptococcal infections. Old staff member Darline Wilkie was down for a very brief visit and Mrs. Ronald Morgan of Kansas City, Kansas (Trudy Isaacs' niece) spent several days with us in early November. Miss Muriel Brown of Bridgewater, Somerset, spent three days at Wendover on her way from Australia to England.

We are sorry that we could not show these friends the lovely colors that the Kentucky mountains usually don in the fall but we hope they enjoyed seeing something of our work.

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In an effort to get this Bulletin in the mails before the Christmas rush, we are going to press before Thanksgiving, but next Thursday the Frontier Nursing Service staff will gather at Wendover for the traditional Thanksgiving Day dinner and many of the old staff in England will be the guest of Elizabeth Hillman (Hilly) at the South London Hospital for their annual reunion on the same day.

The impatient father asked, "Did you ever hear of the little boy who asked so many questions he suddenly turned into a big question mark?"

Johnny sat there a moment, thinking, and then asked, "How did he ever keep that little dot under himself?"

—*Modern Maturity*, Oct.-Nov., 1969

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W. B. R. Beasley, M.D., D.T.M. & H., M.P.H.
Miss Gertrude Isaacs, R.N., C.M., B.S., M.S., D.N.Sc.

AT OUTPOST NURSING CENTERS

Jessie Preston Draper Memorial Nursing Center
(Beech Fork; Post Office, Asher, Leslie County)
Miss Joan Fenton, R.N., C.M., B.S.; Miss Judith Gibson, R.N.

Clara Ford Nursing Center
(Red Bird River at Peabody; Post Office, R. 3, Manchester, Clay County)
Miss Mabel R. Spell, R.N., C.M.; Miss Elsie Maier, R.N., C.M., B.A.

Caroline Butler Atwood Memorial Nursing Center
(Flat Creek; Post Office, Creeksville, Clay County)
Mrs. Beatrice Kornmann, R.N., C.M.

Belle Barrett Hughitt Memorial Nursing Center
(Brutus on Bullskin Creek; Post Office, R. 1, Oneida, Clay County)
Miss Eve Chetwynd, R.N., S.C.M., M.T.D.; Miss Ruth E. Blevins, R.N., C.M.

Margaret Durbin Harper Memorial Nursing Center
(Wolf Creek; Post Office, Big Fork, Leslie County)
Miss Patricia L. Sarge, R.N., C.M.

S.C.M. stands for State Certified Midwife and indicates a nurse, whether American or British, who qualified as a midwife under the Central Midwives Boards' examination of England or Scotland and is authorized by these Boards to put these initials after her name.

C.M. stands for Certified Midwife and indicates a nurse who qualified as a midwife under the Kentucky Department of Health examination and is authorized by this Department to put these initials after her name.

FORM OF BEQUEST

For the convenience of those who wish to remember the Frontier Nursing Service in their wills, this form of bequest is suggested:

"I hereby give, devise and bequeath the sum of _____ dollars (or property properly described) to the Frontier Nursing Service, a corporation organized under the laws of the State of Kentucky."

HOW ENDOWMENT GIFTS MAY BE MADE

The following are some of the ways of making gifts to the Endowment Funds of the Frontier Nursing Service:

1. **By Specific Gift under Your Will.** You may leave outright a sum of money, specified securities, real property, or a fraction or percentage of your estate.
2. **By Gift of Residue under Your Will.** You may leave all or a portion of your residuary estate to the Service.
3. **By Living Trust.** You may put property in trust and have the income paid to you or to any other person or persons for life and then have the income or the principal go to the Service.
4. **By Life Insurance Trust.** You may put life insurance in trust and, after your death, have the income paid to your wife or to any other person for life, and then have the income or principal go to the Service.
5. **By Life Insurance.** You may have life insurance made payable direct to the Service.
6. **By Annuity.** The unconsumed portion of a refund annuity may be made payable to the Service.

. . . .

The principal of the gifts will carry the donor's name unless other instructions are given. The income will be used for the work of the Service in the manner judged best by its Trustees.



FRONTIER NURSING SERVICE, Inc.

Its motto:

"He shall gather the lambs with his arm
and carry them in his bosom, and shall
gently lead those that are with young."

Its object:

To safeguard the lives and health of mothers and children by providing and preparing trained nurse-midwives for rural areas in Kentucky and elsewhere, where there is inadequate medical service; to give skilled care to women in childbirth; to give nursing care to the sick of both sexes and all ages; to establish, own, maintain and operate hospitals, clinics, nursing centers, and midwifery training schools for graduate nurses; to educate the rural population in the laws of health, and parents in baby hygiene and child care; to provide expert social service, to obtain medical, dental and surgical services for those who need them at a price they can afford to pay; to ameliorate economic conditions inimical to health and growth, and to conduct research towards that end; to do any and all other things in any way incident to, or connected with, these objects, and, in pursuit of them, to cooperate with individuals and with organizations, whether private, state or federal; and through the fulfillment of these aims to advance the cause of health, social welfare and economic independence in rural districts with the help of their own leading citizens.

Articles of Incorporation of the
Frontier Nursing Service, Article III.

DIRECTIONS FOR SHIPPING

We are constantly asked where to send gifts of layettes, toys, clothing, books, etc. These should always be addressed to the FRONTIER NURSING SERVICE and sent either by parcel post to Hyden, Leslie County, Kentucky 41749, or by freight or express to Hazard, Kentucky.

Gifts of money should be made payable to

FRONTIER NURSING SERVICE,

and sent to the treasurer

MR. EDWARD S. DABNEY

Security Trust Company Building

271 West Short Street

Lexington, Kentucky 40507

Statement of Ownership

Statement of the Ownership, Management, and Circulation required by the Act of Congress of August 24, 1912, as amended by the Acts of March 3, 1933, July 2, 1946, and October 23, 1962 (Title 39, United States Code, Section 4369), of

FRONTIER NURSING SERVICE
QUARTERLY BULLETIN

Published Quarterly at Lexington, Kentucky, for Autumn, 1969.

(1) That the names and addresses of the publisher, editor, managing editor and business manager are:

Publisher: Frontier Nursing Service, Inc., 271 West Short Street, Lexington, Kentucky 40507.

Editor: Helen E. Browne, Wendover, Kentucky 41775.

Managing Editor: None.

Business Manager: None.

(2) That the owner is: Frontier Nursing Service, Inc., the principal officers of which are: Mrs. Jefferson Patterson, Washington, D. C., chairman; Miss Kate Ireland, Wendover, Ky., Mr. Henry R. Heyburn, Louisville, Ky., Mrs. F. H. Wright, Lexington, Ky., vice-chairmen; Mr. E. S. Dabney, Lexington, Ky., treasurer; Mrs. John Harris Clay, Paris, Ky., and Mrs. Charles W. Allen, Jr., Louisville, Ky., secretaries; Miss Helen E. Browne, Wendover, Ky., director.

(3) That the known bondholders, mortgagees, and other security holders owning or holding 1 per cent or more of total amount of bonds, mortgages or other securities are: None.

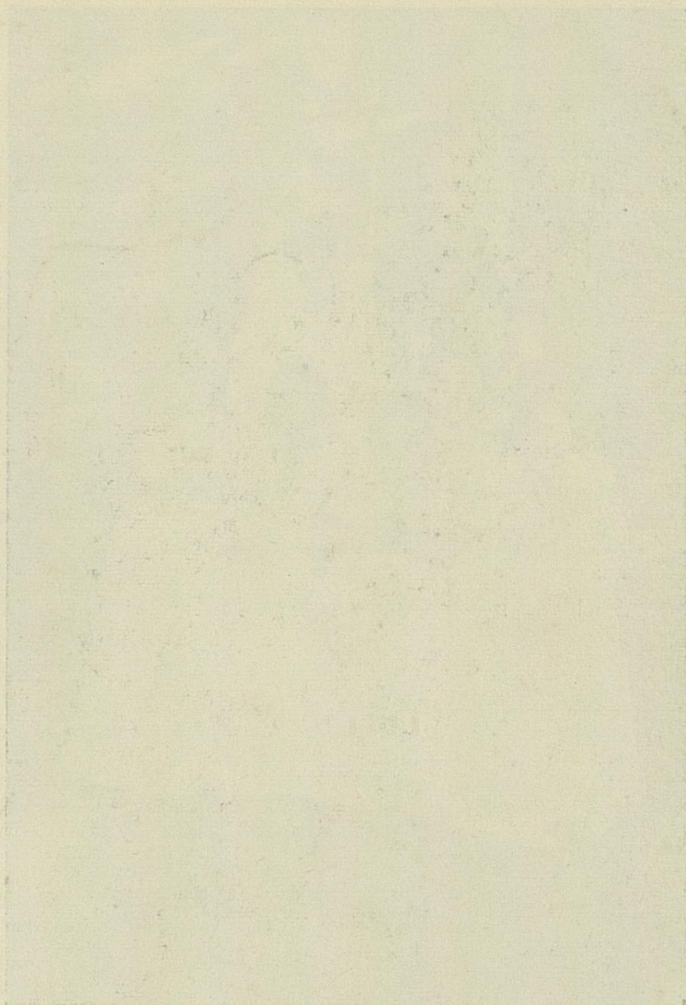
(4) Paragraphs 2 and 3 include, in cases where the stockholder or security holder appears upon the books of the company as trustee or in any other fiduciary relation, the name of the person or corporation for whom such trustee is acting; also the statements in the two paragraphs show the affiant's full knowledge and belief as to the circumstances and conditions under which stockholders and security holders who do not appear upon the books of the company as trustees, hold stock and securities in a capacity other than that of a bona fide owner.

HELEN E. BROWNE, Editor



*“Angels we have heard on high,
Sweetly singing o’er the plains,
And the mountains in reply
Echoing their sweet refrain.”*

—Traditional Carol



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