



AFTERHOURS

Hysterical gag doesn't save 'Skin Deep'

SPORTS

Virginia advances to Regional Final

See Back Page

Kentucky Kernel

University of Kentucky, Lexington, Kentucky

Friday, March 24, 1989

UK salaries don't measure up, according to some professors

The UK average salary for the 1988-89 school year is 11.24 percent lower than benchmark comparison salaries, according to yesterday's meeting of the UK Chapter of the American Association of University

of the American Associations
—Yee have some blatant problems," said
Michael Kennedy, a professor in the College of Architecture. "We have assistant
and associate professors making more
than the lowest paid full professors."
The committee made five recommendations to the University which included:

• UK's top priority should be to bring faculty salaries in all ranks to the benchmark median level in all areas.

• make the percentage of increase uniform when it is less than the US. Consume the university.

• "Ou are seeing aid of the 20 people attempting the percentage of salary increases are university to the shouldered, there will crease for adulty.

• ensure that the percentage of salary increases for adulty increase for faculty.

• monitor salaries so that individuals whose salaries are out of a reasonable range difference can be identified.

• More than the increase are to the salary and the tires of the salary and the preventage of salary increases are university.

• monitor salaries so that individuals whose salaries are out of a reasonable range difference can be identified.

• A summary of the University Salary Report to the University S



Vice president candidates Pat Hart and David Skid-

SGA presidential, vice president candidates discuss campus issues

By MICHAEL L. JONES Staff Writer

Competence was stressed last night as the main quality the next student government president should have. In a debate sponsored by the Greek and the stress of the stress

done," said Lohman, who is serving his first term as a senator at large.

Candidates K.A. "Angel" Moberly, Brian Rice and John Floyd, all new-comers to SGA, said even though they have never served in the Senate they would provide SGA with an alternative point of view.

Rice said that office politics and ingibing sometimes makes it hard for student government to accomplish many things.

"I don't have a whole lot of experience in SGA," said Rice, "I'm in it for the students.

Moberly said SGA was partly to blame for the students apathy toward campus events.

"We have a problem at the University

Other candidates also hit on the theme of campus unity.

James said that he wanted "to tear down the walls that exist on our campus."

See CANDIDATES, Page 7

that no one seems to want to look at, "Moberly said. "(SGA) hires speakers that no one wants to hear."
He said that the Faculty Club should be used as a campus pub for students. Moberly said a campus pub would go toward creating campus unity and outlet. "What is tudents under 21 a social outlet." "What is not seem to be supposed to the said the said to the said that the s

See CANDIDATES, Page 7

Bush staff downplays FAA terrorism threat

By TERENCE HUNT
Associated Press

WASHINGTON — The White House yesterday played down a U.S. warning about the possible highciking of an American ariliner in Europe, saying the bulletin was similar to many other forroris deris and interest and the possible highciking of an American ariliner in Europe, saying the bulletin was similar to many other forroris deris and similar to many other forroris deris and the possible precautions are being taken. "Airports in England, West Germany, Italy and Belgium stepped up security after receiving the warning issued by the Federal Aviation Administration. No additional precautions were reported in the Netherlands, Greece or Spain.

The Bush administration was clearly unhappy the warning had leaked out in a front-page newspaper story.

The Bush administration was clearly unhappy the warning had leaked out in a front-page newspaper story.

The Bush administration was clearly unhappy the warning according to the Daily Express. The bulletin said there may be traveling on passports from Bahrain, Pakistan or North Yemen.

The FAA confirmed that it had issued a security bulletin to airport said carriers damen the warning did not mention any specific airline or airport that might be threatened, nor did it cite any time frame for the warning, the FAA said.

Disputing the Daily Express account, U.S. officials emphatically denied that the notice had been relayed to U.S. diplomats and military personnel. Discussing the case with a warning prior to the bomb and military personnel. The warning did not mention any specific airline or airport that might be threatened, nor did it cite any time frame for the warning but did not pass it along to influence the procedures now in effect." and was not designed for public distribution. He said the did the procedures now in effect." and was not designed for public distribution. He said the did the procedures now in effect." and was not designed for public distribution are being taken week's warning was intended to heighten." The aircrease of this mi

Next UK coach must fit the 'Kentucky style,' Newton says

Sports Editor

The UK next basketball coach must be a proven winner, share the same philosophy held by UK, and, most importantly, must understand what he's getting into, according to the school's next athletic director.

"Whoever comes in must understand the nature (of) what he's getting into," said CM. Newton, who takes over the A.D. job April 1. "(That) someone needs to understand what it's all about. To me, this is much like recruiting a player. You don't want any supryiess later."

Newton spoke to about 30 reporters at an impromptu press conference last night before the start of the Southeast Regional of the NeAT Tournament at Rupp Arena.

all the qualities you imagine," Newton said. "Be a proven winner at this level, have the same basic philosophy that's held by our University and someone who wants the job.

"That's going to be important as we go
"That's going to be important as we go

The position was left vacant when former UK coach Eddie Sutton resigned Suday, with the UK program under investigation by the NCAA for allegedly committing 18 wrongdoings.

A screening committee was named Wednesday to help Newton select a candidate for the job. Newton said the has not met with members of the committee yet.

Several coaches have been mentioned as possible candidates including, University of North Carolina-Charlotte coach Jeft Millins, NBA New York Nicks coach Rick Pluino and Newton's former assistant Lee Rose, an assistant coach with the New Jersey Nets of the NBA.

Newton said he was going to "pick as many brains as I can" to find the right many brains as I can "to find the right many brains as I can" to find the right many brains as I can "to find the right many brains as I can "to find the right many brains as I can "to find the right many brains as I can "to find the right many brains as I can "to find the right many brains as I can "to find the right many brains as I can "to find the right many brains as I can "to find the right many brains as I can "to find the right many brains as I can "to find the right many brains as I can "to find the right many brains as I can "to find the right many brains and the antimation brains and the antimation bra

Pitino and Newton's former assistant Lee
Rose, an assistant coach with the New Jersey Nets of the NBA.

Newton said: Newton said: "Lee
played for me, that's why ... his name
would come up."
Pitino told The Associated Press last
night that he was interested in returning to
the college level and is looking into the UK
Job.

"If (anyone is) interested, we'll sit down
"If (anyone is) interested, we'll sit down



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Kernel Clip Board Nine Pound Hammer has recently had their album, The Mud, The Blood and The Beers reviewed in Billboard and New Musical Express. There's also still a strong possibility that the band will tour England this fall.

all.
You can catch them in town tonight at The Wrocklage
opening for Len Putch's band Snake Out.
Putch also owns Wanghead Records, the label to
which Nine Pound Hammer is signed.

It promises to be a highlight of Actors Theatre of Louisville's Humana New Play Festival.

Tonight at 7:30, ATL will premiere William F.

Buckley it's first play. "Standing Glass."

Buckley a syndicated columnist and founder of National Review, based his play on his 1978 novel.

Buckley's profuganist, agent Blackford Oakes, is investigating Axel Wintergrin, a German count who is at the head of a political movement to force the unification of his divided country.

As he gross to admire Winterpress or the profuse of the profuse

ne count.

The play will be performed again at 2:30 p.m. on March 26, 1:30 and 8 p.m. on March 29 and at 1 p.m.

on April 2.

For ticket information, call ATL's box office at (502)

TOP CAMPUS ALBUMS

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Rough Trade Records

10. THE TRINITY SESSIONS The Cowboy Junkies RCA Records

Robyn Hitchcock Warner Bros. Rec

7. FLIP FLOP Guadalcanal Diary Elektra Records

8. STEWED TO THE GILLS Gaye Bikers On Acid Records

9. DON'T TELL A SOUL The Replacements Sire Records



Institute State — Eurold and Woodland swenues. Nonchalant will perform bright at 9 and Insufficient Funds will perform bomorrow right at 9. Cover is \$3.

The Brass A Saloon — 2902 Richmond Road. Nobody Knowz will perform broight and tomorrow night at 9. Cover is \$3.

Breedings — 500 W. Mans St. Thumper and the Palad Rabbits will perform broight and tomorrow night at 9. 30. Cover is \$3.

The Brewary — 500 W. Mans St. Homper and the Palad Rabbits will perform broight and tomorrow night at 9. 30. Cover is \$3.

Cheepalde Bar — 1.31 Chespadie. Jack of Diamonds will perform lonight and tomorrow night at 9. Cover is 15. In Prequired.

Comedy On Broadway — 114 N. Broadway. Phil Van Tee, Mike Nilsson, and Gary Galbrish will perform. The shows are at 8 and 10.30 broight, and at 7, 9.15 and 11 tomorrow night. Cover is \$6 both nights, ID

and at 7, 9, 13 and 1 vision/ownlight. Over is 30 bith rights. In Copperfield's — 249 W. Short St. Patter Coleman will perform tonight and tommorrow night at 9.30. Cover is \$3.

Kings Arm Pub — 102 W. High St. Bad vision is 30, 30. Cover is \$2.

Tommorrow night is 10 red Pole will perform at 9.30. Cover is \$2.

Tommorrow night is 10 red Pole will perform at 9.30. Cover is \$2.

Rhineston is 7–539 Althrane Somethorn Red. The Band Band will perform the weekend. Cover is \$3 single and \$5 for couples. The Negration of the Negration

Procklage — 361 W. Short St. Tonight Snake Out and Nine Pound for will perform. Tommorrow night Arsenic Garden and Tiny Lights

Compiled by Staff Writer Michael L. J

ATL's highly hyped 'Fish' a letdown

Staff Critic

LOUISVILLE, Ky — Actors Theatre of Louisville heralds the 1889 Humana Festival of New American Plays with its production of Arthur Kopit's "Bone-The-Fish" has been shrouded in controversy because dit its excessive use of adult language and the staff of the production of the prudish. It's definite to the production of the prudish. It is a play of many themes. The predominant theme is that of desire, greed and the American Dream. The play centers around three characters: Al (Joseph Ragno), Loo (Barbara eda-Young) and Jerry (Bruce Adler). All and Loo are a half-film producing, half-drug dealing couple. Jerry is the down-and-out producer, but and the producing control of the producing the producing half-drug dealing couple. Jerry is the down-and-out producer, but the producing half-drug dealing couple. Just waiting for his chance to enter the big picture once again.



Al and Loo get a hold of the film rights to the story of Zalinka, an overwhelmingly popular Madonna esque rock star. But, her story isn't exactly her own. She has simply altered Herman Melville's Moby Dick substituting Captain Ahab for herself and the whale for a large penis.

Seems pretty clear so far, right? Enter Jerry. He and Al were once partners until Al slept with his wife and she committed suicide. As you might guess, A J and Jerry had a bit of a falling out. Several y years later, they make amends to do this film.

Al and Loo want Jerry's com-plete devotion so they test him. First, he has to slash his wrist. Then, they make him eat a spoon-ful of feces. Not just any feces — nun feces. In Jerry's words, "Holy shit!"

his left testicle. Talk about having a bad day.

Anyway, to try and tell the whole plot is like resurrecting the dead, it can't be done. The directing is conplainted to the control of the dead of th

"Bone-The-Fish" will be per-formed at 7:30 p.m. March 28, 2:30 p.m. March 30, and 2 and 5:30 p.m. April I. For ticket information call the ATL box office at (502) 584-1205.

Two TV programs debut this weekend

By KATHRYN BAKER

By KATHHYN BAKER
Associated Press

NEW YORK — Amid the rock 'em, sock 'em yocks of Saturday inght, viewers will soon have a saner alternative when a kinder wholey, returns of PES with "Late-Night America."

Wholey's two-hour weekly talk show will feature in-studio guests — newsmakers, authors and celebrities — responding to telephone queries and comments. It premieres Saturday on about 100 public television stations nationwide.

Wholey, a former Detroit radio alles show host, heated the critically made of the state of t

again."
Part of the talk show will revolve around self-help issues, but mostly it will be a discussion of an eelectic collection of subjects — for instance, upcoming topics include gun control and the Academy Awards.

All the subject of the subje

John Ritter has more than he can handle, including a punchless script, in Blake Edwards' dom gag almost save the movie.

Humor in 'Skin Deep' is bone-dry

Arts Editor

If Wade Boggs met Zach Hutton, I've got a hunch the two could become fast friends, You see, Zach, like Boggs, has a problem with women. Zach's a problem with women. Zach's a problem with women. Zach's a problem with women in the problem with women in the problem with the problem wi

minates in the matters worse, Ed-pens.

To make matters worse, Ed-wards tries to give his movie a moral lesson about monogamy and the importance of stability in life. By the time his protagon-



ist has come to that realization, you're probably ready to thank Edwards for giving you an alternative to sleeping pills.

Making a moralistic fable must have been Edwards' dominant reason for making the film. He sure doesn't milk much humor out of casual encounters Zach has with women.

Except for one instance— and it's a doozy.

If you've read other reviews of this film, I'm sure you've heard about the scene involving glow-in-the-dark condoms. Watting for this scene was the only thing that keyt me awake — and interested. After the initial im-



Except for a few bursts of slapstick inventiveness in 'Blind Date' and 'Micki and Maude,' Edwards has been on a downhill slide since his glory days of 'The Pink Panther' series, '10' and 'S.O.B.' If the ghost of Peter Sellers is listening, visit Edwards in his sleep tonight, the's sorely in need of his old mise.

"Skin Deep," rated R, is now playing at Fayette Mall and North Park Cinemas.

'Ancient Heart' carries on a folk tradition

REVIEW





Since Suzanne Vega topped the charts with "Luka," female artist have been at the top of the rock heap. American women like Mich-elle Shocked, Toni Childs and

By MICHAEL L. JONES Staff Critic ANCIENT HEART Tanita Tikaram

Tracy Chapman were among the first to follow Vega. Now England has its shot at the women's cock league with 19-year-old Tanita Ti-karam the newset and maybe the best of the bunch.

On her debut album, Ancient Heart, Tikaram displays a warmth and intellect beyond her years. Her voice, sensitive lyrics and excellent backing band invoke images of Van Morrison or the Waterboys.

"Twist In W. Sobriety." the first

"Twist In My Sobriety," the first single, was nominated for a British Music Award. One listen to this song makes the album worth buying.
"In the morning I wipe my brow-



BLOOM COUNTY













UK debaters give Lohman highest marks

Knowledge of issues, clarity cited as candidate's strengths

highest marks in last night's dehighest marks in last night's dehighest marks in last night's dehighest marks and the format
of last night's dehate was more like
a forum rather than a debate, they
all agreed that Lohman showed the
greatest and clearest grasp of issues and could support ideas better
than his opponents.

Each of the six presidential candidates were judged in the areas of
style, analysis, clash/retutation,
support of ideas, and answers to
questions, on a scale of one to five,
were producted to the style of the second colport of the six presidential and
puestions, on a scale of one to five,
were producted to the second colcolor of the second color of the second color
scores added in each category, a
candidate could score a maximum
total of 100 points.

Lohman, who won each individual category, received the highest
total score with 87 points, followed
by Keith Ashley's 77 points, Kennedy James had a close third with 72
points. The other three candidates
— John Floyd, Ken Moberly and
Brian Rice — all received total
score before an and Ashley reevent the inthest marks in anhighest marks in last night's debate.

While the judges said the format of last night's debate was more like a forum rather than a debate, they all agreed that Lohman aboved the greatest and clearest grasp of issues and could support deas better beautiful support die das better Each of the six presidential candidates were judged in the areas of style, analysis, clash/refutation, support of ideas, and answers to questions, on a scale of one to five, with five being exceptional and one being poor. With the four judges' scores added in each category, a candidate could score a maximum total of 100 points. Doman, who wo neach individually a command the audience's attential to the state of the category of the state of

By JULIE ESSELMAN
Special Projects Writer

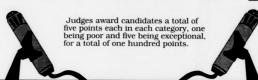
Experienced UK debaters and the director of the UK debate than gave student government presidential candidate Sean Lohman thighest marks in last night's debate.

While the judges said the format While the judges said the format of last night's debate was more like said.

CANDIDATES' SCORECARD

DEBATE RESULTS

	Style	Analysis	Clash/ Refutation	Support of ideas	Answers to questions	TOTAL
Ashley	15	17	11	16	18	77
Floyd	11	11	9	11	12	54
James	16	16	12	14	14	72
Lohman	18	18	14	18	19	87
Moberly	14	10	10	11	12	57
Rice	8	10	9	9	12	48
•						•



room for clashing and rebuttal among the six candidates. "The questions are supposed to be controversial, but these ques-tions were to will be utility beginning."

"The questions are supposed to be controversia, but these questions were terrible, with logical and obvious answers," Rockefeller said.

The candidates gave opening statements, were questioned several times by the panelists, and then gave closing remarks.

"The candidates were not allowed enough time to fully answer some of the questions, mostly due to the format," Waish said. "Also, the format was not very conducive to clash of argument and idea between the candidates."

"The initial speeches were redundant," Rockefeller said. "I think I figured out by the second speech that SGA is for the students — I don't know what else it could be for."

272-6611

Debate Panel

J.W. Patterson: Professor of communications, UK's ector of debate

T.A. McKinney: A political science sophomore from Nashville, TN.

Calvin Rockefeller: A political science sophomore from Birmingham, Ala.

David Walsh: A political science sophomore from Irving, TX. Member of UK's No. 2 debate team.

Candidates discuss the issues

Continued from Page 1

"We need to recognize each other's contributions," James said.

Lohman agreed, adding that in order for a student government president to help forge campus unity he must have experience in SGA.

know how to run student government."

In the debate between the five candidates for vice president, experience also was the buzzword.

Paige Foster, who is running with Lohman, said a statement printed in the Kentucky Kernel earlier in the year quoted her as saying that Pat Hart, one of her opponents, did a great job chairing the Senate as pro-tem President and should do it all the time. "It was taken out of context," Foster said.

and should do t all the time.

"It was taken out of context,"
Foster aslo.
Foster also said that running
Senate meetings is only a small
part of the vice president's duties
and her one year of experience as
a senator at large makes her more
qualified.
Vice presidential candidate
David Skidmore said it should not
matter how much experience a
candidate has in SGA.
"It think we represent the part of
the campus that is overlooked,"
said Skidmore, who is running with
Moberty.

The debate was moderated by

Moberly.

The debate was moderated by David Dick, the director of the school of Journalism, and the panel consisted of Kernel Editor in Chief Jay Blanton, former SGA Vice President Susan Bridges, former Interfraternity Council President Edwin Hendrick, Lexington Heard-Leader staff writer David Rogers and WRFL News Director Scott Ward.

Kernel Personals

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Chances Are PG	TURFLAND MALL
1:00-3:10-5:20-7:30-9:40	276-4444
Skin Deep R	Beaches PG-13
1:30-3:30-5:30-7:45-9:50	2:30-5:00-7:20-9:35
BARGAIN MATINEES DAILY	Working Girl R 2:15-5:30-7:30-9:45

Skin Deep R 1:00-3:00-5:00-7:45-9:45 Fri/Sat 11:45 PG 12:05-2:25-5:00-7:25-9:40 Fri/Sat 11:55

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New course to discuss role of blacks in American politics

Dwight Allen says a new political science course that will be offered at UK this fall, will help him deal with what he calls "black exploitation in the political system."
"Shut-out people in the system don't vote, and they often rebel and turn to crime," said Allen, a political science major who also is a participant in the study release program at the Blackburn Correctional Complex in Lexington.
"Black Politics: The Quest for

the chairman of political science at Tuskegee Institute in Tuskegee Ala. He will remain at Tuskegee and will commute to UK on the weekends to teach the class. Hanks said the course he currently is teaching at Tuskegee and the one he will teach at UK analyzes the attempts of blacks to gain power in the political system. The course is an extention of his book. "The Struggle for Black Political Empowerment in Three Georgia Counties," Hanks said. Using the three Georgia counties as examples, the book details conditions that are likely to make the black vote more effective. Hanks

UK faculty salaries below average, report says

"I enjoyed the campus and the students. There's an entirely different atmosphere (at and I feel that teaching the class at UK). . . . and I feel that teaching the ci UK this fall will be an exciting change."

Lawrence Hanks, Tuskegee Institute professor

explains why blacks' political power has not increased as first expected and why it has experienced such varying degrees of success.

The course will emphasize the book's ideas and discuss them of the course will emphasize that the description of the course will emphasize that the course will emphasize that the course will emphasize that the course of the course o

their male counterparts," Pival discussion between Soule and staid.

Soule attributed that discrepancy to remain the lower ranks such as next difference between male female salaries.

There are women here who are professors here are women here who are professors such as greater concentration of sensitive professors such as professors. They never stay around that professors compared to 261 male salaries and soule. Presenting 1887-88 figures showing that professors compared to 261 male sold the marriage factor; the moving when the husband for the 1888-89 year.

It's never too early about that resume

The course is scheduled for five Fridays (25 p.m.) and Saturdays (9-12 p.m. and 2-25 p.m.) in the fail.

Although Hanks will have to five in to teach the course, it doesn't bother him, he said duced to UK during a public symposium on Black Political Empowerment held on campus last November Kenneth Coleman, chairman of UK's political science department, was to im-

Coleman said several students are interested in the new course. More than the required 12 people needed to bring in a new course have already said they would register for the course this fall.

Coleman, chairman of UK's politi-cal science department, was so im-pressed by Hanks' speech that be asked him to teach the course at UK next fall.

"I enjoyed the campus and the students. There's an entry differ-ent atmosphere (at UK)," Hanks' and the knows the cost of being left out of the political system, and he satide new course may provide ome important insights toward ent atmosphere (at UK)," Hanks'

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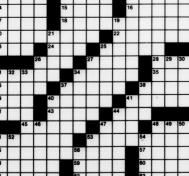
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Stith's 28 leads Cavaliers past Sooners

By TOM SPALDING Sports Editor

A stitch in time may save nine, ut it took a Stith in time to save ne University of Virginia last

A stitch in time may save nine, but it took a Sitth in time to save the University of Virginia last might.

The Cavaliers seemed the Diiversity of North Carolinia and the University of Butting of the perfect of the seemed the seem

Virginia moves on to play the winner of last night's second game between the University of North Carolinia and the University of

in a moves on to play the filter than the control of the control o

"It (the injury) pretty much took him out of the game," Tubbs said. "It hart us in the last couple minutes in the first half when he had to leave the game. The eye began to see the game the eye began to see that the play the second half with limited vi-sion."

sion."
Terrence Mullins added 16 points to the Sooners' losing cause. The Cavaliers broke a 3°-37 tie just before halftime atter Sitth converted a three-point play with seconds remaining. The Cavaliers went into the locker room with a 42-37 lead. Oklahoma's defense forced Virginia to turn the ball over 17 times, but the Sooners failed to capitalize on all of the Cavalier miscues.

Blaylock, who had 127 steals en-tering last night's game, picked just four pockets in 33 minutes of play.

Virginia outrebounded the talle Oklahoma team 38-26.

"I thought it was a very physical game," King said. "Virginia did a great job on the inside. They were harrassing me, fronting me on the inside."



UK's baseball team take to the road on a victorious note

Cats head south for next game

By CHRIS HARVEY

The UK baseball team always has had trouble with the University of Alabama in the past. This year's team might have an even rougher time as they take to the road for a weekend series with 'Bama in hopes of junking the style of play that UK coach Keith Madison calls 'Friendly.'

"friendly."
"We are a very friendly team right now," Madison said. "We have to start being aggressive ... challenge hitters."
The Cats (10-10) will have to be aggressive with the Crimson Tide (10-8).



UK's Mike Harris fields the ball in an unsuccessful pickoff attempt at first base in yesterday's game at Shively Field. UK came from behind to beat Middle Tennessee State 13-6.

The big key to the series, Madison said, is how well the team's shaky pitching improves.

"It looks like we have to shore our pitching staff up. __but that"s a light." Madison said. "Up to now, our pitching staff has been a bit of a disappointment." Shollenberger's team.

"We need to get back up to at least 550 in the SEC." Madison said. "To be a contender, we need to get a contender to get a contender to get a contender.

Besides improving the pitching,

"We need to get back up to at least .500 in the SEC," Madison said. "To be a contender, we need to do well against Alabama."

we are students

MTSU can't handle eight-run rally in sixth

Trailing 64 in the bottom of the sixth, UK rallied for eight runs to come from behind and beat Middle for eight runs to come from behind and beat Middle for the following from the following for the Wildcats sent 12 men to the plate in their most prosperous inning of season.

John Hampton, got the ball rolling for the Wildcats, with a smashing single.

With runners on second and third, catcher Rick Norton hit a hard shot against the rightfield wall to score Hampton and rightfielder Sam Taylor. After the Blue

the rally.

UK improved its record to 10-10 while the Blue Raiders dropped to

While the Blue Raiters dropped to 8-8-1. UK reliever Larry Luebbers, who came in the first, went 6 2/3 in-nings and only allowed three runs to record the win.

"I was a little tight coming into the first inning, but once I got the first out I felt confident, I knew we could get the runs back," Luebbers said. UK coach Keith Madison said, "Luebbers did a good job coming in the first inning."

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Mary C. Bolin We would like to express our appreciation to the local stores for lending us merchandise. This publication would not be possible without them: Chasey's Manhattan, Contempo Casuals, Dance Biz, Dawahare's Dawahare's Shoe Department, Especially For You, Floricci, Harley-Davidson of Lexington, Laura Ashley's, Lazarus, Lexington Di Shop, Lens Crafters, and Worlds Apart.

Cover photo by Natalie Caudill. Designs from Fioricci



FASHION and FITNESS '89

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VESTS

Nubby, floral-designed sweater vests are hot. For a dressier look, the silky, button-down vests with t-shirts and pants are coming out.

- Kim Norton

If you're looking for something fun and casual to wear , try a vest. They come in many styles and can be worn with just about anything. Bolo ties can also make the perfect statement. For the sophisticated look, all that's needed is a pair of faux glasses. Outfits available at Contempo Casuals; eyewear available at Lens Crafters.

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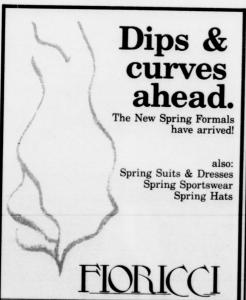
Get ready to sail away – summer whites are back. Men's white Polo whites are back, inen's white Poio sweater, white Polo pants, and white mock turtleneck are availa-ble at Lazarus. Ladies' navy hat, navy belt, white blouse, and white pleated skirt are available at Laura Ashley's.

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HATS

A renewed style to hit big is the wide brim hat detailed with bright flow-ers or netting. The pri-mary colors are black and white, either com-











Accessories can liven up a plain outfit. This straw hat with black board and bow is available at Dawdrare's. The Charel took is back, the mate necklaces worn the control of the control o



FITNESS

Staying in shape is not easy, Particularly for college students who have little time to spare outside of studying.

Those who believe in their own ability to take charge of their lives and health are most likely to stay with an exercise program. There is a fifty percent chance that new exercises will quit with in six months of starting a program.

will quit with in six monitrs or staining a program.

Experts say consistency is more important than the intensity of the exercise. They recommend exercising four or more times a week to get in shape and stay in shape.

Finding the right kind of exercise need not be difficult. Find one that is

enjoyable, one that has low injury potential, one you have skill in, and one that is readily accessible, such as walking or stationary cycling.

To prevent boredom, it is recommended to mix a variety of exercises.

es.

Mary Ferlan, fitness director at
Lexington Athletic Club, offers some
advice to students. "Start now, don't
put it off," she said. "Start gradually,
or you can get burnout or get an injury (and most quit when this hap-

ry (and most quil when his hop-pens)."
Ferian also says students should include aerobic activities to exer-cise large muscle groups. This helps to get ind of the extra pounds. Keith Schmidt at Ford's Fitness Center advises students to eat four

to five smaller, balanced meals each day before 6 p.m. Schmidt says the body will only burn up so much and the rest is stored as fat. If hunger strikes between meals, grab a piece of ffuit; the acid helpis to eat oway the fat stored in the body. The hardest thing to do is getting started said Kathy Cole with Campus Recreation at the Seaton Center. She also recommends that students walk and stretch to start. Several health clubs in Lexington cater to students.

cater to students

The Seaton Center, although not a "health club", offers a variety of programs in which students can participate. Racquetball, auconditioning weight room and Lancaster Pool are just a few of the things that are offered. The pool has lop swimming, a consession area, and in the future, a sundeck is in the works so students can catch a few rays in their spare time. It will become the "student center" on the

continued on Page 9

Using free weights is just one of the many ways you can get in shape. The crop tights and t-back leotard are available at



Get into shape at your favorite health club in this Gear One top and elongated biking shorts from Dance Biz.





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HITNESS

continued from Page 8 southside of campus according to Ms. Cole. The best time to use the facility is after 4 p.m. A student ID is required and there is no charge to use the Seaton Center. Lexington Athletic Club, Ford's Fitness Center, and Shapes New Dimensions Health and Fitness Center are some of the places around town that offer student rates. These rates do vary, however.

do vary, however. These clubs offer free weights, resistive weight training, aerobics, in-door tracks, recreation sports like

basketball and volleyball and LAC

offers a pool for its members.

Most of these places have amenities such as whirlpools, saunas and

ities such as whitipools, saunas and tanning beds.
When picking a health club, a student should do several things. First, ask to see the entire facility before joining. Second, inquire about the staff's qualifications. And finally, visit the club for guest workouts to make sure that it is the right one to join. Picking an exercise program that is just right and sticking with it is only a matter of motivation, self-discipline, and planning.

SEW YOUR OWN

Tracey I. Boyd
Imagine that you're at a party. As
you're imfaling and checking out
everyone's clothes, you spot "her."
To your utter dismay, "she" has on
the same exact outfit that you're

the same exact outfit that you're wearing!
Seeing someone else with the same clothes on has happened to most of us at one time or another. However. It you sew your own clothes, it's not going to happen to you," said Celeste Duncan, a UK senior in Merchandising. Apparels, and Textilles.

"I can find prettier fabrics than in (retail) stores. I can also make the right style that I like and that looks best on me," said Sarah Grant, a graduate student. She sometimes goes shopping to get ideas, then buys the pattern and fabric that she likes.

Most patterns remain a fabric that she

likes.
Most patterns remain "classic" looking, but Vogue patterns are fashionable. There are two new pattern companies. Style and New Look, that are more European looking, "said Duncan.
There is much room for creativity

ing," said Duncan.
There is much room for creativity in sewing. "You can put two patterns together, make changes in the

necklines, add tucks, etc." she said. Duncan even suggested putting one pattern's sieeves with another pat-tern's bodice to get the wanted look.

look.
Grant cited an example. "One summer I was a lifeguard and I needed a basic black swimsuit. I couldn't really find anything in the stores, so I made one. It lasted all summer and was the right style for me."
Senior Michael Morgan said, "I want to be able to design clothes for short, stocky men." He emphasized that it's hard to buy clothes in a retail store that filt properly.

short, stacky than the first places that it's hard to buy clothes in a retail store that fit properly.

Lisa Emerson, also a senior, likes to pick out her own fabric, visualizing what it will look like. "No one else will be wearing it and it will fit."

All agreed that in some cases, making your clothes is cheaper, depending on the time involved to make them. But, creativity and originality are the main reasons to sew your own outfits.

Ruth Duncan, a teacher in the College of Home Economics, reemphasized that the old myth in sewing that "it is always cheaper to

sewing that "It is always cheaper to make your own clothes than to buy them" is false.



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these brightly colored designer t-shirts from Especially For You.

POOLSIDE

Neon! It's the newest fashion in swimwear. Pink, green, yellow, or orange mango with black are the hottest colors for summer. The twist bra or yback bikinis accompanied with high-waisted or cuffed bottoms is the style to look for.

- Kim Norton

Catch some rays in this orange Ocean Pacific bikini from Lazarus.



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CARVES

With scarves returning, dots and stripes are the biggest eye-catchers this spring. "Taking off once again," said Karen Hilty, accessory buyer for Dawahare's, "are long chiffon scarves in solids, dots, and florals. They are made of rayons and silks and are coordinated with belts and hair goods."

Kim Norton

Scarves are returning for spring, especially chiffons with dots, prints or soilds They can be worn different ways for different looks. Scarf available at Chasey's Manhattan



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JUNIORS

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