WEATHER Sunny today, b 70-75; clear tonight, low in mid-40s; parst-WEATHER Sunny today, high row, high in upper 70s.

KEG Local band Lime Shy gaining is quickly gaining popularity with catchy tunes and real-life music. Story, review, page 3.





September 29, 1994

Marchers support teacher in tenure fight

300 architecture students involved in demonstration

By Perry Brothers

ΞP

29

94

Nearly 300 architecture stu-dents marched from Pence Hall to the the office of Chancellor for the Lexington Campus Robert Hemenway yesterday in support of a professor whose tenure appointment has been denied twice and is under consideration



MARCH ON Students walk toward the Administration Building yester-day, protesting the denial of tenure to Mark Clary.

Mark Clary."

The procession crossed the Patterson Office Tower Plaza, chanting 'viva la Clary' in unison, referring to former assistant architecture professor Mark Clary. "I am a student of architecture, and I've been a student of Marking Clary," said Student Government Association President T.A. Jones,

compassion was at the head of the procession. "As a member of the college and as student body president, it is my job to make sure that student concerns are heard."

Outside Hemenway's office in the narrow halls of the Administration Building, the students flanked the office door and demanded a forum with the chancellor. The control of the college and as students flanked the office door and demanded a forum with the chancellor. The control of the contr



FACE-OFF Chancellor for the Lexington Campus Robert Hemenway (right) meets with architecture students inside the Administration Building yesterday. The students were protesting the denial of tenure to assistant professor Mark Clary

Administration Building yesterday. The students were protesting the denial of tenure to assistant profesor Mark Clary.

tures, out of an enrollment of about 300, and they collected 87 individual letters of support, which they delivered to UK President Charles Wethington.

These actions and another appeal request by Clary prompted the Senate Advisory Committee on Privilege and Tenure to encourage Hennemvay to reconsider his decision.

Yesterday's march, Zausch said, was to express to the chancellour feel like we have a voice, when we don't.

This is a test of how much our voice matters right here. Clary is one of the best teachers in the subtool. The state of the set of the work of the part of the set of the work of the set of the work of the students show of support.

"This is a test of how much our voice matters right here. Clary is one of the best teachers in the student Sean Feeley.

"Clary, who is no longer employed by the University, said during a phone interview that he was both surprised and pleased by the students' show of support.

"Obviously, I'm deeply moved and encouraged by their support for my appeal. Sometimes, when the fire going."

Recipients qualified, officials say

By Glenda N. Ethington

Financial aid officials said they do not know if any UK minority students were among the recipients of a scholarship recently called racis by a state senator, but they said that all recipients were qualified.

"No one was awarded the scholarships that didn't meet the qualifications," said Rhonda Bryant, scholarship coordinator of the Student Financial Aid Office at UK.



No one was awarded the scholarships that didn't meet the quali-fications."

Recent statements by state Sen. John David Preston, R-Paintsville, criticizing the new laws governing teacher scholarships awarded by the Kentucky Higher Education Assistance Authority has raised questions involving minority qualifications for the scholarships.

Preston, celled the laws

Authority in a second provided the scholarships that didn't meet the qualifications for the scholarship fications."

Rhonds Bryant Uk substarship coordinator

Coordinator

The administration office has that information (minority statistics), but it's not important to our function, "Bryant said he office has that information (minority statistics), but it's not important to our function," Bryant said he office has that information (minority statistics), but it's not important to our function, "Bryant said.

KHEAA would determine, according to the laws and guidelines, which students receive the scholarship, she said.

According to a list posted outside the Student Financial Aid, there are at least 46 teacher scholarship checks to be distributed at UK.

Twouldn't know if they were a minority student in the Student Financial Aid, there are at least 46 teacher scholarship checks to be distributed at UK.

Twouldn't know if they were a minority student in the College of Studeation, said there are teaching scholarships at UK, and a couple that are specifically earmarked for the lack of organization, "Coleman said stering last might turned into a beautiful state of the UK-University of our attarge Heather Henster of the UK-University of t



JASON EGBERT Kernel staff
UK ATHLETICS Director C.M.
Newton said be was 'delighted' to
play a role in the financing of UK's play a role in the fine new library.

Library plan approved by UK athletics board

By Jason Dattile
Anistant Sports Editor

The UK Athletics Association helped bridge the gap between sports and academics yesterday, unanimously approving a proposal allocating athletic department funds to the construction of the Central and Life Sciences Library.

The proposal actually included two separate resolutions.

The first provided a means for funding the library, while the second amended the department's Articles of Incorporation allowing for the redistribution of money.

"The athletics department is

Senate debates T-shirt controversy

blame with the Senate.
"I'm not blaming anyone on
Senate. It was ultimately my fault
for not setting up a better procedure for the sales," Jones said.
Senator at Large LeAnn Norton
agreed with Coleman and asked
why 800 shirts were ordered for the
game.

why 800 shirts were ordered for the game.

"I want to know why so many shirts were ordered in the first place," Norton said. "Why weren't only a few hundred ordered so we could be sure they would sell instead of 800?"

Jones said it was a case of miscalculation.

"We really though you would "We really though you would with the wall to the work."

We really thought we would sell 800 shirts," Jones said. "We expected too much, and we learned The Senate also unanimously approved Matthew Thomas as the chairman for the fall descitor's Board of Claims last night.

Several bills passed with favorable recommendations in the company of the commendations of the commendations

See SGA on 6

NEWSbytes

WORLD 800 die as boat sinks in Baltic Sea storm

URKU, Finland — Frigid waters and raging winds turned the Baltic into a sea of death for more than 800 people when a ferry suddenly listed and sank in a storm early yesterday. Authorities said 141 others survived. Helicopters and ships grimly searched for survivors and bodies off Finland's southwestern coast. Officials said it was too early to say what caused the ferry to sink shortly after midnight about 25 miles from Uto island.

NATION Leaders sign nuclear treaty

WASHINGTON — President Clinton and Russian President Ginton and Russian President Boris Yelsian agreed yesterday to speed up the dismantling of both nations' nuclear arsensis. "We will make the world safer for all of us," Clinton declared. The two leaders also signed agreements pledging closer economic and security cooperation. Clinton said he and Yelsian had agreed to speed up the timetable of the ST ART II agreement reached in 1993, which calls for reducing fong-range nuclear warheads to 3,000-3,500 by year 2003.

Clinton: Congress must pass GATT

WASHINGTON — President Clinton insisted yesterday that Congress must pass a tariff-cutting, 123-nation world trade accord this year, even if it requires a rare lame-duck session of the Senate. The House is expected to pass the accord, negotiated under the General Agreement on Tariffs and Trade, with little difficulty.

NAMEdropping

Madonna doesn't post bail for brother

Madonna doesn't post bail for brother
SOUTHFIELD, Mich. — Madonna's brother
has been in jail on the drunken driving charges for
the past 11 weeks, unable to post \$2,500 bail.
Martin Giccone, 37, was arrested
July 9 after a traffic accident.
have far as we know, he doesn't
have far more accident.

Gunnylie me assistant Oakland
County on assistant Oakland
County on assistant Oakland
Madonna's spokeswoman, Lif
Madonna's spokeswoman,



Tues-10/4-BLUETOWI
Wed-10/5-MOJO FILTER KING
Wed-10/5-MOJO FILTER KING
FIT-10/7-HARAMBI
Sat-10/8-METROPOLITAN BULES ALLSABAR

Thurs. 9/29 - CYCLONE RANGERS Frl. 9/30 - MARY, WARY Sct. 10/1 - MUNKAFUST (L.A.Notional Touring Act-Opened for Soul Asylum)

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<u>\$</u> \$ \$

UK studio series continues tonight

Friedman helps to encourage student plays

By Maggie Plotkin

Mike Friedman, the latest addition to UK's theater department, has his hands full. But that hasn't dulled his ienthusiasm. He already has helped organize the Studio Season, a program that allows students to showcase original works.

"The beautiful thing about the series is that it is student-run theater," Friedman said. Last year, student productions were a large part of the theater program, but Friedman said the process "was encrusted with rules and regulations."

"This University is littered with rules and regulations."

"This University is littered with resources where students can perform," he said. "We're poening the doors a little."

There is a down side to the new program, however. Only six weekends in the semester have been allotted for production of student works. Friedman said he believes there are more students than there is time. He will point out other areas, such as outdoor theater, where people can perform.

Friedman, a Missouri Chicago. The transition to UK has not been too difficult, and for good reason. The associate professor said there isn't a job in theater he hasn't had.

After getting his master's degree at Indiana University, Friedman "worked a lot of toilers."

Friedman "worked a lot of toi-lets."

He did melodramas and variety shows and even worked at a country western bar where he had beer glasses thrown at him. One job even led him to tach at an Indian reservation. Friedman also taught in the Michigan prison system.

Although he originally took he job at Michigan Reformatory for financial reasons (he needed storm windows for his house), Friedman said he considers his former job an educational experience.

"I learned more there than I did in any other job."

"I learned hore to go to Illinois because his current "I princip to the princip continue to the responsibility of the continue to the responsibility of the responsibility o

"I came to UK to work for the students," he said. "Hands-on theater is my favorite way to

on theater is my navorite way to teach." Friedman, who is part owner of a small professional theater in Vermont, said the thinks he has a lot to offer UK's theater department. "I hope I have learned things from my professional experience that I can teach in the classroom."

By Jonathan Piercy Contributing Writer

The theatre department's studio series will continue tonight with "Impromptu," a philosophical look at humanity told through four actors brought together to improvise a play.

The play is the second in the series, following the successful "Theodora: She-Bitch of Byzantium."

tium."

The play involves four actors—three "characters" and one real person — who are given short notice to come to the theater. They are told to improvise a play that not only imitates life, but "is life."

that not only imitates life, but "ís life."

A conversation with the director and cast, however, reveals that there is more to this play than just a story.

"It's about the roles people play around one another," director Kara Wooten said. "You don't walk out of this play with a 'one plus one equals two' feeling about what it means; everyone will get something different from it." Senior Karl Lindstrom said. "It's about the masks people wear and, more importantly, why they wear them."

Lindstrom plays Tony, the one "average guy" in the play who has

no trouble being himself.

The other three actors are hidden behind their respective masks."

Ernest, portrayed by sophomore Nathaniel Orr (whom you may remember as Toso in Theodora'), is the overconfident leading man. Ernest is a Cary Grant-type, who thinks he is too good for a production such as this. Winifred (played by senior Kelli Combs) has spent a lifetime playing second to the lead and parts that are "just perfect for This has left ther with a conical

paying sector are 'just perfect for her.'
This has left her with a cynical outlook on the theatre and on life in general.
Lora (senior Candace Weber) is the sweet, moderately talented girl-next-door who will agree with anyone who will lead.
The play is designed to make the audience look at their own "masks" while taking them through the full range of emotions. 'It's a very short play, but it's an emotional roller coaster,' Wooten said. 'It moves from mood to mood within about 30 seconds.''
Combs said, "Even though the play was written around 1940, it is timeless. The thoughts and feelings it inspires are just as real today as they were then."



MAKING A POINT Nathaniel Orr plays Ernest in the play 'Impromptu,' which is second in the Studio Series.

"You'll laugh, you'll cry."
Weber said. "You don't have to understand theatre to understand this play. It's a reall good time!"
The show runs today through Saturday in the Briggs Theater, located in the Fine Arts Building. All three shows start at 8 p.m.



THREE'S COMPANY Lora (played by Candace Weber) comforts Tony (played by Karl Lindstrom) as Winifred (played by Kelli Combs) casts the two a perplexed look.

WHAT'Syour sign?

By Mike Munson

APies (March 21-April 19) Love is like a handful of sand, grab too tight and it will slip through your fingers. It takes openness and trust to build a lasting relation-ship.

Taurus (April 20-May 20) The band stop playing, but you still hear the music. A loved one will take you out to dinner, if you show him or her this column.

Gemini (May 21-June 20) Seek ong-term pleasures. As a long distance relationship dwindles, a new

Cancer (June 21-July 22) Look not over your shoulder for the shadow you seek may be there. The stage is set for sensuous mys-teries as a powerful G-force enters the scene.

Leo (July 23-Aug. 22) Learn to e comfortable around your boss, fake it. You will be confronted a former lover.

Virgo (Aug. 23-Sept. 22) The **Virgo** (Aug. 23-Sept. 22) The key to getting someone to like you is being able to like yourself when you are alone. Try quitting smoking again. Don't let a little cancer stick get the best of you.

Libra (Sept. 23-Oct. 22) Be nice to your employees. Remember, the higher the monkey climbs, the more you see of his behind. A shared umbrella springs

8corpio (Oct. 23-Nov. 21) Tread lightly with your instructor this week. Someone in your class has put your teacher on edge. A Sagittarius in a red car will cut you off.

Sagittarius (Nov. 22-Dec. 21) You can learn important lessons from unimportant people. Ask away; you'll get that worthwhile favor.

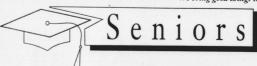
Capricorn (Dec. 22-Jan. 19) Relax, don't be afraid to try. If you can't make a mistake, you can't make anything.

Aquarius (Jan. 20-Feb. 18) Look at the person, not body parts. It will take twice as long on that project than you anticipate.

Pisces (Feb. 19-March 20) Pisces (Feb. 19-March 20) Have confidence in your convic-tions and in taking your tests. If you sound like you believe your-self, others will believe you too. All that is on that Capricorn's mind is a little bump and grind.



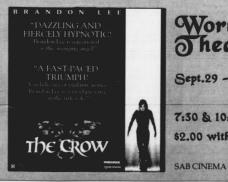
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SAB CINEMA COMMITTEE

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CHEAP THRILLS

GELTICPALOOZA Carl Hylin and Fianna Rua will give a free performance of traditional Celtic folk music at Common Grounds Sunday. The performance begins at 8:45 p.m. Call (606) 233-9761 for more information.



Catchy tunes fill debut CD, 'Honeysweet'

By Brian Manley Senior Staff Writer

Ever wonder how a band decides what direction it wants to take on a particular album before committing itself to that grueling process of writing and selecting the tunes the members want to play on their latest CD?



Pve always imagined some bands sitting around a large circular table to debate the direction recognition of the street of the direction of the street always always

tion to

music towards. As Lime Shy gathered around that same table the band

members probably all agreed on two words - "catchy melodies."

Honeysweet is the local bank fruitful debut full-length, available to the public earlier only by their energetic performances around town or through airplay on UK:

The album is sure to raise around town or through airplay on UK:
already devoted fan base. (Yes, I'm afraid I have to admit I am a member of the two proposed on the control of the con

The choruses tattooed on their brains.

Perhaps the best representation of the CD is "So." Penned bassist Chuck Powell, it rises and falls, beginning with a mellow introduction, only to stomp into the rhythmic crash of Aashi Deacon and James Howard's guitated and the property of the control of the property of the control of the property of the control of the contr



LIME 8HY The hand which consists of Aashi Deacon, Karen Derefinko, Scott Eckard, Chuck Powell and James Howard, played songs from their new album 'Honeysweet' Tuesday night at Lynaugh's Club.

Lime Shy explores religion, love, animal rights and REM's Stipe with new songs

ONtap Reba, John Michael to hit Rupp

Reba, John Michael to hit Rupp

Reba McEntire, one of the current day legends of country music, and John Michael Montgomery, a Nicholasville native, are making a stop in Lexington on their national tour.

Friday at 8 p.m., the pair will play to an near sell-out crowd at Rupp Arena. Rick Reno, Rupp's general manager, said cicket sales are "going great."

The concert attendance is nearing its capacity of the concert attendance is nearing its capacity of McEntire has visited Rupp Arena many times before, and Montgomery recently entertained at wat will be a state of the second and the matter and the second manager of the second manage

FILMclips

Movies showing	in Lexington theaters this weekend starting tomorrow.
Angels in the Outfield	A small boy prays for angels to help his baseball team. PG
Barcelona	Two friends explore Spain. PG-13
Blankman	Dweeb becomes crime fighter. PG- 13
Body Snatchers	Horror tale of body snatching. R
Camp Nowhere	Kids run their own summer camp. PG
Clear & Present Danger	Agent helps declare war on Latin American drug trade. PG-13
The Client	Young boy takes the stand in Grisham adaptation. PG-13
The Color of Night	Psychiatrist takes over his mur- dered friend's practice. PG-13
Corrina Corrina	Whoopi Goldberg changes life of widow and daughter. PG
Dream Lover	Architect falls in love with pathologi- cal man-hater. R
Eat Drink Man Woman	Taipei's greatest chef questions human desires. NR
The Endless Summer II	Sequel to the 1966 surf film. PG
The Flim Flam Man	Aging con-man travels around Ken- tucky. NR
The Flintstones	Comedy based on pre-historic car- toon. PG
Forrest Gump	Dim-witted man gains fame through positive attitude. PG-13
Fresh	Young boy involved in New York city drug scene. R
Go Fish	Lesbian romantic comedy. R
A Good Man in Africa	Sean Connery plays a doctor. PG-
Hard-Boiled	John Woo directs epic action flick.
I Love Trouble	Nick Nolte and Julia Roberts play dueling reporters. PG
In the Army Now	Pauly Shore goofs off in the Army. PG
It Could Happen to You	Cop wins lottery and splits it with waitress. PG
Jason's Lyric	Tragic story of two brothers. R
The Little Rascals	1930s comedy makes it to the '90s. PG
The Mask	Boring banker finds powers in magi- cal mask. PG-13
Maverick	Mel Gibson plays a gambler who meets his match. PG
Milk Money	Two kids set up father with a prosti- tute. PG-13
Mi Vida Loca	Coming of age story about girls in gangs. R
Natural Born Killers	Psychotic couple becomes famous in media feeding frenzy. R
Next Karate Kid	Trilogy continues - this time with karate girl. PG
Pink Floyd at Pompeii	Psychedelic trip with Pink Floyd.
Pompeil Priscilla Queen of the Desert	Drag queens go on a bus tour. R
Reality Bites	Winona Ryder is torn between two men. R
River Wild	A rafting expedition gets hijacked. PG-13
The Scout	Baseball coach recruits a problem- atic player. PG-13
The Shadow	Alec Baldwin stars as comic book hero. PG-13
The Shawshank Redemption	Morgan Freeman stars as an inmate.
A Simple Twist of Fate	Modern day version of George Elliot's book. PG-13
Speed	Cop matches wits with an insane bus bomber. R
Terminal Velocity	Suspense about skydiving and spies. PG-13
Timecop	Van Damme chases villians across time. R
Trial by Jury	William Hurt stars as hit man. R
True Lies	Secret agent hides his identity from wife. R
Wagons East	Late John Candy stars in western comedy. PG-13 Mystery at 1920s widows' enclave. PG
Widow's Peak	Mystery at 1920s widows' enclave.

Man struggles to help his alcoholic wife. R

By Emest Jasmin Art Edinor It's Tuesday night. Karen Derefinko steps to the microphone at Lynagh's Derefinko's lyrics, which sometimes steps to the microphone at Lynagh's Could for a microphone at Lynagh's Could for a microphone at Lynagh's Could for an in her back pocket. She starts to sing with cherubic serenity, eyes closed. Her voice coosing Sound of guitars and drums which kack in heavy and frantic. The five-piece band Lime Shy launches into a song titted "So' from its first CD. Handle Shy launches into a song titted "So' from its first CD. Handle Shy launches into a song titted "So' from its first CD. Handle Shy launches into a song titted "So' from its first CD. Handle Shy launches into a song titted "So' from its first CD. Handle Shy launches into a song titted "So' from its first CD. Handle Shy launches into a song titted "So' from its first CD. Handle Shy launches into a song titted "So' from its first CD. Handle Shy launches into a song titted "So' from its first CD. Handle Shy launches into a song titted "So' from its first CD. Handle Shy launches into a song titted "So' from its first CD. Handle Shy launches into a song titted "So' from its first CD. Handle Shy launches into a song titted "So' from its first CD. Handle Shy launches into a song titted "So' from its first CD. Handle Shy launches in the launches of the song titted "So' from its first CD. Handle Shy launches in the song titted "So' from its first CD. Handle Shy launches in the song titted "So' from its first CD. Handle Shy launches in the song titted "So' from its first CD. Handle Shy launches the song titted "So' from its first CD. Handle Shy launches of the song titted "So' from its first CD. Handle Shy launches of the song titted "So' from its first CD. Handle Shy launches of the song titted "So' from its first CD. Handle Shy launches of the song titted "So' from its first CD. Handle Shy launches of the song stripts on the song titted "So' from its first CD. Handle Shy launches of the song titted "So' from its first CD. Handle Sh **'Eat Drink Man Woman' will whet many viewers' appetites**

Manipulation through food is the common theme in Tai-wanese director Ang Lee's new film, "Eat Drink Man Woman." In the film, an aging talented chef (Sihung Lung) keeps his apron strings tied to his three grown daughters. It is through his cooking and elaborate meals that he keeps them all close to him. Each daughter dreads these

nightly doses of fatherly domination that are thinly disguised as family dinners.

The oldest daughter (Kueismei Yang) is a high school chemistry teacher nursing a broken heart that may or may not be justified. She devotes much of her time to her Christian beliefs. Although many see her as an old maid and try to find her a potential mate, she sees her future devoted to taking care of her father in his old age.

The youngest daughter (Yu-Wen Wang) is a wide-eyed, innocent college winders. The middle dent.

The middle devotes with the work of the wides. The work of the wides with the work of the work



She is torn between her independence with her career and her obligation to her widower father. The two want to communicate with each other but neither knows how to properly do so. It takes knows how to properly do so. It takes the entire duration of the film for the two to reach each other and, of course, ti's through the use of food, while it's not billed in the credits, is a major player in the credits in the credits, is a major player in the credits in the credits in the credits, is a major player in the cre

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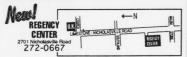
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MERYL STREEP · KEVIN BACON · DAVID STRATHAIRN

The vacation is over.

SPORTS

AU ready for TV showdown

Tigers' matchup with UK puts them back in spotlight

By Brett Dawson

The way the UK football team has been playing, it might not want to be on national television tonight.

Auburn, on the other hand, can't wait.

struggled seemingly non-stop ingly n

ninth-best rushing attack in the league.

Auburn, meanwhile, keeps on winning. The Tigers haven't lost a game under second-year head coach Terry Bowden. And AU, the league's third-best defensive team, doesn't plan on having its tevision debut spoiled by a loss.

This is the only game in the country ... every (U.S.) military base in the world and every city in

want to be on national television tonight.

Auburn, on the other hand, can't wait.

The ninth-ranked Tigers, owners of the nation's longest winning streak at 15 games, are going to enjoy soaking in the national spotlight. After all, when they play host to UK at 8 p.m. on ESPN, it will mark AU's first appearance on national TV since being placed on probation prior to last season.

The Cats (1
WK at Auburn

Tonight, 9 p.m.

Tonight, 9 p.m.

Tonight, 9 p.m.

Records: UK 1-3 (0-2 SEC)

Auburn 4-0 (2-0 SEC)

The Cats (1
The Cats

TV: ESPN, 8 p.m. TW: ESPN, 8 p.m.

The Cats (1-0-2 Southstern Conference) have ruggled seemgly non-negly negligible (12 in Lexington on Oct. 7, 1989)

and we expect them to play their best football," Bowden said.
But Auburn isn't going to be the easiest place to do any season

place to do a salvaging. The Tigers have put a considerable dent in UK coach Bill Curry's career winning percentage.

Curry, who went 0-10 against Auburn during stints at Georgia Tech and Alabama, hasn't coached against the Tigers since his Alabama team lost 30-20 in the rivals' first meeting at Jordan-Hare Stadium in 1989.

Curry said his only memory of

dium in 1989.
Curry said his only memory of a win at Auburn was as an assistant coach at Georgia Tech in 1976.
"Twe been watching Auburn play football since 1957, and I've never seen an Auburn team that didn't have great players," Curry said. "Never."

said. "Never."

The fact that Curry has had only four days to prepare his team for Auburn could make this game that much tougher. But consider-

READY FOR PRIME TIME Antonio O Ferral and the UK footom.

to Auburn tonight for a nationally televised game on ESPN.

ing their slow start, Curry and his players seem almost anxious to get the start of the start o

READY FOR PRIME TIME Antonio O'I to Alubrar tonight for an anianally teles ing their slow start, Curry and his players seem almost anxious to get back on the field.

"I think it'll be good for us to have a short week," free safety Melvin Johnson said. "You don't have to dwell on it as long with the taste of a loss in your mouth."

Curry said he thinks the abbreviated week could be just what the doctor ordered for his tattered troops.

▼UK will play without one major player for sure, and could be without several other key contrib-

MATERIAL CONTROL

without several other key will not play. The junior, who is second on the team in tackles, sprained a knee against South Carolina. It's possible the Cats could be without two of their top receivers. Split end Randy Wyatt, who has averaged 20.8 yards per reception on his 5 receptions this season, is doubtful for tonight's game. He has a severe ankle sprain. Clyde Rudolph, who has 108 yards on just four catches, probably will play, but the decision on whether he will start will be made just before game time. Linebacker Eric Wright is in the same situation.

QUEST



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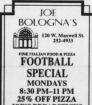


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KENTUCKY stats

	Moe Williams	52	270	F 4		
				5.1	2	68
	amon Hood	21	137	6.5	0	33
A	ntonio O'Ferral	27	108	2.9	1	15
J	eff Speedy	4	25	6.3	0	25

Passing	CompAttint.	Yards	TD	Long
Antonio O'Ferral	39-86-5	538	6	64
Jeff Speedy	9-15-0	116	0	26
Matt Hobbie	1-5-1	6	0	6

Receiving	Rec.	Yds.	Avg.	TD	Long
Leon Smith	14	196	14.0	1	50
Isaac Curtis III	9	118	13.1	2	36
Moe Williams	7	70	10.0	1	35
Randy Wyatt	5	104	26.0	0	30
Clyde Rudolph	4	108	27.0	2	64

GAMEkeys

▼Auburn will be making its first appearance on national television in more than a year. The Tigers were banned from national TV last season as part of their NCAA probation. Auburn still is ineligible for postseason play or a Southeastern Conference cham-nionshin.

postseason play or a Southeastern Conference championship.

**WUK loser of three straight games, is in desperate need of a victory to boost its spirits. The Cats haven't experienced wiming since they knocked off Louisville back on Sept 3.

Sept 3.

Sept 3.

Auburn, third in the SEC in total defense, hasn't been able to muster much offense this season with the exception of a 38-0 rout of Division 1-AA opponent East Tennessee State.

Auburn is in the middle of the pack in the SEC in total offense and had to rely on three interception returns for touchdowns to beat LSU three weeks ago.

The Cats would like to get out of the gate early for a change. UK hasn't scored a first-quarter touchdowns to seat LSU three weeks ago.

SHOWstoppers

▼Strong safety George Harris has come into his own over the past few weeks. The transfer from City College of San Francisco had 19 tackles against South Carolina, and his 28 tackles on the season are third on the team behind, free safety Melvin Johnson and Key.

▼Tailback Moe Williams is



back. At least it looked that way when Williams ran for 117 yards on 12 carries last Saturday against South Carolina. That performance boosted the sophomore, invisible in the SEC rushing leaders prior to last week. to 12th in the league with 263 yards on the season.

Placekicker Brian Sivinski is making UK fans forest all about Doug Pelfrey. Well, maybe not, but Sivinski certainly has looked sharp in the Cats' last two games, drilling field goals of 48 and 45 yards. Sivinski is two for three on the season.

WPat Nix is AU's starter at quarterback, but the flashier of the Tigers' tandem at QB is Nix's backup, redshirt freshman Dameyune Craig.
Graig has thrown for 154 yards and stouchdown with no interceptions so far this season.
WTailback Stephen Davis is the SEC's third leading rusher, averaging more than 100 yards per game. Davis, a 6-foot-2, 229-pound junior, averages 5.4 yards per carry and has scored three touchdowns this sea-

On. ▼Free safety Brian Robinson has two intercep-ions, tying him for sixth in the league. The junior has sotalled 77 yards in interception returns and has ecored one touchdown. He also has 24 tackles.

WORTHnoting

▼UK coach Bill Curry is 0-10 lifetime against Auburn. This will be the first time Curry has faced the Tigers since coming to Lexington. His previous games against AU came during his head coaching stints at Georgia Tech and Alabama.

▼Auburn is 10-1 all-time against UK at home. The Cats' only win at Auburn came on Oct. 7, 1961, when UK beat the Tigers 14-12.

▼Second-year Auburn coach Terry Bowden has never coached against UK.



AUBURNstats

Rushing	Att.	Net yards	Yds./Att	TD	Long
Stephen Davis	74	403	5.4	3	40
Fred Beasley	14	75	5.4	1	13
Joe Frazier	17	60	3.5	0	8
Kevin McLeod	6	49	8.2	0	13

Passing	CompAttInt.	Yards	TD	Long
Patrick Nix	48-92-3	571	4	32
Dameyune Craig	11-23-0	156	1	29
Allen Barnett	1-1-0	. 14	0	14

Receiving	Rec.	Yds.	Ava.	TD	Long
Frank Sanders	19	210	11.1	1	28
Tyrone Goodson	10	77	7.7	0	21
Thomas Bailey	9	114	12.7	1	30
Willie Gosha	5	94	18.8	1	29
Stephen Davis	4	35	8.8	0	17

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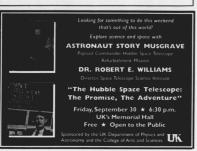
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Med college honors achievers

Staff, students and recognized at convocation

By David Turner

Recognition is supposed to flow from talent and achievement, yet quite often people who excel go unnoticed.

Yesterday, the College of Medicine took steps to correct this all-too-common occurrence by honoring people who have proved their excellence.

The college's first Academic and Convocation Awards Ceremony was held Tuesday evening in the Otis A. Singletary Center for the Arts.

"The convocation provides an opportunity to recognize those unsung heroes of the school," said Dr. H. David Wilson, dean of academic affairs.

Dr. H. David Wilson, dean of academic affairs.

"The convocation is honoring reaching, learning and scholar ship," Wilson said.

Staff and students were given awards in dozens of areas, including career achievement, research, teaching and academic success.

They were Steven Haist, assistrate professor of family practice; Harold Traurig, profess however, these eight per however, these eight per however, these eight per played major roles in the played major roles in the state of the control of the

Many of the recipients are among the most talented medical personnel in the state.

"Despite all of the metaphorical mountains we have had to climb the College of Medicine has made some real gains," College of Medicine Dean Emery A. Wilson said during the opening ceremony. The medical school is in the midst of unprecedented growth and success, he said.

Among its achievements:

and success, he said.

Among its achievements:

VLast year's graduating class
was among the brightest and most
respected in the school's history.

VThe number of women and
minorities in faculty positions
increases linearly each year.

VThe Albert B. Chandler
Medical Center is ranked as the
16th largest corporation in Kentucky (judged solely by dollars at
hand).

At the convocation, the Master
Teacher Award was given to
instructors who have proved
themselves to be exceptional educators.

Of 63 analicants only five

.....

CHEERS TO THE WINNERS Dr. H. David Wilson, dean of academic affairs, applands faculty who received awards from the College of Medicine yeareday. of more than 250 medical student togy; Richard Schwartz, associate professor of surgery; and David Peck, associate professor of anatomy and neurobiology.

The Outstanding Volunteer Faculty Award was given to "mentors" who took students into their offices and provided an on-the-job education.

education.

Eight people were recognized, however, these eight people have played major roles in the training

from the College of Medicine yesterday.
of more than 250 medical students
throughout the course of their
careers.
Student awards held an important place in the proceedings.
Students from the very top of
their classes were rewarded with
awards and scholarships.
"I was very happy to see my
classmates and peers recognized,"
said Lee Ann Simmons, a secondyear medical student and winner
of the Basic Clinical Skills Award.

WK offers first STEPS to joh By Kathy Reding Contributing Writer Hunting for a job is often a frustrating process for students seeking extra income. Student and Temporary Employment Stresses can make this process less painful of UK students. "(STEPS is) a job referral service for students, With STEPS, students, With Evaluation required ranges and when they will fit into their schedules," said Sharon Bruce, said and when they will fit into their schedules," said Sharon Bruce, student employment coordinator at STEPS. A student interested in finding Stant Fraser The available jobs, including every shing from sales to computer work in the student employment coordinator at STEPS. A student interested in finding Stant Fraser Steph side and any student employment office at Early Learning Center and work steph stant and any student employment office at Early Learning Center and work steph stant and any st

PINGOUT

Through the Sudent and the super leaf of a divertising," Bruce said. STEPS is a time-advantage for students over newspaper classifieds."

Keri McDaniel, a biology sophomore, the super leasifieds."

Keri McDaniel, a biology sophomore, with the super leasifieds."

Keri McDaniel, a biology sophomore, is employed at the Early Learning Center day care through STEPS.

"They (STEPS) inform you about the entire job, flexibility of the schedule, and you feel ule, and you feel comfortable with the interview," said more super leasing the super leas



UK and United Way A Tradition of Sharing ...



The 1994 Goal is \$450,000!

SGA

Senate debates sales of UK-UofL T-shirts

From PAGE 1

mittee meetings that followed.

The Campus Relations committee favorably passed a bill for allocations toward a trip planned by several SGA officials to Washington, D.C., for the "Lead ... or Leave" national conference.

Along with passing the bill, committee members also submitted a statement on their opinion of the state of SGA at this point.

"Our organization is unorganized and in serious need of guidance. We feel that the executive branch needs to focus on communication and cooperation with the Senate," the committee's report said. "Our suggestion stems from the recent difficulties that have plagued our organization, including T-shirt sales and the upcoming Lead ... or Leave workshop."

The Appropriations and Revenue committee passed requests for funding with favorable recommendations. The requests totalled \$6,146.

The bills included a request for funding with favorable recommendations. The requests totalled \$6,146.

The bills included a request for funding from the American Institute of Architecture Students Forum, one from \$1,010 for the National Future Homemakers of America Cluster Meeting, and one for \$2,998 to start a UK co-ed soccer team.

The Operations and Evaluations and Evaluations are sufficient to the control of the sufficient process.

ccer team.
The Operations and Evalua-The Operations and Evalua-tions committee gave recom-mended a resolution sponsored by Senator at Large Adam Edelen and Avi Weitzman, executive director of academic affairs. The bill would create two amendments to the SGA Consti-rution.

thus.
The amendments would divide
the Senate budget in half, forcing
50 percent to be used to fund
organizations outside of SGA and
the remaining 50 percent used to
fund SGA-created programs.
All of last night's legislation
will go before the full Senate next
week for final approval.



Celebration to focus on primary health care

Health professions students
plan educational festival
and cookout.
A task force comprised of Medical Students Associated incentives associated incentives associated

Primary goals

Primary Care Day goals

Vencourage medical students' interest in primary care accureers

Verovide information about primary care and about primary care and the pr

practice as a career option requires a united effort by medical schools, state and federal

state and federal governments and third-party payers.
Generalist physicians include general internists, general pediatricians and family practitioners. In 1992, the AAMC recommended as an overall national goal that a majority of graduating medical students be committed to generalist careers

possible time.
Dr. C. Everett Koop, former
U.S. surgeon general, shares the
AAMC's concerns.
"The generalist physician could
"The generalist physician could

"Speed Racer" is awesome

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By Jeth Winson A task force comprised of Medical Students across the country are participating in events that outline the opportunities and challenges of primary care. UK medical school students are osses that outline the opportunities and challenges of primary care. UK medical school students are no exception. From II a.m. to 2 p.m. today in the Albert B. Chandler Medical Center Courtyard, students from the Albert B. Chandler Medical Center Courtyard, students from the Albert B. Chandler Medical Center Courtyard, students from the Albert B. Chandler Medical Center Courtyard, students from the College of Pediatrics and challenges of primary care and its impact on health care at an information fair and observed and insportant love of goals with primary care careers with primary care careers with primary care and rest on a force of the health care at an information fair and observed and insportant love of goals with primary care careers with primary care careers with primary care and its superior of American Medical Colleges will celebrate National Primary Care Day by learning about primary care and its impact on health care at an information fair and observed and insportant love of goals with primary care careers with primary care careers with primary care and its aday that twe would incentives associated with primary care careers with primary care careers with primary care and an expensive primary care and its impact on health care at an information fair and federal submit primary care and its submit primary care and its and primary care and its majority to gradual that the supply career and its impact on health care at an information fair and colored the primary Care Day by learning about primary care and its impact on health care at an information fair submit primary care and its majority of gradual primary care and its impact on the primary care and its majority of gradual primary care and its impact on the primary care and its sudents as deficted and incentives associated with primary care and its unden



By Thomas McIntosh
Staff Writer

Fall 1986 was not a very good season for the Bieschke family.
They lost their eldest child, Joe, to cancer no Oct. 29.
But something good came from all the sadness that November. That something is the Joe Bieschke f8 run, which has become a yearly tradition.
The run gives people the chance to experience what Joe loved most: running. In its ninth year, the run will take place at the Kentucky Horse Park at 10:15 am. Saturday.
The race consists of a 5K run and a one-mile walk. All registered runners will receive a custom-designed T-shirt and the chance to win various door prizes, such as \$100 in cash and a Sony television.
All proceeds from the race will go to the Joe Bieschke Scholarship Fund at his high school, Lexington Catholic, and the UK Children's Fund at the Albert B. Chandler Medical Center.
Patrick and Louise Bieschke, Joe's parents and coordinators of the race, decided to give money to the children's fund to carry out Joe's wishes to help other people.
The Bieschkes wanted the money to satisfy the entertainment needs of the cancer patients at UK because they need a fun diversion.
"Working on computers and watching movies helps the kids take their minds off of illness and treatments," Patrick said.

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EDITORIALboard

Brian Bennett, editor in chief Lance Williams, associate editor Mary Madden, associate editor

Perry Brothers, news editor Stephen Trimble, executive editor Tyrone Beason, senior staff writer

Matt Felice, columnist Carrie Morrison, campus editor

white. In the letters, Preston noted that the schol-urships were given to less qualified black stu-

ents. If the scholarships were doled out as they

iscussions over issues of race, and more specifically diversity programs, always bring to the fore the deepest running emotions in people.

Kentucky's state-supported universities are mandated by law to improve in the areas of minority student recruiting, faculty and administrative hiring.

Recently, however, controversy arose over the awarding of Kentucky Higher Education Assistance Authority scholarships.

A new law that was passed by the General Assembly this year states that minorities are entitled to the same percentage of shoolarships as the percentage of those that applied for them.

This was bound to cause a stir.

When was tated before that we believe diversified when trying to achieve this goal?

No.

It simply is not right to hand out these long as special preference is given to people on the basis of race. Discriminatory preferential treatment was never right in the past for whites; it simply cannot now be right for blacks.

While this situation needed to be brought into the open, Preston's method was undertaked and did little to promote legitimate debate on the subject.

Preston is an elected senator. If he wishes to

......

handed and did little to pronout debate on the subject.

Preston is an elected senator. If he wishes to question the fairness of the law, then he should bring that to the Senate floor, allowing everyone to chime in on the points of contention.

Journalists benefit University more than football team

had to laugh the other day when I read a letter to the deditor in the Kentucky Kernel in which a reader trashed one of Lance Williams' columns. Williams was bemoaning UK's loss to some football team, though I can't remember who it was.

The crux of the letter was that Wildcafe tootball players work very hard, which I'm sure is true, and that they have more class and represent the University better than Williams would ever be able to.

I must say that really got to me. Lance and I have only talked a couple of times, so I won't vouch for his class, but the matter of his representing this school deserves discussion.

I fail to see how a horde of

couple of times, so I won't vouch for his class, but the matter of his representing this school deserved siccussion.

I fail to see how a horde of young men clad in plastic armor and skin-tight knickers running around bludgeoning and graphing each other in a sweaty heap constitutes an admirable symbol for a college.

My Random House Webster's College Dictionary defines a university as "an institution of learning a college of liberal arts, a program of graduate studies and several professional schols."

Hmm, nothing about football or those silly pants.

I would venture to say that Lance Williams, in his exhibition of professional skill as a journalist, not to mention his mere literacy, is a better representative of this University. (He didn't even pay me to put in that plug for him.)

But people only write in to a newspaper when they really care about what they have read, and this reader obviously takes great pride in his football team. There are cereabout what they have read, and this reader obviously takes great pride in his football team. There are cereabout what they have read, and this reader obviously takes great pride in his football team. There are cereabout what they have read, and this reader obviously takes great pride in his football team. There are cereabout what they have read, and this reader obviously takes great pride in his football team. There are cereabout what they have read and thing to do), have the professional skill.

To be blunt about the matter through, it's a crying shame and alumnic are more about the school's place will be a foot of the football player in long hours for litted or no pay, plying a professional skill.

To be blunt about the matter through, it's a crying shame and alumnic are more about the school's player will be a foot of the football player through it's a couple of times a year to major university? I think not. If the average high school football player hand, people like Lance Williams put not not provide the professional skill.

To be blunt about the matter through

To be blunt about the matter though, it's a crying shame that some UK students and alumni care more about the school's place in The Associated Press football poll than its academic rankings or credibility.

credibility.

These kinds of people can sit around for hours arguing over football coach Bill Curry's failing strategies or UK's porous defense, but don't give a rat's ass about UK President Charles Wethington's policies (until they're ready to axe Bill).

Offer to take them to a meeting of the Board of Trustees, and they'll suddenly remember that they left their bean casserole in the oven.

By God, though, they would

have sold their own grandmother for 50-yard-line tickets to the UK-Louisville game. Yeah, boy, nothing better than an evening at Commonwealth Stadium.

You can get your kicks watching dozens of strapping young lads rolling around in the grass, straining, heaving, grunting and ..., well, you get the picture.

And, heck, why not bring the kids, since it's not like they get enough violence at home



skill.

I'm not going to say that the Kentucky Kernel is of a higher quality than Coach Curry's football teams (Lord help the Kernel staff if it isn't), but at least journalism is an academic pursuit.

Compare this to football — a game in which the players don't even have to think for themselves. They have a bunch of old washed up football players on the sidelines to plan out all of their moves for them.

Football is here to stav.

to pian use.

Tootball is here to stay.

But you'll never convince me that a bunch of guys playing a child's game project an image befitting a university.

Contributing Columnist Kevin Cullen is a library science graduate student.

Should taxpayer-funded scholarships be given on the basis of race?

SOUNDbytes



"No. I think that preferential treat nent for a group of people based on anything other than ability is

Scott Erny



"It is a very iffy question. At tis you can say yes, and at times you can say no."

Nicole Martin



"No, because I think academi scholarships should be based solely on demic perfo

Clarissa Shetler



"They should be en out on merit and need."

David Killion



"I think they should go to people who have need. Colleges cost so much these days."

INFORMED SOURCES "IF SOMEBODY robs a bank and pays back money it doesn't mean be didn't commit the

money, it doesn't mean he didn't commit the

crime.

Donald C. Smaltz, the independent counsel investigating Agriculture Sec-

retary Mike Espy. Espy reimbursed the cost of gifts from businesses he regu-

Conservatives should not be timid

Frum points to moderation as reason for Republican losses

In the 1980s, the hard-hearted policies of Ronald Reagan were the cause of numerous social ills. Farmers were dispossessed of their land, senior citizens were thrown into poverty, tax cuts for the wealthy caused budgetary shortfalls that caused a capital shortage and choked off economic growth resulting in a three-year recession. We finally are realizing that this is what happened, aren't we?

No. This is just tired old liberals whining because they were crushed in three straight presidential elections.

But, according to a new book by David Frum, "Dead Right," the



the American peo-ple for painless solutions to the problems that face this nation, like the budget deficit, which will start to increase again in a few years. Instead of blaming the deficit

Todd

For the state of t

didn't happen because the rich don't pay enough taxes.

It happened because liberals built a welfare state that is not very "forgerful" when it comes to paying benefits to the 'forgotten middle class." It exploded in the 1980s because conservatives didn't try to tear this monstrosity down when they had the chance.

Two of the biggest spending programs toddy are Social Security and Medicare.

These are entitlement programs, which means that rather than Congress' setting a spending level, anyone who meets certain criteria is "entitled" to benefits.

Social Security jumped from being a \$118 billion program in 1980 to being a \$300-plus billion program in 1980 to being a \$500-plus billion program in 1993. It currently the largest line-item in the budget, and this is before the baby-

boomers are ready to retire. Medicare made a jump from \$32 billion to \$132 billion in the same time ernm

to \$132 billion in the same time frame.

One aspect of Social Security that is particularly irresponsible and unfair is that the more money one has made in one's career, the more benefits one receives. Thus, a retired millionaire gets more benefits than a retired elderly person who made minimum wage all of his life.

This is no because the addards.

son who made minimum wage all of his life.

This is so because the elderly have the strongest lobby in Washington and liberals decry as 'cruel' any discussion of limiting benefits to the elderly, even those who are not poor.

A similarly ridiculous misallocation of federal expenditures is agriculture programs.

Tapayer monies are used to pay farmers not to grow crops. Food is purchased by the government to artificially elevate the demand for food to a high enough point to provide farmers with a price that the government deems

"fair."

In other words, the U.S. government has as one of its policy objectives the systematic elevation of the price of food that working families must pay. All of this in the name of "compassion." You see, it would be callous to expect farmers to submit to the marketplace. They, unlike the rest of us, have a God-given right to profitability and your tax dollars are used to secure that "right."

To make themselves worthy of governing again, conservatives

To make themselves worthy of governing again, conservatives would be wise to heed Frun's criticism and remake themselves accordingly.

A timid conservative movement, though better than contemporary liberalism which started this mess, is largely irrelevant. Frum's critique of 1980s conservative governance is valid and insightful; on what is wrong with the conservative movement today, he is Dead Right.

Contributing Columnist Todd Baggarly is a political science graduate student.

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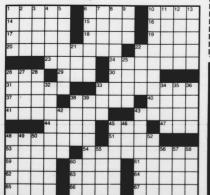
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SERVERS- evenings, some experience required. Please apply to The Merrick Inn Restaurant 3380 Tates Creek

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ue for your next ad, filer, pamphlet, etc.? Call me!
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\$1.25 Miller products from 9-1.

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FEMALE ROOMMATE NEEDED- to share large 2 bed-room apartment. Located close to campus off of Nicholasville Road. 276-1084. MALE ROOMMATE WANTED. New furnished apart-ment on Virginia Ave. \$260/month. Ask for Brian 226-

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FOUND - KEY CHAIN in front of BS. Car keys & aprt-ment keys with 515 Laketower key chain. Contact Kirn

at 289-0558.

FOUND: Black and white small cat/kitten with colar.
226-9146

FOUND: Ladies watch. Describe to claim. 257-5475.

FOUND: Ring in Fine Arts Building on 8/26. John 293-2669.

FOUND: Ring in ladies room CB 9-6-94. Call 269-5105 FOUND: Set of keys at Court Sports on 8/26. Includes Honda Motorcycle key, Inquire at 385 South Lime-

UK AREA- Mixed hound found. Tan black and white with collar. Call 278-0622. MEETINGS

HMA MEETING- Thursday Sept. 29th, 5:00 at Jelly PSI-CHI BAKE SALE 9:00-2:00 Kastle Hall

WATER SKI CLUB MEETING- Monday at 9:00 pm. Stu-dent Center Rm 106 Questions? Call 323-3663

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Call J.C. at 266-3872

Practice Times:

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First Game:

Thursday 29th
Time: 5:00 p.m.
Place: Shivlay Track Field
UK Coed Soccer Club vs. EKU
Show your support!

Athletics

Board approves library finance plan From PAGE 1

Urban County Government on Sept. 17.
Urban County Government indicated it would respond favorably and possibly award \$41 million in tax exempt revenue bonds to UK — providing the Alumni Association could allocate funds to repay the bonds.
Yesterday's vote allows the Athletic Association to donate \$3 million annually toward payment on the bond's principle and interest.

est.
"The necessary action inside
the University is now complete at
this stage," Wethington said.
The Athletic Association has

The Athletic Association has been supporting various University programs used by all UK students for years, Wethington said. The association will now turn over its annual contribution to the library project. Wethington said funding for the library will not come at the expense of other UK-sponsored

activities.
"These other costs, which athletics have been picking up, will then be picked up by other University funds," he added. 'I will now turn inside to my staff and work out an arrangement for the re-allocation of resources."
As of yesterday, the Athletic Association's Articles of Incorporation, the organization's charter, restricted the amount of debt the association could incur to \$500,000.

Should be a second of the seco

Wethington said that if the city-county government issues the bonds, ground-breaking for the library could begin as early as November.

"It would be a very nice Christmas present," he said.









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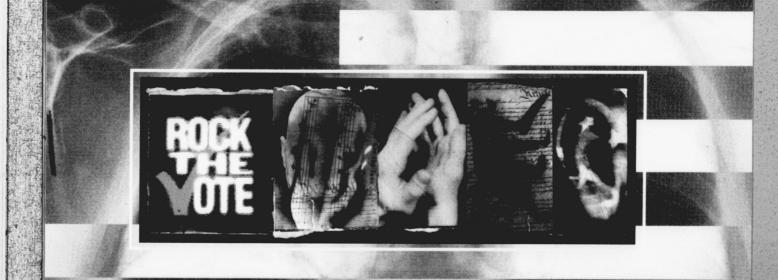




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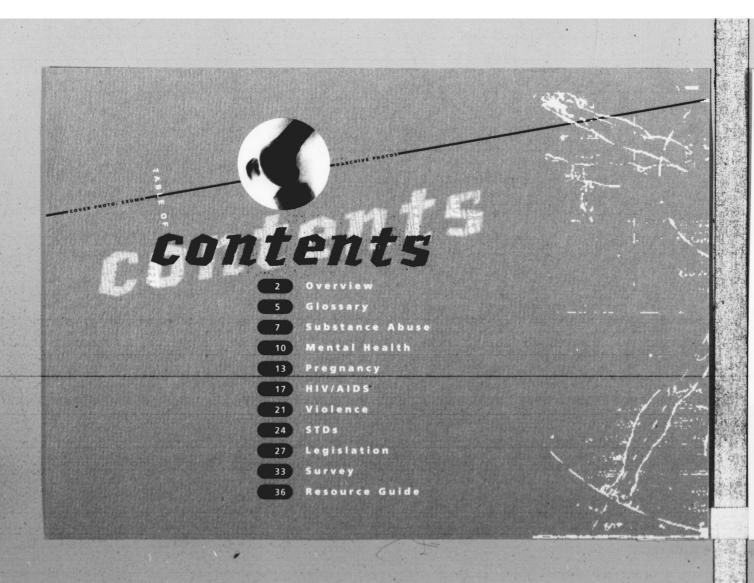
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rock the system

A GUIDE TO HEALTH CARE REFORM FOR YOUNG AMERICANS





Rock The Vote is a national organization for young people based on one simple idea: No one should make decisions about our lives and our futures without talking to us

first. Whatever the issue—crime, economic growth, education, or national defense—young Americans deserve to be heard.

But since young people don't vote as much as other generations, or contribute as much money, or write as many angry letters, politicians just don't pay us much attention. Of course, they're happy to take a picture with a rock star sometimes (ever seen the one of Richard Nixon and Elvis?). But when it comes to a huge, difficult national issue like health care reform, we don't hear much out of Washington or the statehouse.

Even if you want to know what's going on with the big debate on health care reform, it's hard to find out. And that makes it really hard to get involved. At Rock The Vote we believe that young

people care about what our government does, and that there's a nation of youth who are ready to take action. We're ready to Rock The System —if it's really going to



make a difference. But we're not stupid. We need to know what we're getting into first. We need the facts. We need information. That's what this booklet is for.

Rock The Vote has gathered an incredible group of writers—with credits ranging from Sassy to the Washington Post—to give you the information you need to get involved in the health care debate. We've commissioned a groundbreaking survey on what our generation thinks about health care and health care reform. And we've put a killer research team to work gathering all the most relevant statistics and studies in the country so we can get the facts straight.

This book is strictly nonpartisan. It's for Republicans, Democrats, Independents, everyone. We've got info on all the major health care bills in Congress (as of May 1994), from both sides of the political spectrum. And more importantly, we've tried to explain the ideas behind them. So while the names and the details will change throughout the debate, this book should still give you a great place to start.

Why should we care about health care reform? Here's the bottom line, on the real: WE HAVE TO PAY. Our generation could have to pay the health care bills for the next fifty years, under rules the government is making up now. We've already signed the check. They're just filling in the amount.

How can we do it? Our editor, Sheryl Fragin, tackles that question in the Overview, and Julie Kosterlitz of the National Journal (the Washington insider's bible) walks you through the plans and

Nicholas Butterworth is the executive director of the Rock The Vote Education Fund.

committees in the Legislation section. For the full story on what's up in the health care debate, you can read those sections now.

You don't have to wait decades for health care reform to matter. There are lots of issues that matter to young people right now. We've got six of the most important: pregnancy, sexually transmitted diseases (STDs), HIV/AIDS, substance abuse, mental health, and violence. All of these are areas where young people who would benefit from health care aren't getting it. And they're areas where prevention counts—education and outreach could save a lot of money. Our articles explain where we're at as a country on each of these issues, and how different ideas for health care reform might affect them.

There's a lot in here. It's not all easy to understand. Just remember two things. First, everyone in America finds this a confusing topic. And second, knowledge is power. This book should help you cut through the garbage and look for the truth. There is no one right answer in health care reform, just a lot of choices America needs to make. Democracy is all about knowing what those choices really mean—and letting the world know where you stand.

Peace.

Nila Billing

You make the call. Janet is nineteen, a part-time college student and full-time sales clerk with no health insurance. Her father cut out years ago, her mother waits tables and takes in ironing to make the rent. Across town, John, also nineteen, is a full-time student who doesn't have or need a job. His parents are partners in the city's top law firm, which provides great insurance for their whole family. Both Janet and John have badly diseased livers and need a transplant—at a cost of \$270,000 per operation. Who lives and who dies?

Forget every mind-numbing fact you've heard about health care reform. Forget the arcane sniping between advocacy groups. It all boils

down to this: Do you consider health care a basic right of all citizens, or the personal responsibility of each individual?

Chances are you elected to give both patients the transplant. Now just remember that your decision has a price—it's going to cost you in

higher taxes to care for all the Janets across the country. And to make things more complicated, let's suppose she brought on the disease herself through IV drug use. Does she still get the surgery? How would you vote on an uninsured lung cancer patient (estimated medical costs \$58,000 over two years) who has smoked three packs a day for most of his life?

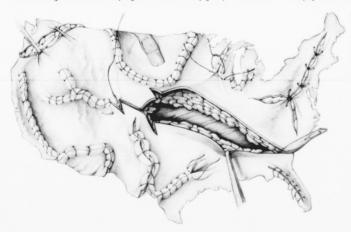
Such questions can be startling to anyone who hasn't dealt with illness before, since the health care system is a bit mysterious even to those who use it. Every hospital is required to treat patients in an emergency—gunshot wounds, heart attacks, appendicitis—regardless of whether they can afford to pay. And if they have no insurance, chances are very, very good that the

hospital gets stuck with the bill. That's because the surgery needed to patch up the gunshot victim just cost a quick \$20,000.

But most hospital care doesn't fit into the crisis category, no matter how critical it may seem to the patient. The majority of all cancers, tuberculosis, and other terrifying diseases are considered non-emergencies, leaving doctors broad discretion over how to treat them. Not surprisingly, when the hospital doesn't expect reimbursement, it isn't really eager to perform expensive treatments. One 1990 study in Massachusetts, for example, found that uninsured patients were 40 percent less likely to receive heart bypass surgery.

That's not very encouraging for the estimated one in five Americans who go without insurance during some part of the year. It's especially bad news for young people, since more than half of the uninsured population is

Sheryl Fragin has reported on government issues for The Atlantic Monthly, Newsweek, and many other publications.



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under thirty years old. In fact, eighteento twenty-four-year-olds are the group least likely to have coverage (see chart).

If you're in good health, rarely see a doctor, and aren't fazed by those numbers, think again. The uninsured—including many of your peers—are costing you big time.

People without insurance see doctors far less often, and typically wait until they are very sick before going. That means they often wind up hospitalized for ailments that could have been easily managed in a doctor's office. According to the Kaiser Family Foundation, uninsured patients are twice as likely to be hospitalized for diabetes, high blood pressure, and illnesses that are preventable by vaccine. (They are also three times more likely to die in a hospital than those with health coverage.)

0-17 18-24 199018-24 25-29 16 199030-44 197 For every hundred people in this age group, number who are uninsured

SOURCE: THE URBAN INSTITUTE

Who's not covered?

What does that mean for you? Doctors and hospitals aren't really absorbing the cost of treating these patients—you're carrying most of it. When bills aren't paid, charges are hiked for everyone else. Insurance companies, in turn, raise their monthly premiums. And the federal governments are their monthly premiums. And the federal governments are their monthly premiums.

ment, which helps public hospitals care for the poor, has to cough up more money—which you supply through taxes. Every time an uninsured stabbing victim is rushed into surgery, or a low-income mother uses an emergency room to treat her son's cold, you help foot the bill.

Of course, there's also the unpleasant possibility that you could develop a serious, chronic problem. A severe head injury from a car accident, for instance, could eventually rack up more than \$300,000 in medical bills. To put things in perspective, consider that even if you were earning the national median of \$35,900, it would take roughly 150 years to pay off the debt. No entertainment, no vacations, no letup over your lifetime.

"Illness is the major cause of bankruptcy in this country," says Steffie Woolhandler, a professor at Harvard Medical School. "The average person who enters a nursing home loses all of their savings in thirteen weeks."

Illness, in fact, is eating up our entire economy. Total health spending jumped an astronomical 817 percent over the past twenty years. Even worse, nearly one out of every six dollars in the federal budget went to health care last year. That left fewer resources for education

(one out of fifty dollars), housing (one out of seventy-five dollars), and other critical needs.

"We can't balance the federal budget because Medicare costs so much," says Alan Hillman, director of the Center for Health Policy at the University of Pennsylvania. "We can't fix our highways because we're paying for health care. Young people's futures



D FREED/MAGNUM PHOTOS



depend on the economy, and to a large part the economy depends on getting health care costs under control."

Economists lay the blame on several factors, including the growing use of expensive high-tech medical equipment, overtesting by doctors afraid of malpractice suits, ballooning doctors' salaries, an insurance system that makes patients oblivious to costs, and the aging of the population. Of the five, by far the most ominous for young people is the last on

By the year 2020 almost one in five Americans will be elderly, and the percentage of very old—those over eighty-five—will have doubled from 1980. That's a hugely expensive scenario, since senior citizens account for most of our total health care spending.

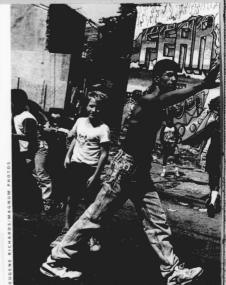
Ever since Social Security was created in 1935, the country has embraced "pay as you go" programs, where the young pay into a fund that gets divvied up among the old. Medicare, the feder

al program that provides health insurance for the aged and disabled, follows the same principle. But with the elderly population growing at double the rate of everyone else, today's young people are going to be saddled with a tab they can't possibly pay—particularly when the huge "baby boom" generation reaches old age in about twenty years.

Already Medicare is the most out-ofcontrol sector of the whole uncontrollable health care system. Not only is it overburdened by the population explosion among seniors, but as the source of over one-quarter of a typical doctor's income, and as a complicated program supervised by the government, it is open to all sorts of fraud. Last year Medicare alone consumed 9 percent of the federal budget.

The shoulders of so-called "Generation X"—the baby busters—aren't broad enough to carry this mess. "They are the thin generation," says Uwe Reinhardt, an economist at Princeton University. "They worry that, number one, the baby boom is taking all of their opportunities—which is totally fallacious, by the way, because as the baby boomers move ahead they suck this generation up with them. And number

two, they're afraid they'll have to feed them. That's a reasonable fear. So far, you have to admit the eighties were not very reassuring. They see that in the year 2010 they're going to have to give up half their income for senior-citizen baby boomers who never saved enough."



of a book called Generational Accounting, has translated all of this into hard numbers, and the results are particularly painful for men who turn twenty-seven this year. By his estimates, they'll be paying far more in taxes over their lifetimes than any other age group (see box at left). "Most of this burden is not to pay off interest on the federal debt," says Koulikoff. "Most is to pay Social Security and Medicare benefits to your grandparents and parents. That's money you could have saved for yourself, for your old age. Think about a world in which the payroll tax was 100 percent, with all

Future Shock

Birth year	1967 (Men)	1967 (Women)	1922 (Men)	1922 (Women)
Taxes paid over a lifetime Lifetime benefits received (Social Security, Medicare, etc.)	\$262,300 \$59,300	\$164,700 \$63,300	\$54,000 \$152,600	\$44,300 \$168,800
Final score (taxes minus benefits)	You lose \$203,000	You lose \$101,400	They get \$98,600	They get \$124,500

SOURCE: 1995 U.S. BUDGET, LAURENCE KOTLIKOFF AND ALAN AUERBACH



the benefits going to old people. We're

the benefits going to old people. We're not these yet, but she'ts where we're headed."

Kotlikoff has many critics who cringe at the implicit greed and bitterness in his message, since every society has som system to transfer resources from the strong to the weak. "I always feel we can make it through the twenty-first century if we can re-educate young people to know their income is not theirs," says Reinhardt, the Princeton economist "I like to tell my students "You're expected to feed your family and another one and a half persons you don't even know There's nothing wrong with that if you



Fee for service: A payment system where you're billed separately for each treatment—like a throat culture, heart operation, or routine check-up. It has been the standard system in the United States.

Single-payer: A payment system where the gov-ernment picks up the bill for everyone's health care, using tax money. It is used in Canada, Great Britain, and many other countries.

Managed care: Steps an insurance company takes to cut costs by monitoring your treatment.
They could mean getting the company's okay before being admitted to a hospital, or having the company veto treatment it doesn't think is working.

Health Maintenance Organization (HMO): An all-in-one group of insurers and medical workers. Members pay a flat fee for unlimited care but can only see doctors who are part of the group.

Medicaid: The state and federal insurance pro-gram for the poor who either have children, or are elderly, blind, or disabled.

Medicare: The federal insurance program 5 for the old and disabled.

Private insurance: Coverage that you or your employer buy from an insurance company, as opposed to getting through government programs like Medicaid or Medicare.

Premium: The periodic bill for your insurance policy.

Pre-existing conditions: Health problems you had before your insurance policy began. Insurance companies may refuse to cover these conditions—such as chronic asthma or migraine headaches—for a set period of time, or indefinitely.

Subsidies: Government assistance to help low-income people pay for basic services like health care.

Inpatient care: What you get when you're an overnight patient at a hospital or treatment center.

Outpatient care: Treatment in a doctor's office

Centers for Disease Control and Prevention (CDC): The government agency in Atlanta that tracks and fights everything from AIDS to the flu.



the major health care proposals. But another issue vital to this generation isn't really making it to the table. All of the problems that plague young people—from drug addiction to unplanned pregnancy to HIV infection—are preventable, given enough forethought and attention. That's unfortunately not the way we're used to looking at health care, which is why most of these are considered lifestyle problems, outside the scope of health care reform.

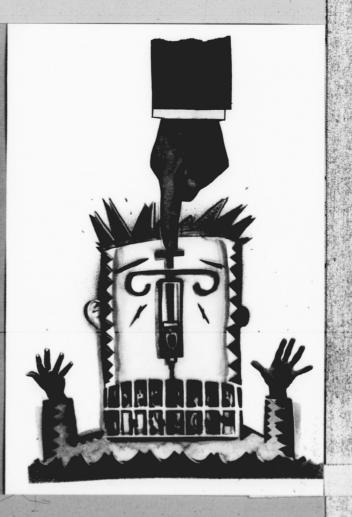
U.S. Surgeon General Joycelyn Elders has noted that 90 percent of the money slotted for medical care is spent on the patient's last few months of life, while only .8 percent is put toward prevention. "There is a priority in American medicine on illness care and not on prevention," says Harvard's Woolhandler. "For young people in particular, preventive care could really work. When people smoke, they start young. Eating, drinking, exercise—those habits are frequently ustablished in childhood and young adulthood."

Short-term thinking is costing this country billions it can't afford, as you'll see in many of the following stories. There's probably no better reason for adding young voices to the debate.

profound effect on the careers of those just starting out. "Young people should advocate policies that allow them to be as mobile as possible when it comes to moving up the economic ladder," says the University of Pennsylvania's Hillman. "What they'll find is that our current system inhibits their ability. If we had a system of health care insurance for everyone, they wouldn't have to worry."

Insurance "portability"—being able to carry your coverage with you from job to job—is an important aspect of most of

Doctors earned an average of \$171,000 in 1991—five times what the typical American worker made



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Ask Hu much mo career cr prisons f honestly know is t prison re rehabilit

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John WI

substance abuse

(by John Whalen

By the time Hunter turned fifteen he was already a heroin addict. It was an expensive habit, so he learned a trade Several, in fact: petty theft, burglary. stick-ups, drug dealing. And whenever he was in prison, which was quite often, he always managed to buy jailhouse smack. "Sometimes the drugs are better in there," he says.

Ask Hunter, now in his thirties, how much money he cost the system—as a career criminal and junkie in and out of prisons for a total of nine years—and he honestly doesn't know. What he does know is that all the punishment and prison rehabilitation didn't begin to rehabilitate him.

"When you leave prison," Hunter recalls, "they say 'See you soon!' They know who will be back. I think building more prisons is a waste of money when they should be building treatment facilities, so those who come out can re-enter into society." In 1992 Hunter checked himself into Walden House, an intensive rehab clinic in San Francisco, and finally beat his habit. After fifteen months of

John Whalen is a former columnist for the San Jose Metro who has written for New York Newsday and the Residen

treatment he's been drug-free (and felony-free) for nearly two years and is close to getting a counseling credential and college degree.

Hunter is one of the lucky ones, with

the will and wherewithal to take charge of his own problem—as well as the community services to meet his needs. But right now as many as 5.5 million Americans need treatment, with perhaps one in four in their teens or early twenties. And only about a quarter of them are getting some form of care.

That's because ever since the government declared war on drugs in the early seventies, officials have put their faith in cops, copters, and incarceration to solve the problem. Most of the federal money spent on controlling drug and alcohol abuse-nearly \$80 billion during the 1980s—has paid for law enforcement, border patrols, and international interdiction (like chopping down coca crops

In the past decade there have been more than a million arrests for drug violations. Over half of all federal inmates are locked up for drug convictions. Mandatory sentencing laws toss smalltime and first-time offenders into jail cells and sometimes throw away the key Consequently, our prisons are seriously overcrowded, which often leads to the early release of violent criminals—to make room for more druggies.

With law enforcement getting all the money, things like education, prevention, and treatment have gotten short shrift, even though experts say they've proven far more effective at reducing chemical addiction and its consequences across all sectors of society. Currently, only one-third of all federal money spent on drug control pays for treatment and prevention efforts.

That leaves at least 100,000 addicts, by government estimates, willing to under go treatment but languishing on waiting lists. "I had to wait two months to get into a program," says Will, a twenty-fiveyear-old Californian whose alcohol prob lem grew so bad he couldn't keep a job. While he waited for an opening in a publicly funded rehab center, he lived in a parking lot in San Jose, a





alcohol-related problems.

• Slightly more than 100,000 pregnant

Who's offering what on the substance abuse front*

an	Clinton

- 30 days a year in residential clinic or regular hospital (with a 30-day extension if person poses a "threat" to self or someone else)
 120 days a year intensive day treatment (walk-in detox, partial hospitalization, etc.)
 120 days a year walk-in counseling, relapse prevention
 30 group therapy sessions
 Trade-off arrangement allows swap of residential "inpatient" days for walk-in "outpatient" days

with Cen-tion abo ding Age die han

bee effe tion



with the highest rate of addiction. The Centers for Disease Control and Preven tion estimates that cigarette smoke kills about 418,000 people each year. According to the Environmental Protection Agency, another 3,000 nonsmokers also die of lung cancer from breathing secondhand smoke

But if the war on drugs largely has been ineffective policy, it has been very effective politics, allowing all kinds of tough-guy posturing. The mere suggestion by Surgeon General Joycelyn Elders last December that we study new approaches to the drug problem, including legalization, caused a national outcry that squelched any further debate. "No one ever lost an election because they were soft on treatment," says Herbert Kleber, medical director at Columbia's substance abuse center. As a deputy director under George Bush's "drug czar," Kleber was in charge of "demand reduction" but resigned from the administration in part because of the lopsided emphasis it placed on interdiction over treatment.

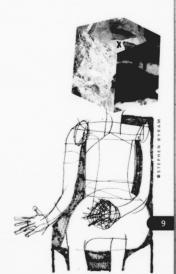
Apart from politics, Kleber attributes the American fixation with law and order to a fundamental misunderstanding of the nature of addiction. "There's almost a Puritan streak in America that says addiction is a weakness" as opposed to a disease, he says. "There's also the belief that treatment probably doesn't work anyway, so why should we put our hard-earned dollars into it? Unfortunately, they don't draw the same conclusion that there's no evidence that interdiction worked."

Thanks to the priorities of the war on drugs, there have never been enough public funds to handle the demand for treatment. To make matters worse, many private insurance companies have been whittling substance abuse benefits to the bare minimum. So insured patients have been pouring into public treatment facilities, jamming the rolls even morewhile beds lie empty in expensive private hospitals.

The good news is that the federal gov ernment is finally looking at prevention and treatment as a health issue, and plans to shift priorities from interdiction to treatment, to the tune of 74,000 new treatment openings. The new crime bill, at least in the House version, allocates \$9.2 billion for crime prevention and drug treatment.

The bad news, according to addiction experts, is that Washington continues to send mixed signals. For starters, the crime bill floats even more cash for new prisons and more cops, and by the time you read this the treatment provisions may have been whacked by the Senate. As for the Clinton health plan, the thirty days it provides in a hospital or clinic just isn't enough, say treatment experts—especially since studies show that successful rehab can take eighteen months or more. Hard-core addicts often need more than a year in an intensive treatment program that provides discipline, education, job training, and socialization skills.

Two of the competing reform bills get louder cheers from experts: the singlepayer plan, which offers extensive cover age, and the new Stark bill, a Clinton offshoot that covers more treatment than the Clinton plan. "There's no silver



bullet," says Jim Kooler, one of California's top drug officials. But when so many social problems are linked to a disease as treatable and preventable as substance abuse, he notes, "we shouldn't be waiting for those problems to come to us.

Cooper-Breaux Single-payer

Commission"

leaves specifics to a

National Benefits

- · Says it will cover sub stance abuse, but
- 135 days a year in residential clinic or 90 days in regular hospital
- 90 days a year intensive day treatment (walk-in detox, partial
- Unlimited walk-in counseling, relapse prevention
- Unlimited group therapy sessions
 While Clinton plan makes patients trade inpatient for outpatient days, Stark
- No substance abuse No substance abuse benefit defined benefit defined

benefit defined

hospitalization, etc.)

s them to use both benefits—with no reduction of one for the ot

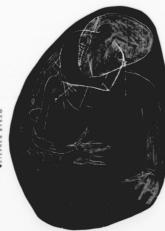
mental health

It would be cheesy to put a bright, uplifting spin on Kurt Cobain's suicide. I won't try. But there is one valuable thing that could come of it: increased awareness of mental illness. Cobain was suffering from bouts of depression (the condition that underlies most

suicides) compounded by substance abuse—problems anyone can face. In fact, suicide is now the third-leading cause of death among people fifteen to twenty-four. And suicide is just one corner of this topic. There are lots of other reasons to care about mental health issues in general.

Reason to care #1: Guess when most mental illnesses kick in? Right. The average age of onset for major depression is twenty-four. For anxiety disorders it's fifteen. According to one conservative estimate, bulimia affects around three in a hundred college-age women. Suicide claims the lives of more than 5,000 young adults every year. "Young people often don't recognize the symptoms of depression," so they're

unlikely to seek help, says Mary Jane England, president-elect of the American Psychiatric Association. "And society isn't giving them the kinds of jobs they've been trained to do, so they really feel worthless."



Reason to care #2: It's more common than you think. One estimate from the National Institute of Mental Health holds that 22 percent of Americans eighteen and older suffer from some type of mental disorder in any given year. And its National Advisory Council estimates that 12 percent of all kids will develop a mental illness before the age of eighteen.

Reason to care #3: Most major mental illnesses are extremely treatable. Though patients may not get 100 percent well, they can usually lead normal lives through a combo of psychotherapy and medication. The five biggies in psychiatric terms: © Depression. One in four women and one in ten men can expect to develop it at some point. It's one of the most manageable of all, with an 85 percent success rate. © Bipolar disorder (a.k.a. manic depression). It usually strikes before age thirty and affects nearly one in a hundred people. Those affected experience euphoria (hyperactivity, racing thoughts, wildly optimistic thinking) followed by plummeting, pro-

Marjorie Ingall is senior writer and health editor at Sassy, where her work won an American Psychiatric Association award last year. by Marjorie Ingall

treatment success rate. • Panic disorder.
Just what it sounds like. Your heart races, your breathing gets shallow, you break out in a sweat over unreasonable fears It affects more than one in a hundred Americans in any given year. Treatment success rate: 75-90 percent. • Obsessive Compulsive Disorder. This often begins in childhood and affects 2 percent of Americans over their lifetimes. OCD means you can't get rid of unwanted thoughts and you may feel compulsions (like, say, the need to wash your hands again and again). It has a 60 percent treatment success rate. • Schizophrenia. This can be the most devastating of illnesses for a family. It causes delusions hallucinations, and/or false beliefs—like the CIA has planted a radio in your teeth. Roughly one in a hundred adults will develop it. Schizophrenia can be managed, though not cured, in about 60 per cent of the cases.

Overall, those treatment success rates compare very favorably to treatment for other illnesses. You only have a 52 percent chance of getting better after some heart bypass operations, but as the American Psychiatric Association points out, no one questions whether or not





Reason to care #4: It's costing all of us a lot of money. In 1990, according to one estimate, the total cost of all mental disorders in America was almost \$148 billion. That includes the price of treatment and, more ominously, the indirect costs of lessened productivity, the use of the criminal justice system, social welfare expenses, the need for family caregiving, and lost earnings due to premature death by suicide."

Major depression alone accounts for more sick days than any disorder except heart disease. In 1990 it meant an estimated \$23 billion in lost work. As for the social costs, nearly one-third of the homeless have a severe mental illness. And more than 7 percent of all people in juil are seriously mentally ill.

Okay. So mental illness is a big problem. The real issue is how (and whether) to pay for treatment. What it boils down to is a fundamental guestion about how we, as a society, view mental disorders and our responsibility (if any) to those who have them. Should we do everything possible to ease human misery, even if the afflicted lead relatively nor mai lives? Or should we save our energy and dollars to treat the most severely disabled? Then again, should we reserve our ammo for those who are most likely to recover completely and contribute to our country's productivity?

One problem facing both sides in the debate is how hard it is to quantify the effectiveness of mental health care. How do you judge the success of treatment? If a person doesn't kill herself? If she says she feels better? Who should decide when treatment is finished. The patient the doctor, the insurance provider?

The way we've looked at mental jull.

Plan Clinton Stark Benefits • 30 outpatient psychotherapy sessions and 30 inpatient days (plus 30 more in certain cases) regular hospital

- inpatient days (plus 30 more in certain cases)

 In quirky trade-off arrangement, allows swap of
- inpatient days for extra outpatient treatment
 Goal is full coverage (with no benefit limits) for
- Goal is full coverage (with no benefit limits) for mental illnesses by 2001; until then co-payments and limits remain higher than for other illnesses
- 90 days a year inpatient care in regular hospital
 45 days a year in psychiatric hospital
- Intensive day treatment in community centers, with 90-day limit
 Outpatient psychotherapy for kids and adolescents, with unspecified limits
- Offers 15 inpatient days and 20 outpatient visits, but will cover unlimited extra care if deemed necessary

Single-payer

• Promises coverage for severe mental illness, though specifics still must be "clarified" by a National Benefits Commission

Chafee-Thomas

Cooper-Breaux

No mental health
 benefits defined

 No mental health benefits defined

Michel

Nickles

No mental health
benefits defined

SEE PAGES 30-32 FOR MORE HEALTH PLAN DETAILS

the health care system in general. An important question is, What'll happen to these people under health care reform? Not like you're automatically in a peachy situation even if you have private insurance: Ninety-five percent of the insurance plans in one survey limit coverage for mental illnesses treated in a doc-

tor's office. Almost 80 percent have more restrictive hospital coverage for mental problems than other illnesses. If you develop a really severe problem you may exhaust your benefits and wind up in a state-run institution.

Ironically enough, most benefit plans contain a financial incentive for hospital ization instead of office care, because they offer more generous hospital, or inpatient, coverage. Bummer, since new evidence indicates 50 percent of those inpatients could be treated at least as effectively in a doctor's office. And inpatient care is way expensive.

Speaking of expensive, the basic argument for limiting coverage of mental illnesses is cost, cost. Or fear thereof. Mental health and substance abuse expenses shoot up as much as 60 percent every year. One major reason for skyrocketing mental health costs in the eighties was the huge increase in

teenagers and people with substanceabuse problems put—often unnecessarily in private psychiatric hospitals. (From 1986 to 1988 alone there was a 65 percent jump in admissions of minors to private psychiatric facilities!)

In addition, insurers have done studies showing that comprehensive mental health coverage would be staggeringly expensive. (The mental health establishment counters that the studies used antique data based on fee-for-service care. In the last few years most mental health treatment has been under managed care, which costs less.) There's also the fear that the very existence of a mental health benefit will encourage its use. In other words, because they can, folks will be darting off to their therapits like whining neurotics out of a Woody Allen movie.

On the other hand, those who favor covering mental illnesses say that managed care will prevent anyone from blank-checking endless, unnecessary psychotherapy sessions. And overall they predict it'll ultimately yield a \$2.2 billion savings, considering that these ailments often strike young people just as they're becoming productive.

What many in the field would like to

see is a wider range of options for patients. Very few current insurance plans offer halfway services between office care and hospitalization-like day or evening treatment programs and in-home family counseling. Experts would rather see costs controlled than have rigid lim its on hospital stays. They feel preventive care is vital, and undervalued. And many say the system is too fragmented. That's the appeal of schoolbased clinics: Early intervention would in theory help mental health problems as well as pregnancy, substance abuse, violence, AIDS, and poverty A recent poll shows that

A recent poll shows that three-quarters of Americans want mental health problems covered to the same extent as physical illnesses. Is this likely? Well, that's largely up to you. What will you ask of your congressperson? Your employer? Your insurer? "Be a good consumer," advises England, of the American Psychiatric Association. "You can demand certain rights." For the uninsured, plans that guarantee universal coverage offer

more help than you're getting now. Is that enough? It's your call.

P.S. What do you do right this second if you're depressed and need help? Talk to someone you trust or call a local mental health center. If you or a friend are feeling suicidal, find a hotline under "suicide" in the Yellow Pages or check the Resource Guide on page 36.



E X U M e

pregnancy

by Lisa Ruppel Benenson

Jessica Rivera is seventeen years old, and this is what she thinks about late at night when sleep won't come and the minutes on the clock drag ever closer to morning. She thinks about her fourteen-month-old son, and wonders how she will keep him safe and bring him up to be a good man. She tries to figure out how she can move to a place where there won't be any gangs. She worries about money and she worries about school, and she worries about keeping her little boy fed. Sometimes her head begins to ache from all the thinking and all the worrying. Such are the night terrors of an unwed teenage mother.

Jessica belongs to a club whose membership has exploded

ental health

Talk

men

Jessica belongs to a club whose membership has exploded over the past twenty years: Teens in the United States get pregnant more often and have more babies and more abortions that teens in any other developed nation. More than a million get pregnant each year—approximately 2,800 each day.

Those statistics have devastating consequences for the poorest people in this society. If you are young and poor, and you have a child out of wedlock, it is likely you will stay poor, will not get a good education, and will never find a good job. And because of your poverty, your children probably won't see a future for themselves that is any different. At fourteen, or maybe sixteen, they too may find themselves expecting a child—and the cycle will begin again. Surgeon General Joycelyn Elders has said that 80 percent of poverty in the United States is related to teenage pregnancy, and that nine out of ten men in prison between the ages of nineteen and thirty-five were born to teenage mothers.

"Unintended pregnancy is a problem for everyone in this country," says Mark Smith, vice president of the Kaiser Family Foundation. "And the younger you are, the darker you are, and the poorer you are, the more of a problem it is for you."

Some of the young women behind those numbers come from more privilege rather than less, and their futures will not necessarily be tarnished by the experience. But for Jessica Rivera, and the hundreds of thousands like her, the road will be much more difficult. The story of how she came to the path that now lies ahead of her is not unusual in her world.

Jessica is from the Bronx. She is the third daughter of a woman who had her first child at sixteen. Before she was ten she had endured years of beatings from

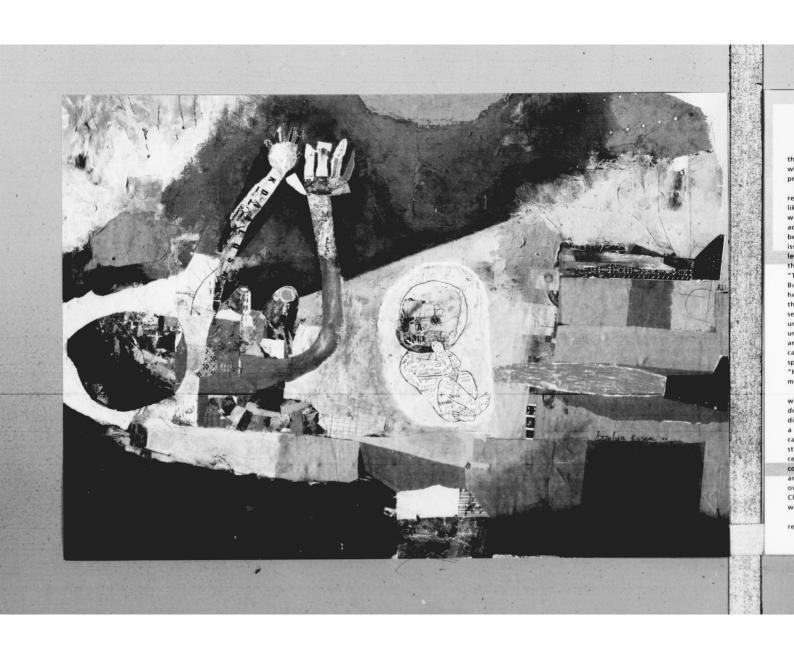
her mother and repeated rape by her stepfather. Placed in foster care, she says her mother held a knife to her throat the day social workers came to take her away, releasing her only when the child protection agents came through the back door.

At fourteen she ran away from the latest in a series of group homes and moved in with her twenty-year-old boyfriend. After a year of living together he began pressuring her to have sex without condoms. "I guess I just put myself in denial that I would ever get pregnant," she says. When

Jessica learned she was pregnant, her boyfriend wanted her to have the baby and she didn't have \$175 for an abortion. When she was four months pregnant, Jessica stole a car with two friends and got as far as Wyoming before the police caught



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them. She was shipped back to New York, where she was ordered into a home for pregnant teenagers in Albany.

As lawmakers grapple with health care reform, those who work with teenagers like Jessica worry about how—and whether—their problems will be addressed. Teenage pregnancy can't begin to be tackled without taking on issues of poverty and education and joblessness. As Marian Wright Edelman of the Children's Defense Fund likes to say, "The best contraceptive is a real future. But if health care reform doesn't include help for America's at-risk teenagers, things will clearly get worse. "We will see much more disease, much more unwanted pregnancy, and much more unwanted childbearing among teens, and these are simply things our society cannot afford," says Andrea Salwen, a spokeswoman for Planned Parenthood. "Health care reform is our chance to make some real headway."

As always, the hottest question is

As always, the hottest question is where the reform proposals will come down on abortion, possibly the most divisive issue in the country today. Under a 1977 law, no federal Medicaid money can pay for abortions, and only twelve state Medicaid programs cover the procedure on their own. So in most of the country, low-income teenagers who want an abortion must finance it from their own pockets. That's a situation President Clinton has promised to change, and one

which conservatives intend to uphold.

Not surprisingly, all but one of the reform plans so far avoid the issue. Many

are expected to eventually cover abortion, but the plan sponsored by Republican Senator Don Nickles of Oklahoma is the only one to say that abortion doesn't have to be covered (though it's not absolutely excluded). "We have a lot more teenage pregnancy than anyone wants," says Nickles, "but I do think it's regrettable that abortion has become a form of birth control. Under the President's plan, it may end up costing \$60 for an abortion. That will make abortion more commonplace, and that's unfortunate."

The United States has one of the highest abortion rates in the developed world, and of the 1.6 million performed in 1988, one-quarter were obtained by teenagers. That statistic has led to parental notification or consent laws in twenty-three states. Pressure from Right-to-Life groups has also made abortion

services unavailable in 83 percent of the counties across the country. Those moves, plus heavy media attention to the debate, seem to have left many teens with the mistaken idea that abortion is medically dangerous and widely illegal.

But the big question for poli cymakers is how to prevent the pregnancies that make abortions necessary in the first place. "The abortion rate in this country is unconscionably high, and I think we can all agree that ought to be unnecessary," says the Kaiser Foundation's Smith. Many see school health care centers as key, and funding for them is currently included in the Clinton health plan. The clinics are designed to make it as simple as possible for teenagers to get health care services—and will address one hugely impor



tant issue for sexually active teens: Will their parents find out that they're trying to get contraceptives, or an abortion?

At this point none of the major health care proposals speak directly to the issue, since the so-called details are expected to be worked out after the final bill is approved. But the lack of specifics worries those who feel that writing privacy guarantees for teens into a health care bill may be very hard, given that it's a political hot potato. "I think kids' rights will be the first to go," says Debra Hauser-McKinney of Alternatives for Youth. "They don't vote."



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Plan	Clinton	Stark	Single-payer	Chafee-Thomas	Cooper-Breaux	Michel	Nickles
Benefits •	Preventive services, including pre-natal well-baby care Prescription contraceptive devices (like diaphragms and cervical caps) Intends to add birth control pills, Norp (contraceptive straws inserted into wor arm), and Depo-Provera (contraceptive Allows doctors, clinics, and hospitals to refuse a service "on the basis of a religibelief or moral conviction"	pre-natal and well-baby visits • All costs relating to delivery • Prescription contraceptive devices man's shot)	All family planning services included Preventive services like pre-natal and well-baby care	Prescription contra- ceptive devices Talks about preven- tive services but gives no details	Talks about preventive services but gives no details No mention of family planning	No mention of preventive care, or most other specifics *SEE PAGES 30-32 FOR MC	Says benefits package doesn't need to cover preventive care or abortion ORE HEALTH PLAN DETAILS
the plan teens, a	ritical issue that has made it into s is preventive care for pregnant d later for their newborns. Three even major reform bills specifical-	problems. In fact, one of the mos mon complications of poor pre-na is low birth weight, which is the I factor in infant deaths.	eading 40 percent For Jess cost-benef	nment would save \$10 of the expense. ica Rivera, of course, a it analyses and politica	II the	0	20

ly cover pre- and neo-natal (after birth) care, and two others vaquely promise some funding. It's a big plus for teens, who are only half as likely as adults to see a doctor when they're pregnant. And inadequate pre-natal care makes it much more likely that mother or child—or both—will experience health

While any programs to deal with teen pregnancy are likely to be costly, the results may offer big savings in both human and economic terms. Low-birthweight babies who do survive, for example, do so at great cost—an average of \$30,000 in the first two months alone, according to the Alan Guttmacher

Institute. Advocates for Youth calculates that a family begun by a first birth to a teen mother in 1990 will cost the taxpayer an average of \$18,133 by the time the child reaches twenty. If each of those births had been delayed until the woman was in her twenties, the fedcutting will come too late: Her childhood is over. She lives in a group house in Albany with four other unwed mothers. Home is a tiny bedroom that she shares with her son, Alex. The head of his crib and the head of her narrow bed meet in one corner; Sesame Street posters share wall space with Alex's birth certificate. There are few signs that a teenager lives in the room—just a signed photograph of an actor from her favorite soap opera and an oversized goblet from a long-ago night out. Living here has allowed Jessica to go back to high school, where she is a junior. She has chores, and counseling, and a strict curfew, but she also has people to care for Alex while she's in school. Come September she'll have to move into her own place, and it's there her worrying really begins.
"I just think about what I'm going to do

for money and whether or not I'm going to be able to do everything," she says.
"Going to school, taking care of Alex...I just don't know if I'm going to make it."



by David France

Sandy was twenty-six when she got the news, when she went from naive to frighteningly enlightened, from pacifist to activist, from healthy to harboring the AIDS virus.

She had requested an HIV test two weeks earlier during a cholesterol exam, figuring "Ah, the hell with it—why not?" It was that much of a whim. Most young people, and almost all women, only learn of their HIV infection once it progresses to full-blown AIDS. Besides, Sandy had a modest history: five men, no women, and no intravenous drugs. Even the clinic found her request befuddling. "When I went for the counseling before the testing," she recalls, "they said "What are you doing here? Do you have some kind of psychological hang-up about your last boyfriend or some-thing?"

Until she noticed the doctor's anguished face as he asked for her confidential ID number—nobody at the clinic or the blood lab would know her identity—she

wasn't nervous in the least. "I remember saying 'Okay, God, whatever it is just let me face it."

Sandy apparently had contracted HIV five years earlier, at twenty-one, from boyfriend number four. An estimated 60,000 other Americans also were stricken that year. One in four of them was under twenty-two. The day Sandy was infected—as every day since—forty more young people got the virus. If she had been a prevention activist then, she might not be a drafted treatment activist today.

Now her vocabulary includes things like nucleoside analogues, CD4-cell spikes, and glycoprotein envelopes. If she's lucky, it will be several years before her infection turns into AIDS. Until then—maybe not until she's thirty or thirty-five—the Centers for Disease Control and Prevention won't add her to the AIDS list.

That's why despite there being only

David France has reported on AIDS since the beginning of the epidemic. His work has appeared in Esquire, Rolling Stone, and Vibe.

15,080 thirteen- to twenty-four-year-olds officially counted with AIDS, the picture is actually much grimmer. HIV is quickly becoming a disease of the young. The age at infection has dropped dramatically from the early days of the epidemic, when it was well over thirty, according to new research. Today the average age is twenty-five, and falling. Scientists now

believe that HIV-positive people under twenty go longer before developing any of the symptoms that define full-blown AIDS—twelve years versus about ten for thirty-year-olds. There's reason to believe, then, that the vast majority of those under thirty with AIDS—fully 22 percent of all cases—were infected as teenagers. "To be able to sustain this level of infection every year really indicates there's some very, very risky activity going on," says Fred Hellinger, who tracks HIV data for Congress.



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Something about AIDS prevention is not working—and many experts think they know what. Young people are hearing warnings against high-risk people instead of high-risk behavior. Sandy believed she fell outside the risk groups. "Politically, I'm incredibly pissed off that the message is primarily towards the gay community," she says. "Why didn't somebody warn me—a white, educated heterosexual from the suburbs?"

Though Sandy was warned, AIDS experts say, she wasn't warned effectively. The message needs to be clearer that

One in four adolescents with AIDS is female, versus one in ten adults.

unsafe sex is unsafe sex. no matter who's enjoying it. "We give out all this information about HIV and safer sex, and how to clean your needles," says Sean Sasser of Youth Empowerment Services in San we never give

actual information about being in that situation—bringing up safer sex, getting out the condoms. We just assume that by providing them with information, they'll do the right thing. They can quote AIDS 101 in thirty seconds or less, but they're just not using it." At least, that's what Sasser believes happened to him. Seven years ago, as a high school senior in Detroit, he contracted HIV.

"This is true across the board, but especially for young adults," says Colin Robinson, a policy analyst at the Gay Men's Health Crisis. "A lot of us have information we don't use. And that's not because we're morally bad or lazy. What we need to do is help people, encourage people, support people in their decisions to be safe. But in a world that blames sexuality, it's hard to get young people talking about it. If we don't want them to be sexually active, how can we ask them to be sexually responsible?"

AIDS prevention—the only known way to save a life from the certain ravages of the disease—is the most politically charged corner of the crisis. In many areas religious-right groups have gained seats on school boards and stoked parental opposition to the explicit sex talk that's part of AIDS education. Perhaps that's why it remains unaddressed in any of the reform packages being edited in Washington, many of which include other types of preventive care.

Besides the half-billion dollars the CDC spends on HIV counseling and testing, prevention isn't even handled as a national issue. Underfunded nonprofit groups and local and state governments have been left to deal with the problem, resulting in wild disparities from place to place. New York State, for example,

spends \$2.35 per person on AIDS prevention while Colorado—notorious for its recent anti-gay legislation—allots just a penny.

Some facts are managing to seep through, but there's still a lot of dangerous misinformation. "The majority of teenagers can tell you that you can get it from blood and semen and breast milk and vaginal fluids," says Jennifer Hincks Reynolds, director of the adolescent HIV program at Advocates for Youth in D.C. "They certainly know that. But they have a few myths mixed in." One national survey found that 86 percent of eighth and tenth graders understand the importance of condoms—but another study showed that 12 percent of all high school students believe birth control pills provide some protection against HIV, and 23 percent

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patients are doing, given the developing ment as a result

Gay or bisexual boys ages fifteen to

nineteen report having seven male sexual partners a year—with half of them also

having more than five female partners.

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Things aren't any better on the treat ment front. Among all age groups there are an estimated 122,500 Americans living with AIDS on any given day, and another million living with HIV (though most don't know it). The way they get their treatment-or don't get their treatment—is one of the starkest indicators of the country's crisis in health care delivery.

Just 40 percent of AIDS patients are covered in any way by private insurance—as opposed to 70 percent of the general pop ulation. Typically the policies don't cover the experimental drugs many people find essential for their treatment. Some HIV infection as a pre-existing too weary to continue working, the whole policy can vanish—and the chances of a sick person getting a new policy are nearly zip.

Another 45 percent of people with AIDS or HIV are poor enough, or become poor enough, to qualify for Medicaid. That leaves 15 percent completely uninsured. In other words, the care people with AIDS are getting is limited. And tax payers are already footing most of the bill—over \$5 billion a year. By contrast,

insurance companies paid out just \$645 million in claims to AIDS patients in 1992, the latest year for which number are available.

Naturally, demand-one among AIDS activists is universal coverage, which just four reform proposals—the Clinton, single-payer, Stark, and Chafee-Thomas plans—quarantee

"Universal

coverage will improve things radically for people with AIDS," says Karin Timour education director at Body Positive, a New York agency for people with HIV "Getting health care for everybody with HIV illness is urgently needed."

But the open question, she says, "is what kind of care." After reform,

will people

have access to physicians hip to the fast-developing field? Will people with any sort of chronic illness be held to yearly spending limits? Will "managed care" nean additional bureaucracy between sick people and specialists? Will health care

be rationed? Will adolescents have open and confidential access to care? Will young people, who are currently left out of most

drug trials, be included in the future—finally leading to a body of data about how to treat the infection in teenagers? "So much of this is so much up in the air that we can't answer any AIDS-specific guestions," says Mark Hannay of ACT UP, the activist AIDS organization. "This is a

Many experts in the AIDS ser vice community believe single-payer is the only reform proposal that

gives AIDS patients the kind of selfdetermination and autonomy that they alone have forged for themselves. In fighting their rare and often unpredictable infections, people with AIDS have successfully pushed for unconventional care from their doctors: experimental medicines, alternative treatments, and even no care whatsoever. Body Positive's Timour worries that clients who refuse common anti-viral medications like AZT (as more and more research) could be refused all reimburse

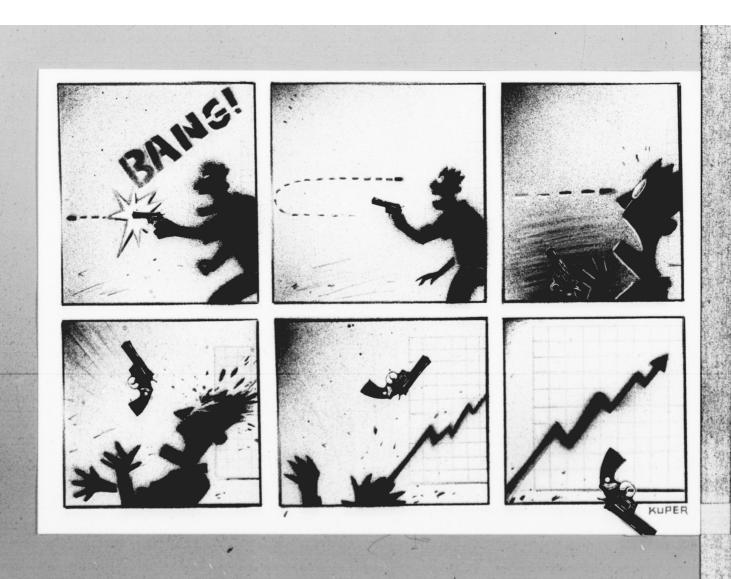
But the single-payer plan has few sup porters on Capitol Hill, where some argue it may create an even more stubborn barrier for sick people. When you have "government bureaucrats and members of Congress making decisions about how much money you're going to spend on what kinds of care," says one Senate Republican policy analyst, "people with very serious illnesses and the gravest need for health care are going to be the ones who are the most dis-advantaged."

In the end, despite the dozens of AIDS and youth organizations laboring away on health care reform, nobody's able or willing to predict what the future holds. Offers Mark Hannay: "Once you get into the legislative process, which is where the action is now, it's like making sausage. It's certainly not something you want to look at."

HIV — The virus that causes AIDS. Once e is diagnosed HIV-positive, it can take up to twelve years for the infection

AIDS — A fatal condition that destroys a body's immune system. Unlike cancer or tuberculosis, AIDS isn't technically a disease. It is instead defined by the presence of other, specific diseases-like a rare type of pneumonia or cancer.

states allow insurers to identify condition and then deny rein bursement for AIDS care. And of daunting, confusing, and complex topic." course, if a person with AIDS grows





On the night of April 8, 1994, at 9:46 p.m., eighteen-year-old Raymond Tain got into an argument in a Manhattan pool hall. Maybe everyone was high, or drunk, or maybe they were just all macho teenagers unwilling to back down, but at the height of the dispute somebody pulled a gun and shot Raymond Tain dead.

In retrospect, there are a thousand different questions that could have been



Malcolm Gladwell is New York bureau chief for the Washington Post.

asked in the days and hours leading up to that fatal moment. Had Raymond been taught how to handle explosive situations? Did he know how much drugs and alcohol increase the likelihood of violence? Was the pool hall properly supervised? How did the killer get hold of a gun? What was his background? Were steps ever taken to steer him from a life of crime?

In the end, however, everything done for Raymond Tain happened after he was shot. A suspect was arrested and charged. With luck, Raymond's murderer will be convicted and put behind bars. This is all that happened because this is the way we think about violence in America: as a sequence that begins with the crime and ends with the punishment. Increasingly, researchers and legal experts are arguing that we need to do more than leave the issue to the police and the courts. At the root of their concern is the dramatic growth of violence among America's young. During the 1980s teenagers killed 11,000 people. Homicide is now the second-leading cause of death for fifteen- to nineteen-year-olds, behind car accidents, and the leading cause of death for fifteen and twenty-four. Today violence is so prevalent among the young, and growing so

fast, that many believe the traditional method of addressing it—which focus-es on deterring future

es on deterring future crimes by punishing offenders—just isn't working.

"We absolutely need the criminal justice system, but it's not enough," says Mark Rosenberg, a violence expert at the Centers for Disease Control and Prevention in Atlanta. "There are more people in jails right now than ever before, yet we have the highest homicide rate among young people we've ever had. Violence requires an integrated approach. It's a problem for public

health, for housing, for criminal justice, for labor. And to resolve it we're going to have to work together."

The problem of violence in America is best understood not just in lives but in dollars. Health economists, for example, have calculated that the cost of AIDS—the money spent on medical care, the cost to business in lost productivity, the quality of life lost by those infected—comes to \$64 billion a year. Violent crime costs society three times that amount.

And even that figure may understate the final tally. In inner cities, where violent crime is centered, gunshot and stabbing victims have become

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a terrible drain on already overburdened hospital emergency rooms, taking away scarce resources from other kinds of ill-nesses. What's more, victims of violence

are young—and getting younger Cigarettes may kill more people than handguns in the United States, but they mostly kill people who are at least middle-aged. Raymond Tain was eighteen with a lifetime ahead of him, which rep-resents—according to the calculations of health economists—a far greater eco-nomic loss to society than someone

dying of lung cancer at seventy-five.

This trend has accelerated dramatically in recent years. During the 1980s the firearms homicide rate for fifteen- to nineteen-year-olds rose by 61 percent. Worst hit were inner cities-which have Worst nit were inner cities—which have homicide rates for young people about ten times higher than rural areas—and black males, who are seven times more likely to be murdered than white males. All told, teenagers are now victimized by violent crime-rape, robbery, and assault—at twice the rate of the general population.

Why the increase? The reason is simple: Scared for their own safety, or lured by the culture of gang vio-lence, more and more teens and young adults carry a availability of handguns, chances are that the weapon is a gun. An incredible 50 percent of tenthgrade boys in a recent grade boys in a recent nationwide survey claimed they could get a handgun if they wanted. Twenty per-cent of all high school stu-dents say they regularly carry a gun, knife, or club.

In New York City the figure is 26 percent. Because teens fight—four out of ten high school stu-

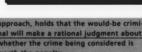
dents have been involved in at least one physical fight during the past year; one-third of all students report that someone threatened to hurt them—the chances that arguments can turn lethal is now greatly enhanced. The archive with the greatly enhanced. The problem with this new violence is that it doesn't fit with traditional theories about how to discourage crime. Deterrence, the guiding theory behind the criminal-justice

approach, holds that the would-be crimi-nal will make a rational judgment about whether the crime being considered is worth the penalty. But how much rational thought was

going on in the final, frenzied moments before Raymond Tain's death?

"The threat posed just isn't worth avoiding," says Jeffrey Fagan, a criminal justice expert at Rutgers University.

"Deterrence assumes that someone would see the benefits of going straight as outweighing the costs of committing a crime. But these are people with difficult, dim futures. There aren't a lot of rewards associated with obeying the law







Deterrence only works when it is complemented by strong communities and strong schools.*

About a decade ago a group of scientists at the Centers for Disease Control

tists at the Centers for Disease Control and Prevention began to argue that the same tactics used to fight diseases could be used to fight violence. Violence, they agreed, should be considered a public health problem.

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This isn't to say that violence prevention will fall under the umbrella of health care reform, which is principally concerned with extending medical coverage to those who don't have it.

But it does mean that, for the first time, the people who have successfully fought to make cars safer and stop the spread of AIDS and put safety caps on bottles of Drano are being asked to bring their unique skills to the fight against violence. The federal government, for example, has set up a task force that includes experts from seven different cabinet agencies, from housing to health.

"This is a real change in thinking," says the CDC's Rosenberg. "No matter what kinds of violence you look at, most of the attention is in helping victims or punishing perpetrators. For example, in violence against women, most of the efforts to date have gone into helping battered women and punishing their assailants. But that's not enough. What we say is that you also have to look at primary prevention, intervening with families before women get battered. It turns out that young boys who are abused have a higher chance of growing

up to be batterers as men. We have to break the cycle."

This may seem like a daunting task. After all, whenever scientists have tried to trace the root causes of violence they have ended up with the same depressing list: poverty, broken homes, child abuse, joblessness, drugs, and alcohol. Does the public health approach, in other words, require the overwhelming task of solving all the problems of the inner cities?

Experts say no, and point as an example to traffic fatalities, which have fallen

ple to traffic fatalities, we steadily over the last twenty years. This isn't because society has magically solved the central issue in car accidents, that people often drive recklessly. Instead, over the past two decades a hundred small changes have been made by automobile companies and legislators and highway engineers at the margins—from requiring seat belts to stiffening car doors to putting dividers down the middle of highways—that have added up to a big

The same can be true, they say, of violent crime. This fall the CDC funded thirteen different projects in cities around the country to teach middle and high school students how to handle potentially

difference.

volatile situations. So many gun fights occur at the spur of the moment, over petty disagreements, that educators feel that simply teaching students how to better handle arguments—and how to

recognize and avoid situations where



emotions are getting out of controlcould cut down on the number of tragedies.

And think about the gun used to shoot Raymond Tain. Gun control has proven a difficult target politically because gun manufacturers and enthusiastic owners have spent millions—in campaign contributions, weekend junkets, and other gifts—to persuade lawmakers to oppose stricter firearm regulation. But public health officials are focusing instead on giving the victim a better chance of surviving the attack. Rather than trying to ban guns, they figure, how about more politically feasible laws that make guns less lethal by regulating the caliber of the bullets?

Environmental adjustments are also possible. When public health officials were trying to curb the spread of AIDS in the early 1980s, they shut down the

gay bath houses in cities like New York and San Francisco. Why? Because their research told them that

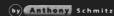
the multiple sexual encounters possible in those places were a major reason for the spread of HIV through the gay community. The same techniques, they say, can be used on violence. By analyzing how and when assaults and killings occur, experts can determine if particular bars or parksby their design or location or the people they attract—are fueling violent situations.

Did the pool room where Raymond was shot serve alcohol? Was it badly lit, making supervision difficult? Was there a bouncer or bartender to break up fights?

"It's all so scripted," says Fagan
"All the stuff about one kid staring down another, and the next thing that happens is someone is on the floor dead. Where do these scripts come from? We've got to figure out how to change the script."



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unprotected sex and faulty information. About two out of three high school students wrongly believe that washing after sex might be a good way to avoid sex related diseases. More than half think that birth control pills might help reduce their risk. One out of four doesn't know that condoms are an effective way to help protect against STDs.

When it comes to sex-related diseases, ignorance can lead to serious, long term health problems. In females, untreated STDs can cause pelvic inflammatory dis

ease—a serious infection that decreases their chances of ever being able to have a baby. They're also at greater risk for life-threatening ectopic pregnancies, where a fertilized egg gets stuck and develops inside the fallopian tube. Teanagers are more likely to suffer pelvic inflammatory disease than adult women, for reasons doctors still don't completely understand. And after contracting some types of genital warts, they're more likely to develop cervical cancer later in life. Men and women alike have a greater chance of getting AIDS if they have sores from another STD and have sex with an infected partner.

Even though young people are more likely to get sexually spread infections and suffer more serious health problems as a result they're also the age group least likely to get treated for STDs. In part that's

because one out of seven kids doesn't have insurance for health care. But another major reason is their fear that doctors won't give them confidential service.

doctors is so great that many s rather go without treatment than take a chance on their parents finding out. In a recent study of Massachusetts high schools about 60 percent of the students admitted to worrying about health problems they wouldn't want to share with their parents.

Alarmingly, a third of those kids said they wouldn't get treatment in some cases if they thought their parents would find out. Students generally didn't understand that they could get confidential care and didn't trust their doctors to keep their mouths shut.

Of course, kids often have good reason not to trust their doctors. Many doctors don't respect the idea of patient confidentiality when their patients happen to be teens. The good news in a recent Minnesota survey of doctors was

thought teens are entitled to unconditional privacy about their health needs and treatment. But about one out of five rejected the idea of ever promising teens confidential care.

This is despite laws in all fifty states and the District of Columbia that guarantee teens confidential treatment for sexually transmitted diseases. "I'm sure in some cases doctors don't abide by those laws," says policy analyst Catherine

Center for Youth Law. "And I'm sure they don't get called on it very often. When young people make an appointment they should ask and make certain what the doctor's understanding about confidentiality is."

Privacy guarantees will have to be built into any new system, because right now, experts say, there are plenty of ways that young people's privacy can be betrayed. "There are things people just



Three out of ten high school students in a 1987 study didn't know most people get STDs by having sex

don't think about," says Dan Daley of New York's Alan Guttmacher Institute. "Does your provider really keep your records confidential? Is there a way you can be spotted coming and going from the office? What about the billing? It doesn't make any difference if you get confidential care for an STD and then, after the fact, your parents get a bill or a statement showing that services were provided. That's when they're going to start asking, 'When did you go to the

doctor? Why did you go? Why didn't I

According to Daley, one current idea for reform—which hasn't yet made it into legislation—is to insist that insurance companies fund special clinics for teen health care. Teens would get free care, so there'd be no bills to alert par-ents. You could get a full range of treat-ment in these facilities—anything from a flu shot to an AIDS test. Then if your mother spotted you walking inside, she

wouldn't have the same damning evidence as she would with an STD clinic. Another popular option is to increase the num-ber of full-service health clinics inside schools. Currently there are about 510 clinics in or near schools offering free care to students

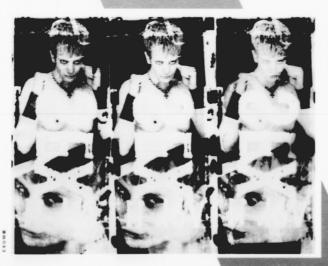
But experts such as Daley worry that in the horse trading necessary to pass a health care reform package, kids' interests could get sold out. "When you talk about adolescent health," he warns, "you can't help but talk about parental consent and notification. Usually you end up with a huge battle. On one side you have people who feel parental rights are being undermined by confidential health care services. On the other are people who say, 'Hey, look, these kids have a health need that we have to meet. Go work out your family issues on ur own.' It's always a heated fight."

The battle between

parental rights and teen health needs already undermines care in school clinics. Short of abstinence, regular use of condoms is the most effective way to halt the spread of diseases transmitted

through intercourse. But despite the epidemic of STDs among teens—not to mention AIDS—only about seventy school clinics nationwide provide condoms to students. In some school clinics, such as those in New York City, parents can forbid workers from giving their kids condoms.

As it happens, Janeen's high school in St. Paul, Minnesota, has a clinic. It doesn't distribute condoms to help fight STDs, though workers can give students coupons for free condoms at area stores. So if Janeen's religious resolve weakens someday, and she decides to have sex with a boyfriend, there's a chance he'll use a condom that he got through the school program. Then again, he may still have the coupon in his pocket.



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by Julie Kosterlitz

Just before members of Congress straggled back to Washington from their Christmas break, President Clinton sum-moned his top health care advisers, including his wife, Hillary, and gave them the political equivalent of a locker-room

pep talk.

"We look back now in American history and remember 1935 as the year that the American people adopted Social Security...1965 is the year the American people adopted Medicare," the Yofd his team. "I believe that 1994 will go down in history as the year when, after decodes and decades of false starts and lame excuses and being overcome by special interests, the American people finally had health security for all."

But is that how 1994 will be remembered?

Julie Kosterlitz is a staff correspondent for the National Journal, where she covers health and social policy issues.

If you're under thirty, you weren't around for the slugfest over the last sweeping entitlement program. But you are clearly living through the latest in a handful of historic debates—one that will have more of an impact on you than you may realize. At issue is the future of a nearly \$1 trillion industry, who will have access to what kind of health care, and who will pay for it. On one level, it's a classic Washington squabble over who gets what, and how. On a deeper level, it is a debate over what kind of a society

it is a debate over what kind of a society we are.

All this makes it a very high stakes game—even by blase Washington standards. Every imaginable interest group has gotten into the fray, highing high-priced lobbyists, flooding the mails and airwayes with propagands, and making sure their members pack the town-hall meetings members of Congress hold back home. There are the doctors, hospitals, HMOs, and insurance and drug compa-

nies for whom health care is a bread-and-butter issue. Those who foot the health care bill now—large employers, unions, even state governments—are also well represented. So are those who don't want to foot the bill—mainly small businesses and large restaurant, hotel, and retail store chains. Even some of those who use health care services are represented—by unions, consumer groups, and, as always, advocates for the elderly.

for the elderly.

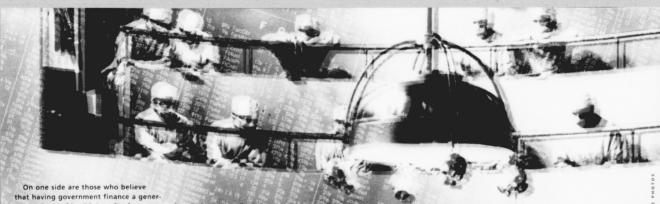
Almost no one disputes
the facts behind the call-for change: Health care spending is devouring an increasing share of our paychecks and our national wealth.
But there's deep disagreement over what to do about it. The split
partly reflects two very different philosophies about what society
owes its citizens and whether getting the government involved
makes things better or worse.



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On one side are those who believe that having government finance a generous package of health benefits for everyone is not only a moral imperative but the only way to get costs under control. On the other are those who believe we can't afford to guarantee

believe we can't afford to guarantee coverage for everyone, and that it would take too much government intrusion.

The cost, they say, will either drive taxes up unacceptably or add to the deficit—taxing future workers.

The first faction includes supporters of

The Tirst Taction includes supporters of a Canadian-style or single-payer system, proposed by two Democrats—Congressman Jim McDermott, a doctor from Washington state, and Senator Paul Wellstone of Minnesota. Their plan would do away with insurance company paperwork—in fact, it would pretty much do away with the insurance industry altogether. Government wouldn't actually hire doctors and run hospitals. But with exclusive control over the purse strings, it would decide how much doctors and hospitals were paid and what health benefits were covered. Patients would retain free choice of doctors and

hospitals, and wouldn't have to worry about fishing in their pockets for change, or whether insurance would cover something. They'd just flash their national health security card and the bill would go to the government—to be picked up by taxpayers.

At the conservative extreme are those who think overly generous employer-provided insurance is what drives costs through the roof, by making people oblivious to the bill and encouraging both doctors and patients to overuse the system. Conservatives want individuals to buy their own insurance and become more cost conscious. A government-run system with generous benefits would only compound the problem, they believe.

One plan from this camp, introduced by the House Republican leader, Robert Michel of Illinois, makes buying insurance voluntary. Another, from Republican Senator Don Nickles of Oklahoma, would force individuals to buy at least a minimal insurance policy middle

The fact is, neither the liberal nor conservative extreme is

The fact is, neither the liberal nor conservative extreme is likely to prevail. Although the Canadian-style system has more than ninety Democratic co-sponsors in Congress, it's predictably unpopular with insurance companies, hospitals, and doctor groups, who don't want the government controlling their prices. Polls show that only about a third of the country supports it over other alternatives, and politicians believe people would balk at giving Washington so much leverage over the health care system.

Muddling towards the

By the same token, polls also show that most Americans want everyone to have insurance and aren't wild about the idea of stripped-down coverage.

cover catastrophic illnesses or accidents. Both plans allow tax-free bank accounts so people can stockpile funds for medical expenses. Both also would keep Medicare for the elderly and offer some additional help for the poor, but they suggest few new funds to implement it. Neither plan aims for universal coverage.

So as of May, most of the debate in major bills between the two extremes duced by two Republicans, Senator John Chafee of Rhode Island and Congressman Jim Cooper of Tennessee and Senator John Breaux of Louisiana

The problem Congress still faces, how ever, is that while the public wants universal coverage, it's not clear if they're willing to make the sacrifices needed to get there. As politicians know all too well, Americans hate taxes and they misstandpoint, health care reform is a smor gasbord of unpalatable choices.

government intrusion. At the same time debates will play themselves out in the subcommittees, committees, and full House and Senate in the upcoming months. Because of the huge scope of

about the congressional process later.

The first large debate—over universal

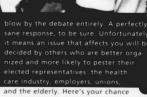
lower insurance costs and make policies affordable.

People living in poverty would be fully subsidized, and low-wage workers would get some minimal assistance.
Chafee-Thomas requires everyone to

low-income people only if the plan gen erates the savings to finance their subsidies. The Clinton plan also requires peo ple to buy insurance. Unlike Chafee-Thomas, though, it forces employers to pay for 80 percent of their workers' premiums—which may lead to the loss of some low-wage jobs. To help counter that, small businesses and low-income families would be subsidized.

Clinton, you may recall, promised in his State of the Union address to veto any health care reform bill that does not guarantee everyone health care coverage. But it's also true that politicians can play around with the definition and timeframe for universal coverage, and still claim victory.

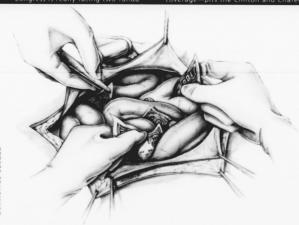
There are, as we've said, a slew of other contentious issues on the table Let's stick to the basics here—they're complicated enough. In fact, they're so complex that most of you have chosen to to sort through the mess.



Getting a guarantee

Short of adopting a Canadian-style system, most analysts agree there are three things government must do to get universal coverage.

1. Stop insurance companies from rejecting bad-risk customers, and limit the rate disparity between them and low risks. If all companies aren't required to play by that rule, none of them will, for fear of becoming a dumping ground for the bad risks—like diabetic, overweight smokers—whom their competitors have turned away. All three bills propose this reform. But to the dismay of insurance companies, the Clinton plan goes even further: It bars any difference in the rates for high-risk and low-risk customers. That could raise premium costs for young people, but also make it more





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Plan	Clinton	Cooper-Breaux	Single-payer	Chafee-Thomas	Stark	Michel	Nickles
Obscure formal name that nobody uses	Health Security Act	Managed Competition Act of 1993	American Health Security Act of 1993	Health Equity and Access Reform Today Act of 1993	None (variation on Clinton plan)	Affordable Health Care Now Act of 1993	Consumer Choice Health Security Act of 1993
Sponsors	Senator George Mitchell (D-Maine) and Congressman Richard Gephardt (D-Missouri)	Congressman Jim Cooper (D-Tennessee) and Senator John Breaux (D-Louisiana)	Senator Paul Wellstone (D-Minnesota) and Congressman Jim McDermott (D-Washington)	Senator John Chafee (R-Rhode Island) and Congressman Bill Thomas (R-California)	Congressman Fortney "Pete" Stark (D- California), health subcommittee of the House Ways and	Congressman Robert Michel (R-Illinois) and Senator Trent Lott (R- Mississippi)	Senator Don Nickles (R- Oklahoma) and Congressman Cliff Stearns (R-Florida)



likely they could afford care when they get older.

2. Give subsidies to people and/or com-

panies that can't afford the insurance themselves. All three bills propose subsidies for the poor, though they vary greatly in generosity. A recent study by George Washington University found that under the Cooper-Breaux plan, a family earning twice the poverty level would have to pay 16 percent of their income to buy an average insurance policy. Under Chafee-Thomas, that family would pay 12 percent of its income. And under the Clinton plan, it would pay only 3.3 percent. Of course, the more generous the subsidy, the higher the public cost.

3. Require everyone to purchase insurance. If everyone isn't made to buy insurance, not everyone will. Those who think they're healthy and don't need coverage—particularly the young—will tend to bag it. Those who are sick, on the other hand, will buy policies, driving up rates and starting a vicious cycle that will ultimately cause the insurance market to col-

lapse. Besides, those who can afford insurance but don't buy it are getting a free ride at everyone else's expense, because doctors and hospitals merely pass along the costs of caring for those who don't pay to those who do.

Cost control—the \$1 trillion question.

Unless we do something about costs we can't possibly insure everyone without breaking the bank. All three bills aim to make people more cost conscious, enticing them into the least expensive insurance plans on the market. Cooper-Breaux and Chafee-Thomas essentially would tax employers or employees on the difference between their insurance premiums and those for lower-priced plans. And even though the Clinton bill makes employers pay 80 percent of their workers' premiums, that applies only to average-priced policies. Under all three bills people could still the policies.

age-priced policies. Under all three bills people could still choose more expensive policies, but they'd have to pay more out of their own pockets. The theory is that people will shop for cheaper plans, forcing competition and keeping prices down.

Beyond that, the three bills all try to press doctors, hospitals, and insurance companies into one-stop, one-fee HMOs. They argue that the current system, which pays doctors and hospitals a fee for each service, gives them an incentive to order more and more tests and procedures—whether they're needed or not. Paying a single fee to a group that provides all types of treatment allows plans to "manage" your care, they believe, with better coordination between your regular doctor and specialists. Critics, however—including many doctors and supporters of a Canadianstyle plan—worry that HMOs give doctors and hospitals a financial incentive to stint on necessary care.



Although we've already been moving toward such "managed care" plans, all three bills hope to speed things up. But there's one major area where the Clinton plan breaks with the other two: While Cooper-Breaux and Chafee-Thomas completely rely on competition to rein in health care costs, the Clinton plan doesn't believe that competition alone will do the trick. So it includes some strict health care spending caps, enforced by limiting insurance rate hikes—to the horror of conservatives and many moderates who loathe price controls.

The battle in Congress

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Most members of Congress are looking forward to the health care debate about as much as a trip to the dentist. The polls tell them Americans want guaranteed insurance for everyone—without

higher taxes, government intrusion, or any limits on their choice of doctors. Everyone wants lower medical bills, but the politically powerful doctors, hospitals, and insurers will fight to the death against price controls. Members know the old adage "No pain, no gain," but also know that their opponent in the next election will seize on any unpopular vote as a campaign issue.

The Clinton plan has the most co-spon sors of the three, and the liberal Democrats who basically support it control not only the White House, but the Senate and House. Most Republicans, though, are likely to vote against any of the three mainstream proposals—even the Republican Chafee-Thomas—so the Democrats will have to woo conservative Democrats and even some moderate Republicans to get a majority. But con-

servative Democrats and moderate Republicans generally don't like the Clinton plan. They think it has too much government interference and makes expensive promises that a debt-ridden nation can't afford.

On the other hand, if congressional leaders have to compromise too much with the centrists, liberals who prefer the single-payer plan may bail out of the coalition.

Health care reform is very much an endurance test. To dredge up another sports metaphor, it's a bit like a triathlon. In the first leg, each of the three principle House committees and the two Senate committees must approve a bill. Although all of the three leading proposals have been introduced as separate bills, each committee (and even subcommittee) is free to come up



even subcommittee) is free to come up Cooper-Breaux Single-payer Chafee-Thomas Stark Michel Nickles Highlights • Universal coverage by 1998 No universal coverage No universal comprehensive Universal coverage • No universal coverage · Relies on competition, govern purchase is optional by 1995 2005 by 1998 • Employers must offer coverage, but everyone must ment price controls, and limit on • Employers must offer • Paid for by taxes Employers must pay coverage but don't buy catastrophic insurance or total health spending to hold a plan to workers, but • Eliminates insur insurance, and face stiff penalties have to pay for it on't have to help pay ance industry and employers don't have for full-time · Allows tax-free • Employers don't have to offer · Paid for by employers (80 per-· Aims to create job-based coverage to help pay or pay for coverage Medical Savings cent), workers (20 percent), and Guarantees you increased competition Wide-ranging bene Subsidies only for very Allows tax-free Medical fits package, which tobacco and business taxes between insurance low-income people, but can't be turned people can stockpile Savings Accounts to help save Wide-ranging benefits package companies to bring is the same for will be expanded as down for coverage money for their ov for medical bills Forces insurance companies to savings goals are met everyone eliminates exclusions health expenses • Relies on competition and tax accept everyone, dumps restric · Subsidies for the poor · Lowers costs • Guarantees you can't incentives to keep health Limits exclusions tions on pre-existing conditions, Limits, but doesn't through price con be turned down for for pre-existing costs down eliminates rate differences eliminate, exclusio trols and by setting coverage, and won't No rate differences · Guarantees you can't be between low- and high-risk cus for pre-existing limit on total U.S. lose coverage if you between low- and tomers (like young and old), and conditions health spending leave your job high-risk customers income people limits exclusions for pre-existmakes coverage "portable," so · Guarantees you can't Benefit package Sliding-scale subsiing health problems you don't lose your insurance if undefined dies for low-income · Allows rate differences for you leave your job coverage people high- and low-risk customers ubsidies for small businesses and limit on total U.S. · Limits total national (young people will get lower those with low incomes health spending health spending rates)



with its own variation. One of the House subcommittees already has—a bill from California Democrat Pete Stark is the latest twist on the Clinton plan. As a practical matter, anything that passes Congress is likely to contain elements.

Congress is likely to contain elements of all three leading plans.
Along the way each committee may well pass very different bills. That will probably require the leaders in the House and Senate to figure out how to meld them into a single bill, or devise

becoming too unwieldy when the bills are sent to the floor of both chambers.

Getting bills passed by a majority of the 435 House members and

the 100 Senators is leg two of the triathlon—likely to take place in July. Complex rules in each chamber govern how many amendments can be made and how much debate will be allowed. In the Senate, for example, a lone senator can delay a vote on a bill indefinitely with a filibuster—a nonstop debate or speech that holds out as long as the senator's voice (or bladder), or until Senate leaders can muster sixty members to vote to end it. Leaders in both chambers will try—through persuasion or power

plays—to keep the process orderly and speedy, and free of any major surprises. But it won't be easy.

Leg three comes after the House and Senate pass separate bills. If the two bills are at all different, representatives of both chambers will have to sit down and work out their differences in what's known as the conference committee. For a bill this big and complicated, the task of the conference committee will be monumental. And since the House and Senate bills are expected to differ greatly, it could be very tough to find a compromise that can then get majority votes in both places.

In this whole contest speed counts as much as endurance. Clinton has pledged to complete work on health care this year, and Democrats are anxious to have

this contentious issue behind them by October—when most of the House and Senate face re-election campaigns. Not only do they fear confronting a skeptical

public without having delivered on their promises of reform, but because

Republicans are expected to gain some

Nickles



Plan	Clinton	
some	other way to keep the debate	e fron
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	probably require the leaders in	

Everyone is guaranteed coverage, makes system fairer by having the healthy pay as much as the sick businesses

Everyone is guaranteed equal coverage, retains free choice of doctors

Less costly way to phase in universal coverage, makes insurance market work more fairly

Chafee-Thomas

Guarantees coverage, gives people a choice of plans

Stark

Doesn't overhaul a good health system, forces peo ple to take responsibility for themselves

Encourages saving for unexpected health crisis, everyone will be covered for the big things for ing les ref

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Increases bureaucracy, will restrict choice of doctors, burdens small

till leaves many people ininsured, won't cut costs mough to make insurance Too much government regulation, will create waiting lists for service, needs a tax Unlikely to achieve enough savings to expand coverage to everyone, weak plan to control growth in

Burden to businesses, too much government regulation Problem of the uninsurer remains, no plan to hold down future cost hikes

Catastrophic coverage isn't enough, ignores preventive care

new seats in Congress, it will be harder for Democrats to pass a bill to their liking next year. And the more delay, the less urgency and enthusiasm for reform—giving opponents the chance to chip away at support.

Of course, if they're not finished in October, congressional leaders can reconvene Congress after the elections and extend the legislative session as late as January 3, 1995. But these "lame duck" sessions—so called because some of those voting will have already been booted out by voters—are unpopular with Congress and the public. Congress hates working through the holidays, and voters don't like to leave decisions to defeated members who are no longer accountable to them.

With a host of other, smaller legislative matters and several recesses already on the schedule, Congress will have to show uncharacteristic haste if they intend to reach the finish line this year.

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WHAT YOU SAID

Results from Rock The Vote's Youth Survey on Health Care

In April, Rock The Vote polled 1,004 young people, ages seventeen to twenty-five, to find out what our generation thinks about health care, health insurance, and health care reform. Here's some of what you told us.

GETTING GOOD HEALTH CARE IS A MAJOR CONCERN

Young people are even more worried about the health care system than about school, jobs, or their own health.

Percentage who called the following "a very serious worry": Being able to get good medical care

Personal safety in my neighborhood

being able to get good medical care	43%
Getting into college or doing well in school	42%
Putting money aside in savings	41%
My health	38%
Finding a job or getting ahead at work	38%



We asked respondents to choose between a job with higher pay but no health care benefits, and a job with lower pay that includes benefits. In a finding that will surprise many people, two-thirds of our survey group said they'd take the lower-paying job to get the benefits.



YOUNG PEOPLE DON'T THINK THE SYSTEM IS WORKING VERY WELL TODAY
YOU called the current system:

Excellent or Very Good 23% Good 28% Fair or Poor 45%

Why isn't it working? The number-one reason, according to those in our survey: It's too expensive! (Seventeen percent said this.)

AND YOU THINK HEALTH CARE REFORM IS VERY IMPORTANT

When we asked young people to rate the importance of changing and reforming the health care system, 63 percent gave it a seven or higher on a scale of one to ten. And out of six issues we listed, health care reform ranked the number-two priority—after cracking down on violent crime.

WHAT YOU WANT FROM THE SYSTEM Like most Americans, young people want it all. The top-two things you say are extremely important:

- Letting everyone see a doctor, even if they can't afford to pay (74 percent)
- Holding down prices for patients (63 percent)

After reading this book you should understand that, as a society, we may have to pay more for health care if we want everyone to get it. Whether that's through businesses, taxes, or our own bank accounts depends on what kind of reform gets passed.

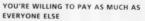
But young people want treatment for some of the problems discussed in the previous pages. When we asked whether certain services should definitely or probably be included in a new plan, even if

providing them meant higher taxes, a majority said YES to these choices:

- Preventive care (like testing for high blood pressure or cholesterol)
- Family planning and birth
- control services

 Mental health counseling
- Treatment for drug or alcohol addiction

Sixty-three percent of you say it's extremely important that birth control information and products be fully available. Sixty-one percent feel the same about making treatment for drug or alcohol abuse affordable.



Many analysts have pointed out that under the plan proposed by President Clinton, young people would pay the same for health insurance as everyone else, even though we tend to need less health care. In return, of course, we'll pay less when we're older ourselves. Is this a good deal?

YES, according to our survey. Fully twothirds of you agree that young people should be willing to pay as much as older people today, so you won't have to pay more in the future. Only 28 percent feel it's unfair to make young people pay as much as people with more medical expenses.

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WHO'S GOT INSURANCE?

One in four of you has no health insurance today.

Who of you are least likely to have

coverage?	
Men	30% uninsured
Hispanics	34% uninsured
22- and 23-year-olds	34% uninsured



Who of you are most likely to have

Women	77% insured
Whites	75% insured
17- and 18-year-olds	85% insured

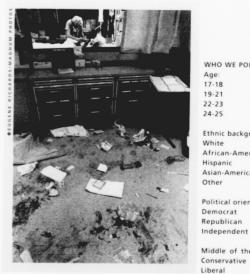
Source of insurance:	
Parents	35%
No insurance	26%
Employer	22%
Medicaid/government	6%
School	2%
Spouse's school or job	5%
Individual plan	3%

AT LEAST WE HAVE OUR HEALTH

More than two-thirds of the young peo-ple we talked to said their health is excellent or good. Only one in ten reported fair or poor health.

THE BAD NEWS

One out of every five people we surveyed had an injury or illness in the past year that needed a doctor's care—but didn't go to a doctor. Why? In about half the cases, because they couldn't afford it. Another 17 percent just didn't have the time.



WHO WE POLLED

Age:	
17-18	22%
19-21	34%
22-23	21%
24-25	23%
Ethnic background:	
White	70%
A faires A	120/

African-American	13%
Hispanic	13%
Asian-American	1%
Other	2%
Political orientation:	

Democrat	35%	
Republican	33%	
Independent	25%	
Middle of the Road	37%	

30%

27%

THE GOOD NEWS

Most young people do a number of things to stay healthy or get healthier, practicing their own prevention techniques. The big winners, according to our survey:

- Using condoms to lower the risk of STDs
 Not riding with drivers who drink
 Avoiding drugs

- Wearing a seatbelt
 Exercising at least three times a week
- Not smoking

resource guide

How to let your government know what kind of health care you want

Call your representatives in Washington for their position on health care reform and young people—or to tell them what you think

House and Senate switchboard 202-224-3121 or 202-225-3121

36 (Give the operator your zip code if you don't know the name of your congressperson.)

The White House Comments Office 202-456-1111

You can also get information from—or sound off to—your governor, state health officials, and state representatives. Your voice matters to politicians. They will listen if you make them.

How to get confidential help or information on problems out-

Substance Abuse

National Drug Information Treatment and Referral Hotline

800-662-HELP (English) 800-66-AYUDA (Spanish)

800-228-0427 (TDD for hearing impaired) For any drug or alcohol problem. Information, support, and referrals to local rehab centers. Open 9 a.m. to 3 a.m. Eastern Standard Time, Monday through Friday, and noon to 3 a.m. weekends.

National Cocaine Hotline 800-COCAINE
For all types of drug dependency. Information and referrals to local rehab centers. Open twenty-four hours, seven days.

Or call your local Alcoholics Anonymous or Narcotics Anonymous with alcohol and other substance abuse problems.

Mental Health

National Youth Crisis Hotline 800-448-4663 For any crisis—from pregnancy to drugs to depression. Counseling and referrals to more specific help numbers. Open twenty-four hours, seven days.

Boys Town National Crisis Lin

800-448-3000

800-448-1833 (TDD for hearing impaired) Will help with any type of personal crisis. Open twenty-four hours, seven days.

Florida Tech Hotline 800-544-1177
For food or drug addiction, or depression. Open 8 a.m. to 9 p.m. Eastern
Standard Time, Monday through Friday.
Weekends 9 a.m. to 6 p.m.

There is no toll-free national hotline

suicidal thoughts, check your Yellow Pages under "crisis" or "suicide." And there is always someone available at these two services:

Suicide Prevention and Crisis Hotline (Los Angeles) **213-381-5111** Open twenty-four hours, seven days.

Suicide Prevention and Crisis Hotline (New York) 212-673-3000 Open twenty-four hours, seven days.

HIV/AIDS

Centers for Disease Control and Prevention National HIV/AIDS Hotline 800-342-AIDS Information and referrals to local hotlines, testing centers, and counseling. Open twenty-four hours, seven days.

HIV/AIDS Hotline in Spanish **800-344-SIDA** Open 8 a.m. to 2 a.m. Eastern Standard Time, seven days.

HIV/AIDS Hotline for the Hearing Impaired 800-243-7889 (TDD) Open 10 a.m. to 10 p.m. Eastern Standard Time, Monday through Friday.

Sexually Transmitted Diseases

Centers for Disease Control and Prevention National STD Hotline 800-227-8922

Information and referrals to public clinics. Open 8 a.m. to 11 p.m. Eastern Standard Time, Monday through Friday.

Pregnancy

Planned Parenthood Locator 800-230-7526

For information and referrals on reproductive health and birth control. Automatically connects you to your local Planned Parenthood. Number operates twenty-four hours, but your clinic will only be open during working hours.



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Health Reform Legislation: A Comparison of Major Proposals, by the Henry J. Kaiser Family Foundation, 1994. 800-FACTS-94 202-347-5270

Promoting Adolescent Health: Policy Recommendations for Health Care Reform, by the Working Seminar on Adolescent Health and Health Care Reform, 1994. 415-476-2184

National Adolescent Health Survey, by the Association for the Advancement of Health Education, 1989. 800-321-0789

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